

OHSU Family Medicine

Volume 7, Issue 1

January 2009



Sock It To Me 2008 Sock Drive a Great Success

Hopefully we made someone feel extra special this holiday season.

OHSU Family Medicine Administration sponsored our Annual **“Sock It To Me”** Sock Drive again this season from December 1-19. We received over 40 boxes of donated clothing including used and new socks, mittens, knit caps, sweaters, flannel shirts, coats, scarves and blankets.

Donations were delivered to CityTeam Ministries in NE Portland and to our Family Medicine Richmond Clinic.

City Team is a non-profit organization serving the poor and homeless. Since 1957, CityTeam has provided life saving food, shelter, clothing, recovery programs, youth outreach, camp for at-risk inner city kids, discipleship and other essential care 365 days a year.

The Richmond Clinic is a Federally-Qualified look-a-like that works with many low income needy families.

The Family Medicine Administration team thanks everyone who donated items to this important drive.



Administrative Team - L to R, Back Row: Stephen Stenberg, Stefan Shearer, Coelleda O'Neil, LeNeva Spires, Heidi Elliott and Andrea Marsden

Front Row: Peggy O'Neill, Jessica Brown, Alice Ho, Heather Sturgill and Lily Cha.

Please see Page 7 for a “Sock It To Me” thank you letter from CityTeam Ministries.



Letter from Senator Walter Brown

We hope this season is filled with laughter and love. We shared a quiet Christmas at our Mountain Park home, nestled in a Douglas fir Forest, our trees sometimes laced with snow. With our biological children scattered from Texas to Indonesia, our

immediate family now consists of Jamie (Beverly's daughter), our adorable grandson, Aiden, Samantha Espinosa (our 13-year old foster child) and two little "mixed bag" dogs, Annie and Scruffy adopted from the Oregon Humane Society.

Our past year has been a montage of travel and public affairs. In March we went to Washington, D.C. for the annual meeting of the Consumer Federation of America. In July I traveled to Ohio's Capitol participating in representing Brian Moore (the Socialist Party USA's Presidential candidate), in a ballot access case before the U.S. District Court.

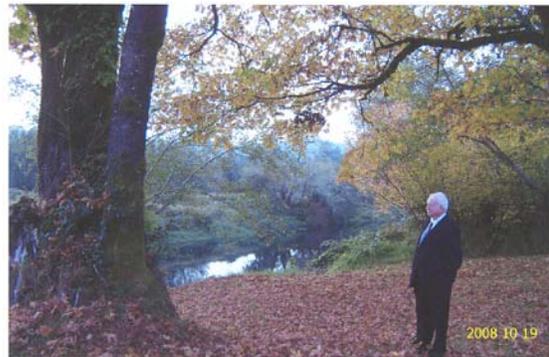
In August I received the Green Party's nomination for Oregon Attorney General. Beverly and I traveled to cities big and small in an effort to educate people on third parties and to give people an alternative vote. Thanks to the Oregon League of Women Voters for a half hour cable access TV interview and all the newspapers that did interviews with me. A special thanks to Jake Thomas, writing in *The Portland Observer*, Oregon's largest African American newspaper, for his major article just before the election.

I am fortunate to have married Beverly in 2007. Along with being a wonderful wife, she is also a great companion. Beverly has helped me (where no amount of previous therapy ever did) to transition from only mourning Barbara's death (as I was doing) to celebrating and honoring that Barbara lived and shared her life with me. Donating the 185 acres, which Barbara and I purchased and reforested, for a nature park in Barbara's honor (following through with her written and oral wishes) has made an incredible difference in how I cope with her loss. Barbara was my wife of 48 years and helped me in every way to accomplish all that I did in my life. I could not have done it without her. She was the *WIND BENEATH MY WINGS*. Rather than reducing Barbara to an unknown name on the other side of my future headstone in Arlington National cemetery, I now know that her life story will be told for all generations to come every time someone comes to the park, sees the sign with her name, enters the educational center, and is able to read about the no-hunting, no-logging park in her name. Leaving this incredible legacy, defining exactly who Barbara and I are, has been one of my proudest moments.

