

OHSU Family Medicine

Volume 7, Issue 5

May 2009



Lisa Dodson is Oregon Family Doctor of the Year

Lisa Dodson, MD, OHSU Family Medicine faculty member and director of the Oregon Area Health Education Centers (AHEC) Program, has been selected as Oregon Family Doctor of the Year for 2009. The announcement, a surprise to Lisa, was made May 9, 2009 at the Annual Meeting of the Oregon Academy of Family Physicians in Sun River.



Lisa Dodson, MD

The nomination packet supporting her selection contained letters from 37 patients and colleagues. One letter pointed out that, in her AHEC role, Lisa serves not just a single community, but the entire state of Oregon. Others writing support letters praised her as a caring physician with a vibrant personality. "When you see her, she always has a smile."

Lisa joined our department as a resident in 1988, and has served OHSU and Oregon in many roles, including her years in rural practice in John Day and Elgin. She currently is leading the development of the Oregon Rural Scholars Program for OHSU medical students.

Congratulations, Lisa, on this well-deserved honor!

Josh Reagan is Named Carpenter Award Winner



Drs. Josh, Bonnie & Peter Reagan

OHSU graduate and volunteer faculty member, Josh Reagan, was named the Lewis and Ruth Carpenter Award winner at the recent OAFP meeting held in Sunriver. Nominated by several medical students, Josh currently serves as a preceptor for first, second and third year medical students. In her nomination, MSIII student, Jill Christensen wrote: "Josh Reagan is an outstanding example of the family physician that I hope to be someday. He practices medicine in an empathetic, patient centered, whole-person way that is inspiring."

Josh graduated from UCSF medical school and completed his family medicine residency at OHSU, serving as Chief Resident in 2003-2004. Following his residency, Josh entered practice at Portland Family Medicine – joining his parents, Drs. Bonnie and Peter Reagan.

The award, named for Lewis and Ruth Carpenter, is in recognition of teaching excellence in the outpatient setting. The award, based on nominations by third and fourth year students, is given annually to a volunteer faculty member of the Department of Family Medicine who is actively engaged and committed to one-on-one teaching in the ambulatory setting.

Receiving this award, Josh joins a long list of outstanding physicians that have received the Carpenter Award, including his father, Peter Reagan, who won the award in 2005. Josh is married to family physician, Aoi Mizushima and they are the proud parents of Micah and Zaida.



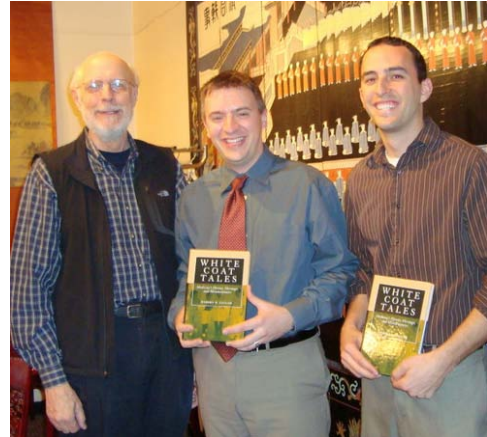
FMIG Honors 2008-09 Student Leaders at International Dinner

On Thursday, April 23rd forty students and Department of Family Medicine faculty celebrated the end of the school year at the traditional International Dinner at Shanghai Noble House Restaurant.

Michael Goodwin and Nicholas Westfall, MS2s and FMIG Co-Chairs for 2008-09, each were presented with a copy of Robert Taylor's book, "White Coat Tales," in appreciation of their leadership this past year.

Welcomed as new Co-Chairs are Sharen Azar and Michele Bar, both MS1s.

Stephanie Cheng and Michael Phelps gave an informative and fascinating Powerpoint presentation, titled "Traditional Tibetan Medicine Elective." They described their experience in Tibet last summer in Qinghai, China, which is also considered the Amdo region of Tibet. They told of how recently, traditional Tibetan Medicine, with its nearly 4000 years of history and practice, has gained increasing attention and acceptance worldwide. Previously, there were no official medical electives for students to study traditional Tibetan medicine in China. The collaboration between the Qinghai University Tibetan Medical College in Xining, and Stanford Medical School is the first of its kind for both institutions. The first cohort of students participated in the 4-week rotation in the summer of 2007. In addition to their slides, they displayed traditional Tibetan items from their travels. They summarized their experience: "We studied the theory and practice of Traditional Tibetan Medicine at the Qinghai University Tibetan Medical College in Xining, China. We had a chance to meet with patients on a daily basis and learn about the diagnosis and treatment of their illnesses by the Tibetan medicine doctors."



Bob Taylor, MD, Michael Goodwin, MS2 & Nicholas Westfall, MS2



Sharen Azar & Michele Bar
New Co-Chairs of FMIG



Stephanie Cheng & Michael Phelps on horseback



Cover the Uninsured Week Free Clinic

Brett White and Shawn Blanchard recently joined OHSU medical students at O'Bryant Park in downtown Portland as the lead physician volunteers helping to care for the uninsured. The clinic was part of Cover the Uninsured Week (CTUW) 2009, which occurred on Sunday, May 3rd.

Over 216 patients were seen and treated during the 4 hour clinic, twice as many as had been served the year prior. Students from five OHSU schools contributed to the event, including students from the School of Medicine.

