Meet the Docs Dinner

Physicians share their stories

Twelve physicians, interns and residents were the featured speakers at the Family Medicine Interest Group annual Meet the Docs Dinner on March 6.

Physicians discussed their work-life balance, how they chose family medicine as their specialty and what they love most about their practices. About 25 students listened to their presentations.

“I enjoyed everyone sharing their passions,” said Bethany Sappington, first-year medical student. "One that especially resonated with me was Dr. (Lyn) Jacobs (Virginia Garcia Memorial Health Center) who shared her passion for working with the Hispanic community. But it was also exciting to hear from everyone about how they found their passion and how it inspires them in their daily practice.”

Nearly all of the physicians mentioned the variety that family medicine provides.

“Family medicine is a field that encompasses many different specialties,” said Heidi Schroeder, first year. "What I connected with most was hearing that you’re not locked into just one specialty within family medicine. (The physicians) all came to family medicine with different strengths and interests and they all found a way to express those strengths and interests.”

Ben Holland, second year, grew up hearing physicians talk about their passion for family medicine. His father is Bob Holland, MD, who practiced family medicine in John Day until moving to Meridan, ID, in 2012.

(Continued on page 2)
EVENTS

Grand Rounds, April 17
The Family Medicine Grand Rounds Video Conference will be held from 7:30-8:30 a.m. Wednesday, April 17, in RM 28 of Emma Jones Hall. Please watch your email and the FM website for further information as it becomes available.

SAVE THE DATE

Faculty Retreat
The Family Medicine Faculty Retreat will be noon-5 p.m. Friday, May 10, at University Place. More information will be available closer to the event.

Residency Graduation
The Residency Class of 2013 Graduation will be 6-10 p.m. Saturday, June 29, at the Elysian Ballroom, 918 SW Yamhill St., Portland. More information will be available closer to the event.

Pennington Lectures
The 17th Annual Merle Pennington, MD, Lectures in Family Medicine, featuring Robert B. Taylor, MD, professor emeritus, will be at 8 a.m. Friday, Sept. 6. To register, visit http://ohsufammed.com/index.php. The lecture and concurrent afternoon workshops will be followed by the Robert B. Taylor Society Dinner (members only) at 6 p.m. at the Aquariva Italian Wine Bar and Restaurant. More information will be available closer to the event.

WORK WITH US

Family Medicine is hiring a mid-level clinician at Richmond. Email charronl@ohsu.edu for information.

The State of the Department

Building on Our Success

By John Saultz, MD
Department Chairman

Every year in the early spring, I share thoughts with the faculty and staff of our department about the state of our organization. In 2013, OHSU Family Medicine is a strong and internationally influential academic department. Our patient care enterprise is approaching 200,000 clinic visits and 2,600 hospital admissions a year, making us one of the largest family medicine groups in Oregon.

Clinical care is by far the largest source of financial support, and our academic programs are now almost completely dependent on the clinical work of our faculty and staff. Our residency programs attract an impressive array of medical student applicants with more than 1,000 applicants to both the Portland and Klamath Falls programs. The Cascades East residency is among the nation's best rural training programs. The Portland program has launched an experiment with a four-year training model that is among the first of its kind.

Our medical student education program ranked second in the nation in 2012 in the percent of our graduating class entering family medicine residencies (18%). In research, we are now ranked 10th nationally in funding from the National Institutes of Health, garnering $4.8 million in total direct grant support in 2012. More importantly, our faculty produced 99 peer-reviewed papers and 137 total publications during 2012, both all-time highs.

While impressive numbers, our success cannot be measured by financial or statistical accomplishments. It is the people who work here who are our greatest accomplishment. During challenging financial times with tumultuous change in the health care system, we continue to thrive because of the dedication and teamwork of 99 faculty members and more than 300 staff. Our department is making an impact on family medicine as a discipline and on the quality and availability of health care in our state.

Our goals for the future are to build on this success as our medical school revises its curriculum and our state reforms its health care delivery system. We are perfectly placed to make a difference at both the local and national levels. It is an honor to serve as department chair and to work with so many gifted and committed colleagues.

Watch the video: www.ohsu.edu/familymedicine

Meet the Docs Dinner, continued

“There are a lot of preconceptions about family medicine and it’s good to hear about everything a family practitioner can do,” Holland said. “And it was great to see all of the physicians who came out to share their stories with students.”

To hear all the physicians’ stories, subscribe to OHSUFamilyMedicine on YouTube.
Lisa Dodson, MD, was presented with the Distinguished Alumna Award by the Lewis & Clark Board of Alumni “for rendering superior performance in her career field and superior service to her community.” Dodson earned her bachelor’s degree from Lewis & Clark in 1981.

Dodson, director of the Oregon Area Health Education Center and associate professor of medicine at OHSU, has been a tireless advocate for health care education and for developing care for rural and other underserved populations. She has received a number of awards, including the 2010 OHSU Alumni Association Dean’s Award and the 2009 Oregon Family Physician of the Year Award. In 2009, Dodson launched the Oregon Rural Scholars program, which gives medical students a rotation in rural areas to experience firsthand the rewards and challenges of rural practice.