Walt, Bev, Samantha, Annie and Scruffy



Senator Walter Brown



Barbara S. and Walter F. Brown Memorial Park



For Barbara – Wind Beneath My Wings by Bette Midler

Oh, oh, oh, oh, oh.
It must have been cold there in my shadow,
to never have sunlight on your face.
**You were content to let me shine, that's your way
You always walked a step behind.**

So I was the one with all the glory,
while you were the one with all the strength.
**A beautiful face without a name for so long.
A beautiful smile to hide the pain.**

Did you ever know that you're my hero,
And everything I would like to be?
I can fly higher than an eagle,
'cause you are the wind beneath my wings.

It might have appeared to go unnoticed,
But I've got it all here in my heart.
I want you to know I know the truth, of course I know it.
I would be nothing without you.

Did you ever know that you're my hero?
You're everything I wish I could be.
**I could fly higher than an eagle,
'cause you are the wind beneath my wings.**

Did I ever tell you, you're my hero?
You're everything, everything I wish I could be.
Oh, and I, I could fly higher than an eagle,
'cause you are the wind beneath my wings,
'cause you are the wind beneath my wings.

Oh, the wind beneath my wings.
You, you, you, you are the wind beneath my wings.
Fly, fly, fly away. You let me fly so high.
Oh, you, you, you, the wind beneath my wings.
Oh, you, you, you, the wind beneath my wings.

Fly, fly, fly high against the sky,
So high I almost touch the sky.
Thank you, thank you,
Thank God for you, the wind beneath my wings.

Note: Senator and Mrs. Brown are valued supporters of OHSU Family Medicine and members of the Robert B. Taylor, MD Society.



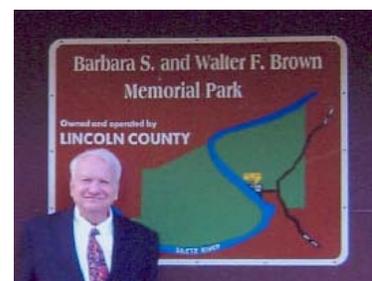
Barbara and Walter -1996



Barbara, a favorite with children because of her always-full bowl of free cookies & candy - Ontario, OR 1991



Barbara receiving a gift from Philippine administrators following completion of her volunteered Forms Management Course in Quezon City, July 1964



Senator Brown at the Memorial Park



Cliff Coleman Attends Health Literacy Learning Institute

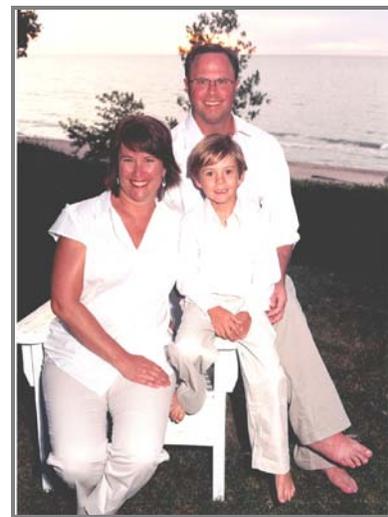
In October Cliff Coleman, MD spent 3 days in Calgary, Alberta, Canada, at a first-ever learning institute geared toward curriculum design for teaching health care professionals about health literacy. Participants came from the US, Canada, and England. His presentation on the use of standardized patients for assessing learners' skills with patients with low health literacy was supported by Bill Toffler's ongoing Behavioral and Social Sciences curriculum grant. Cliff shared OHSU's experience with the health literacy Clinical Performance Exam (CPX), which was designed by Patty Carney and Geoff Gordon. Out of this event, they are now working on what they are calling the "Calgary Charter on Health Literacy." This charter may culminate in a new definition of health literacy; one which emphasizes the role of health care professionals and institutions in patient-provider communication.



Cliff Coleman, MD

Resident Graduate David Graham '98

"After 1 year, the Graham family is getting settled into Springfield, Illinois. GerriAnne, Brandon (7) and David all miss the mountains of Eastern Oregon and Colorado. However, life is good living near family and friends in central Illinois. I was recruited here to initiate the role of Chief Medical Information Officer in a health system and bring an emphasis of quality improvement and medical informatics to the department and residency of Family & Community Medicine at Southern Illinois University. It has been an exciting year. We love our new home and neighborhood. GerriAnne returned to work in healthcare in June 2008 as a compliance officer for our primary care group. Brandon is having fun and making plenty of new friends in 2nd grade at "daddy's old school." He is active in baseball, soccer and drums. The family enjoyed a visit from GerriAnne's parents from Butte Falls, OR, over the 2008 holidays.