Dean Mark Richardson stopped by to provide his support and encouragement for the clinic, which was felt to be an overwhelming success and demonstrative of the Department of Family Medicine's mission to increase primary care services to the community of Portland.



Taking a Break: Brett White, MD, Raj Sehgal, MD, Shawn Blanchard, MD & Scott Sallay, MD. Drs. Sehgal and Sallay are from the Department of Internal Medicine.

Common sense in matters medical is rare, and is usually in inverse ration to the degree of education.

Sir William Osler (1849-1919)



STFM Annual Meeting

This year's annual Society of Teachers of Family Medicine conference was held in Denver, Colorado, from April 29 – May 3.

OHSU Family Medicine had strong representation at this conference. Scott Fields, M.D., who finished his year as President of STFM, opened the conference with a motivating speech and entertained attendees with his usual energetic style.



L to R: STFM Legislative Affairs Committee Chair **Jerry Kruse, MD, MSPH**, Southern Illinois University; **Dr. Larry Green**, University of Colorado; **Dr. Sam Jones**, Fairfax Family Practice Center Residency Program, Fairfax, Virginia; and **Scott Fields, MD**, OHSU Family Medicine.

Stephanie Croker, a second year OHSU medical student won the award for the best research paper by a student. The award was announced from the podium at the Saturday Plenary session. The title of her paper and presentation was "Availability of Trial of Labor after Cesarean Services in Oregon". Valerie King was the co-author and mentor.

Brett White, M.D. and former OHSU faculty, Heather Paladine, M.D., spoke about their STFM Foundation-sponsored study regarding teaching students how to electronically communicate with patients titled, "*Teaching Email Communication in a Residency Program.*"

In addition, several faculty, residents, and staff did presentations, workshops, and posters: Daisuke Yamashita, Fran Biagioli, Patty Carney, Jennifer DeVoe, Pat Eiff, Roger Garvin, Teresa Gipson, Elizabeth Jacob-Files, Tanya Page, and John Saultz.



Focus on Our Volunteer Faculty: North to Ridgefield

Usually when a medical student hears that they've been "matched" with Dr. Sam Richard for their Third Year Clerkship rotation – their initial reaction is "It's so far! I'll be driving all morning." Then sometime in their second week their reaction has changed to "Oh, I'm so glad that I'm there. This is an awesome experience and Dr. Richard is an amazing preceptor. It's worth it."



L to R: Toni Eddington, Sharon Houghton, Natale Warner, Tressa Harris, Red Hoffman, and of course- Our "master" of all...Dr. Samuel Richard.

Sam Richard, Affiliated Associate Professor and a graduate of OHSU, has been teaching for over 20 years. In that time he has precepted close to 100 students, with nearly 20 of those students deciding to pursue the specialty of family medicine. These include: Drs. Russ Nichols, Tony Brodsky, Kevin Rueter and Matthew Rode.

His career has taken him from private practice, to starting the OHSU Richmond Clinic, and now back into private practice in Ridgefield, Washington. The students soon realize that the 33 minute commute from OHSU to Ridgefield goes quickly and it gives them time to prepare for their busy day in the clinic where often they will see between 17-25 patients per day. In addition to their clinic time, they work alongside Dr. Richard at the Mount Hood Medical Center emergency room.

"Usually I work 17 shifts a month at Mount Hood, and the students all seem to enjoy the experience" says Dr. Richard. "I also take them into surgery if I'm on first assist."

Dr. Richard lives within 5 minutes of his practice – and he is the proud father of 5, including his eldest son, a Marine pilot, who was recently deployed.

We feel fortunate to have Dr. Sam Richard as an integral part of our volunteer faculty and look forward to hearing more student stories "from the road."



In just 4 Minutes. . .

I step onto the tram. I'm sure I look a fright as I struggle with my laptop bag, my very big purse, and my bag with my lunch. (The reason I bought such a big purse was so I could carry my lunch in the bag but today my salad bowl is just too big). I set my bags down and pat my pockets, making sure I have everything...phone, keys to my office...I wrinkle my forehead as I try to remember if I locked the car.



Article by Jessica Brown

"Are we ready?" A voice near me says. I turn, my hair in my face from the ordeal of making my way to the tram with all my stuff, and the wind blowing in my face.

"I think so." I say, smiling sheepishly. As the tram takes off, the elderly man began to tell me about a walkway that will be built over the freeway, I wasn't aware of this project.



"When are they going to build it?" I ask him, as he replies, "within the next year the newspaper says". I check my stuff again, still wondering if my car is locked. I finally decide that there isn't anything I can do about it now, so I finally calm down and our conversation continues, as I look from the man to the freeway below.

He begins to tell me that he had a conversation with Peter Rapp recently, and he suddenly had my attention. He goes on to tell me that he has had cancer in several parts of his body and

the treatment he has received from OHSU was been way above expectations. I asked him how he even knew to talk to Mr. Rapp, and he said he just called his office and made an appointment and his secretary was there to take notes. He went on to say that he felt it was important that, especially with the current economic situation, Mr. Rapp knows that not only does his employees do their job, they go above and beyond.

