

Home Care Following Deflux Procedure

What to expect

- Your child will be able to go home the same day of the operation.
- Your child may have burning or pain when they pee and this may last for up to a day after surgery.
- Some blood in the urine is normal. This will slowly improve in the first 1-2 days following surgery.

Bathing

- You can bathe your child normally following surgery.

Activity

- There is no need to limit your child's activity.

Diet

- Your child may eat a normal diet. Start off with clear liquids, like juices, popsicles, water, or ice. Start solid food slowly after this with a little bit at a time. It is not unusual for the child to throw up in the first day after surgery and this is from the medicines used to make them sleepy during the surgery.
- Have your child drink plenty of fluids in the first 3-4 days following surgery. Water or juices are best. In older children at least 8 glasses a day is recommended.

Medications

- For this type of surgery the pain is usually able to be controlled using Tylenol and Motrin. It is okay to use these medications at the same time or separately.

When to Call

- Fever of 101F degrees or higher.
- Your child is unable to urinate or seems to not be urinating a normal amount.
- Your child is having blood clots in the urine after 24 hours following surgery.
- Pain in their back or side after 24 hours following surgery.

- If your child is having an upset stomach or throwing up after 24 hours following surgery.
- Any other problems, concerns, or questions.

How to Reach Us

- **Non urgent** general questions during weekdays call the Pediatric Urology Clinic, from 8:30am-4:30pm at **503-494-4808**.
- Evenings, weekends, and holidays, call the hospital operator 503-494-8311. Ask for the pediatric urology resident on call.