GerriAnne, Brandon and David

On January 1st, 2009, I began my new position as Senior Vice President and Chief Information Officer for the Memorial Health System. We are a small but successful integrated delivery network with a 450 bed teaching hospital, 2 Critical Access Hospitals, 70 member primary care group, 13 location Mental Health network and extensive home health outreach program. Patient-centered quality, clinical effectiveness and safety are central to our mission. I will continue with a reduced teaching/clinical role as Clinical Assistant Professor. This is an exciting and challenging move that fits well with my goals and objectives. We really miss Oregon; however, this promotion plants our roots pretty firmly in Illinois."

Thinking Ahead to Next Month's Newsletter

If you have news that your colleagues should know about, please send information by e-mail to Coelleda O'Neil at oneilc@ohsu.edu.



Faculty in the News

Wendy Kohatsu, MD recently graduated from the Culinary Arts Program at the Oregon Culinary Institute.

Wendy took a mini-sabbatical from OHSU Family Medicine to pursue her culinary interests. She has now relocated to Santa Rosa.



Wendy Kohatsu, MD



Elizabeth Steiner, MD

Elizabeth Steiner and **David Klubert** are co-authors of the lead article in the Dec. 15 issue of American Family Physician. The full citation is: Steiner E, Klubert D, Knutson D. Assessing breast cancer risk in women. AFP 2008; 78(12):1361-1366.



Brett White, MD

STFM has posted two podcasts by OHSU Family Medicine Faculty (and former faculty): One is by **Tanya Page**, describing her experiences working for Outside In, a homeless clinic in Portland, Oregon and the importance of working underserved care into medical education. The other is by OHSU faculty member **Brett White** and former faculty member Heather Paladine (now at Columbia University in New York); in the podcast, they discuss a residency curriculum they are developing to teach email communication protocols.



Tanya Page, MD

Upcoming Events

- Women Health Winter Ski Conference
Mt. Bachelor Village Resort
January 17-19, 2009
- OHSU Family Medicine Residency Retreat
Resort at the Mountain
February 6-8, 2009
Registration due: December 20, 2008
- OAFP Meeting
Sun River
May 7-9, 2009
- Robert B. Taylor, MD Society Donor Dinner
Willamette Star 99-foot Yacht
June 7, 2009
- Merle Pennington, MD
Lectures in Family Medicine
Kirk Auditorium, 3rd Floor
OHSU Center for Health and Healing
August 7, 2009



SBIRT Oregon Project

Primary care physicians haven't always done a great job in recognizing and treating substance abuse in their patient populations. For example, a 1999 study found that 94% of primary care physicians failed to include substance abuse in the top five likely diagnoses when presented with an adult patient showing early symptoms of alcohol abuse. SAMSHA, the mental health branch of the U.S. Public Health Service, is hoping to rectify this situation through wider use of Screening, Brief Intervention, and Referral to Treatment strategies, or SBIRT, in the primary care setting. SBIRT programs are proven to decrease the frequency and severity of drug and alcohol use and to increase the number of people who are willing to enter treatment programs when needed.



Jim Winkle, MPH,
Project Director for
SBIRT Oregon

OHSU's Department of Family Medicine was one of eleven medical residency programs chosen by SAMSHA to develop, pilot, and disseminate new curricula centered on these concepts. The OHSU project, led by Josh Boverman, Meg Hayes, and John Muench as P.I., will include our own residents in their clinical work, as well as participants from five other residencies, including Klamath Falls, Providence Milwaukee, and OHSU's Preventive Medicine and Internal Medicine Residencies. A new department member, **Jim Winkle, MPH**, has been hired as project director. As part of the project, new relationships have been created with both the NW Frontier Addiction Technology Transfer Center for help with brief intervention/motivational interviewing curriculum, as well as Portland's RMC Research Corporation for help with program evaluation.

