4-year Residency in Second Year

In 2012, OHSU Family Medicine was among 12 programs chosen by the Accreditation Council on Graduate Medical Education to participate in a Length of Training Pilot project. The project is studying the outcomes associated with increasing Family Medicine resident training to four years rather than three.

When a residency program makes curricular modifications that require an extra year, the concern about a decline in applicants is very real, said John Saultz, MD, department chair. However, the number of applicants to the family medicine residency program continues to show an upward trend. About one third of all US students matching in Family Medicine continue to apply to OHSU. In fact, the only significant difference in the applicant pool has been quality – not quantity, Saultz said.

“The first two classes we’ve recruited into the four-year program are just exemplary people. That may be a little counterintuitive, because you usually think of extra time in education as remediation. Why would really strong students want to take an extra year? Well, because they’re aiming at a much higher goal.”

The new curricular model was unveiled in fall 2012. While the focus of the model is the fourth year, that’s really just part of the overall curriculum redesign which is focused on delivering additional competencies and academic components, said Roger Garvin, MD, residency director.

“Because of the changing medical environment, we don’t know exactly what medicine is going to look like in five or 10 years,” Garvin said. “So we’re providing our residents with the skills they will need to adapt to change. That’s really the summary of what we’re trying to do.”

The department started the curriculum redesign about six years ago.

“The changes in resident duty hours, which limit experiences with patients, the robust transition to the patient centered medical home and the Affordable Care Act prompted us to conclude that all of the things we were delivering were important,” Garvin said.
EVENTS

Grand Rounds, August 21
Jonathan D. Merrell, RN, BSN, MBA, vice president of Performance Improvement at OCHIN, will present Partnering with Communities to Create the Knowledge & Information to Promote Access, High Quality & Affordable Healthcare for All.

August 21, in RM 28 of Emma Jones Hall. Contact Genevieve Hammond at hammondg@ohsu.edu for registration information.

The ALSO Learner Course will be held 9 a.m. - 5 p.m. Friday, Sept. 13, in Emma Jones Hall. Contact Genevieve Hammond at hammondg@ohsu.edu for registration information.

The ALSO Learner Course will be held Jan. 30-31, 2014. This two-day educational program will enhance cognitive and procedural skills of health care professionals to help them manage obstetrical emergencies. More information will be available closer to the event. Contact Genevieve Hammond at hammondg@ohsu.edu for registration information.

The target audience for this conference is residents, medical students, nurse midwife students, nursing students and nurses.

WORK WITH US!

Family Medicine is hiring clinician teachers at Scappoose and Cascades East FM Residency Program. Email Laura Charron for more information.

GRANT SUBMISSIONS

PI: Stefani Bailey, PhD
Title: Meaningful Use and Treatment of Smoking in Federally Qualified Health Centers
Sponsor: DHHS NIH NIDA

PI: Debbie Cohen, PhD
Title: Identifying Hospital Practices to Reduce Emergency Department Crowding
Co-Investigator on Dr. Benjamin Sun's project for OHSU Emergency Medicine

PI: Rick Deyo, MD, MPH
Title: BOLD Registry - Extended Research (BOLDER)
Sponsor: Subcontract from Univ of WA, originating from DHHS Agency for Healthcare Research & Quality (AHRQ)

PI: John Muench, MD, MPH
Title: SBIRT Oregon Training Initiative
Sponsor: Substance Abuse & Mental Health Services Administration (SAMHSA)

GRANTS AWARDED

PI: Rick Deyo, MD, MPH
Title: Trial of Lumbar Image Reporting with Epidemiology (LIRE)
Sponsor: Subcontract from Univ of WA. Originating grant from DHHS NIH National Center for Complementary & Alternative Medicine

PI: John Heinstrman, MD, MPH
Title: The Primary Care Medical Home and Preventive Service Use in Latino Immigrants
Sponsor: DHHS Agency for Healthcare Research & Quality (AHRQ)

SAVE THE DATE

ALSO Courses
The ALSO Refresher Course will be held August 21, in RM 28 of Emma Jones Hall. The ALSO Refresher Course will be held from 7:30-8:30 a.m. Wednesday, August 21, in RM 28 of Emma Jones Hall.

