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## About This Guide

OHSU’s Center for Diversity & Inclusion (CDI) offers this Diversity Resource Guide for general information only. CDI is not endorsing or warranting any of the services or service providers listed in this guide.

### Contributors

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  *Diversity Communications Manager*
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  *Communications Assistant*

### Creative Production

GoodWorks Design Studio
OHSU’s Center for Diversity and Inclusion created this guide as part of our warm welcome to everyone within OHSU’s diverse community of students, staff and faculty.

We hope you’ll use it to build relationships, connect with new people, organizations and networks, and explore the places that make the Portland-area and Oregon special.

If you’re new to Portland or the OHSU community, the guide will help you get your bearings, connect with a diverse array of resources, and discover the many services and opportunities available throughout the area. If you’re already familiar with Portland or OHSU, chances are you’ll discover new places to visit, networks to link to and services to meet your needs.

We invite you to visit the Center for Diversity and Inclusion and take advantage of the many resources we offer.

Welcome to the OHSU community!

Leslie D. Garcia, M.A., Vice Provost and Assistant Chief Diversity Officer, and Director, Center for Diversity & Inclusion; and Dr. Norwood Knight-Richardson, M.D., M.A., M.B.A., OHSU Vice President, Chief Administrative Officer and Chief Diversity Officer

Learn more about Center for Diversity & Inclusion services at www.ohsu.edu/diversity or call 503 494-5657.
The Oregon Health and Science University (OHSU) Center for Diversity & Inclusion leads and supports university-wide initiatives to create an environment of respect and inclusion for all people. At OHSU, we believe diversity means creating a community of inclusion. CDI is dedicated to fostering partnerships to enhance OHSU’s mission of healing, teaching, research and community services. Offering a range of resources and services, CDI is committed to supporting an environment where students, staff and faculty from socially and economically disadvantaged and historically disadvantaged populations can thrive and maximize their potential for creativity, innovation, and educational excellence.

**WHAT WE DO: PROGRAMS AND SERVICES**

**Consultation**
CDI serves as a resource hub for the OHSU community on matters related to diversity and inclusion across campus. We help navigate policies, develop communication tools and materials, offer diversity best practices in teaching and learning, and connect you with community resources.

**Cultural Competency Lecture and Events**
CDI brings diverse speakers who address a wide range of issues related to culture, race, gender, sexual orientation, social class and economic situation, and their congruence with health disparities and access to care. Social gatherings to celebrate OHSU coming together for networking and community outreach.

**Employee Resource Groups**
An employee resource group (ERG) is an OHSU-sponsored, employee-managed group of staff, faculty and students who share a similar background. ERGs create opportunities for career development, social support, networking, and community participation. Established groups include:
- African American
- Asian Pacific Islander
- Disability
- International
- Latinos Unidos Organization
- Native American
- OHSU Pride

**Diversity Advisory Council** *
Comprised of staff, faculty and student representatives from all the university’s mission areas, the Diversity Advisory Council (DAC) advises OHSU’s president and leadership team on enhancing diversity, cultural competency and opportunity throughout the university.

**Student Interest Groups**
CDI works closely with diverse student interest groups to provide mentoring, support, and funding
- Asian Pacific American Student Association
- Latino Medical Student Association
- Student National Medical Association
- Students for LGBTQ Health
- Students of Islam and Medicine Society
- OHSU Student Diversity Committee

**Student Pipeline Programs**

**Summer Research Internship**
OHSU’s Summer Equity Research Program offers a paid internship opportunity for undergraduate students to receive career mentoring and shadowing opportunities from OHSU faculty members during the summer.

**Health & Science Conference**
OHSU hosts an annual conference for high school and college students who want to pursue a career in health sciences. CDI brings more than 400 students from diverse backgrounds to hear student and faculty panels on fields of study and career paths in health care and research.

**Hands-On Research Experience**
The Ted R. Lilley Cancer Continuing Umbrella of Research Education (CURE) Project targets high school students to provide hands-on research experience and science exposure to increase participation of historically underserved and disadvantaged students in biomedical research and health-related fields.

* The Diversity Advisory Council is co-led by CDI and OHSU’s office of Affirmative Action and Equal Opportunity.
OREGON & PORTLAND INFORMATION

211info
www.211info.org
Health and social services resources across Oregon.

City of Portland
www.portlandonline.com
The official website of the City of Portland. Discover up-to-date news for your local neighborhood, jobs, education and business information.

County Government
The official websites of the state’s most populous counties.