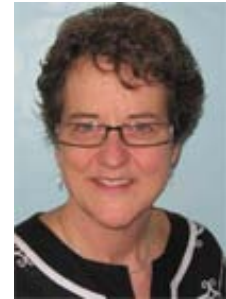
He spent the rest of the tram ride telling me of the different types of cancer and treatments he had. As soon as the tram doors opened he was off, walking faster than I could manage with all of my bags. I watch him walk down the tram corridor and I'm stunned. I was amazed by this man, when he was going through a very hard time in his life, he took the time to let vice president of the hospital know what a good job the staff at OHSU was doing.

In just four minutes, the amount of time it took the tram to travel to the top of the hill, this man really made an impact on my day. It makes a person think, no matter how busy we are, no matter what is going on in our lives, we should take a moment to say or do something for someone else.



In the News

OHSU Family Medicine Residency graduate **Marilyn Darr, MD** has received the Southwest Washington Medical Center's first annual Extraordinary Doctor of the Year Award. Dr. Darr was chosen for this award from a field of more than 200 physicians nominated. Congratulations, Marilyn



Marilyn Darr, MD



Daisuke Yamashita, MD

Daisuke Yamashita is the author of a recently published paper: **Yamashita, D.** "Cremasteric reflex: becoming professional in physical diagnosis." *Journal of Integrated Medicine* 2009;19:227. This is a short review article around tips in the physical exam. *Integrated Medicine* is a journal published for generalist and family physicians.



Melissa Pensa, MD

Melissa Pensa, a first-year family medicine resident completing a rotation at Holy Rosary Medical Center, Ontario, spoke at the Northeast Area Health Education Center's "Breakfast for A-HEC of a House."



Rick Deyo, MD, MPH

Wang MC, Kreuter W, Wolflla CE, Maiman DJ, **Deyo RA.** Trends and variations in cervical spine surgery in the United States: Medicare Beneficiaries, 1992-2005. *Spine* 2009; 34: 955-61.

Sherman KJ, Cherkin DC, Hawkes RJ, Miglioretti DL, **Deyo RA.** Randomized trial of therapeutic massage for chronic neck pain. *Clin J Pain* 2009; 25: 233-8.

A number of OHSU Family Medicine faculty have collaborated on a report titled "A Model for a Standardized National Family Medicine Graduate Survey," published in the May 2009 issue of *Family Medicine*. Co-authors include **Pat Eiff, Roger Garvin, John Saultz, Patty Carney** and Dawn Creach.



Pat Eiff, MD



Roger Garvin, MD



John Saultz, MD



Patty Carney, MD, MPH



Educational Excellence within the Patient-Centered Medical Home – Perspectives from the STFM Board

Resident Perspective on a PCMH by Daisuke Yamashita, MD, STFM Board Resident Representative and an OHSU Family Medicine 3rd year resident recently visited Brazil:

I am in Sao Paulo, Brazil, for my elective rotation. Samba is in the air, and people are dancing for the Carnival. Working with Brazilian family physicians has allowed me to reflect on my own experiences in the United States and Japan and think about the changes happening around a Patient-Centered Medical Home (PCMH). I believe providing focused education around improving communication and relationships with patients, staff, specialists, and community to create a well-functioning team in residency training is a crucial element to the success of implementing the PCMH.



Daisuke Yamashita, MD



In Brazil, family medicine is not an established discipline. Rather, Brazil has the Public Health Service, which provides primary care free of charge. However, this is viewed as lower-level care by patients and physicians due to lack of education and resources. Also there are many private insurers that mainly operate without a solid primary care structure. Thus, the family physicians here must work in an environment with highly developed specialization. This is similar to Japan, where I received my initial training.

Despite the fact I speak very little Portuguese, my experience in Sao Paulo has been wonderful. I notice that the Brazilian family physicians spend a great deal of time listening and engaging in dialogue with patients, staff, and specialists in the hospital and clinics. I also joined them for home visits, which is an important aspect of the work these family physicians do here. Each home visit was made with a nurse and a driver who, in my experience, drove like a car racer in this amazingly large and busy city! I observed many examples of doctors and nurses working together to provide appropriate care for the patients in need. Further, the coordination of care for the patient and communication among patients, staff, specialists, and community resources with a functioning team were two key characteristics I found fascinating while working with Brazilian family physicians. This reminded me of a clinic in Japan, which had many PCMH components as well.



Coordination and communication by the team are two key characteristics of the care provided by these family physicians. When we read the National Center for Quality Assurance (NCQA)¹ PCMH standard, it includes many of these elements that reflect aspects of coordination of care: access and communication, patient tracking, care management, electronic prescribing, test tracking, referral tracking, and advanced electronic communication. Meanwhile, TransforMED projects pointed out the importance of communication and relationship among the team to successfully implement a PCMH.



Resident Perspective on a PCMH (continued)

I am in the last year of a family medicine residency in the United States, and I realize I have been exposed to many components of a PCMH, especially around care coordination.

This visit to Brazil allowed me to better appreciate the educational opportunities and practice experience during my residency. For instance, open access in the clinic schedule and an electronic health record (EHR) with capability to share patient information with other specialists are two parts of the PCMH to which I have been exposed from the beginning of my residency. Doctor-patient communication has been greatly emphasized in my training as well. At the same time, I feel we can do a much better job teaching communication skills among staff, specialists, and

community resources as a part of a functioning team in a PCMH. Unfortunately, these concepts are not explicitly taught currently, even though according to the TransformMED project, they must be emphasized at the beginning of residency to successfully implement the PCMH.



