**FROM THE PRESIDENT**

As you know, Gwynn Dockery made a bequest of over $82,000 to Blankets and Books for Babies. We are forming a committee to make recommendations for the use of this money. Kay Dawson has agreed to chair this committee and so far Anne Yoo, Jean Morton, and Carole Starr have agreed to serve on this committee. If you would like to join the committee, please email me at sarah.mccarty@comcast.net. We want to keep the committee a manageable size, eight or fewer. They hope to begin meeting in October and to begin taking suggestions from the membership at that time. Watch your email for requests for input during the coming month and let us know your thoughts.

*Sarah McCarty*

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**CLSB DAZZLES**

The fall luncheon was held at the newly opened Collaborative Life Sciences Building (CLSB) at the South Waterfront on October 1. A tour was offered to members and their guests prior to a catered luncheon. The building can only be described as dazzling. Bristling with the latest in medical technology, the building is also visually stunning inside and out.

The building is situated at the entryway to Tillicum Crossing, the pedestrian/public transit bridge currently under construction over the Willamette River. CLSB is bordered on its East face by the river, with terraces offering lovely views of the river and Mt. Hood - weather permitting. Inside, the huge central atrium is itself a work of art. Cantilevered stairways spiral up through several floors, offering complex views of the indoor space.

The tour included a look at the high tech learning suites including electronically programmed manikins that can simulate hospital situations from intensive care to birthing. Medical students and residents can get practice addressing a nearly infinite array of problems in a safe setting. The simulation suites are designed to exactly replicate the rooms at OHSU’s South Hospital so learning can be more easily applied to real patients in real settings.

The tour and luncheon were organized by members Pam Anderson and Pam Probst.
THE COLLEGE CUP

The College Cup is a sort of field day for incoming medical students. It’s a fun way for students to get acquainted through a series of contests such as a 3-legged egg race, a tug of war, and a task requiring manual dexterity. The event is supported by SMA; our group purchased the traveling trophy and offers a small financial donation to stage the event. This year’s winner was the Acute Care College. SMA President, Sarah McCarty, attended the event and received thanks and acknowledgment on behalf of SMA for enabling this now-annual event.

SMA INTEREST GROUPS and COMING EVENTS

*Interest Group contacts can be found in your Member Directory. Contact them for details on the groups’ activities, meeting locations, etc.

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<thead>
<tr>
<th>October</th>
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<tr>
<td>1 Fall Luncheon</td>
<td>3 Movie Group</td>
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<td>4 Bridge Group, 1 pm</td>
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<tr>
<td>6 Movie Group</td>
<td>11 AM Book Group, Someone, 10 am</td>
<td>9 AM Book Group, 10 am</td>
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<td>8 Threads Group, 9:30 am</td>
<td>12 Threads Group, 9:30 am</td>
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<td>9 PM Book Group, 7 pm</td>
<td>13 PM Book Group, 7 pm</td>
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<tr>
<td>14 AM Book Group, House of Sand and Fog, 10 am</td>
<td>20 Bridge Group, 1 pm</td>
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<td>24 B3 Packing, 9:30 am</td>
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ORNAMENT SALE SET FOR DECEMBER 16

The sale of personalized holiday ornaments will return to the CHH Atrium on Tuesday, December 16 from 10 am to 4 pm. SMA has been sponsoring the sale of these popular, personalized ornaments by Jo Regensperger for several years. It has become a popular and easy fundraiser for our group. Just a handful of volunteers are needed to help with the sale. Contact Joan Foley, 503-775-4630 or foley-jarnberg@comcast.net if you can help.

SMA newsletters are published quarterly and sent via email to our membership. More photos and other information is available on the website. Click “Members Only” tab, the password is “smamember”.

www.sma-ohsu.org

Send articles, photos or calendar events to: smaohsu@gmail.com
SMA MEMBER PROFILES

In an effort to help our members get to know each other a little better, we are offering some short profiles of SMA members. Our thanks to Pam Anderson and Joan Kruse for conducting interviews, writing the profiles and supplying photos.

Zilpha Haycox  
member since 2005

Meeting Zilpha, one is drawn to her sparkling eyes and a cheerful welcome. Introduced to the SMA by Jean Morton, Zilpha Haycox became a member in 2005, and she says membership has enriched her life in many ways.

Born on a farm in Olympia, Washington, Zilpha remembers World War Two. Amid predictions of coming war rationing, her father planned ahead by purchasing 100 pounds of sugar and stored it in their greenhouse, which was notorious for humidity. Zilpha learned early that the best-laid plans could backfire when the sugar became as hard as concrete.

She came from a family known for their humor and laughter. Her father managed a feed and seed store and she and her siblings found the store to be a “kids’ heaven”, a place to play and work alongside their father. She said her father was a master at jerry rigging. Like many others of his generation, he made do with masking tape and bailing wire. Once he rigged up a bell from the barn to the house that served as a sort of burglar alarm when vagrants stole chickens during the depression.

In 1952, she began her studies in Psychology at the University of Washington. The career options available for Zilpha and other women of her generation included nurse, teacher, secretary or librarian; nevertheless, she finished a degree in child psychology, later working in neuropsychological testing at the Rehabilitation Institute of Oregon. There she learned compassion and empathy for others during what can be stressful test situations. She left Portland to be closer to her children in Seattle and worked at the University of Washington doing psychological testing for Alzheimer’s research.

Upon retirement, Zilpha returned to Portland. Her SMA

Sarah McCarty  
member since 2001

Since 2001, Sarah McCarty has wholeheartedly enjoyed being a part of and donated many hours of service to the SMA. We are fortunate that Susan Sack invited her to a Luncheon that year, an event that Sarah now rarely misses.

She participated in the Holiday Bazaar in those early years, recalling how much fun it was. With the advent of the Interest Groups, Sarah joined most of them and continues to be a strong supporter of all the varied activities. She began working with Blankets and Books for Babies in 2001 and took over the Archive from Erica Goodwin in 2008. Her Board positions include Secretary, Treasurer, President in 2006 and now again as President for 2014/2015.

Sarah grew up in Idaho, with moves to California, Kentucky, North Carolina and Boston. With a Ph.D. in clinical psychology Sarah worked for three years as a clinical neuropsychologist in the Rehab Department at (then) Tufts New England Medical Center. She switched to a career in computing and went to work at Digital Equipment Corporation (DEC), first coming to Portland in the early 90’s for installation of DECrad in the Radiology Department at OHSU. She and Dennis settled in Portland in 2000, the year Sarah retired from Compaq Computer and Dennis took a position with OHSU in the Department of Public Health and Preventive Medicine.

Dennis and Sarah share an avid love for bird watching and thus their outings to natural areas such as the Ridgefield and Tualatin Wildlife Refuges, the Crystal Springs Rhododendron Garden and Camassia, a Nature Conservancy property in West Linn. Trips to Panama, Belize, Trinidad and Tobago, Ecuador, South Africa, Kenya and throughout the USA find them with binoculars ready to spot and identify! Sarah’s favorite trip was to (then)
Zilpha, continued

interests and activities include Threads, Blankets and Books for Babies, Garden Group, Book Group, and Gourmet Group.

Always involved and inspiring, Zilpha is a dynamic member of the SMA.

Sarah, continued

Zaire in 1988 where they were able to see gorillas in the wild. Dennis teaches for two weeks each year at a Summer Institute at the University of Amsterdam, allowing them to enjoy the Netherlands and many European side trips over the past eight years.

Sarah has also devoted many volunteer hours to the Audubon Society of Portland and the Lake Oswego Library. We are fortunate to have her leadership skills and unwavering support for SMA and all its activities.