Multnomah County
www.multco.us

Washington County
www.co.washington.or.us

Clackamas County
www.clackamas.us

City Search
www.portland.citysearch.com
Find the best business, restaurants, hotels and shopping centers in your city, as recommended by expert scouts.

Neighborhood Notes
www.neighborhoodnotes.com
Local news and event source for neighbors and independent businesses.

Oregon Blue Book
www.bluebook.state.or.us
The official state fact book about all levels of government in Oregon, and more.

Rose City Resource Guide
www.rosecityresource.org
Guide to public services and assistance programs in the Greater Portland area.

Travel Oregon
www.traveloregon.com
Oregon attractions, history, natural wonders, and recreational activities.

Travel Portland
www.travelportland.com
Learn about conventions, events, meetings and tourism by visiting Travel Portland.

State of Oregon
www.oregon.gov
The official web page for the State of Oregon is designed to provide you with an easier way to find what you need from Oregon state government.

Oregon Facts
quickfacts.census.gov
Review census data, interactive maps, population facts, economic census, income, school information and more.

Oregon Interactive Corporation
oregon.com
A comprehensive website of everything there is to see and do in the state.

Media Resources

Oregon Public Broadcasting
www.opb.org
Find TV, radio, and online news through OPB's website.

Oregon Live
www.oregonlive.com
Find all news related to Oregon on The Oregonian's website.

Say Hey! with Partners in Diversity
Partners in Diversity hosts Say Hey! events four times a year to honor new minority professionals relocating to the Oregon and southwest Washington area. The event is a great way to meet new people and get introduced to Portland’s multicultural community. Bookmark the Partners in Diversity website for the next Say Hey!

Willamette Week
www.wweek.com
Covers news, politics, culture, and events in Portland.

Portland Tribune
portlandtribune.com
Find the largest source of local, Portland news here.

KBOO
kboo.fm/program
A wide variety of multicultural radio programs.
## COMMUNITY ORGANIZATIONS

<table>
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<th>Organization</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Websites</th>
</tr>
</thead>
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<tr>
<td><strong>African American Health Coalition</strong></td>
<td>2800 N Vancouver Ave. #100</td>
<td>503.413.1850</td>
<td><a href="http://www.aahc-portland.org">www.aahc-portland.org</a></td>
</tr>
<tr>
<td><strong>American Red Cross PDX</strong></td>
<td>3131 N Vancouver Ave</td>
<td>503.284.1234</td>
<td><a href="http://www.redcross.org/or/portland">www.redcross.org/or/portland</a></td>
</tr>
<tr>
<td><strong>Andisheh Center</strong></td>
<td>P.O. Box 1235</td>
<td>503.862.8362</td>
<td><a href="http://www.andisheh.org">www.andisheh.org</a></td>
</tr>
<tr>
<td><strong>Arab American Cultural Center of Oregon</strong></td>
<td>1332 SW Custer Dr.</td>
<td>503.550.5645</td>
<td><a href="http://www.araboregon.org">www.araboregon.org</a></td>
</tr>
<tr>
<td><strong>Asian Health &amp; Service Center</strong></td>
<td>3430 SE Powell Blvd.</td>
<td>503.872.8822</td>
<td><a href="http://www.ahscpdx.org">www.ahscpdx.org</a></td>
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<tr>
<td><strong>Basic Rights Oregon</strong></td>
<td>310 SW 4th Ave. Suite 300</td>
<td>503.222.6151</td>
<td><a href="http://www.basicrights.org">www.basicrights.org</a></td>
</tr>
<tr>
<td><strong>Black United Fund of Oregon</strong></td>
<td>2828 NE Alberta St.</td>
<td>503.282.7973</td>
<td><a href="http://www.bufor.org">www.bufor.org</a></td>
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<tr>
<td><strong>Cascade AIDS Project (CAP)</strong></td>
<td>208 SW 5th Ave. #500</td>
<td>503.223.5907</td>
<td><a href="http://www.cascadeaids.org">www.cascadeaids.org</a></td>
</tr>
<tr>
<td><strong>Causa Oregon</strong></td>
<td>700 Marion St. NE</td>
<td>503.409.2473</td>
<td><a href="http://www.causaoregon.org">www.causaoregon.org</a></td>
</tr>
<tr>
<td><strong>Center for Intercultural Organizing</strong></td>
<td>700 N. Killingsworth St.</td>
<td>503.287.4117</td>
<td><a href="http://www.interculturalorganizing.org">www.interculturalorganizing.org</a></td>
</tr>
<tr>
<td><strong>Centro Cultural of Washington County</strong></td>
<td>1174/1110 N Adair St.</td>
<td>503.359.0446</td>
<td><a href="http://www.centrocultural.org">www.centrocultural.org</a></td>
</tr>
<tr>
<td><strong>El Programa Hispano</strong></td>
<td>2740 SE Powell Blvd.</td>
<td>503.231.4866</td>
<td><a href="http://www.catholiccharitiesoregon.org/">www.catholiccharitiesoregon.org/</a></td>
</tr>
<tr>
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<td>services_latino_services.asp</td>
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<tr>
<td><strong>Equity Foundation</strong></td>
<td>221 NW 2nd Ave. #208</td>
<td>503.231.5759</td>
<td><a href="http://www.equityfoundation.org">www.equityfoundation.org</a></td>
</tr>
<tr>
<td><strong>Familias en Accion</strong></td>
<td>2710 NE 14th Avenue</td>
<td>503.201.9865</td>
<td><a href="http://www.familiasenaccion.org">www.familiasenaccion.org</a></td>
</tr>
<tr>
<td><strong>Hands On Greater Portland</strong></td>
<td>619 SW 11th Ave. #300</td>
<td>503.200.3355</td>
<td><a href="http://www.handsonportland.org">www.handsonportland.org</a></td>
</tr>
<tr>
<td><strong>Immigrant &amp; Refugee Community Organization</strong></td>
<td>10301 NE Glisan St.</td>
<td>503.234.1541</td>
<td><a href="http://www.irco.org">www.irco.org</a></td>
</tr>
<tr>
<td><strong>Africa House</strong></td>
<td>621 NE 102nd Ave.</td>
<td>503.802.0082</td>
<td></td>
</tr>
<tr>
<td><strong>Asian Family Center</strong></td>
<td>8040 NE Sandy Blvd.</td>
<td>503.235.9396</td>
<td></td>
</tr>
<tr>
<td><strong>Incight: Resources for Self-Empowerment</strong></td>
<td>310 SW 4th Ave. #630</td>
<td>971.244.0305</td>
<td><a href="http://www.incight.org">www.incight.org</a></td>
</tr>
</tbody>
</table>
Jewish Federation of
Greater Portland
6680 SW Capitol Hwy
Portland, OR 97219
503.245.6219
www.jewishportland.org