The project leaders are currently hard at work designing the curriculum and hope to have more to report in the coming months. This is a great opportunity for our department to take a lead role in improving recognition and treatment of substance abuse in the primary care setting, and over time, to potentially help ameliorate problems caused by substance abuse in Oregon.

OHSU Graduate Nurse Publishes Memoirs



Carol Holoboff, RN

Carol Holoboff, RN, a 1987 graduate of the nursing program at OHSU has recently published her memoirs.

The Bastard Tree includes the story of her struggles through nursing school and menopause, which occurred at the same time. Because of the successful completion of that difficult journey in her middle years, Carol was able to establish the first residential bereavement camp for children in central Montana.

Carol was inspired by Elizabeth Kubler Ross and the Dougy Center where she did a rotation while enrolled at OHSU.

The book can be purchased at book stores and on-line.

Carol Holoboff - 324 Beth Drive - Great Falls, Montana, 59405 - Phone: 406-952-4302.



Sock It To Me Thank You Letter from City Team Ministries

On behalf of the entire staff at CityTeam Ministries, I want to thank you for your generous donation of socks, hats, gloves and coats collected during your "Sock It To Me" annual clothing drive over the holidays. We were thrilled to receive the much needed items and were honored that you wanted to bless the poor and homeless through CityTeam.



Your support of CityTeam Ministries and those we serve at the shelter and in our community is greatly appreciated. Your gifts make a difference! *"We all make a living by what we do, but we make a life by what we do for others."*

Your concern for those who are poor and vulnerable reveals your spirit of loving service through core values of respect, compassion and stewardship. In appreciation of your collaboration with CityTeam in serving the underserved, please accept our gratitude for these wonderful gifts!

Sincerely,

Christine Thiessen
Development Officer
CityTeam Ministries
cthiessen@cityteam.org
503-231-9334, ext. 121
www.cityteam.org/portland

Moving Your E-Mail Address? Please Tell Us

We do our best to keep you up-to-date with news about our graduates and the Department of Family Medicine. But if you change your e-mail address, we have lost you.

SO... If you change to a new e-mail address, please let us know by contacting Coelleda O'Neil: Phone: 503-494-7595 or oneilc@ohsu.edu.

Thanks. And we'll try to keep quality newsletters coming.



Placing Notices of Job Opportunities for Physicians

Our newsletter goes each month to some 600 persons, mostly family physicians, and especially our residency graduates. We see the newsletter as a way to maintain communication among graduates, faculty, staff, and friends of the department.

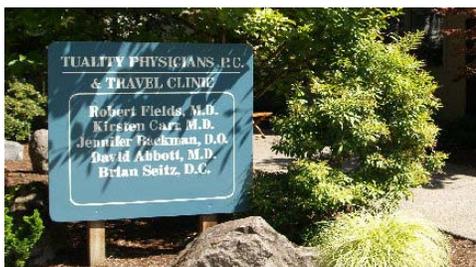
If you are a recipient of the newsletter, and would like to send us a notice of a job opening for a family physician, we will be happy to print it. A donation of \$100 to help support the newsletter will be appreciated. The notice will run for three months. Please send your item and donation to Coelleda O'Neil at oneilc@ohsu.edu. Please keep it short. We reserve the right to edit submissions.

Positions Available in OHSU Family Medicine

- Clinician Teacher at South Waterfront Clinic
- OB Fellowship Trained Clinician Teacher
Cascades East Family Practice Residency
Klamath Falls, Oregon

For more information, please contact Laura Charron at 503-494-6616, or charronl@ohsu.edu.

Independent Clinic is Seeking Family Physician



Tuality Physicians, PC, a primary care clinic in Hillsboro, with five independently-contracted physicians, is seeking a family practice physician.

In this position, the physician will be medically independent, while being expected to conform to our efficient administrative model. The position is full-time, which is four or five days weekly as scheduled. Remuneration is on the basis of a percentage of collections.

Because we are an independent Clinic, we are able to set our own policies, be non-bureaucratic and personalize our practices for the benefit of our patients and ourselves.

Professional and personal relationships within the Clinic are cordial and helpful, and are free of much of the frustration that is so often experienced by physicians who work for large, hospital-owned entities.

