Fall welcome
The Portland campus hosted their annual ice cream social on Thurs., Oct. 8th bringing together students, faculty and staff from across programs. The event was coordinated through the Office of Student Affairs and Diversity with the Office of Communications providing a fabulous photo booth complete with props. This day has become a popular annual tradition!

Pioneering nursing education in Oregon: Highlights from OHSU School of Nursing history

September – December 2013
OHSU Main Library, BICC Building 3rd floor (Portland campus)

OHSU Historical Collections & Archives is pleased to announce the opening of our exhibit, “Pioneering Nursing Education in Oregon: Highlights from OHSU School of Nursing History.” Drawing from archival documents, photographs and artifacts from the history of the OHSU School of Nursing and its predecessors, this exhibit traces the development of an institution, a profession, and a vibrant educational community. The exhibit includes items from the School of Nursing Archive Collection, which was transferred to OHSU Historical Collections & Archives in 2014.

The exhibit will be on display September–December 2013 in the OHSU Main Library, on the third floor of the Biomedical Information and Communication Center (BICC) on OHSU’s Marquam Hill campus. For a campus map, as well as customized driving, biking, and transit directions, please visit the interactive OHSU map: www.ohsu.edu/map/

STUDENT HIGHLIGHT

Loralee McKoen
by Christi Richardseh-Zboraski

Loralee McKoen, B.S. with a major in nursing student on the Klamath Falls campus, cared for animals her whole life. Raised on a ranch in Voseorta, Ore., she understands how difficult it is to work with a patient in need, particularly if they don’t communicate by using language.

McKoen loved working with animals but was ready for a new challenge. She started working as a medical assistant before being accepted into nursing school. Her studies haven’t always been easy. She took a week off following the birth of her daughter and is now back in school with the support of her family and instructors.

To fulfill her clinical hours she served as leader and contact for meetings of the Health Klamath group where providers discuss ways to create a healthier Klamath Falls. A city council proposal to implement protected bike lanes called for help from nursing students McKoen led an effort to lay out an example of a protected bike lane during a community wide event. McKoen hopes to see the results of the project in the coming year.

The best advice McKoen has for new and current students? “Be determined and stick it out. It’s okay to double with a baby. The faculty and staff are amazing and will work with you.” Despite her medical experience she didn’t get in the first time she applied. “Everything will work out if this is the right career for you,” she said. McKoen hopes to work in labor and delivery after nursing her degree.

What’s with the envelope?
Your support has helped the school become the premier regional nursing program and a national model of excellence. Please consider using the enclosed envelope to help the next generation of nursing professionals discover their passion for nursing and patient care at OHSU.

Institute of Medicine appointment
Paula Gubrud, Ed.D., R.N., was recently appointed to serve as a member of the Institute of Medicine’s (IOM’s) Committee for the Evaluation of the Impact of the Institute of Medicine Report The Future of Nursing: Leading Change, Advancing Health. The formal charge to the committee is to assess the changes in the field of nursing and peripheral areas in the last five years as a result of the IOM report The Future of Nursing: Leading Change, Advancing Health, taking into consideration the role of the AANP and Robert Wood Johnson Foundation (RWJF) Future of Nursing: Campaign for Action. The committee will author a brief report that will include conclusions and recommendations on what actions need to take place to ensure sustainable impact of the Campaign for Action in its work to implement the recommendations of The Future of Nursing report.

2015 American Heart Association atherosclerosis/ heart failure translational research prize
Christopher Lee, Ph.D., R.N., F.A.A.H.A., F.A.A.N., will be awarded a career achievement award from the American Heart Association in recognition of his innovations in heart failure syndrome biology research. It is based on the following criteria: originality, innovation, overall qualifications of the researcher, scientific merit, and quality of scholarship.

The Arteriosclerosis/Heart Failure Research Translational Prize recognizes outstanding research by nurse investigators in the area of atherosclerosis and/or heart failure. The award provides support toward pilot or preliminary work that will enhance innovative research proposals for new studies or expansion of ongoing research in the area of atherosclerosis and/or heart failure.

The award will be presented during the 2015 American Heart Association’s Scientific Sessions in Orlando, Fla. in November.

Alumni update: Eric Dishman Annual Puhaty Lecture
Annual Puhaty Lecture inspires students to customize care and showcases technological innovations for home health care

“All of health care is based on one idea from the 1980s,” says social scientist Eric Dishman, Intel Fellow and General Manager of the Health & Life Sciences Group at Intel Corporation. “That is to be delivered remotely.”

His research on aging is driving evolving systems to provide more effective home care. His goal is to enable 50 percent of care in the U.S. to be delivered in the home by 2020.

“Making. Health. Personal. – An Evening with Eric Dishman continued the evolution away from the more traditional format of the Henrietta Doltz Puhaty Lecture that began with the readers’ theatre production of Bedside Manners in 2014. The free-wheeling discussion covered Dishman’s twin passions: the importance of independent living technologies and his commitment to improved communication among members of the healthcare team.

Dishman’s own experience as a kidney patient enriched his observations as a social scientist, resulting in an enlightening dialogue focused on an improved patient experience through customized healthcare and home care technology.