Korean Society of Oregon
7650 SW 81st Ave
Portland, OR 97223
503.977.2617
www.koregon.org

Latino Network
240 N Broadway, Suite 214
Portland, OR 97227
503.283.6881
www.latnet.org

Mittleman Jewish Community
6651 SW Capitol Hwy.
Portland, OR 97219
503.244.0111
www.portlandjewishacademy.org

Multicultural Integrated
Kidney Education Program
9155 SW Barnes Rd, Suite 219
Portland, OR 97225
503.296.7705
www.mikeprogram.org

Muslim Educational Trust
10330 Scholls Ferry Road
Tigard, OR 97223
503.579.6621
www.metpdx.org

Native American Student and
Community Center
710 SW Jackson St.
Portland, OR 97201
503.725.9695
www.pdx.edu/dmss/nascc

North by Northeast Community
Health Center
3030 Martin Luther King, Jr. Blvd.
Portland, OR 97212
503.287.4932
www.nxneclinic.org

NW Gender Alliance (NWGA)
P.O. Box 4928
Portland, OR 97208
503.533.8787
www.nwgenderalliance.org

Oregon Council on Developmental
Disabilities
540 24th Place NE
Salem, OR 97301-4517
503.945.9941
www.ocdd.org

Oregon Latino Health Coalition
240 N. Broadway, Suite 215
Portland, OR 97227
oregonlatinohealthcoalition.org

Oregon League of Minority Voters
320 SW Stark St. #418
Portland, OR 97204
503.720.6776
www.oregonlmv.org

Pineros y Campesinos Unidos
del Noroeste (PCUN)
300 Young St.
Woodburn, OR 97071
503.982.0243
www.pcun.org

Q Center
4115 N Mississippi Ave.
Portland, OR 97217
503.234.7837
www.pdxqcenter.org

Self Enhancement, Inc. (SEI)
3920 N. Kerby Ave.
Portland, OR 97227
503.249.1721
www.selfenhancement.org

South Asian Women’s
Empowerment & Resource
Alliance (SAWERA)
P.O. Box 91242
Portland, OR 97291
503.641.2425 (office)
503.778.7386 (help line)
www.sawera.org

Sponsors Organized to Assist
Refugees (SOAR)
2906 NE Glisan St.
Portland, OR 97232
503.284.3002
www.emoregon.org/soar.php

