OHSU Psychiatry Residency Program
Core Values

1. **We are patient advocates:** We are responsive to the needs of patients and let that responsiveness supersede self-interest. Our patients’ welfare, health and safety are our first considerations. We collaborate within the care system so we can be effective advocates for patients and families.

2. **We commit to our community:** We are involved in OHSU and are proud representatives of the institution. We find ways of connecting meaningfully to the people with whom we live and work. We consider the importance of a commitment that encompasses more than ourselves.

3. **We honor diversity:** We demonstrate a sensitivity and responsiveness to cultural differences. We do not permit age, disease or disability, creed, ethnic origin, gender, nationality, political affiliation, race, sexual orientation, social standing or any other factor to intervene between our duties and our patients.

4. **We work with purpose:** We take pride in our profession, practice ethically and with purpose. We own our work and show that we are willing to go the extra mile.

5. **We are lifelong teachers and learners:** No matter our stage of training, we are always ready and willing to learn. We prepare for learning activities and engage actively. Most importantly, we maintain an approach to clinical experiences that reflects an understanding that some of our most important lessons come from engagement with our patients.

6. **We play well with others:** We make every effort to develop good relationships with all colleagues. We demonstrate a respect for others and belief in the intrinsic value of others. We offer our assistance and support to colleagues in need.

7. **We advance our field:** Using the best evidence, practices, research, and ingenuity, we keep pushing psychiatry, and our program at OHSU, forward.

8. **We are honest:** We strive never to sacrifice character and integrity. We respect the secrets confided in us and remain mindful of the boundaries involved in patient care. We celebrate successes, but admit to and take responsibility for failures and work hard to make things right.

9. **We are mindful:** We engage in self-reflection on one’s ability to care for patients under special circumstances including fatigue, stress, sleep deprivation and complicated clinical situations. We actively seek supervision, consultation and assistance when our capacity is taxed. We take time to care for ourselves and seek a healthy integration of work and home life as a life outside the training environment enhances life within it.

10. **We are present in all aspects of work and life:** We show gratitude for our patients, our teachers and to all who have contributed to our profession with each opportunity that is given us.