Neutralizing Tumor-Promoting Chronic Inflammation: A Magic Bullet?

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There have been substantial advances in cancer diagnostics and therapies in the past decade. Besides chemotherapeutic agents and radiation therapy, approaches now include targeting cancer cell—static mediators linked to genetic aberrations in cancer cells, in addition to cancer cell—extrinsic pathways, especially those regulating vascular programming of solid tumors. More recently, immunotherapeutics have entered the clinic largely on the basis of the recognition that several immune cell subsets, when chronically activated, foster tumor development. Here, we discuss clinical and experimental studies delineating protumorigenic roles for immune cell subsets that are players in cancer-associated inflammation. Some of these cells can be targeted to reprogram their function, leading to resolution, or at least neutralization, of cancer-promoting chronic inflammation, thereby facilitating cancer rejection.

Inflammation is a hallmark of cancer where-in diverse immune cells exert either pro- or antitumor properties (1, 2) and affect therapeutic resistance (3). Although Vichrow first hypothesized that cancer occurred at sites of chronic inflammation, postulating that immune cells release factors stimulating proliferation (of would-be tumor cells) (4), Coley successfully treated sarcomas with bacterial mixtures, for example, Coley’s toxins, leading to tumor regression, now known to be mediated by acutely activated cytotoxic immune cells (5). These paradoxical properties of leukocytes owe in part to functional plasticity of myeloid- and lymphoid-lineage cells. Macrophages, for example, when exposed to type 2 cytokines like interleukin-4 (IL-4), express vascular endothelial growth factor (VEGF) and epidermal growth factor (EGF) and thereby enhance angiogenesis and mammary carcinoma metastasis, respectively (6). These are variably referred to as M2, alternatively activated, or type 2 macrophages. In contrast, macrophages activated through the tumor necrosis factor (TNF) receptor superfamily member CD40 become tumoricidal and deplete tumor stroma, thus enabling access by other immune cells and cytotoxic drugs and resulting in pancreatic tumor regression (7). Experimental and clinical data indicate that plasticity is a common property of most leukocyte subtypes and thus can be lever-aged therapeutically. The immune armamentarium involved in cancer-associated inflammation encompasses a broad spectrum of immune cells and products. Critiqued below are the laboratory- and clinical-based studies providing insight into these issues and identifying potential targets for therapeutic intervention.

Tumor-Promoting Inflammation

The majority of malignant tumors (95%) have been linked to somatic (as opposed to germline) mutations in genes encoding proteins regulating critical aspects of cell cycle progression and/or death (8). Epidemiological studies have provided etiologic insight into many of these mutations, thus revealing that 30% of human malignancies are linked to tobacco use, 35% to diet, 14 to 20% to obesity, 18% to infectious agents, and 7% to radiation or environmental pollutants (9). Besides directly “initiating” the formation of cancerous tumors, these factors might also act as tumor promoters by triggering acute activation of immune effector programs leading to infiltration of “initiated” tissues by immune cells (10, 11). When sustained over long periods without resolution, these tissue assaults become chronic and, by various mechanisms, provide the underpinnings for tumor development (12, 13). Adding fuel to the fire, age-related cellular senescence can also act as a tumor promoter by initiating several inflammatory programs (14), possibly explaining the higher incidence of malignancy in aged populations.

Nevertheless, several questions arise as to which subsets of immune cells directly or indirectly promote malignancy, which of these can be reprogrammed based on their functional plasticity to instead combat cancer, and to what degree these properties are generic or tissue-specific. Although most adult solid tumors (carcinomas most notably) contain infiltrates of diverse leukocyte subsets (15) (Fig. 1), flow cytometric analysis of solid tumors with distinct genetic anomalies (breast, lung, mesothelioma) indicates that leukocyte complexity varies depending on the tissue or organ location and stage of malignancy, suggesting that immune-based therapies will need to reflect these nuances and be more personalized.

