OHSU provides a special service for those facing a complex or life-threatening illness.

Palliative Care Outpatient Clinic
Oregon Health & Science University
Center for Health & Healing, 7th floor
3303 S.W. Bond Ave.
Portland, OR 97239
Tel: 503-494-6594

To make a gift to support the Palliative Care Program, please contact the OHSU Foundation at 503-228-1730, email ohsufinfo@ohsu.edu or visit www.ohsufoundation.org.

Most health plans accepted.
#3074367

Palliative Care Outpatient Clinic team

Erik Fromme, M.D.
Medical Director, Palliative Care Service
Associate Professor of Medicine, Radiation Medicine, and Nursing

Brook Farrell, R.N.
Palliative Care Nurse Coordinator

Andrea Gepner, F.N.P.
Palliative Care Nurse Practitioner, Instructor, School of Medicine

Katie Hennessy, M.S.W., L.C.S.W.
Palliative Care & Oncology Social Worker

Margaret McReynolds, P.T.
Physical Therapist, Oncology Team
OHSU Palliative Care Outpatient Clinic

The OHSU Palliative Care Outpatient Clinic is available by physician referral to patients facing complex or life-threatening illness. Patients do not need to stop life-prolonging treatments to receive palliative care. Most insurance plans allow a referral for a palliative care visit as they would for other specialist visits. Our scheduling team can assist you in determining insurance coverage.

Together with your existing medical team, outpatient palliative care can provide:

- Expert treatment of symptoms such as pain, nausea, trouble sleeping, appetite loss, constipation and shortness of breath.
- Help understanding what to expect over the course of your illness.
- Help planning for contingencies for you and your family and assistance with advanced care planning and decision-making.
- Short-term supportive counseling for you, your family and caregivers.
- Practical support, including information and referral for community-based services.
- Specialized physical therapy to address fatigue, pain and mobility.

For most new patients, the initial visit takes about an hour.

Our team

Our multi-disciplinary team includes a physician, nurse practitioner, social worker and physical therapist. All specialize in cancer and other life-threatening illness.

How palliative care differs from hospice care

The Palliative Care Service works in the hospital and clinic and can provide guidance during any phase of illness. Hospice is a program of services that allows a dying person to remain at home or in a home-like setting for the last weeks and months of life. The palliative care team can help with the transition to hospice care, if needed.

Ask your doctor whether a referral to the Palliative Care Outpatient Clinic would enhance your quality of life.

Scheduling an appointment

To schedule or reschedule an appointment, please call the Knight Cancer Intake Center at 503-494-7999, option 1. Note: Although we are based in the cancer center, we also care for patients who do not have cancer.

Current outpatient clinic patients

- During business hours call: 503-494-6594, option 2 and ask to speak with the palliative care nurse.
- After hours call: 503-494-8311 and ask the OHSU operator to page the oncology fellow on call. Note: Please call if a medication prescribed by Erik Fromme, M.D., or Andrea Gepner, F.N.P., is ineffective in controlling your pain or symptoms.

Mission Statement

The OHSU Palliative Care Service’s mission is to discover, teach and practice the best palliative care possible.

We have been and aim to continue to be a nationally recognized leader in palliative care, employing a team-based approach to serve patients, families and health professionals who are dealing with serious, life-threatening illnesses.