

### **Mood Disorders Chapter Questions:**

- 1.) What are the nine symptoms used to define a major depressive episode in the DSM-IV?
- 2.) What is the difference between delusions that are mood congruent and those that are mood incongruent?
- 3.) What is the lifetime prevalence for bipolar disorder and for major depressive disorder?
- 4.) Review the evidence that suggests that mood disorders are familial and may be genetic.
- 5.) Which neurotransmitter systems have been proposed to be dysfunctional in mood disorders?
- 6.) What is the evidence indicating that neuroendocrine abnormalities occur in patients with mood disorders?
- 7.) What is the difference between bereavement and a depressive episode?
- 8.) Describe the first-line treatments for depression as well as the various alternative treatments and their indications.
- 9.) Describe the first-line treatment for a manic episode. What alternative treatments are available?
- 10.) How many of the nine depressive symptoms must be met for a patient to meet criteria for MDD?

- 11.) How would you assess for psychomotor retardation or psychomotor agitation?
- 12.) Does a patient need to endorse depressed mood in order to meet DSM-IV criteria for depression?
- 13.) Does one need to have a history of one or more depressive episodes in order to be diagnosed with bipolar disorder?
- 14.) What is the difference between bipolar I and bipolar II disorder?
- 15.) What is the difference between hypomania and mania?
- 16.) What is a mixed episode?
- 17.) What is rapid-cycling bipolar disorder?
- 18.) What is dysthymia?
- 19.) What are atypical and melancholic features of depression?