Players and Mechanisms

Myeloid cells. Under homeostatic conditions, leukocytes are charged with maintaining tissue health. Innate immune cells, including macrophages, granulocytes, mast cells, dendritic cells (DCs), innate lymphocytes, and natural killer (NK) cells, represent the first line of defense against pathogens and foreign agents. Perturbed tissue homeostasis, such as during an infection, activates tissue-resident macrophages and mast cells to secrete matrix-remodeling proteins, cytokines and chemokines, that collectively activate local stromal cells (fibroblasts, adipocytes, vascular cells, etc.) to recruit circulating leukocytes into damaged tissue (acute inflammation), leading to elimination of pathogenic agents (tissue damage) in situ. Response to a pathogen also involves DCs, a rare cell type that is one of the key cellular sensors of microbes. DCs are bone marrow–derived cells seeded in all tissues and are thereby linked to their environment through a wealth of molecular sensors that allow them to capture invading microbes (as well as tumor antigens) and to transmit the resulting information to lymphocytes; thus, DCs provide an essential link between the innate and adaptive immune responses (16), a critical step because T cells cannot recognize unprocessed antigens. Upon recognition of a foreign antigen, CD4+ and CD8+ T lymphocytes and B lymphocytes undergo clonal expansion and mount “adaptive” responses specific to the foreign agent. When compared with other antigen-presenting cells, such as macrophages, DCs are extremely efficient; very low numbers of DCs can elicit naïve T cells to respond. Once foreign agents have been eliminated (in the context of acute tissue damage), inflammation resolves and tissue homeostasis is restored.

In tumors, these well-orchestrated series of events fail to resolve and therefore lead to chronic inflammation of the “damaged” (neoplastic) tissue. Chronically activated leukocytes supply direct and indirect mitogenic growth factors that stimulate proliferation of cancer and stromal cells (12). Notable examples include EGF, transforming growth factor-β (TGFβ), TNFα, and fibroblast growth factors, as well as various ILs, chemokines, histamine, and heparins (12). In addition, several leukocyte subsets, predominantly macrophages, granulocytes, monocytes, and mast cells, secrete diverse classes of proteolytic enzymes that modify the structure and function of extracellular matrix (ECM), leading to uncaging of ECM-sequestered mitogenic agents (17). Although these are typical processes of tissue repair (15, 18), their chronic presence provides a survival advantage to evolving cancer cells by maintaining proliferative signaling; blunting cell death in response to matrix detachment; activation and maintenance of an-
Adipose/stroma
Ducts

Fig. 1. Leukocyte infiltration and complexity in human cancers. (A) CD45+ leukocytes (brown staining) in normal human breast tissue compared with invasive ductal carcinoma. These images illustrate the substantial infiltration of leukocytes into neoplastic tissue compared with "normal" tissue counterparts. T indicates tumor nests or tumor cell clusters. (B) Immune cell complexity of adjacent normal tissues (or normal pleura) and the indicated tumors as revealed by polychromatic staining in normal human breast tissue compared with invasive ductal carcinoma. These images illustrate the substantial infiltration of leukocytes into neoplastic tissue compared with "normal" tissue counterparts. T indicates tumor nests or tumor cell clusters.
voking protumorigenic activities of infiltrating monocytes that in turn blunt antitumor cytotoxic CD8\(^+\) T cells (36, 37).

Expression of immune checkpoint molecules such as PD-1 (a T cell receptor that mediates T cell inhibition) and its ligands, PD-L1 and PD-L2, forms a major receptor/ligand inhibitory pathway regulating T cell responses. Expression of PD-L1 on surfaces of tumor cells and tumor-infiltrating myeloid cells provides an off signal to PD-1-expressing T cells and thus enables tumor cells to escape immunosurveillance. Under persistent antigen exposure (such as in chronic infections or in tumor microenvironments), both CD4\(^+\) and CD8\(^+\) T cells up-regulate PD-1 expression, contributing to T cell exhaustion (38). Blocking this pathway, for example, during chronic viral infection, reinvigorates virus-specific CD8\(^+\) T cell responses and results in enhanced T cell effector responses and viral clearance (39). However, other studies have revealed that conventional chemotheraphy paradoxically increases the number of macrophages expressing PD-L1, thereby inhibiting CD8\(^+\) T cells and increasing the risk of treatment failure (40).

