

# Nasogastric (NG) Tube Placement

**Before you attempt to place your NG tube, please watch the video demonstration at: <http://www.childrensmemorial.org/media.aspx?media=149>**

## THE STEPS

### 1. Set up your supplies ahead of time, including:

Tape/Tegaderm to hold in place



Cup of water



Lubrication



NG Tube — non-styleted, recommended size of tube an 8 or 10 French



2. Have a sip of water to wet your mouth and esophagus before starting. Sit upright, lean forward a bit, and slide the tube directly back (not up the nose). Have a garbage basin nearby in case you retch.
3. As you advance the tube, turn your head to the side and tipped (flexed) down slightly to make it easier to get into the esophagus.
4. Push the tube into your pre-determined mark (in cm) and tape in place. Check placement by injecting air in the tube through a syringe and listening with a stethoscope
5. Connect the tubing and start the pump. Elevate the head of your bed 30 degrees during nighttime drip feeds.

Questions? Please contact the Pediatric Gastroenterology office at (503) 494-1078 or 700 SW Campus Drive, Portland, Oregon 97239.