Well-functioning teams require safe environments for open communication, as well as a spirit of curiosity of each team member toward the others. I believe these are the same qualities present in a good learning environment. One of STFM's goals is to promote a healthy learning environment in family medicine education, and I believe utilizing our experiences in teaching a PCMH is a major strength of STFM. I would like to see clear emphasis around communication to develop a well-functioning team within the PCMH model throughout residency training. I look forward to teaching these qualities after my residency training.

Reference

1. Kuzel AJ, Skoch EM. Achieving a Patient-centered Medical Home as determined by the NCQA—at what cost, and to what purpose? *Ann Fam Med* 2009;7(1):85-6.



Chili/Cornbread Potluck Winners

Thanks everyone for your participation in the chili/cornbread potluck, it looked like everyone had a fun time. The winners of the entries are below, along with the recipes of the 1st place winners.



Teresa Everson, Steve Stenberg, Peggy O'Neill, Heidi Elliott, Coelleda O'Neil

Chili

1st Place – Steve Stenberg
 2nd Place – Heidi Elliott
 3rd Place – Peggy O'Neill

Cornbread

1st Place – Coelleda O'Neil
 2nd Place – Teresa Everson
 3rd Place – Heidi Elliott

Steve's Blue Ribbon Chili Recipe: Recipe on Page 11

Ingredients: 1 package of dried ancho chilis, 4-5 strips of bacon, 2 medium onions, Salt and pepper, 6-7 cloves of garlic, 2 jalapenos, Carroll Shelby's chili mix spice packet, canola oil, 2 pounds beef chuck roast, 1 pound ground beef, 1 15oz. can tomato sauce, water, 1 bottle beer, cayenne powder, cumin, oregano, 2 cans black beans, 1 can corn, your favorite chili ingredients.

Tips: If you think your chili is missing something, it is probably salt, which will boost all the other flavors as well. Also chili gets better the 2nd day (similar to lasagna). Feel free to add tomatoes, pinto beans or dark kidney beans, different kinds of meat, different rehydrated dried peppers, the sky is the limit! Any recipe gets better as you make it multiple times, so if you want, you can print this then add notes for yourself for the next time.

Coelleda's Cornbread Recipe

Corny Cornbread: Jiffy 9 oz cornbread mix, 1 can cream corn, 1 can whole kernel corn drained, 1 egg beaten, mix all together and put in a 9x14 lightly greased pan..

Bake at 400 for 30 minutes. Lightly sprinkle cheddar cheese on top. Cut into squares. Enjoy with garlic butter or honey.



Steve's Blue Ribbon Chili Recipe



Stephen Stenberg

The first step is to buy dried ancho chilis from the Mexican cuisine section of your local store. Then cover 4-5 dried anchos in very hot water for between 20-30 minutes to rehydrate them. Next open the chilis and using a knife scrape the 'meat' of the chilis from the dried skins. You will end up with a few tablespoons of ancho paste that I consider the essence of chili. In fact ancho powder is the most common ingredient in store-bought 'chili powder' However the ancho paste is much more flavorful than powder, especially considering we are going to enhance it by sautéing it for a bit as well. . Ancho is the name of dried Poblano peppers

(which therefore means writing 'dried anchos' is redundant). Similarly chipotle is what smoked jalapenos are called.

In the heavy pot (with a wide bottom for surface area) you are using for the chili cook 4-5 strips of bacon, then set aside for later. Pour out about half the bacon fat and leave enough in the pot to sauté 2 medium onions. Add salt to the onions. After they have started to caramelize a bit add 6-7 cloves of chopped garlic and a sliced jalapeno or two. None of these measurements are exact because we are not baking nor accounting, we are cooking, with love! Just use the basis of this recipe and then make your own judgments and improvements to it

To this add the ancho chili paste and sauté a couple minutes more. Next you will have to cheat a bit and use the spice packet from Carroll Shelby's Chili mix which has Ground Chili Peppers, Salt, Garlic, Cumin, Oregano, Onion, and Paprika in it. Add to the pot and sauté for a minute or two until you can smell the spices releasing their aroma.

Meanwhile in a different pan (a heavy one) heat Canola oil until hot but not smoking and then brown 2 pounds of chuck roast cut into 1 in. cubes and seasoned with salt and pepper. Remove from pan and set aside to drain fat. If needed add more oil to pan and then brown 1 pound ground beef seasoned with salt and pepper. Set aside and drain fat.

Now add a 15oz can of tomato sauce and two 15 oz can-full of water to the chili pot. Crumble or slice the reserved bacon into the pan as well as both of the other meats. Stir well making sure to scrape all the accumulated delicious flavors off the bottom of the pot and incorporate. Raise temp. until you see a couple of bubbles and then cover and turn down to low/simmer. Cook covered for at least an hour. You are now at the point where you can make this chili your own.

After an hour I add around ½ to 1 beer (either a light domestic or perhaps a Guinness. You have to be a bit careful when cooking with beer that may have too much flavor or a conflicting flavor. Plus it is often recommended that you let the beer go flat before adding). Add cayenne pepper to raise the heat to your like. Actually find any and all kinds of pepper/chili in your house and add a bit to add some complexity. I add some chipotle powder, African bird chili powder, peppercorns, Cholula pepper sauce, etc. Be sure to have salt, cumin, cayenne, and oregano on hand to adjust to get the flavor you like. Remember a good cook tastes his/her food often.

