

2015 OCCUPATIONAL HEALTH PSYCHOLOGY SUMMER INSTITUTE

OPENING LECTURE

Finding Solutions to the Problem of Burnout

Monday, July 20, 2015 5 o'clock pm

Scotiabank Theatre, Sobeys Building,
Saint Mary's University

Christina Maslach, PhD

Christina Maslach is one of the pioneering researchers on job burnout, and the author of the *Maslach Burnout Inventory* (MBI). She has written numerous articles and books on burnout, several of which have received awards for their significant influence. In 2013 she was given the Lifetime Career Achievement award by the Work, Stress, and Health international conference. Currently, she is co-editor, along with Michael Leiter, of a new e-journal, *Burnout Research*.



Tuesday, July 21, 2015 Day 1: Issues and Interventions: When things go wrong, what can we do?

Interventions to Reduce Work-Life Stress and Health of Workers



Leslie Hammer, PhD

Leslie's research focuses on ways organizations can reduce work and family stress and improve positive spillover among employees by facilitating workplace supports. She is Director, Center for Work-Family Stress, Safety, & Health and Professor of Psychology, Portland State University.

Fatigue and Workplace Health and Safety



Jane Mullen, PhD

Jane's research focuses on occupational health and safety, safety leadership and young worker safety behaviour. She is an Associate Professor, Ron Joyce Center for Business Studies at Mount Allison University where she teaches organizational behaviour and human resources management.

Thriving through conflict? Individual and organizational factors promoting successful responses to organizational conflict



Debra Gilin Oore, PhD

Debra's research focuses on the implications of conflict for work stress and well-being, how personality and thinking styles influence conflict handling, and organizational conflict interventions. She is an Associate Professor, Psychology, Saint Mary's University and is Project Director for the SSHRC funded Partnership for Productive Organizational Conflict.

Expert Panel on Workplace Initiatives



Wednesday, July 22, 2015: Day 2: The Healthy Positive Organization

Workplace Relationships/Incivility OR Workplace Engagement/Resilience



Michael Leiter, PhD

Michael is Canada Research Chair in Occupational Health and Well-Being at Acadia University, and Director of the Centre for Organizational Research and Development. He has an extensive research and consulting program on stress and burnout with organizations across North America and Europe.

Recognition at Work



E. Kevin Kelloway, PhD

Kevin is the Canada Research Chair in Occupational Health Psychology and Professor at Saint Mary's University. He is associate editor at Work and Stress. He is an active researcher and consultant on issues related to occupational health and safety, and has published many articles on the topic.

Mental health Awareness Training for Workplace Leaders



Jennifer Dimoff, MSc

Jennifer's research and consulting is specialized in the areas of workplace mental health, leadership, and training and development. As a scientist-practitioner, her goal is to help organizations protect and cultivate their greatest asset: their people. She is co-founder of Dimoff & Kelloway Consulting and is presently completing her Ph.D. in I-O Psychology.

Building Healthy Workplaces



Arla Day, PhD

Arla is the Canada Research Chair in Organizational Psychology and Professor at Saint Mary's. She is chair of the NS PHW Program, and is associate editor at the *Journal of OHP*. She publishes on healthy workplaces, interventions, stress, and work-life balance.

Thursday, July 23, 2015: Day 3: Implementing Healthy Workplaces: Making the Change

Creating a Climate for Health



Robert Sinclair, PhD

Robert is a Professor of Industrial-organizational Psychology at Clemson University. His research focuses on health-related aspects of organizational climate, economic stress, and the employment relationship. He has numerous articles and edited books related to organizational behaviour and employee health.

Implementing the Canadian Standard: Psychological Health and Safety



Merv Gilbert, PhD

Merv is a psychologist with over thirty years experience in direct clinical and leadership roles at regional, provincial and international levels. He publishes and presents on the importance of workplace psychological health and safety for individuals and organizations.

Psychological Standards: What can we learn from Safety's Experience



Mark Fleming, PhD

Mark is Director of the CN Centre for Occupational Health and Safety and professor of Psychology at Saint Mary's University. He is an expert in work-place safety, working extensively with the off-shore oil industry for the past 15 years as well as Atomic Energy. Mark holds the CN Professorship in Safety Culture.

Organizational Expert Panel engages in critical discussion about health and safety within the workplace.