Check out www.ohsu.edu/son/alumni for a full recording of Dishman’s lecture.

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By the numbers

1,900 total number of applicants for the 17 programs offered at OHSU School of Nursing
69 percent of admitted undergraduate applicants who accepted and enrolled
33 percent admittance rate for undergraduate applicants
32 percent of first generation college students in enrolled undergraduate cohort
6 percent of enrolled undergraduate students who do not use English as their first language

Save the date!
Join fellow classmates at the Annual Reunion and Awards Celebration Sunday, June 5, 2016
Invitations will be mailed in the spring.

State of the school
By Susan Bakewell-Sachs
July 22nd marked my second work anniversary here at OHSU. In the past 2 years we have stabilized and made progress on a number of areas, setting the stage for the coming year and our next strategic plan, 2016-2019. The time has flown by and I remain grateful for the opportunity to be here and to work with all of you; excited about what we have accomplished, and ready to focus on this year of continuing and new work.

We finished the 2014-2015 academic year in good shape and began the 2015-2016 academic year on track. With regard to enrollments, our summer and fall applications remained strong overall. Through NCAS we received over 1900 applications this year versus over 17 programs, degrees, specialties and campuses: 1480 undergraduate and 422 graduate applications. This year we have expanded our student support services, specifically ESL support services.

continued inside
Lessons (and tuna) shared between OHSU and Lincoln County nurses

By Lee Lewis-Husk

After hearing Marta Driessnack describe her day in Lincoln County as “magical,” it’s hard to decide who got more out of the exchange: the home visit nurses who came to hear the latest thinking about mobile and community care or the Portland-based associate professor who met nurses on the frontlines of patient contact in rural areas. It might also have been the families who shared their babies for hands-on teaching assessments and ended up going home feeling more empowered to care and advocate for their infants.

“This far exceeded what I’d envisioned,” said Shelley Paeth, B.S.N., R.N., ’79 alumni of OHSU and nurse supervisor of the Lincoln County Health and Human Services, Maternal Child Health Program. She invited Driessnack to spend a day at the county offices in Newport with her staff nurses. Lincoln County provides population-based home visits for high-risk infants, including for out-of-hospital births where routine screenings might not be done, according to Paeth, who has been at her job for 36 years.

Driessnack, Ph.D., F.N.P., interim director of the Pediatric Nurse Practitioner Program, cited several examples of newborn screenings that are now being performed on newborns, including hearing, genetic and rare diseases, and critical cardiac disease. But she also emphasized the importance of standard care, which is not always done and needs follow-up. In particular she spoke about vitamin K as critical, especially for newborns who are breastfed, as they are at risk for late intracranial bleeding. She also shared routine groming techniques, such as the care of fingernails, soft spots on the head, umbilical cords, and circumcision.

"OHSU is here for the whole state, and it’s important that rural communities know we’re resources, where information flows freely back and forth,” she says. Besides the free-flow of information, Driessnack got one unexpected gift: home caused tuna and salmon straight from the "I can’t tell you how touched I was by that,” she said.

Demonstration table in the VA lobby promoting amputation prevention. Left to right: Mary Lloyd-Petras, Patti McAndrew and Ashley Roach

A year in Rwanda: many lessons learned

By Lee Lewis-Husk

After a year in Rwanda, Claire McKinley Yoder, R.N., M.S.N., recently returned to the United States with a new perspective on her job, family and country.

McKinley Yoder went to the African nation in the summer of 2014 with her colleague, Isabelle Soule, R.N., Ph.D., both assistant professors in the School of Nursing. They joined health professionals from 23 American universities in a program that aimed to transfer knowledge in various health care fields, including nursing, and to upgrade the clinical and teaching skills of Rwandan health care providers.

McKinley Yoder worked in a maternity hospital in Kigali, Rwanda’s capital city, and taught at the University of Rwanda College of Medical and Health Sciences. "It was mentally exhausting,” she said, referring to difficulties in communicating in multiple languages with other staff members and patients. Since 2008, English has been the official language of the country, but French and Kinyarwanda are more commonly spoken.

The unit where she worked had only two pulse oximeters for 38 newborns. Oxygen was freely used, a practice that without proper monitoring can damage an infant’s eye sight. "We had little alternatives,” she said. "We had to triage resources, and that’s tough."

Upon reflection, she says that she’s a believer in how much is possible with far less technology. "We’re making our machines more. The human element is more prominent here,” she said. Plans to be more hands-on with her students and focus less on passive types of learning. In Rwanda, without reliable access to the Internet or books, "we had to teach with minimal resources," she said.

Read the full story on our website at www.ohsu.edu/son/rwanda-year

SoN global coordinates international clinical experiences in population health practice

Mexico [Ashland Campus]

As part of a sister city exchange with Guanajuato, Mexico the first group of Ashland Campus students participated in a faculty-led clinical experience for their population health course in Guanajuato, last April, hosted by the University of Guanajuato (UGTO). OHSU students will subsequently host UGTO students for a population health experience on the Ashland Campus during the upcoming winter term.