At this point your chili should have cooked for 1 ½ hours or so. Add two cans of black beans, including sauce and remove lid to continue cooking and to reduce the liquid a bit. Stir often. Basically you want to cook your chili until the beef chuck cubes become soft, which will probably take 3-4 hours often or even more. If your chili gets too thick just add water to it for desired consistency. When you think there is around ½ hour to go add 1 can of corn. That's about it!



OAFP Meeting: Learning, Networking and Celebrating

Sunny weather, timely CME and visiting with friends made for a great weekend in Sunriver recently – and the Oregon Academy of Family Physicians Annual Assembly was also a time of celebrating OHSU faculty and students.



OHSU students have strong presence at OAFP Spring Meeting.

The highlight of the two-day meeting was definitely the naming of Lisa Dodson as 2009 Family Physician of the Year. The award, always kept a secret until the Saturday luncheon, was particularly meaningful this year since Lisa Dodson is the first female physician to receive the statewide honor. Volunteer faculty member, Josh Reagan, was named the Carpenter Award winner and Jill Rasmussen Campbell, a graduating fourth year student received both the Robert B. Taylor Award and the Mary Gonzales Lundy Award in recognition for her outstanding academic and volunteer work while at OHSU. Jill will be starting her residency at the Alaska Family Medicine Residency program in Anchorage in early June.

There were inspiring lectures and workshops ranging from “Post Deployment Health Concerns” to “Teaching the Next Generation.” In his annual statewide faculty meeting address, John Saultz updated a roomful of volunteer faculty on the status of the university including medical education and department finances. He also lectured and led a workshop on “The Science Behind Patient-Centered Medical Home.”



Jill Rasmussen Campbell
with John Saultz, MD

The incoming officers of the OAFP were installed during the meeting with Glenn Rodriguez, as the 2009 President of the OAFP; Ariel Smits, President Elect; Elizabeth Steiner, Vice President; Gary Plant, Secretary and Bill Gillanders, Treasurer.

During the meeting weekend, the OAFP Foundation hosted their auction, raising over \$15,000 for the Laurel G. Case Scholarship Fund for medical student education.



Pennington Lectures Scheduled for Friday, August 7, 2009

The 2009 Merle Pennington, MD Lectures in Family Medicine will be held Friday, August 7, 2009. This marks the 13th year of the lectures, which honor Merle Pennington, MD, one of the founders of the Department of Family Medicine.

The Pennington Lectures cover what's new that family physicians need to know, presented by your OHSU Family Medicine faculty. The all-day program is held in the third floor conference room at the OHSU Center for Health and Healing.

CME Approval: This activity has been reviewed and is acceptable for up to **11.75 Prescribed** credits by the American Academy of Family Physicians. We were assigned 11.75 Prescribed credit hours because of the number of evidence-based-medicine courses.

Plan to join your colleagues for this important CME program. Please complete the registration form on page 15 of the newsletter, and send it in now.

We hope to see you on August 7.

OAFP Meeting: Learning, Networking and Celebrating (continued)

Jill Rasmussen Campbell received the Mary Gonzales Lundy Award in recognition for her outstanding academic and volunteer work while at OHSU.

More on Page 12.



Jill Rasmussen Campbell with Mary Lundy

Moving Your E-Mail Address? Please Tell Us

We do our best to keep you up-to-date with news about our graduates and the Department of Family Medicine. But if you change your e-mail address, we have lost you.

SO... If you change to a new e-mail address, please let us know by contacting Coelleda O'Neil: Phone: 503-494-7595 or oneilc@ohsu.edu.

Thanks. And we'll try to keep quality newsletters coming.

Thinking Ahead to Next Month's Newsletter

If you have news that your colleagues should know about, please send information by e-mail to Coelleda O'Neil at oneilc@ohsu.edu.



13th Annual Merle Pennington Lectures in Family Medicine

Kirk Auditorium, 3rd Floor
OHSU Center for Health & Healing
All Day Friday, August 7, 2009



Center for Health and Healing

Morning Program

Times	Topic	Speakers
8:00-8:25 am	Registration	
8:25-8:30 am	Welcome and Orientation	Robert B. Taylor, MD
8:30-9:00 am	Abnormal Pap Smear	Johanna Warren, MD
9:00-9:30 am	Continuity of Care in Family Medicine: Past & Future	John Saultz, MD
9:30-10:00 am	Diabetes Update (MOC Module topic)	Roger Garvin, MD
10:00-10:20 am	Questions and Answers	
10:20-10:45 am	Refreshment Break	
10:45-11:15 am	Alcohol & Drug Misuse: Advances in Screening and Intervention	John Muench, MD
11:15-11:45 am	Pain Management in End-of-Life Care	Eric Walsh, MD
11:45-Noon	Questions and Answers	
Noon – 12:45 pm	Buffet Lunch and Discussion with the Speakers	
12:45-1:00 pm	Awards	
1:00 – 2:15 pm	Merle Pennington Lecture: Illness in Physicians' Family	Panel Discussion Moderator: Elizabeth Steiner, MD

Concurrent Afternoon Seminars

Time #1: 2:15-3:30 PM

Workshop 1	Osteopathic Manipulation Workshop	Charles Webb, DO
Workshop 2	Pelvic Pain	Teresa Gipson, MD
Workshop 3	Breast Milk: It Does a Baby Good	Kathy Alvarez, MD
3:30-3:45 pm	Refreshment Break	

Time #2: 3:45-5:00 PM

Workshop 4	Acupuncture Workshop	Meg Hayes, MD
Workshop 5	Advances in Well Child Care	Bill Toffler, MD
Workshop 6	Skin Rashes and Other Lesions	Brett White, MD
5:00 pm	Wrap Up and Evaluation	



Pennington Lectures

The morning program and afternoon workshop information are listed on page 14.

