4 times’ a charm!
We are excited to report that a fourth year data collection effort is in the works. Future funding for adolescent research could be helped with participant interest. If you have completed a 3rd year visit and consented to future contact, we may be getting in touch with you! The fourth wave would consist of a half-hour phone interview. Please look for a letter in the mail regarding this opportunity.

ADHD/ADD, Nutrition, & Toxicants Pilot
a.k.a. Optional Blood Draw Biomarker Study (IRB 5261)

Based on the exciting initial results from our pilot study, we have resumed recruitment for the blood draw component (child and bio mom). We would also like to obtain yearly draws for all those that have already participated. Please call us if you are interested in participating in the blood draw portion of the pilot. We are currently writing grants to extend the nutrition portion of the study. Stay tuned for more information.

Cheers!
Thank you for referring other families to the study. Word of mouth is the highest compliment. We are continuing recruitment for the MRI Longitudinal Imaging Study and appreciate your kind help!

Suggestions/Comments?
If you have suggestions on ways to improve the research experience in the study, please drop us a line. Your opinion matters to us.

Are we “Lucky” or what?
A note from investigator
Joel Nigg, Ph.D.

The Oregon ADHD Research Study is becoming one of the most important cohorts on the study of ADHD in the nation. We are well on our way to having the largest sample of children with annual brain scan measures, using cutting edge technology. It is rare for any study of our size (several hundred families) to follow children with ADHD over time and obtain the detailed measures we have (heart rate recordings, neuropsychological and clinical measures). Thus, the resulting “data base” will form a resource for learning and discovery well into the future.

In the meantime, we continue to expand and improve on our recruitment efforts. (1) This past year we held several community meetings among groups that are typically under-represented in studies of child mental health, including African-American and Hispanic/Latino families. We hope to increase these efforts moving forward. (2) We are interested in asking for yearly blood samples (see info to the left). These samples will enable us to look at annual changes in levels of neurotoxins, nutrients, and even gene expression which might help explain changes in behavior or brain development (thus help develop new therapies). (3) Those of you who have already visited us for three years of data collection and are interested in more opportunities may be asked to consider a year 4 telephone interview (see info to the left). We hope, with future funding, to track children into adolescence. Should be interesting!

Thank you all for your continued interest and support. Feel free to call our office with any questions or concerns, and as always, stay tuned for further updates and progress!
KIDS CORNER!

St. Patrick’s Day Maze

START

FINISH

Image Credit: sk-Stef
Get more printable coloring pages at www.theKidzpage.com