## Question, Persuade, Refer (QPR)

## Suicide Prevention for the OHSU Community

To make OHSU a suicide safer community, we are working to equip every OHSU member with basic life-saving skills to prevent suicide. Just as many are trained in CPR to help those experiencing Cardiac Arrest, this training offers a method called QPR to help to those in a suicidal crisis. This training provides foundational skills and knowledge for all OHSU members.

## Virtual training Times vary, details and <u>registration available</u> <u>through Compass</u>

Questions? Contact OHSU's Suicide Prevention Coordinator, Hannah Hoeflich, Psy.D.



If you have a disability and need an accommodation to attend or participate in this event please contact Hannah <u>Hoeflich at hoefliha@ohsu.edu at least five business days prior to the event.</u>