



Creating opportunities for successful discharge for the houseless population at OHSU through temporary housing with caregiver support

A Safe Haven for Healing

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Aim Statement

Reduce the length of stay and readmission rates for OHSU acute care houseless inpatients by providing medically appropriate temporary housing paired with caregiver support, giving patients the time and space to heal

Program Goals

- Create safe and timely hospital discharges
- Reduce the hospital length of stay and readmission rates
- Improve access to inpatient bed
- Better manage hospital resources
- Give houseless patients the time and space to heal in a medically appropriate setting

Recommendations

Housing

- Near transportation corridor/Walkability
- ADA Accessibility
- Single Occupancy
- Refrigerator/microwave
- Pet friendly
- Laundry room/laundry service

Admission Criteria

- Housing insecure adult with trauma history
- Requires minimal caregiver assistance
- Transfers independently
- Willing to follow program and hotel rules
- Psychiatrically stable

Ancillary Services

- On-site Social Worker/Care Manager 0.5 FTE
- Medical Director 0.1 FTE
- Nurse Practitioner 0.1 FTE

Care Model



John Smith
62-year-old male admitted to OHSU with decompensated heart failure.
PMH: CHF; Multiple ED visits and hospitalizations
SH: Houseless, Etoh, Smoker, Methamphetamine use; History of incarceration



- High risk of readmission
- Care Transitions team feel he is appropriate for the Safe Haven for Healing Program.

Discharge Needs

- Safe housing
- Medication and diet compliance support
- Assistance with scheduling and follow-up of outpatient appointments
- Alcohol and substance use recovery
- Caregiving support for bathing and personal hygiene
- Medication management
- Transition to permanent housing



Hotel, Medical Director, Nurse Practitioner, Social Worker, Home Health, Caregiver Support

Analysis

Gaps

- | | |
|--|---|
| <p>Organization</p> <ul style="list-style-type: none"> • Caregiving resources • Housing options • Coordinated care • Insurance coverage | <p>Motivation</p> <ul style="list-style-type: none"> • Compassion Fatigue • Siloed health systems in Portland metro area |
| <p>Knowledge and Skills</p> <ul style="list-style-type: none"> • Culturally trained staff • Standardized criteria • Robust data | |

Needs Assessment

Survey:

- 11 local stakeholders surveyed
- 55% survey completion

Results:

- Organizations lack resources for temporary housing
- Lack of caregiver support is one of the most consequential barriers in caring for houseless population

Medical Respite Research

- Provides temporary house with caregiver support
- Lessens use of emergency medical services
- Reduces hospital readmissions
- Decreases acute inpatient days
- Increases outpatient provider visits
- Provides a pathway to health and housing
- Creates cost savings over time

Impact

Community

- 24 houseless patients' medical needs served per year
- 55 additional beds for acute care needs per year
- Much needed options and resources provided for underserved community members
- Opportunity for safe healing
- Help with transition to permanent housing

Financial

- 336 Patient days saved
- 55 Backfill patients due to decreased length of stay
- Overall positive contribution margin