Nicaragua [Portland Campus]

Two faculty-led cohorts of undergraduate nursing students have now participated in a service learning experience in Jinotepe, Nicaragua as part of NURS 410: Population Health Practice. Two additional cohorts will depart on October 24 and during spring term 2016. Student experiences in Nicaragua are hosted through a partnership with the Jessee F. Richardson Foundation and focus on global aging. The cohorts of eight students participate in a 3-4 week placement, providing multi-generational support for underserved older adults. Language class and local homestays are arranged to immerse students in this rich culture in a resource constrained country.

Thailand [Klamath Falls, La Grande and Monmouth Campuses]

Applications opened today for Bangkok, Thailand, hosted by Mahidol University (MU). OHSU nursing students work in the community and alongside Thai nursing students from MU for 4 weeks beginning April 4, 2016. This opportunity is also a part of the undergraduate population-based nursing course.

A new way of thinking about falls prevention

By Christi Richardson-Zboralski

Motivational interviewing (MI) helps as an intervention strategy for lifestyle changes that aid in disease treatment or prevention such as smoking cessation or substance abuse. A new research study led by Hiroko (Hiro) Kiyoshi-Teo, clinical assistant professor at OHSU School of Nursing, aims at helping Veteran patients make behavioral changes that will ultimately prevent them from falling. In this case, Kiyoshi-Teo hopes to change the unsafe behaviors that lead to more falls in high-risk cognitively oriented patients. Her team includes Kerri Winters-Stone, Ph.D., F.A.C.S.M., Kathleen Nordrup-Smyer, Ph.D., C.K.S., R.N.; and Jennifer Hightower, Ph.D.

As part of the Veterans Affairs Nursing Academic Partnership (VANAP) clinical initiative Kiyoshi-Teo is providing in-service training to introduce the idea of using MI in the acute care setting. Currently she is working with two different floors of the Portland VA Healthcare Systems. With Anastasia Rose, VANAP faculty, they will analyze the data and come up with a toolkit for nurses to use.

Sixty percent of falls involve cognitively oriented patients, studies do not sufficiently address how to engage these patients in safe mobility behaviors. Kiyoshi-Teo says, “Some patients decide not to get out of bed so they will never fall, but that doesn’t address the source of the issue. In order to get to a more effective lifestyle change it is important to emphasize that sometimes a change of habit is needed. Getting patient buy-in is essential.”

In an effort to bridge the gap between healthcare and education Kiyoshi-Teo uses health promotion teachings to translate research into student learning. Educating current students is one way to start them thinking about patient safety. Kiyoshi-Teo says, “Ultimately a change in the culture of safety is needed, but that will happen slowly over time.”

Top left: Sharliene Drummonds and Mindy Proski at the safety fair. Top right: I-CAN students providing a home visit. Bottom left: Daniel Nick presents his research poster during Research Week. Bottom right: Faculty and students on the Monmouth campus enjoying a luncheon discussion.

State of the school (continued from front page)

These numbers reflect growing diversity in our student body and efforts on the part of our admissions team, as well as the work of the various faculty committees in following through on the Diversity Admission Mission and Values statement adopted in 2013. This also provided more opportunities for applicants to include information about their backgrounds as part of the application review process. We graduated 468 students from our programs this year – 345 baccalaureate and 123 masters, post-masters, MPH, DNP and PhD degrees; of these 150 graduated from our Ashland, Klamath Falls, La Grande and Monmouth campuses and 108 from the SN-BI program.

Last year Program Directors, Campus Associate Deans, Senior Associate Deans, Assistant and Associate Deans, and I devoted significant time in a leadership development program that brought us together to learn with and from each other, helped us develop as individuals and helped us develop as a leadership team. I believe that a major role of leaders is to make it so that those on the front lines can do their best work. Please know that this group is committed to that goal through improving our processes, identifying and solving problems, coordinating efforts, and communicating effectively.

In addition, we focused on re-inventing our research mission. With the leadership of Dr. Virginia Tilden and the research council, the research faculty developed a two-year grant submission plan. This past year we had 9 of our research active faculty funded with 14 extramural research awards; 3 other federal, 5 foundation or non-federal. In terms of intramural funding, we had 14 faculty on 9 awards. Submitted faculty research grants between July 1, 2014 and June 30, 2015 totaled 29 – 18. We also had the successful launch of our innovation small grants program, with 8 funded proposals in the first round. Dr. Tilden convened a very successful research retreat in early July.

The School of Nursing continued to be highly engaged last year in the OHSU Interprofessional Initiative. SoN faculty serve on the steering and Advisory committees and many nursing faculty participated in IPV programs and courses last year. SoN faculty are involved in the development of the next phase of the initiative and Dr. Marta Driessnack has been tapped for the steering committee. Gary Laustsen and Tamara Rose are members of the steering committee for the Rural Campus Initiative. While this remains primarily a Portland-based initiative, we have one pilot project, funded by the innovations small grants program and led by Deborah Messerac and Joanne Noon, focused on enabling us to expand this effort beyond Portland. We also have I-CAN expanding to Klamath Falls and, separately, the rural-campus initiative launches in Klamath Falls and Cross-Bay, which we also hope will help us expand our school’s IPV efforts.

Fall 2015