When filling out the Registration Form, **please indicate the workshop you plan on attending in each time frame:**

Time #1: 2:15 – 3:15 pm

Time #2: 3:45 – 5:00 pm

This will help us decide the best location for each workshop.

Upcoming Events

- Robert B. Taylor, MD Society Donor Dinner
Willamette Star 99-foot Yacht
June 7, 2009
- Family Medicine Residency Graduation
World Trade Center, Downtown Portland
July 2, 2009
- Merle Pennington, MD
Lectures in Family Medicine
Kirk Auditorium, 3rd Floor
OHSU Center for Health and Healing
August 7, 2009

Pre-Registration Required

**Merle Pennington, M.D.
LECTURES IN FAMILY MEDICINE
Friday, August 7, 2009**

Early Registration Deadline is July 15, 2009

Name _____

Address _____

City _____ State _____ Zip _____

Phone: Day _____ Eve _____

Fax _____ E-mail _____

Packages Available

____ CME Full Day Package
\$90.00 each
____ After July 15, \$110.00 each Total _____

____ CME 1/2 Day Package
\$45.00 w/o lunch
\$55.00 with lunch
____ After July 15, add \$20 late fee Total _____

If 1/2 Day, indicate session:
____ morning ____ afternoon

Attending Workshop #s ____ & ____

____ Parking Pass
\$10.00 (one per vehicle) Total _____

Total Enclosed: \$ _____

**Make check payable to "OHSU Foundation."
Please write "OHSU Family Medicine" on the
check OR charge my:**

____ VISA ____ MC ____ AmEx ____ Discover

Name _____

Card/Acct # _____

Expiration Date _____

Signature _____

Please send to:

Coelleda O'Neil, OHSU Family Medicine
OHSU School of Medicine, Mail Code: FM
3181 SW Sam Jackson Park Road
Portland, OR 97239-3098



Description of OHSU Family Medicine

Oregon Health & Science University is the state's only academic health center. Consequently, our University views all of Oregon as its campus and our departmental programs, including outreach and distance education programs, affect every community in our state.

The OHSU Department of Family Medicine sponsors a full range of clinical and academic programs in the discipline of family medicine as described on our website. OHSU Family Medicine faculty includes 86 primary faculty members located in Portland and in our affiliated residency program in Klamath Falls, Oregon. In addition, we have over three hundred volunteer faculty in communities throughout our state. The latest edition of U.S. News & World Report ranks our department among the nation's top academic family medicine departments and we are very proud of the innovative programs that have led to this national reputation.

We practice a comprehensive scope of clinical family medicine including maternity care and inpatient care for both adults and children. The Department currently operates four family health centers in the Portland Metro area, a network that provides patient care to more than 120,000 outpatient visits per year. Our faculty and residents care for patients on three family medicine inpatient services at OHSU Hospital. Our family physicians have admitting privileges to the coronary care unit, labor and delivery, and four family practice faculty members have C-section privileges at University Hospital.

Since 1971 the department has sponsored a family practice residency based at University Hospital in Portland. This program now has ten positions in each of the three years of training and attracts a large and diverse pool of applicants from across the United States. Two major foci of training for the residency are rural health and medical leadership. The residency requires two months of training in a rural community in eastern Oregon for all of its residents. The Department also sponsors a combined Family Medicine/Preventive Medicine residency in partnership with the Department of Preventive Medicine and Public Health at OHSU. There are two positions in each of the four years of this program, which leads to eligibility for board certification in both family medicine and preventive medicine, as well as the course work necessary for the Master of Public Health degree. The department sponsors a six resident per year residency in Klamath Falls, Oregon, with a principle focus on training rural family Physicians. We are also affiliated with the Providence Family Medicine Residency located in Portland at Providence-Milwaukie Hospital.

In the area of post residency training, the Department offers a faculty development (chief resident) fellowship each year. We also have post-residency fellowships in Integrative Medicine, Clinical Leadership, Sports Medicine, and Palliative Care.

The Family Medicine Department is directly involved with nearly twenty percent of the medical school curriculum at OHSU. This includes required curriculum time in all four years of the medical school, beginning with a summer Observership in the weeks before the first year. We participate in the longitudinal Principles of Clinical Medicine course that includes clinical experience for students throughout the pre-clinical years of training. In the third year of the medical school curriculum, OHSU has a five-week family medicine clerkship and a separate five-week rural community health clerkship in which students receive training in small towns throughout the state. In the fourth year we sponsor a sub-internship program as well as visiting medical student rotations for students from other universities. The Department supports the Family Medicine Student Interest Group, which includes medical students from all four classes. The Student Interest Group has won national awards from the American Academy of Family Physicians and has proven to be an important venue for stimulating student interest in careers in family medicine. Over the past three years, 12 percent of our school's graduating students have entered family medicine residencies and nearly half entered primary care.