B cells. As the sole producers of immunoglobulins (Igs), B cells are critical for humoral immunity and also influence other leukocyte subtypes. For example, B cell–derived paracrine factors can be causative and/or potentiate disease by sustaining chronic inflammation during autoimmunity (41). The role of B cells in cancer is under intense examination. In the skin, squamous carcinogenesis is limited in the absence of B cells (42–44). Two mechanisms appear to be involved in B cell–dependent skin carcinogenesis: (i) When autoantibody IgG is deposited into neoplastic parenchyma via leaky blood vessels, ligation of immune complex/Fc\(\gamma\) receptors on mast cells and macrophages fosters pro-angiogenic and immunosuppressive gene expression programs (42, 43); (ii) B cell secretion of IL-10 and TNF\(\alpha\) activates protumorigenic myeloid cells that also foster cancer progression (44). Whether the IL-10–expressing B cells represent regulatory B cells (B\(_{reg}\)/B10) remains to be determined but is an important point to consider, because B\(_{reg}\) are resistant to oCD20 B cell–depleting therapy (45) and suppress the efficacy of CD20 immunotherapy (46). During prostate carcinogenesis, the Wnt family member wingless-type MMTV integration site family member 16B (WNT16B) is up-regulated by nuclear factor \(\kappa\) light polypeptide gene enhancer (NF-\(\kappa\)B) in B cells after DNA damage and, via a paracrine mechanism, activates the canonical Wnt program in evolving tumor cells, the result of which is chemoresistance in combination with enhanced tumor cell survival and disease progression (47). In addition, B cell–derived lymphotoxin \(\beta\) promotes prostate metastasis in castration-resistant disease by stimulating inhibitor of NF-\(\kappa\)B (I\(\kappa\)B) kinase \(\alpha\) (IKK\(\alpha\) and STAT3 activity in malignant cells, thus provoking androgen refractory regrowth and metastasis (48). Interestingly, B cells were found to be without functional significance during mammary carcinogenesis (49), further illustrating tissue specificity and perhaps oncogene specificity in the regulation of leukocyte protumorigenic activities. Taken together, immune cell functions vary by tissue and tumor type (Fig. 1), indicating that a one-size-fits-all approach will likely not be effective in immunebased therapeutic strategies.

**Therapeutic Targets**

Effectively counteracting or neutralizing tumor-promoting inflammation will necessitate simultaneous reprogramming or quelling of multiple immune-response programs activated in cancers. Alternatively, targeting the master regulators of adaptive immunity, DCs, and master effectors of tissue damage, macrophages, will allow a cascade of events favoring cancer reaction (Fig. 2). On the basis of available data, the pathways that present attractive targets today include (i) inhibition or sequestration of cytokines or chemokines, especially those that activate the STAT3/NF-\(\kappa\)B pathway; (ii) depletion or reprogramming of pro-cancer tumor-associated immune cells; and (iii) harnessing cytotoxic T cells by either neutralization of T\(_{reg}\) cells, blockade of the PD-1/PD-L pathway, or inhibition of myeloid-based immunosuppressive molecules (Fig. 3). Combinations of these strategies to simultaneously favor (immunogenic) tumor cell death with conventional cytotoxic approaches may achieve a state akin to that present during acute inflammation during wound healing, thereby leading to activation of scavenging immune effectors and increased cancer cell death (Fig. 4). How these individual strategies, based on tissue, oncogene, or organ specificity and/or complexity of the immune infiltrate present, are being tailored is discussed below.

**Fig. 2.** Induction of T\(_{H2}\)-type immune responses downstream of TSLP. DCs in tumor microenvironments are exposed to cancer-derived factors—for example, TSLP—that skew their maturation toward T\(_{H2}\)-type inflammation, including their expression of OX40L. In this environment, responding T\(_{H2}\) cells (CD4\(^+\) T cells) secreting IL-4 and IL-13 promote tumor development either directly or indirectly via macrophages. Direct effects include triggering anti-apoptotic pathways and steroid metabolism in epithelial cancer cells, as well as promoting stromal fibroblast proliferation and differentiation. Indirect effects include triggering secretion of growth (EGF) and pro-angiogenic (VEGF) factors by tumor-infiltrating macrophages that also express inducible nitric oxide synthase (iNOS) and arginase (73) and thereby blunt CD8\(^+\) T cell proliferation.
TNFα, IL-6, or inflammasome-related IL-1β/IL-18 correlate with advanced malignancies and are associated with reduced survival (30, 57). Several anticytokine agents are already in use for treatment of cancer (51). For example, in a phase II trial of a chimeric antibody against IL-6 in ovarian cancer, those patients exhibiting a prolonged stabilization of disease showed significant declines in plasma levels of the chemokines promoting immune cell recruitment (CCL2 and CXCL12), as well as angiogenesis (VEGF) (52). Blockade of TNFα represents another pathway; however, chronic administration of TNF inhibitors in patients suffering from rheumatoid arthritis may increase the risk of developing lymphoma (53, 54). Whether inhibiting the membrane-bound or the soluble form of TNFα makes a difference is currently under investigation.

