Doernbecher 12th Annual
Pediatric Review & Sleep Medicine Update

October 12-14, 2017

This course is designed for pediatricians, family physicians, and allied health professionals who provide care to children and adolescents. It will focus on practical approaches to problems commonly seen in the office, as well as effective methods for improving the pediatric office visit.

At the conclusion of this course, participants should be able to:

- Evaluate evidence-based approaches to trauma informed pediatric health care
- Assess current pediatric ADHD and anxiety management strategies
- Recognize age appropriate recommended screening for patients with Down Syndrome
- Describe common newborn emergencies and unique follow-up needed for premature infants
- Illustrate strategies to reduce antibiotic use in primary care
- Critique new treatments for common pediatric rashes
- Define evaluation and management for pediatric obstructive sleep apnea
- Identify behavioral and pharmacological therapies for insomnia
- Develop an understanding of the workup of a child with hypersomnia

ACCREDITATION & CREDIT

The School of Medicine, Oregon Health & Science University (OHSU) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

American Medical Association: Oregon Health & Science University School of Medicine designates this educational activity for a maximum of 17.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians: Application for CME Credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

OHSU is an equal opportunity, affirmative action institution.
**GENERAL INFORMATION**

**Location/Accommodations:** The course will be held at the Sentinel Hotel, 614 SW 11th Ave, Portland, Oregon. For reservations, please call the hotel directly at (888) 246-5631 and be sure to mention your attendance at the OHSU Pediatric Review. Please make your reservations early; the room block will be released on September 11, 2017 and is subject to sell-out prior to that date.

**Tuition/Registration:** See registration form for tuition. To help meet administrative costs, a $35.00 service charge will be assessed on refund requests received by **October 2, 2017**; no refunds can be issued after that date. *Should conditions warrant, the sponsors reserve the right to cancel this program with a full tuition refund.*

Please note that admission to the program is restricted to registered attendees. To ensure the best learning environment for all registrants, babies and children cannot be accommodated in the meeting room, and cellphones should be used in the hallways only.

If you have a disability and require assistance to participate in this conference, please contact the Division of CPD at 503-494-8700 or e-mail cme@ohsu.edu no later than ten (10) business days before the meeting.

**Additional Information:** For more information, contact the Division of CPD at (503) 494-8700 or e-mail cme@ohsu.edu

**COURSE FACULTY**

For a complete list of all faculty, please visit: www.ohsu.edu/som/cme

**KEYNOTE SPEAKER**

**Flaura Koplin Winston, MD, PhD,** is a board-certified pediatrician, a doctorally-trained engineer and a public health researcher, who conducts research at the interface of child and adolescent health, injury, engineering and behavioral science; Her work focuses on the area of traffic injury. She is a professor of pediatrics at the University of Pennsylvania in Philadelphia and serves as the Scientific Director of the Center for Injury Research and Prevention at The Children's Hospital of Philadelphia, Director of the National Science Foundation Industry/University Cooperative Research Center, the Center for Child Injury Prevention Studies, and Director of a National Science Foundation Research Experience for Undergraduates site.
Doernbecher 12th Annual Pediatric Review

THURSDAY, October 12, 2017

7:00   Registration/Coffee
7:55   Welcome & Introductions - Holger Link, MD
8:00   Keynote: Trauma-Informed Pediatric Health Care - What Does It Look Like? How Can We Get There? - Flaura Koplin Winston, MD, PhD
9:10   ADHD & Sleep - Kyle Johnson, MD
9:50   BREAK
10:15  Anxiety - Ajit Jetmalani, MD
10:55  Motivational Interviewing with Children - Andrew Riley, PhD
11:40  Questions & Answers/Panel
12:05  LUNCH
1:00   Comprehensive Care for the Child with Down Syndrome - Joseph Pinter, MD

CONCURRENT SESSIONS:

2:00   Concurrent Sessions I
      (choose one, all sessions repeat at 3:15)
      A. Bones and Vitamin D - Lindsey Nicol, MD
      B. Transgender Medicine - Kara Connelly, MD
      C. Basics of ECG Interpretation - Kathryn Holmes, MD, MPH

3:00   BREAK

3:15   Concurrent Sessions II
      (choose one, all sessions are repeats of 2:00)
      A. Bones and Vitamin D - Lindsey Nicol, MD
      B. Transgender Medicine - Kara Connelly, MD
      C. Basics of ECG Interpretation - Kathryn Holmes, MD, MPH

4:15   ADJOURN
FRIDAY, October 13, 2017

7:30  Coffee
7:50  Announcements - Holger Link, MD
8:00  Newborn Emergencies - Jamie Warren, MD
8:45  Care of the Premature Infant After Discharge
      - Angela Douglas, MD
9:20  Questions & Answers/Panel
10:00 BREAK
10:15  Judicious Use of Antibiotics - Diana Yu, PhamD, MS
10:55  Clinical Pearls for Pediatric Asthma Care - Holger Link, MD
11:40 Questions & Answers/Panel
12:05  LUNCH
1:00  Pediatric Dermatology Update - Tracy Funk, MD
1:50  Questions & Answers

CONCURRENT SESSIONS:

2:00  Concurrent Session I
     (choose one, all sessions repeat at 3:15)
   A.  Common Hematological Disorders - Kristina Haley, DO
   B.  Common Pediatric Hip and Spine Conditions
       - Scott Yang, MD
   C.  Hands on Pediatric Spirometry Workshop
       - Alexandra Cornell, MD

3:00  BREAK

3:15  Concurrent Session II
     (choose one, all sessions are repeats of 2:00)
   A.  Common Hematological Disorders - Kristina Haley, DO
   B.  Common Pediatric Hip and Spine Conditions
       - Scott Yang, MD
   C.  Hands on Pediatric Spirometry Workshop
       - Alexandra Cornell, MD

4:15  ADJOURN
Pediatric Sleep Medicine Update

SATURDAY, October 14, 2017

7:30  Registration/Coffee
7:55  Welcome & Introductions
8:00  When a Snore is More: Common Sense Approach to Screening and Testing for Sleep Apnea - Holger Link, MD
8:45  Surgical Treatment for Obstructive Sleep Apnea - Derek Lam, MD
9:30  BREAK
9:45  I Love You, Good Night, Now Go To Bed! Effective Strategies for Treating Behavioral Insomnia in Young Children - Kurt Freeman, PhD
10:30 Doc, We Need Medication! A Rational Approach to Sleep Pharmacology - Elizabeth Super, MD
11:15 A to ZZZZs Approach to the Sleepy Child - Jill Sanford, MD
11:40 Questions & Answers/Panel
12:00 ADJOURN

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 17 MOC points in the American Board of Pediatrics’ (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.