OHSU Family Medicine (continued)

Our faculty are involved in clinical research and in writing peer reviewed papers and clinical reference books. Examples of faculty academic interests includes health policy, primary health care delivery, evidence based medicine, medical education and a variety of clinical entities, such as back pain.

We also sponsor the Oregon Rural Practice-Based Research Network (ORPRN), which conducts research relevant to Rural Health and Primary Care in communities all around Oregon.

OHSU Family Medicine looks forward to continued success in the years to come and we thank all who support our mission with teaching, donations and encouragement.



OHSU Family Medicine Mission Statement

To advance family medicine through excellence in education, patient care, scholarship and community service.



Gabriel Park



Richmond



Emma Jones Hall



South Waterfront at CHH



Scappoose

Visit our website: <http://www.ohsu.edu/xd/education/schools/school-of-medicine/departments/clinical-departments/family-medicine/>



Placing Notices of Job Opportunities for Physicians

Our newsletter goes each month to some 600 persons, mostly family physicians, and especially our residency graduates. We see the newsletter as a way to maintain communication among graduates, faculty, staff, and friends of the department.

If you are a recipient of the newsletter, and would like to send us a notice of a job opening for a family physician, we will be happy to print it. A donation of \$100 to help support the newsletter will be appreciated. The notice will run for three months. Please send your item and donation to Coelleda O'Neil at oneilc@ohsu.edu. Please keep it short. We reserve the right to edit submissions.

Positions Available in OHSU Family Medicine

All faculty positions will be filled after 6/30/09 except for the Klamath Falls position.

- Medical Director/Associate Residency Director
Gabriel Park Clinic
- Medical Director for FMIS
- Mid Level Position @ South Waterfront Clinic
- OB Fellowship Trained Clinician Teacher
Cascades East Family Practice Residency - Klamath Falls, Oregon

For more information, please contact Laura Charron at 503-494-6616, or charronl@ohsu.edu.

Sea Mar Vancouver Seeks Family Physicians



SEA MAR
Community Health Centers
Clinica de la Comunidad

7410 E. Delaware Lane
Vancouver, WA 98664

Located minutes from **Portland, Oregon**, the **Sea Mar Community Health Center in Vancouver, WA**, has opened a new site and is **seeking 4 full-time family practitioners** to join our growing team. Both physicians and mid-level providers are encouraged to apply.

We are looking for team players with a passion for the underserved. Communication skills are essential. Spanish or Russian fluency is highly preferred, but not required. We offer competitive benefits, including: LOAN REPAYMENT, FULL MALPRACTICE and a sabbatical plan.

If you would like to join our team, please contact:

Carrie Vanzant OR **Amanda First**
Clinic Manager Clinic Coordinator
(360) 566-4408 (206) 434-7803



**Umpqua Community Health Center,
caring for the community on a personal level**

Position: Family Practice or Internal Medicine
Physician



With the support of a designated clinical team, physician will manage a patient panel of between 1,200 and 1,500 patients, providing a team based patient centered medical home.

This is a full-time clinic position with competitive salary that will range between \$130,000 and \$150,000, generous benefits including paid personal time off, CME time and reimbursement allowance, medical, dental, and long-term disability insurance, and employer match retirement currently at 3%. Relocation and sign-on bonus negotiable. After hour telephone call is the responsibility of the mid-level provider staff. Mercy Medical Center supports a hospitalist program for adult in-patients leaving only the pediatric (mostly new-born) hospital care for UCHC physicians. Currently these visits are averaging less than 10 per month and will be shared with the other physicians on staff.

Current medical staffing includes one physician, seven nurse practitioners, five RN's, one LPN along with a full cadre of medical assistants and support staff. UCHC also runs a 40 hour per week dental clinic that is currently staffed by local dentists who rotate days and weeks. Funding to provide behavior health services has been applied for.

The primary clinic is located in Roseburg with satellite clinics in the smaller outlying communities of Drain, Glide, and Myrtle Creek. UCHC also staffs the School Based Health Center at Roseburg High School and will be opening a second SBHC in Winston this spring. The Roseburg clinic is on target to build and open a 20,000 square foot \$5,000,000 building late 2009 early 2010. Although this position is primarily for the Roseburg clinic ideally we would like to recruit a physician for our newest clinic in Myrtle Creek as well.

Roseburg has an ideal location geographically. There are four distinct, yet mild seasons, recreation opportunities including world class fly fishing, rafting, boating, hiking and cross country skiing easily accessible just outside your door. Good schools, low crime, local music and art festivals and local sporting events round out this rural yet comfortable community.

For more information, please contact:

Christi Parazoo

Phone: 541-672-9596 Ext. 26

cparazoo@umpquachc.org



Positions Available

Northwest Permanente, P.C., is a physician-managed, multi-specialty group of over 900 physicians providing quality care to over 475,000 members.



We have exciting opportunities available for BE/BC Family Physicians and Internists to staff our clinics in the Portland/Vancouver metro area, Salem, OR, and Longview/Kelso, WA.

Urgent Care opportunities are also available.