August 21, in RM 28 of Emma Jones Hall. Contact Genevieve Hammond at hammondg@ohsu.edu for registration information.

The Pennington Lectures cover the latest medical information, presented by OHSU Family Medicine faculty. The keynote Merle Pennington Lecture, “50 Years of Ventures, Ventures & Lessons Learned,” will be presented by Robert Taylor, MD, professor emeritus. The American Academy of Family Physicians has approved this event for up to 6.5 prescribed credits.

The 17th Annual Merle Pennington, MD, Lectures in Family Medicine will be Friday, Sept. 6, in the Kirk Auditorium on the third floor of the Center for Health and Healing (CHH).

The Pennington Lectures cover the latest medical information, presented by OHSU Family Medicine faculty. The keynote Merle Pennington Lecture, "50 Years of Ventures, Ventures & Lessons Learned," will be presented by Robert Taylor, MD, professor emeritus. The American Academy of Family Physicians has approved this event for up to 6.5 prescribed credits.

The Pennington Lectures cover the latest medical information, presented by OHSU Family Medicine faculty. The keynote Merle Pennington Lecture, “50 Years of Ventures, Ventures & Lessons Learned,” will be presented by Robert Taylor, MD, professor emeritus. The American Academy of Family Physicians has approved this event for up to 6.5 prescribed credits.

The Pennington Lectures cover the latest medical information, presented by OHSU Family Medicine faculty. The keynote Merle Pennington Lecture, “50 Years of Ventures, Ventures & Lessons Learned,” will be presented by Robert Taylor, MD, professor emeritus. The American Academy of Family Physicians has approved this event for up to 6.5 prescribed credits.

Cost for full day CME is $100. Half day is $50; $60 with lunch. FM faculty, staff, residents, medical students, 2013 Master Teachers and 2013 members of the Robert R. Taylor, M.D. Society attend free.

Parking: Whitaker Lot (across from CHH). A parking pass is $10.

 Lodging: River’s Edge Hotel & Spa, 0455 Southwest Hamilton Court, Portland. Call 888-556-4402, ask for OHSU rates when registering.

All attendees register here by August 23. For registrations after August 24, add a $20 late fee.

MORNING PROGRAM

Time | Topic | Speaker
---|---|---
8:25 a.m. | Registration | John Saulz, MD
8:25-8:30 a.m. | Welcome & Orientation | John Saulz, MD
8:30-9 a.m. | Research Studies That Have Changed my Practice | John Saulz, MD
9-9:30 a.m. | Training Partners for Practice. The Residency Transformation at OHSU | Roger Garvin, MD
9:30-10 a.m. | New Developments in Anticoagulation & Anti-platelet Therapy | Craig Williams, Pharm D
10-10:20 a.m. | Questions & Answers |
10:20-10:45 a.m. | Refreshment Break |
10:45-11:15 a.m. | REaCH Team: Collaborative Intervention to Improve Health & Reduce Utilization | Christina Milano, MD
11:15-11:45 a.m. | Clinical Assessment of the Homeless Patient | Tanya Page, MD
11:45 Noon | Questions & Answers |
12:45-1 p.m. | Box Lunch & Discussion with Speakers (Continued Q & A) |
12:45-1 p.m. | Master Teacher Awards | Peggy O’Neill, BA
1-2:15 p.m. | Merle Pennington Lecture: 50 Years of Ventures, Ventures & Lessons Learned | Robert B. Taylor, MD
2:15-3:30 p.m. | Refreshment Break |

CONCURRENT AFTERNOON SESSIONS 2:30-4 p.m.

