



Collaborative Problem Solving Parent Resources

Oregon CPS Project at OHSU..... 503-346-1490

- Contact us at CPS@ohsu.edu for information regarding community resources and trainings in Collaborative Problem Solving for parents and providers across the state
- Beth Holliman Holliman@ohsu.edu or Margaret Johnson johnmarg@ohsu.edu

Oregon Family Support Network503-363-8068

- Offers 4 week *Parent to Parent CPS Overview Classes*, Parent Support Groups and other activities and trainings for parent across the state of Oregon. For more information see www.ofsn.net

Unity Hospital Child and Adolescent Program (CAP)

- Offers a weekly *Introduction to CPS* Class for parents each Sunday at 3pm
- 4 week *CPS Parent Classes* for registration information contact Mike Fear at MFEAR@LHS.ORG

Yamhill County Child and Family Services.....503-435-9107

- Offers 4 week *Parent to Parent CPS Overview Classes* in Newberg and McMinnville area. For more information or to register for an upcoming class contact urtonj@co.yamhill.or.us

The Child Center.....541- 726-1465

- Offers *CPS Parent Classes* and support groups in Springfield, OR and individual and family therapy as needed. For more information please see <http://www.thechildcenter.org/parenting.html>

Restore Therapy.....503-376-7114

- Offers 8 week *CPS Parent Groups* and Family therapy
- For more information about services for children and families or to register for an upcoming parent class please contact Ted Layman, LCSW at ted@restoretherapypdx.com or www.restoretherapypdx.com



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Willamette Health and Wellness Clinic.....503 729-1380

- Offers ongoing *CPS Parent Classes*
- For more information about services for children and families and to register for an upcoming parent class: <http://willamettehealthandwellness.com/>

Collaborative Consultation, LLC.....503-662-2176

- For more information about services for children and families please contact:
 - Heather Johnson, LCSW: Heatherjohnson72@gmail.com
 - Hallie Carpenter, PhD: Haliiecarp@gmail.com

Counseling Services and Parent Support.....503-683-2394

- For more information about services for children and families please contact:
 - Beth Holliman, LPC: bethputzcounseling@gmail.com

Lionheart Speaks, LLC.....503-388-5612

- Unique service offering Equine (horse) therapy with an emphasis on Collaborative Problem Solving
- For more information about CPS services contact Kate O’Kelley at www.lionhearspeaks.com

Bowman Consulting Group, LLC.....

- Rick and Doris Bowman offer parent coaching and consultation in CPS
- For more information please contact Doris Bowman at doris@bowmanconsultgroup.com

Other Helpful Resources

- **Multnomah County Crisis Line.....503-988-4888**
- **Washington County Crisis Line.....503-291-9111**
- **Clackamas County Crisis Line.....503-655-8585**
- **Swindell Resource Center.....503-215-2429**
- **Oregon Center for Children and Youth with Special Health Needs (OCCYSHN).....503-494-8303**
- **Oregon Adoption Resource Exchange and Post-Adoption Resource Center.....503 241-0799**