If you are interested in this position, please contact me at:

Robert D. Fields, M.D., Director
Tuality Physicians, PC
503-349-9292 (cell)
503-292-2977 (home)
fieldsrobert@comcast.net



Springfield Family Physicians, L.L.P. Recruiting Family Physician

Springfield Family Physicians is recruiting for a physician to join our thriving, independent Family Medicine group. We provide the full range of family medicine with the exception of prenatal and obstetric care, including inpatient hospital care.

This is a partnership track position including guaranteed salary and benefits and financial support while you build your practice. Our fulltime physicians work 4 days each week in the office and currently participate equally in our call schedule, roughly 1 in 9. We are seeking a physician who wants to be involved in practice business decisions and who desires to be a business owner. We might also entertain the possibility of a part-time or employed physician under the right circumstances.

In April, 2007 we implemented an electronic medical record and practice management system, EClinicalWorks. Our beautiful, state-of-the-art, 8 year old building is quiet, efficient and personalized, with 3 exam rooms per provider, central laboratory and EKG, X-ray and 2 surgical suites.

The Eugene/Springfield metropolitan area is located in Lane County, Oregon and is Oregon's second largest 'metropolitan hub'. We are 2 hours from Portland and one hour from beaches and the mountains. It is a beautiful environment offering many recreational opportunities. Eugene is the home of the University of Oregon, there are numerous cultural and outdoors events, and the cost of living is reasonable.

Please contact :

Jane Conley,
Practice Administrator
Phone: 775-450-4451
E-mail: janec@springfieldfamilyphysicians.com





Faculty Ad: Full Time OB Fellowship Trained Family Physician

Oregon: Full-time, Board-Certified, OB fellowship and C-section trained faculty needed for Oregon Health & Science University, Department of Family Medicine, Cascades East Family Medicine Residency program.



Come and work in a full-time University position with excellent benefits in a University administered, community based program, tailored to provide training for physicians who wish to practice full spectrum family practice in rural America.

We attract excellent residents from throughout the U.S. This unique residency is located in southern Oregon in a beautiful small city that rests in the Cascade Mountains. Come and join a dynamic faculty who need help in realizing the full potential of the available resources.

Responsibilities include resident and medical student teaching, patient care (flexible duties depend on qualifications and can include inpatient and ICU; obstetrics required; with possible high-risk OB call-coverage shared with OB faculty), and ample opportunity and time to pursue scholarly and administrative duties. A safe environment, good schools, and incredible outdoor recreation await the qualified applicant. This is a NHSC loan repayment site, and a suitable candidate may apply.

Please send CV and three references to Robert Ross, M.D., Program Director, CEFP, 2801 Daggett, Klamath Falls OR, 97601, e-mail robr1228@aol.com, or call (541) 885-4612 for further information. AA/EEO employer.

Ethical values in medicine, such as the relationship between physician and patient, are eternal and immutable. The idea that society has regarding the patient may change, as it changed, for instance, from the ancient Babylonian concept of him as a sinner to the primitive Christian concept of the patient as a potential saint. The basic principles of medicine, however, do not vary.

Felix Martí-Ibáñez (Martí-Ibáñez F. Men, Molds and History. New York: MD Publications; 1958, page 70.)



Donation Form

Contributions to support the newsletter, student and resident programs, and other department activities are always appreciated.

I SUPPORT OHSU FAMILY MEDICINE

I accept the invitation to support OHSU Family Medicine. Enclosed is my donation.

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (day) _____

E-mail _____

Enclosed is my check for \$_____ payable to "OHSU Foundation." Please write "OHSU Family Medicine" on the check. OR

Please charge my _____ Visa or _____ MC

Name on Card _____

Card/Account Number _____

Expiration Date _____

Signature _____ Date _____

Please specify if there is a special Family Medicine Fund that you wish to support:

[] I would like additional information regarding giving opportunities to the Family Medicine Department at OHSU.

[] I/we have placed the Family Medicine Department in my/our estate plans.

Comments for the Department Chairman: _____

Please Send to:

Coelleda O'Neil
OHSU Family Medicine, Mail Code: FM
Oregon Health & Science University School of Medicine
3181 S.W. Sam Jackson Park Road
Portland, OR 97239-3098

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