

## SEMEN COLLECTION & DELIVERY

### OHSU FERTILITY CONSULTANTS

University Andrology Laboratory

Center for Health & Healing

3303 S.W. Bond St, 10th Floor, CH10F

Portland, OR 97239-4501

(503) 418-3700

David E. Battaglia, Ph.D., HCLD, Director

#### LABORATORY PROCEDURES:

|   |  |
|---|--|
| Sperm Wash for Therapeutic Insemination | Immunobead Test for Anti-Sperm Antibody (Indirect) |
| Sperm Penetration Assay                 | Semen Analysis                                     |
| Sperm Count                             | Sperm Chromatin Structure Assay                    |
| Semen Cryopreservation                  | IVF Backup Freeze                                  |

**An appointment is required. Please call (503) 418-3700 to schedule.**

1. Observe two to five days of abstinence before collecting a semen sample, unless specific instructions are given for other periods of abstinence.

2. If you collect the sample at University Andrology Lab (preferable), a private room with magazines is provided. If you collect elsewhere, the sample must be delivered to the Lab within one hour of collection. (not crucial for sperm counts following a vasectomy.) During transport, keep the sample at body temperature. Do not expose the sample to temperatures higher than body temperature. Label both the top and the side of the container with your name (printed and signed), your date of birth, collection time, and abstinence if indicated. When you schedule your appointment, be sure to tell us that you are bringing the sample in.

3. You may collect the semen sample by one of two methods:

#### A. Masturbation:

You may obtain the sample by masturbation with ejaculation into a specimen container provided by the Lab. If you are bringing in the sample, please obtain a specimen container from the Lab ahead of time or call us for information about other acceptable containers.

Do not use lubricants in collecting a semen sample.

#### B. Intercourse:

You may collect a sample by intercourse using a specific condom provided by the Lab. The cost per condom is \$10.00; upon request, we will mail the condom to you before your appointment. After collecting the sample, close the condom with the "baggie tie" provided and place it in the zip-loc bag. No other condom is acceptable.

*Coitus interruptus* (interrupting sex with a partner) is not acceptable as a means of sample collection, since part of the sample may be lost.

4. Notify the Lab whether any portion of the sample was lost.

5. Questions? Call the Andrology Lab at (503) 418-3700.

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