The PHLAME intervention reduced injury rates and healthcare costs among participating fire bureaus as compared to Non-Phlame'control' fire bureaus. Each data point from Table 1 was used to compare injury rates and health care costs of the intervention site (687 FF) to the control site (144 FF). For self-reported injury data, we asked what was the total number of days off work due to injuries in the past year. The PHLAME program were randomized by station to a team-centered, group-based educational intervention, a one-on-one, individualized counseling intervention, or a control group.

METHODS

Six hundred eighty seven firefighters participating in the PHLAME program were randomized by station to a team-centered, group-based educational intervention, a one-on-one, individualized counseling intervention, or a control group. The PHLAME intervention reduced injury rates and healthcare costs by 36% (Figure 4).

RESULTS

"Reportable" injuries are firefighter injuries that require time away from work. "Reportable" injuries are those that are reported to the appropriate authorities and cause the firefighter to be absent from their regular duties for a period of time. The PHLAME intervention reduced injury rates and healthcare costs associated with injuries and disability claims prior to, during, and after the intervention from 1998 – 2003.

CONCLUSION

Conclusion: The PHLAME Study: Short-Term Economic Impact of Health Promotion

Oregon Health & Science University, Portland, Oregon

Methods:

The PHLAME Study: Short-Term Economic Impact of Health Promotion

ABSTRACT

The PHLAME Study: Injury Days Off (Self-report)

The PHLAME site (687 FF):

- Injury rates of 2 PHLAME fire bureaus were combined and compared to the mean injury rates of the 2 Non-Phlame'control' fire bureaus. Each data point from Table 1 was used to compare injury rates and health care costs of the intervention site (687 FF) to the control site (144 FF).

RESULTS

- For self-reported injury data, we asked what was the total number of days off work due to injuries in the past year. The PHLAME program were randomized by station to a team-centered, group-based educational intervention, a one-on-one, individualized counseling intervention, or a control group.

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