Blockade of CCL2 may also represent a viable therapeutic strategy. In mammary cancer models, depletion of tumor cell–derived CCL2 inhibits metastatic seeding (55). In prostate carcinogenesis, CCL2 protects malignant cells from chemotherapy-induced cytotoxicity, and suppression of CCL2 leads to enhanced responses to taxane-based chemotherapy (56). Similarly, interrupting the CXCR4/CXCL12 chemokine axis can be used to sensitize resistant tumor cells to chemotherapy or radiotherapy and potentially inhibit vascularization and tumor cell spreading. This response is in part related to bone marrow–derived TIE-2–positive macrophages that are pro-angiogenic and specifically attracted to irradiated tumors in a CXCL12-dependent fashion and thereby contribute to tumor regrowth posttherapy (57). AMD3100 (plerixafor), approved by the Food and Drug Administration (FDA) for hematopoietic progenitor cell mobilization, reduces TIE-2–positive macrophage recruitment (58); the CXCL12 peptide analog was assigned an orphan drug status by the FDA for treatment of osteosarcoma.

Depletion or reprogramming of tumor-associated immune cells. We have already discussed the master regulatory role of macrophages in tumor initiation and maintenance. Consequently, blockade of macrophage colony-stimulating factor 1 or its receptor (CSF1/CSF1R) rapidly diminishes macrophage presence and promotes T<sub>H</sub>1 responses in late-stage mammary adenocarcinomas (59). CSF1–related gene signatures (60) and the presence of proliferating macrophages predict risk of recurrence (61), as well as response to chemotherapy in breast cancer (59). Antibiotic or IL-4 therapeutic antibodies reprogram tumor-associated type 2 macrophages, monocytes, and other T<sub>H</sub>2 cells toward T<sub>H</sub>1 phenotypes in mammary cancer (49). Reprogramming macrophages can also be achieved by administration of agonistic oCD40 therapeutic antibodies as already discussed. Lastly, as another example of therapeutic interference with myeloid cells, treatment of pancreatic cancers in mice with granulocyte-macrophage colony-stimulating factor (GM-CSF) antagonists blocks monocyte recruitment and thereby favors CD8<sup>+</sup> T cell infiltrates that slow tumor development (62, 63).

Rituximab, a chimeric monoclonal antibody against CD20 that is predominantly expressed on the surface of B cells, leads to B cell depletion (64) and thus could be considered in solid tumors. Indeed, a pilot clinical study in advanced colon cancer patients treated with rituximab reported encouraging tumor regressions [reviewed in (65)].

Immune cells can also be targeted and manipulated by using innate receptors involved in pathogen responses or pathogens themselves. For example, intravesical instillation of bacillus Calmette-Guérin (BCG) is effective at eliciting acute inflammation and successful tumor immunity in patients with nonmuscle invasive bladder cancer, leading to 50 to 70% clinical response (66), and was FDA-approved in 1990. Other TLR agonists (synthetic imidazoquinoline, imiquimod, or resiquimod) approved for treatment of genital warts and superficial basal cell carcinoma could also be envisioned to induce immune-mediated rejection of skin metastases in breast and melanoma patients (67, 68).

Harnessing cytotoxic T cells. Mobilizing effector/memory antitumor-specific CD4<sup>+</sup> and CD8<sup>+</sup> T cells and their associated cytokines can be harnessed by checkpoint blockade (e.g., blockade of PD-1 or PD-L1, CTLA-4, or LAG3) and cytotoxic T cell–activating agents (e.g., IL-12, IL-18, and IL-23) and their derivatives.

**Fig. 3.** Therapeutic strategies against cancer-induced chronic inflammation. Inhibiting tumor cell–intrinsic proinflammatory functions (such as blunting NF-κB/STAT3/phosphatidylinositol 3-kinase (PI3K)–Akt pathways or downstream effectors). Moreover, turning lymphocytes into effector T<sub>H</sub>1 cells necessitates effective reprogramming of type 2 macrophages or immunosuppressive DCs by a concerted action of pattern recognition receptors, the inflammasome platform, or CD40 costimulation, as well as neutralization of immune checkpoint ligand/receptor interaction. In parallel, reducing the accumulation or migration of suppressive myeloid cells in primary sites or distant niches while promoting cytokoreduction/debulking with irradiation, cytokotoxic compounds, or antiangiogenic molecules may synergistically gear the host/tumor imbalance toward durable tumor regression. HIF-1, hypoxia-inducible factor 1; AMPK, adenosine monophosphate–activated protein kinase; JAK2, Janus kinase 2; CDDO, 2-cyano-3,12-dioxooleana-1,9(11)dien-28-oic acid; TLR7, Toll-like receptor 7; COX2, cyclooxygenase; ICD, immunogenic cell death.

