10 Tips for a Safe Ride Every Time

3 out of 4 car seats are used incorrectly... is yours?

- **2 years old**
  - Oregon Law requires children to ride **rear facing** in a car seat until at least 2 years old.

- **Fit the harness snugly** so it isn’t loose. You should **not** be able to **pinch** any extra harness strap at the shoulder.

- Oregon law requires children **under 40 pounds** to use a car seat with a harness.
  - **40 lbs**

- Be sure your child meets the recommended **height and weight limits** of the car seat.

- Always install car seats **in the back seat** using the vehicle’s seat belt or LATCH.

- **EverFit 3-in-1 Car Seat**
  - Rear-facing child restraint
    - 5-40 lb (2.3-18 kg) and 19-40 in. (48-101.6 cm)
  - Forward-facing child restraint
    - 22-40 lb (10.1-18 kg) and 29-43 in. (73.6-110.1 cm) and at least 2 years old
  - Booster seat
    - 40-100 lb (18.1-45.4 kg) and 43-52 in. (110.1-132.1 cm) and at least 4 years old

- **Place the chest clip at armpit level**, away from the neck.

- The safest place for your child is in the **back seat** until at least 13 years of age.

- **NEVER** place a rear-facing car seat in front of a frontal airbag.

- Oregon law requires children under 40 pounds to use a car seat with a harness.

- Always follow the instructions from your car seat and vehicle manufacturers.

Questions? OHSU Doernbecher Tom Sargent Safety Center can help. Call to schedule an appointment to have your car seat checked by a Certified Child Passenger Safety Technician or attend an outreach event.

Tom Sargent Safety Center | Doernbecher Lobby
Monday–Friday, 9:30 a.m.–3:30 p.m.
503-418-5666 | safety@ohsu.edu
www.doernbecher.com/carseatoutreach