In a YouTube video posted by Lewis & Clark, John Saultz, MD, FM department chair, spoke about Dodson’s passion for rural health care.

“She has lived out that passion pretty much every day of her life since she finished medical school, which is really kind of remarkable that she’s stuck with it,” he said. “She’s done about everything that you can do for rural practice in the state of Oregon, and the state owes her an amazing debt of gratitude.”

Valerie King, MD, MPH, associate professor and director of the OHSU Joint Family Medicine/Public Health and Preventive Medicine Residency, spoke of Dodson’s commitment to the Rural Scholars Program.

“I think if you asked Lisa what her most important contribution of her professional career has been, she would say the Rural Scholars Program,” King said. “That’s really been a passion of hers and has been a very long gestation in getting that program not only birthed, but maintained and grown.”

See the video on YouTube: https://www.youtube.com/watch?v=6vU8R62zqRA

Do you have an item for the April Family Medicine Newsletter? Please Email Melissa De Lyser at delyser@ohsu.edu.
Patient visits for February: 2,433 – 12% under goal.

Phone Abandonment Rate: 3.50% *Golden Phone Award Winner!*

Employee of the Month: *Jessica Nolasco*, PAS

**Awards**

*Jennifer DeVoe*, MD, DPhil, was selected to serve on the Editorial Board of the *Mayo Clinic Proceedings* journal, based in Rochester, MN. Established in 1926, *Mayo Clinic Proceedings* is the world’s third largest circulation general/internal medicine journal (ranking behind only *JAMA* and *New England Journal of Medicine*). DeVoe’s selection relates to a decision by the Editorial Board to expand board membership in 2013 to include experts in family medicine, pediatric and adolescent medicine, pain medicine and biotechnology. These additions will result in an Editorial Board of more than 30 members from the three Mayo Clinic campuses and around the US.

**Births**

*Alexander Sturgill* arrived at 11:11 a.m. Tuesday, March 12. He weighed in at 9 pounds, 9.5 ounces and was 21.5 inches long. Proud parents are *Heather Sturgill*, Residency Program Coordinator, and Derrick Sturgill.

*Runa Lee Swickard* arrived at 11:51 a.m. Thursday, March 15. She weighed in at 7 pounds, 14 ounces and was 21 inches long. Proud parents are *Rebecca Rdesinski*, Research Associate, and Jesse Swickard.

**Book release**


**New Business Analyst**

*Palma Gallardo* is the new Business Data Analyst II with OCHIN. She will be with the data analyst team assisting Scott Fields, MD, and Ben Cox. She most recently worked as a senior accounting technician with OHSU Radiology. Gallardo will be completing a bachelors degree this fall at Warner Pacific College. She lives in Southeast Portland and enjoys hiking, walking and reading.

**Agenda Setting Expert**

*Melinda Davis*, PhD, Research Assistant Professor, was one of 45 experts to participate in “Understanding the Context of Health in People with Multiple Chronic Conditions,” a research agenda setting meeting held in February in Washington, DC. Staff from the National Institutes of Health Institutes, the Office of the Assistant Secretary of Health of the US Department of Health and Human Services, the Agency for Healthcare Research and Quality, the Centers for Disease Control and Prevention, the National Council on Aging and the Patient-Centered Outcomes Research Institute convened the meeting. Participants included people with multiple chronic conditions, caregivers, researchers, policymakers, clinicians and health care system specialists.

Evidence suggests that a focus on single diseases is insufficient to generate the contextualized understanding and scientific evidence needed to improve the health of people with multiple chronic conditions. However, strategies are needed to determine how to bring context to efforts to generate and apply new knowledge to improve the health of people living with multiple chronic conditions.

During the two-day meeting and an iterative, asynchronous process of writing, reflection and communication, participants developed and synthesized diverse perspectives around four questions important for improving the health of people with multiple chronic conditions:

1. What are the key contextual factors?
2. What is the research agenda?
3. What are the essential research methods for understanding important contextual factors?
4. What partnerships are needed for collaborative action?

The resulting products will be used to increase the relevance of research to make health care more sustainable, safe and effective for patients with multiple chronic conditions; ideally by reducing suffering and improving quality of life.
Dessert Buffet

FM @ Scappoose employees enjoyed a homemade dessert buffet on March 8. Scappoose won the donated buffet for having the highest percentage increase in giving - 192% - during the 2012 Employee Giving Campaign. At left, Trudy Doyle, PA student, helps herself to chocolate cake.

NEWS @ RICHMOND

Patient visits for January: 4,161 – .2% below goal.
Phone Abandonment Rate: 7.06%.
Employee of the Month: Flor Pottenger, Administrative Coordinator.

New social worker
Daren Ford, LCSW, CADCII, is the new Community Care Social Worker for the Behavioral Health Department at FM at Richmond. He will be providing support to Medicaid patients who have been identified for high utilization of resources within OHSU health care systems. Ford was most recently employed by the Native American Rehabilitation Association. He lives in Washougal, WA, with his family. He enjoys singing in a band, cycling, hiking and lots of trips to Disneyland.