Room | Topic | Speaker
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CHH3-1A | Workshop 1 - Using Data to Improve Clinical Practice | Scott Fields, MD
CHH3-1B | Workshop 2 - Musculoskeletal Ultrasound | Ryan Petering, MD
CHH3-4 | Workshop 3 - Aviation Medicine: Keep Your Pilots Flying | Steve Wals, MD
CHH3-5 | Workshop 4 - Transition of Care. Hospital, Office & Nursing Home | Jessie Flynn, MD

Taylor Society Donor Appreciation Dinner

An evening of fun begins at 6 p.m. Robert B. Taylor, MD Society Donor Appreciation Dinner (members only) at the Aquariva Italian Wine Bar and Restaurant. Learn more about the Taylor Society.
NEWS @ GABRIEL PARK

Patient visits for June: 3,580 – 418 below goal
Phone Abandonment Rate: 5.92%

Presentation recognized
“Incorporating Audience Response Systems Into Residency Education Using the Cell Phones Your Learners Already Have,” a workshop presented by Eric Poolman, MD, and Ben Schneider, MD, at the 2013 Society of Teachers of Family Medicine Annual Spring Conference, was recognized as one of the top five presentations at the five-day conference.

Ten Toe Express Walk
Family Medicine at South Waterfront is co-hosting another Ten Toe Express Walk with the Portland Bureau of Transportation at 6 p.m. Thursday, August 29, starting at the foot of the tram. The event promotes walking and health lifestyles. Scott Fields, MD, Vickie Fields, Natasha Polenske, MD, FAAP, and Daisuke Yamashita, MD, participated in an earlier Ten Toe Express event in June. More information.

New Employees

Krystle Osborne is the new LPN. She will be doing front desk scheduling, back office (call center) verification and ins/scheduling appointments. Prior to joining Gabriel Park, she worked as a scheduler at the front desk for Washington County and in the billing department of a family practice clinic. Her hometown is Hillsboro, she currently lives in Tigard. Arteaga loves nature walks - particularly Multnomah Falls and Silver Creek Falls – and international travel. She has three grown daughters and enjoys fundraising for orphans in other countries. She also loves photography and her dog.

Karen Arteaga

Hannah Jackson is a new PAS specialist. She will be welcoming patients at the front desk. She is a student at Portland Community College and is applying to nursing programs in the area. Her hometown is Albany. She enjoys playing volleyball, camping, reading crime thrillers and spending time with her boyfriend and family.

Natalie Gutzler is a new PAS specialist. She will be scheduling appointments, answering patient calls, checking patients in and routing messages. She has a bachelor of arts degree in psychology and French studies from Scripps College, Claremont, CA. She is working on a bachelor of science degree in science with a chemistry concentration at Portland State University. She was a student worker at South Waterfront before she was hired as a PAS. Gutzler's hometown is Portland. She likes spending time at her family's beach house in Seaside. She also enjoys hiking in the Columbia Gorge and hanging out with her cat and dog.

Dustin Pohl is a new PAS specialist. He will be working at the front desk, checking patients in and helping with scheduling and phones. He has been at OHSU in Parking, Dermatology and Patient Registration for about seven years. Pohl's hometown is Kalamazoo, MI. He enjoys spending time with family and friends. He also enjoys playing cards and cooking.

Paul Kolesnyk, MD, a family physician from Uzhhorod, in the Ukraine, completed a fellowship which included meetings with medical directors and physicians at four clinics, tours of the hospital and a residency conference presentation entitled “Family Medicine Training on Post Soviet Ukraine.” Paul Kolesnyk

NEWS @ RICHMOND

Patient visits for June: 4,101 – 502 under goal
Phone Abandonment Rate: 11.8%

Employee of the Month: Judy Krohn, Pharmacy Technician

Births
Amber Livingston Rader arrived at 5:50 a.m. July 11. She weighed in at 7 pounds, 7 ounces, and was 20 inches long. Proud parents are Cat Livingston, MD, Richmond, and Mel Rader.

New employees
Amy Brumley is the new MA. She will be working primarily with Sabrina Dake, FNP. She is a graduate of the Medical Assistant program at Everest College. This is her first MA position. Brumley has a 10-year-old daughter, Maranda and is very excited to be working at Richmond.

Michelle Monto is the new PAS. She will be working front office checkout. She attended Mt. Hood Community College. Prior to joining Richmond, she worked as a PAS at Gabriel Park. Prior to that, she worked at US Bank. Her hometown is Prescott, WI.

