1ST INTERNATIONAL SYMPOSIUM ON
GAIT AND BALANCE IN MULTIPLE SCLEROSIS:
Gait and Balance as Biomarkers in MS

SATURDAY OCTOBER 1ST, 2011
Oregon Health & Science University, Portland, Oregon, USA

This cutting-edge symposium investigates gait and balance as biomarkers for disease progression in multiple sclerosis. Evidence for current and novel tools available to clinicians and researchers will be explored. The pros and cons of different clinician-administered, self-administered, and instrumented measures of gait and balance will be discussed within the framework of the World Health Organization recommended International Classification of Functioning Disability, and Health (ICF) model.

CONFERENCE OBJECTIVES

- Provide an overview of walking and balance impairments in MS
- Review the role of biomarkers in MS
- Describe how clinician-administered, self-administered and instrumented measures of walking and balance impairments can serve as biomarkers in MS
- Describe and discuss the strengths and weaknesses of different measures of walking, balance, and falls
- Discuss how measures of walking capacity and balance relate to other biomarkers in MS (e.g., EDSS, MRI, relapse rate)

WHO SHOULD ATTEND

Physicians (neurologists, physiatrists), physical therapists, occupational therapists, rehabilitation scientists, nurses, and physician assistants working in the area of multiple sclerosis clinical practice or research.
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AGENDA

7:30 am   Registration and Continental Breakfast

8:30 am   Welcome and Opening Remarks
            Dennis Bourdette, MD
            Gait & Balance as Biomarkers in MS: An overview
            Joanne Wagner, PT, PhD

9:30 am   Clinician-administered measures
            Introduction
            Rebecca Spain, MD, MSPH
            Clinician-administered measures of gait
            Francois Bethoux, MD
            Clinician-administered measures of balance
            Susan Bennett, EdD, PT, MSCS

10:45 am  BREAK – Poster Presentation

11:15 am  Self-administered measures
            Introduction
            Marcia Finlayson, OT, PhD
            Self-administered measures of walking
            Joanne Wagner, PT, PhD
            Self-administered measures of balance
            Michelle Cameron, MD, PT
            Self-administered measures of falls
            Ylva Nilsagard, PhD, PT

12:30 am  LUNCH – Poster Display

1:30 pm   Instrumented measures
            Introduction
            Fay Horak, PhD, PT
            Instrumented measures of gait
            Jessie Huisinga, PhD & Rebecca Spain, MD
            Instrumented measures of balance
            Fay Horak, PhD, PT
            Instrumented measures of community ambulation
            Rob Motl, PhD

3:00 pm   BREAK – Poster Display

3:45 pm   Putting it all together
            Relating mobility biomarkers to MRI biomarkers in MS
            Kathleen Zackowski, PhD, OT
            What is a meaningful measure?
            Cynthia Morris, PhD, MPH
            Where do we go from here?
            Michelle Cameron, MD, PT
            Joanne Wagner, PT, PhD

5:30 pm   End of Program

CALL FOR POSTERS

Please send abstracts for posters to Dr. Michelle Cameron at cameromi@ohsu.edu by August 1st, 2011 for review. Abstracts should be a maximum of 300 words on topics related to gait and balance in multiple sclerosis. If accepted, poster size must be 4’ x 8’ or smaller.
REGISTRATION (Limited to 70 attendees)
$50 for early registration by July 31st, 2011
$75 on or after August 1st, 2011.
Check or money orders payable to OHSU Foundation.

Online:
To register online and pay by credit card or paypal visit www.ohsu.edu/ms/events

By Mail:
Mail the registration form and payment by September 23rd, 2011 to: Attn: Dawn Christensen
Department of Neurology, Mail Code L226
3181 SW Sam Jackson Park Rd, Portland OR 97239

For more information contact Dawn Christensen at #503-494-7661 or chrisdaw@ohsu.edu

LOCATION
Oregon Health & Sciences University
Joseph Vey Conference Center
Doernbecher Children’s Hospital – 11th Floor
3550 SW US Veterans Hospital Road
Portland, OR 97239

Parking is available at the Gaines East Lot.

HOTEL
For conference pricing, please call the Hotel Vintage Plaza at #1-800-243-0555 and mention the conference name with Group Code: 12200100878. The Hotel Vintage Plaza is located at 422 SW Broadway, Portland OR 97205.
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MS Center of Oregon, OHSU Department of Neurology, and
MS Center of Excellence-West, Portland VA Medical Center

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