Reawakening Joy and Meaning
A Personal and Professional Development Retreat
September 14-16, 2018
Alton L. Collins Retreat Center, Eagle Creek, Oregon

Retreat Leaders: Molly Osborne and Penny Williamson

Joy and meaning are a magic alchemy bringing the best to our lives and our work. Yet they can be hard to find and sustain in times of internal and external turmoil. Come join us in a Circle of Trust © retreat (pioneered by Dr. Parker Palmer) rooted in the belief that each of us has our own inner teacher to discern our way in the world.

We will guide you through a 2-day process in which the noise within us and around us can subside so that reflection becomes possible and we can hear our own inner teacher. In large group, small group and solitary settings we will explore reawakening joy and meaning in our lives and our work. We will make use of stories from our own journeys, insights from poets, storytellers and various wisdom traditions, embodied practices, and the call of our hearts as a primary guide. Our experience is that in such a space participants gain opportunities to renew and open to the wholeness of life.

This retreat is open to twelve people, on a first-come, first-served basis.

We hope you join us!

Alton L. Collins Retreat Center: (www.collinsretreatcenter.org) Surrounded by giant fir and cedar, lush fern and abundant moss-covered vine maple, the Alton L. Collins Retreat Center just south of Sandy, Oregon, provides an environment and facilities conducive to study and reflection, relaxation and recreation.
**Molly Osborne** is a physician-educator and professor at Oregon Health & Science University. She is nationally recognized for her leadership with healthcare organizations and with learners from many health care professions. She is currently a facilitator-in-training under the auspices of the Center for Courage and Renewal. Molly recognizes the importance of finding inner joy and expressing its meaning in the outer world and enjoys supporting a community in this exploration.

**Penny Williamson** is an internationally recognized facilitator, educator and coach for leaders and organizations in healthcare and other serving professions. She is a founding facilitator and mentor for the Center for Courage and Renewal and Associate Professor of Medicine, Part Time, The Johns Hopkins University School of Medicine. She leads Courage retreats in the US and other countries. Diverse themes include: life transitions, living whole-heartedly, leading with integrity and heart, and reimagining boundaries. Penny brings to her work an ecological worldview; belief in and attention to the inner life. Above all she brings a belief in the capacity of individuals, groups and organizations to contribute to creating a better world.

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**TUITION:** Early Bird $500 (through June 1); Regular rate $575 (deadline is July 15)
Room & Board Double Occupancy: $196, Single Occupancy: $250.

Find the [application/registration form online](https://umoi-reg.brtapp.com/ReawakeningJoy2018) -- **Registration deadline is July 15**

For questions contact Molly Osborne: osbornem@ohsu.edu

**Alton L. Collins Retreat Center**
32867 SE Highway 211, Eagle Creek, OR 97022

**Cancellation Policy:** We understand that life challenges emerge, and change happens. If you find it necessary to cancel, a full tuition refund minus $100 administrative fee will be given if notice is received at least one month prior to the beginning of the program. For cancellations received less than one month prior to the program start date, no refund can be given.