Prescribing Opioids for Chronic Pain: Balancing Safety and Efficacy

FRIDAY, AUGUST 23, 2013
8:30 a.m. – 4:45 p.m.
(Registration opens at 8:00 a.m.)

Presented by:
Oregon Health & Science University

Jointly sponsored by:
Case Western Reserve University School of Medicine and JBS International, Inc.

In cooperation with:
Oregon Medical Association
Governor’s Taskforce on Prescription Opioid Misuse
Oregon Board of Pharmacy
Oregon Academy of Family Physicians
Oregon Chapter of the American Society of Addiction Medicine
Oregon Society of Interventional Pain Management Physicians
Methamphetamine Abuse Research Center
Multnomah County Health Department
Northwest Addiction Technology Transfer Center
Western States Node of the National Drug Abuse Treatment Clinical Trials Network

With support from:
Substance Abuse and Mental Health Services Administration
of the U.S. Department of Health and Human Services

OHSU Old Library Auditorium
3181 S.W. Sam Jackson Park Road
Portland, Oregon 97239
WEBSITE: http://ohsu-opioid-conference.browpapertickets.com

REGISTRATION FEE – $45.00 • REGISTER ONLINE AT http://ohsu-opioid-conference.browpapertickets.com

Program Description
Each year, millions of patients are treated for a variety of serious medical conditions with prescription drugs whose therapeutic benefits are accompanied by psychoactive effects. Recent indicators reveal that the misuse and abuse of prescription drugs are rising, and we are faced with the challenge of minimizing the potential for misuse without impeding patients’ access to needed medical care. This course will provide specific knowledge and skills associated with safe prescribing and will address areas of epidemiology, legal and regulatory issues, and clinical strategies for managing difficult patient situations.

Who Should Attend
This course is designed for all clinicians who prescribe opioid medications for the treatment of chronic pain or who care for patients receiving such medications, including physicians, surgeons, physician assistants, nurses, dentists, and pharmacists.

Educational Objectives
Following this course, participants should be able to:
✔ Select patients who are appropriate candidates for opioid management of chronic pain.
✔ Define risk factors for potential misuse or abuse of prescribed opioid medications, recognize the importance of consistent screening for risk prior to prescribing, and outline a time-efficient method of screening for risk.
✔ Follow an evidence-based protocol for starting patients on opioid analgesic therapy, including issues specific to safely initiating and titrating opioid medications.
✔ Recognize aberrant drug-taking behaviors that may indicate opioid misuse or abuse, and be able to distinguish unintentional misuse and “pseudo-addiction” or “chemical coping” from deliberate misuse, abuse and diversion.
✔ Outline an effective approach to clarify and intervene appropriately with aberrant drug-taking behaviors, including referral to specialized addiction treatment programs when indicated.

Accreditation Statements
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Case Western Reserve University School of Medicine and JBS International, Inc. Case Western Reserve University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Physicians: Case Western Reserve University School of Medicine designates this live activity for a maximum of 6.5 hours of AMA PRA Category 1 Credits™ Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Case Western Reserve University School of Medicine has reviewed this activity’s speaker and planner disclosures and resolved all identified conflicts of interest, if applicable.

Physician Clinical Support System
As an extension of this program, registrants will be connected with mentors through a national Federally-funded program, the Physician Clinical Support System (PCSS-M). They will have access to a physician experienced in prescription of methadone for chronic pain who will be available for one year after the conference for one-to-one communication by telephone or e-mail to answer specific questions. See www.pcss-a.org for details.

Program
• Comprehensive approach to the pain patient
• Deciding whether to prescribe an opioid
• Selecting an opioid analgesic
• Monitoring patient progress
• Why, when and how to stop prescribing opioids and manage the patient with a different approach
• OHSU Chronic Opioid Guideline
• Drug-seeking and diversion
• Case studies
• Interactive discussions

Syllabus
Course participants will receive a complimentary syllabus in both print form and on CD-Rom, as well as a copy of the handbook Responsible Opioid Prescribing: A Physician’s Guide by pain expert Scott Fishman, M.D. The handbook, which summarizes clinical advice and generally accepted prescribing practices, has been endorsed by the Federation of State Medical Boards and is approved for an additional 2.25 Category 1 CME credits.

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