Urban League of Portland
10 N Russell St.
Portland, OR 97227
503.280.2600
www.ulpdx.org

United Way of the Columbia-
Willamette
619 SW 11th Ave. #300
Portland, OR 97205
503.228.9131
www.unitedway-pdx.org

Vocational Rehabilitation Services
Central Portland Office
3945 SE Powell Blvd.
Portland, OR 97202
971.673.2555
www.oregon.gov/DHS/vr

YWCA of Greater Portland
1111 SW 10th Ave
Portland, OR 97205
503.294.7400
www.ywcapdx.org
LEADERSHIP DEVELOPMENT

Focus on Racial Justice

The Coalition of Communities of Color (CCC) sponsors leadership development initiatives to expand the capacity of communities of color to network, self-organize, and create change toward greater social inclusion. This is achieved through six culturally-specific leadership development programs.

www.coalitioncommunitiescolor.org

African Leadership Development Project Institute
ALDPI raises the visibility of the African community to educate policymakers and create change to more equitably distribute resources to serve the African communities of Oregon.


African American Leadership Academy
AALA addresses the cultural, personal, civic and professional needs of emerging African American leaders to develop their skills and commitment to making positive change in the Portland area community.

http://bit.ly/1csyD5C

Asian Pacific Islander Community Leadership Institute
API-CLI builds the leadership capacity of Asian Pacific Islander leaders, and brings together API communities for collaboration and partnerships that address racial and ethnic disparities.

http://bit.ly/1ocbRUS

LEAD

LEAD develops the skills and relationships among Native American leaders through collaborative learning and expanding networks and ties to their communities.

http://bit.ly/1eHN9X7

The Slavic Leadership Project

The Slavic Leadership Project develops and strengthens the leadership capacity of the Slavic community in Oregon to increase visibility and policy change for community-identified issues.

http://bit.ly/1fwTwT5

Unid@s for Oregon
Unid@s for Oregon builds relationships and trust among Latino leaders and organizations through a cohesive leadership framework that is cross-regional, cross-sector, and inter-ethnic.

http://bit.ly/1ocbLg0

Legal Assistance

Disability Rights Oregon
610 SW Broadway St. #200
Portland, OR 97205
503.243.2081
800.452.1694
www.disabilityrightsoregon.org

Civil Rights Division
800 NE Oregon St. #1045
Portland, OR 97232
971.673.0764
www.oregon.gov/boli/crd

Immigrant Law Group
Oregon Trail Bldg
333 SW 5th Ave, #525
Portland, OR 97204
503.241.0035
www.ilgrp.com

Legal Aid Services of Oregon
921 SW Washington St. #500
Portland, OR 97205
503.224.4086
www.oregonlawhelp.org

Oregon Justice Resource Center
P.O. Box 40588
Portland, OR 97204
503.768.7321
www.ojrc.info

Oregon Law Center
230 NE 2nd Ave, Suite F
Hillsboro, OR 97124
503.640.4115
www.oregonlawcenter.org

Oregon State Bar
16037 SW Upper Boones Ferry Rd.
Tigard, OR 97224
503.620.0222
www.osbar.org
African American Chamber of Commerce of Oregon (AACCO)
P.O. Box 2979
Clackamas, OR 97015-2979
503.244.5794 x45
www.blackchamber.info

Asian Pacific American Chamber of Commerce (APACC)
1125 SE Madison St. Suite 103C
Portland, OR 97214
503.205.6020
www.apacc-or.org

Business Diversity Institute
1631 NE Broadway
Portland, OR 97232
503.222.0280
503.243.5597 fax
www.bdiweb.org

Hispanic Metropolitan Chamber (HMC)
333 SW 5th Ave. #100
Portland, OR 97204
503.222.0280
503.243.5597 fax
www.hmccoregon.com

Oregon Association of Minority Entrepreneurs
4134 N Vancouver Ave. #100
Portland, OR 97217
503.249.7744
www.oame.org

Oregon Native American Chamber of Commerce (ONACC)
P.O. Box 69563
Portland, OR 97239
503.894.4525
www.onacc.org

Oregon Tradeswomen, Inc.
3934 NE Martin Luther King Blvd.
Suite 101
Portland, OR 97212
503.335.8200
www.tradeswomen.net

Philippine American Chamber of Commerce of Oregon (PACCO)
5424 N. Michigan Ave
Portland, OR 97217
503.285.1994
www.pacco.org

City of Portland Office of Equity and Human Rights
421 SW 6th Ave, Suite 500
Portland, OR 97204
503.823.4433
www.portlandoregon.gov/oehr