Allison (Allie) Rogers is the new CMA. She will be working in the purple pod, primarily with Emily Myers, MD. She has an associate degree in science from MHHC and trained as a CNA, EMT and CMA through AAMA at Concord. Prior to joining Richmond, she worked at Urgent Care NW and Oregon City Family Practice. Her hometown is Sandy/Wellesley. She has a 2-year-old daughter, Natalie.

Tiffany Jolly is a new CMA at the Richmond Walk-in Clinic. She graduated from Apollo College in 2001. She transferred from Family Medicine at Richmond, where she was a PAS. She enjoys hanging out with her three daughters and husband.

Kaiser Improvement Event
Megan McQueen, practice manager; Erin Kirk, clinic quality manager; Nicole Kroon, PAS coordinator; Sarah Jarvis, clinic support supervisor; Emma Southwick, team coordinator; Yelena Moskovkin, PAS, Lisa Willerworth, RN; and Reva Hollingsworth, CMA, participated in a Kaizen event on July 18-19. Kaiser, which means “continuous improvement” in Japanese, is a technique for improving efficiency and effectiveness. The Richmond event resulted from the clinic’s 2012 Lean training which analyzed the clinic’s phone process. The focus of the Kaizen event was to develop workflows for the ideal management of incoming phone calls. The goal was to improve patient satisfaction and increase “first touch” resolution while empowering staff to work at “top of license.”

Shogo Noda, a medical student from Jichi Medical University, will visit OHSU Family Medicine August 9-23. His home town is the Fukuoka Prefecture, located in Kyushu. Fukuoka has a variety of sightseeing spots like Dazaifu and is a very comfortable place to live. His family consists of his father, who works for a supplements company; his mother, a former elementary school teacher; and his brother, who is a vocational school student.

Kohei Kishi, a medical student from Teikyo University, visited OHSU from July 26-August 2. Teikyo is located in Itabashi, Tokyo, and is famous for emergency medicine and anesthesiology. Kishi’s hometown is Yokohama City, which has a lot of classical architecture. His family consists of his father, a dentist, who enjoys surfing and playing sax; his mother, a pharmacist, who enjoys playing bridge; and his sister, a drug company employee, who enjoys fashion. Ayumi Takata, a medical student from Gifu University, arrived August 2 and will be returning August 15. She is interested in family medicine, pediatrics and radiology. Her hometown is Toyama Prefecture. Her family consists of her father, a dentist, her mother, a homemaker; her brother and sister. Takata’s hobbies are playing violin, traveling, table tennis and talking with friends.

NEWS @ SCAPPOOSE

Patient visits for June: 2,155– 63 below goal
Phone Abandonment Rate: 3.71%

Patients’ Choice Award: Michael Yetter, PA
New Employee: Jason Richardson-Fitch, CMA
Why interns chose OHSU Family Medicine

"One of the reasons I chose OHSU’s four-year program is because I believe that, in coming years, family physicians are going to be more than just primary care providers. They are venturing into the era of having to be leaders; they’ll manage health populations, deal with health policy reform, and evolve our aging healthcare system. The four-year program will provide the training to produce a more well-rounded physician."

- Matthew Chan, MD

"I wanted to be in a cohort that collectively decided to give up a year’s worth of salary in exchange for an extra year’s training, recognizing that the future of Family Medicine is an innovative field. The kinds of people who are willing to take on that extra year of training are the kind of people I wanted to be with. They recognize the importance of that extra year."

- Will Pérez, MD

Four-year Residency continued from page 1

Continued on page 5

"But there are additional competencies that some family physicians will need: managing the health of populations, information management, utilizing technology like the electronic health record, leadership of teams and broad scope of practice."

"And on top of that, we wanted residents to have time for intentional diversification of their training to meet the needs of their future practices."

The curriculum delivery methods have also changed. In addition to the traditional block model, parts of the curriculum are delivered longitudinally.