Chief Resident
Greg Guffanti, MD, has been named chief resident. Guffanti is a graduate of Jefferson Medical College, Thomas Jefferson University, Philadelphia. He practices at FM at Richmond.

“We are very fortunate to have Dr. Guffanti selected as our next Chief Resident, and feel he will be highly effective at meeting the educational, clinical and administrative responsibilities of the position,” said Verian Wedeking, Residency Administrative Director. “With his commitment to supporting others, collaborative nature and ability to find humor in most any situation, we are all looking forward to working with him over the next year.”

Guffanti begins the position July 1.

NEWS @ SCAPPOOSE

Patient visits for February: 2,724 – 6% over goal.
Phone Abandonment Rate: 9%.
Employee of the Month: Jennifer Thorpe, PAS.
Patient-centered Choice Award: Blanca Vasquez, MA.

NEWS @ S. WATERFRONT

Patient visits for February: 3,649 – 5% under goal.
Phone Abandonment Rate: 4.53%.
Employee of the Month: Angela Aldrich, PAS

Appointment
Ben Schneider, MD, was appointed medical director of the OHSU PA Program in March 2013. In addition to his new role, Schneider will continue to practice at FM at South Waterfront and will continue to supervise the resident didactic curriculum and serve as chair of the didactics committee.
PRESENTATIONS

Cliff Coleman, MD, MPH


Cat Livingston, MD, MPH


Miguel Marino, PhD


Erwin Teuber, ED; Megan McGhean, Practice Manager; Nick Gideonse, MD Medical Director; Erin Kirk, Quality Manager


Jim Winkle, MPH

Winkle, Jim. Implementing Screening, Brief Intervention and Referral to Treatment (SBIRT). Grand Rounds, Good Samaritan Regional Medical Center in Corvallis. February 2013.


Winkle, Jim. Implementing SBIRT in Primary Care. Lecture at the Meridan Park Primary Care Forum, Legacy Emmanuel Medical Center in Portland. March 2013.

PUBLICATIONS

Melinda Davis, PhD

Davis, M. Perceived Barriers, Resources, and Training Needs of Rural Primary Care Providers Relevant to the Management of Childhood Obesity. J.Rural Health 6 March 2013.

Jen DeVoe, MD, DPhil; Heather Angier, MPH


Jen DeVoe, MD, MPH


Rick Deyo, MD, MPH

Deyo RA, Irvine J, Millet L, Beran T, O’Kane N, Wright D, McCarty D. Measures such as interstate cooperation would improve the efficacy of programs to track controlled drug prescriptions. Health Affairs 2013 Mar; 32(3): 603-613.


John Saultz, MD


Emily Waterman, MD, MPH


GRANT SUBMISSIONS

“SPREAD-NET”

Pl: Debbie Cohen, PhD

Submitted to: National Institute of Health (NIH)/National Cancer Institute (NCI)

“Evaluating Community Health Center Adoption of a New Global Capitation Payment (ECHANGE)”

Pls: Jennifer DeVoe, MD, DPhil

Submitted to: Agency for Healthcare Research & Quality

“Diabetes Research Implementing Validated EHR tools in the Safety net (DRIVERS)”

Pl: John Muench, MD

Submitted to: National Institute of Diabetes and Digestive and Kidney Diseases/NIH/DHHS through Kaiser Permanente Center for Health Research NW

GRANT AWARD

“Medical Provider Training on Prescription Opioid Addiction in Pregnant Women”

Pl: Meg Hayes MD

Sponsor: National Institute on Drug Abuse/NIH/DHHS through RMC Research Corporation
The following JADECOM exchange participants visited Family Medicine in February and March:

**Ayumi Murayama** is a medical student at Jichi Medical University, where she has studied internal medicine, surgery, pediatrics, obstetrics, and gynecology. Jichi Medical University was established for the education of general practitioners. All students are scholars of their own prefecture and, after graduation, are supposed to work in their hometowns for nine years. Murayama is from Osaka, one of the largest cities in Japan. Her father works for Panasonic, her mother is a physics teacher, her younger sister is a college student majoring in physics, and her younger brother is a high school student.

**Naomi Omori** is a student at Juntendo University, the oldest hospital in Japan. Once a country hospital, it is now in the center of Tokyo. Her hometown is Okayama in the center of Japan. She lives with her grandmother, parents, older sister, and brother. Her sister is a pharmacist, and her brother is also a medical student.

**Chika Uchiyama** is a fifth-year medical student at the Shiga University School of Medical Science, the only medical school in the Shiga prefecture. It has about 600 medical and 160 nursing students. During high school, Uchiyama participated in a one-year exchange program in Downers Grove, IL. She has a bachelor’s degree in Medical Laboratory Science from Northeastern University in Boston. She performed HIV research at the National Institute of Infectious Disease before transferring to Shiga. Uchiyama was born in Ibaraki, a rural community. Her father was a marine engineer, and her mother was a nurse.