We Offer:

- A collegial and professionally stimulating environment in one of the most successfully managed care systems in the country
- High-quality evidence-based care
- Windows based electronic medical record system
- Stability and Professional Independence
- Generous Sign-on Bonus

In addition to the unbeatable lifestyle associated with the Pacific Northwest, we offer a competitive salary/benefit package which includes a comprehensive pension program, professional liability coverage and sabbatical leave.

To apply, please visit our Web site: <http://physiciancareers.kp.org/nw/> and click on Physician Career Opportunities.

For more information, please call: **(800) 813-3762**.

We are an equal opportunity employer and value diversity within our organization.



Springfield Family Physicians, L.L.P. Recruiting Family Physician

Springfield Family Physicians is recruiting for a physician to join our thriving, independent Family Medicine group. We provide the full range of family medicine with the exception of prenatal and obstetric care, including inpatient hospital care.

This is a partnership track position including guaranteed salary and benefits and financial support while you build your practice. Our fulltime physicians work 4 days each week in the office and currently participate equally in our call schedule, roughly 1 in 9. We are seeking a physician who wants to be involved in practice business decisions and who desires to be a business owner. We might also entertain the possibility of a part-time or employed physician under the right circumstances.

In April, 2007 we implemented an electronic medical record and practice management system, EClinicalWorks. Our beautiful, state-of-the-art, 8 year old building is quiet, efficient and personalized, with 3 exam rooms per provider, central laboratory and EKG, X-ray and 2 surgical suites.

The Eugene/Springfield metropolitan area is located in Lane County, Oregon and is Oregon's second largest 'metropolitan hub'. We are 2 hours from Portland and one hour from beaches and the mountains. It is a beautiful environment offering many recreational opportunities. Eugene is the home of the University of Oregon, there are numerous cultural and outdoors events, and the cost of living is reasonable.

Please contact:

Jane Conley,
Practice Administrator
Phone: 775-450-4451
E-mail: janec@springfieldfamilyphysicians.com





Faculty Ad: Full Time OB Fellowship Trained Family Physician

Oregon: Full-time, Board-Certified, OB fellowship and C-section trained faculty needed for Oregon Health & Science University, Department of Family Medicine, Cascades East Family Medicine Residency program.



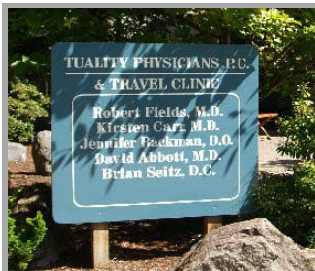
Come and work in a full-time University position with excellent benefits in a University administered, community based program, tailored to provide training for physicians who wish to practice full spectrum family practice in rural America.

We attract excellent residents from throughout the U.S. This unique residency is located in southern Oregon in a beautiful small city that rests in the Cascade Mountains. Come and join a dynamic faculty who need help in realizing the full potential of the available resources.

Responsibilities include resident and medical student teaching, patient care (flexible duties depend on qualifications and can include inpatient and ICU; obstetrics required; with possible high-risk OB call-coverage shared with OB faculty), and ample opportunity and time to pursue scholarly and administrative duties. A safe environment, good schools, and incredible outdoor recreation await the qualified applicant. This is a NHSC loan repayment site, and a suitable candidate may apply.

Please send CV and three references to Robert Ross, M.D., Program Director, CEFP, 2801 Daggett, Klamath Falls OR, 97601, e-mail robr1228@aol.com, or call (541) 885-4612 for further information. AA/EEO employer.

Independent Clinic is Seeking Family Physician



Tuality Physicians, PC, a primary care clinic in Hillsboro, with five independently-contracted physicians, is seeking a family practice physician.

In this position, the physician will be medically independent, while being expected to conform to our efficient administrative model. The position is full-time, which is four or five days weekly as scheduled. Remuneration is on the basis of a percentage of collections.

Because we are an independent Clinic, we are able to set our own policies, be non-bureaucratic and personalize our practices for the benefit of our patients and ourselves.

Professional and personal relationships within the Clinic are cordial and helpful, and are free of much of the frustration that is so often experienced by physicians who work for large, hospital-owned entities.

If you are interested in this position, please contact me at:

Robert D. Fields, M.D., Director

Tuality Physicians, PC

Cell: 503-349-9292; Home: 503-292-2977

fieldsrobert@comcast.net



Donation Form

Contributions to support the newsletter, student and resident programs, and other department activities are always appreciated.

I SUPPORT OHSU FAMILY MEDICINE

I accept the invitation to support OHSU Family Medicine. Enclosed is my donation.

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (day) _____

E-mail _____

Enclosed is my check for \$_____ payable to "OHSU Foundation." Please write "OHSU Family Medicine" on the check. OR

Please charge my _____ Visa or _____ MC

Name on Card _____

Card/Account Number _____

Expiration Date _____

Signature _____ Date _____

Please specify if there is a special Family Medicine Fund that you wish to support:

[] I would like additional information regarding giving opportunities to the Family Medicine Department at OHSU.

[] I/we have placed the Family Medicine Department in my/our estate plans.

Comments for the Department Chairman: _____

Please Send to:

Coelleda O'Neil
OHSU Family Medicine, Mail Code: FM
Oregon Health & Science University School of Medicine
3181 S.W. Sam Jackson Park Road
Portland, OR 97239-3098

Gifts to OHSU Foundation are tax-deductible to the extent allowed by law.