"For example, we’ve created small-group learning experiences designed to provide residents with some of the new competencies" Garvin said. "The longitudinal experiences now include leadership, information mastery, patient-centered primary care medical home, geriatrics and behavioral health."

In addition, the clinical experience in Winding Waters, Enterprise, OR, has been expanded to provide full-time coverage. Residents are on staff six weeks at a time, seeing a panel of patients, helping to run the practice and discovering what it really means to be part of a small, rural practice.

"This really enhances the residents’ understanding of rural practice in ways that we haven’t had before," Garvin said. "It’s unique in the county."

The residency curriculum also includes a more rigorous academic component. Each resident is required to formulate an Individual Education Plan that includes reflection on their goals, strengths and weaknesses. Residents then work with advisors to determine an area of concentration for the last two years of residency. A capstone, which will result in a publishable curriculum area, quality improvement project or research project, is also required.

Residents in the second year of the four-year program have high praise for the curricular changes.

"The four-year residency program at OHSU focuses on the whole training of family physicians that extends beyond the clinical," said Jason Kroening-Roché, MD, MPH. "In my first year, the longitudinal curriculum has allowed me to think outside the hospital about ways I can develop professionally, such as leadership practice and quality improvement. There is also an emphasis on understanding the systems we work within so that we can begin to see how they can be improved as we move forward. Overall (the program) is meeting my expectations as a program that trains very good family physicians but pushes the boundaries beyond the clinic and into our health care system."

"The first year of the four-year curriculum does an incredible job at stressing both goals of leadership and PCPCh in the longitudinal curriculum while, at the same time, giving a strong foundation in the broad-spectrum of family medicine skills," agreed Kristin Gilbert, MD. "While managing complex medical problems in the inpatient setting, you are also learning about access to care and your personal leadership strengths."

The curricular changes have been both challenging and rewarding for faculty and residents alike.

"Change is hard. It requires a lot of effort and communication," Garvin said. "We’re learning this together with the residents. In many ways, we’re laying the track while the train is already moving."

PUBLICATIONS

David Buckley, MD, MPH


David Buckley, MD, MPH; LJ Fagan, MD


Richard Deyo, MD, MPH


Elizabeth Jacob-Files, MA; Patricia A. Carney, PhD

Dalberg, T; Jacob-Files E; Carney P; Meyrowitz J; Fromm E; Thomas G. Pediatric Oncology Providers Perceptions of Barriers and Facilitators to Early Integration of Pediatric Palliative Care. Pediatr Blood Cancer DOI 10.1002/pbc

Cat Livingston, MD; MPH; Filza Akhtar, DO; Bright Hatch, MD, MPH


John Muench, MD


John Sautz, MD


Department Researchers Author Paper of the Month

A research paper written by Melinda Davis, Ph.D., LJ Fagan, MD, Family Medicine and ORPRN, and others has been selected by the School of Medicine as the Paper of the Month and will be featured in the August SoM News.

A Qualitative Study of Rural Primary Care Clinician Views on Remote Monitoring Technologies, published in The Journal of Rural Health, was written by Davis, Fagnan and other researchers from OHSU, Intel Corp and Portland State University. Their study explores rural primary care clinician interest in - and the resources necessary - to incorporate remote monitoring technologies (RMT) into routine patient care.

The paper was selected as the Paper of the Month by Dr. Eric Orwoll, John Muench, MD, and the resources necessary - to incorporate remote monitoring technologies into routine patient care.

“Change is hard. It requires a lot of effort and communication,” Garvin said. “We’re learning this together with the residents. In many ways, we’re laying the track while the train is already moving.”

“Two seemingly modest reports is fascinating and important for several reasons,” Orwoll said. “First, it highlights the emerging importance of research in health care delivery and the challenges of providing medical care in rural areas in an increasingly electronic era. Second, it takes advantage of one of the burgeoning research strengths at OHSU – community-based investigation – and particularly the Oregon Rural Practice Based Research Network, which is just one of several strong platforms that are available for this sort of research. Finally, the research team represents an interesting collaboration that will be increasingly important and productive as we continue to expand in this area – notably OHSU, Portland State University and Intel.”

Read more