**Inhibition of proinflammatory pathway**

- NF-κB/STAT3/PI3K-AKT/HIF-1
- STAT3 inhibitors
- JAK2 inhibitors
- Triterpenoids
- Curcumin
- Resveratrol
- CDDO

**Arachidonic acid metabolism**

- Aspirin
- COX2 inhibitors
- Eicosanoid R antagonists
- Omega3 polyunsat. fatty acid

**Inflammatory cytokines**

- VEGF/VEGFR antagonists
- TNFα/TNFαR antagonists
- IL-6 antagonists
- IL-1/IL-1R antagonists
- IL-18/IL-18BP antagonists
- CXCL2/CXCR4, CCL2 antagonists

**Boost of anticancer pathways**

- Autophagy
- Resveratrol
- Rapamycin
- AMPK activation
- Fasting

**T cells**

- cBCG, TLR7/8 agonists
- Vaccines
- ICD/chemotherapy
- Immune checkpoint blockade
- CSF1/CSF1R antagonists
- IL-4/IL-4R antagonists
- B cell depletion

**Reprogramming/depleting immune cells**

- Blocking immune cell recruitment
- CSF1/CSF1R antagonists
- CXCR2/CXCL1 antagonists
- CCR2 antagonists
- CD20 blockade

**Inflammasome inhibitors**

- Anakinra
- IL-18BP

**T<sub>n</sub>2→T<sub>H</sub>1 reprogramming**

- CD40 agonists
- IL-4/IL-13/CX40 antagonists
- CSF1/CSF1R antagonists
- IL-10 antagonists

**CHEMOTHERAPY; RADIATION THERAPY; TARGETED THERAPIES; ANTI-ANGIOGENIC**
cells producing high levels of IFN-γ (called T\textsubscript{H}1 and T\textsubscript{C}1, respectively) may, at least in part, reverse immunosuppression mediated by the tumor microenvironment. IFN-γ has pleiotropic effects on the tumor microenvironment, such as anti-angiogenic activities, quelling protumorigenic properties of macrophages while also enhancing their tumoricidal properties, and enhanced processing and presentation of tumor antigens to T lymphocytes. Hence, therapeutics bolstering T\textsubscript{H}1 programming may provide a survival advantage (Fig. 4). Vaccination—that is, the provision of an antigen together with an adjuvant to elicit therapeutic T cells in vivo—combined with modulation of the tumor microenvironment represents a very promising and powerful therapeutic strategy to boost antitumor T cell immunity as well. However achieved, the T cells elicited by a vaccine, adoptively transferred, or unleashed by modulation of the tumor microenvironment will likely require additional help provided by interference with off signals able to block their antitumor function. In particular, phase I clinical trials in patients indicate that blocking the PD-1 pathway is a promising strategy for achieving immunological control of human cancers, including lung cancer (40, 69). This is somewhat...
analogous to the improved survival now documented in metastatic melanoma patients treated with an antibody against the immunoregulatory molecule CTLA-4 (70) (e.g., ipilimumab), recently approved by the FDA. Given that PD-1 ligands are expressed in many tumor microenvironments, targeting the ligands, as opposed to their receptors, has the potential to be more effective and less toxic than current therapies targeting PD-1 and/or CTLA-4.

Concluding Remarks

Inflammation represents a link between intrinsic (oncogenes, tumor suppressors, and genome stability genes) and extrinsic (immune and stromal components) factors contributing to tumor development. This knowledge offers new and novel candidate targets for therapeutic intervention, in combination with more conventional therapeutic approaches such as chemotherapy, radiotherapy, and targeted therapy. Therapeutic manipulation of chronic inflammation in tumors is likely to enhance the clinical efficacy of therapeutic vaccination as well as adoptive T cell transfer, thus turning the chronic pro-cancer inflammatory microenvironment into an anticancer microenvironment that is more likely to also liberate and activate existing anticancer effector T cells. Given the functional relevance of immune networking in tumors, it is imperative to incorporate immunometrics such as “the immunoscore” into traditional classification schemes to provide new prognostic and/or predictive tools to clinical practice (71, 72). A better identification of tissue-and/or tumor-specific inflammatory mechanisms (obtained through next-generation sequencing, metabolomics, and epigenetics) will allow us to direct the clinical management of cancer toward a more personalized medicine. A magic bullet? Yes, but not as stand-alone monotherapy. Rather, inflammation is another piece of the puzzle constituting hallmarks of cancer, the targeting of which can bring us closer to successful therapy for this dreaded and deadly disease.

References and Notes

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