Commission on Asian and Pacific Islander Affairs
421 SW Oak St. Suite 770
Portland, OR 97201
503.302.9725
www.oregon.gov/ocapia

Commission on Indian Services
900 Court St. NE, Room 167
Salem, OR 97301
503.986.1067
www.leg.state.or.us/cis

Multnomah County Aging and Disability Services
421 SW Oak St. Suite 510
Portland, OR 97204
503.988.3646
www.web.multco.us/ads
# Churches & Congregations

## African American

**AME Zion Church**  
4304 N Vancouver Ave.  
Portland, OR 97217  
503.287.4969  
www.westernamezion.org/or-wa/firstchurch.html

**Emmanuel Temple Church**  
1033 N Sumner St.  
Portland, OR 97217  
503.287.2223  
www.emmanuelpdx.com

**Highland Christian Center**  
7600 NE Glisan St.  
Portland, OR 97213  
503.287.9567  
www.hcclive.com

**Irvington Covenant Church**  
4046 NE Martin Luther King Blvd.  
Portland, OR 97212  
503.287.5226  
www.irvingtoncov.org

**Vancouver Avenue First Baptist Church**  
3138 N Vancouver Ave.  
Portland, OR 97227  
503.282.9496

## Buddhist

**Daihonzan Henjyoji Temple**  
2634 SE 12th Ave.  
Portland, OR 97202  
503.232.6352

**Nam-Quang Temple**  
3337 NE 148th Ave.  
Portland, OR 97230  
503.254.0875  
www.namquangtemple.org

**Nichiren Buddhist Temple of Portland**  
2025 SE Yamhill St.  
Portland, OR 97214  
503.232.8064  
www.nichiren-shu-pdx.com

**Northwest Tibetan Cultural Association**  
4401 NE 122nd Ave.  
Portland, OR 97230  
503.308.1365  
www.nwtca.org

**Oregon Buddhist Temple**  
3720 SE 34th Ave.  
Portland, OR 97202  
503.234.9456  
www.oregonbuddhisttemple.com

**Oregon Cambodian Buddhist Society, Inc.**  
19940 SW Stafford Rd.  
West Linn, OR 97068  
503.638.3700  
www.dhammarangsi.org

**World Buddhist Preaching Assn**  
1722 SE Madison St.  
Portland, OR 97214  
503.239.5678  
www.miaofatemple.com

## Catholic

**All Saints**  
3847 NE Glisan  
Portland, OR 97232  
503.232.4305  
allsaintsportland.org

**Church of Korean Martyrs**  
10840 SE Powell Blvd  
Portland, OR 97266  
503.762.6880  
www.kmccp.org

**Church of St. Michael the Archangel**  
1701 SW Fourth Ave.  
Portland, OR 97201  
503.228.8629  
www.stmichaelportland.org

**Holy Family Catholic Church**  
7525 SE Cesar Chavez Blvd  
Portland, OR 97202  
503.774.1428  
www.holyfamilyportland.org/parish

**Immaculate Heart of Mary**  
2910 N Williams St  
Portland, OR 97227  
503.287.3724

**Our Lady of Sorrows**  
5239 SE Woodstock Blvd  
Portland, OR 97206  
503.775.6731  
www.ourladyofsorrowspdx.org

**St. Anthony**  
3600 SE 79th Ave  
Portland, OR 97206  
503.771.6039  
www.stanthonypdx.com

**St. John the Baptist Catholic Church**  
10955 SE 25th Ave  
Milwaukie, OR 97222  
503.654.5449  
www.sjb catholicchurch.org

## Atheist

**Sunday Assembly Portland**  
info@sundayassemblypdx.com  
www.portland.sundayassembly.com
St. Juan Diego  
5995 NW 178th Ave  
Portland, OR 97229  
503.644.1617  
www.stjuandiego.org

St. Peter  
5905 SE 87th Ave  
Portland, OR 97266  
503.777.3321

St. Philip Neri Parish Paulist Center  
2408 SE 16th Ave.  
Portland, OR 97214  
503.231.4955  
www.stphilipneripdx.org

St. Rose of Lima  
2727 NE 54th Ave  
Portland, OR 97213  
503.281.5318  
www.strosepdx.org

St. Stanislaus Parish  
3916 N Interstate Ave.  
Portland, OR 97227  
503.281.7532  
www.ststanislausparish.com

The Grotto  
8840 NE Skidmore St  
Portland, OR 97220  
503.254.7371  
www.thegrotto.org

Greek

Holy Trinity Greek Orthodox Cathedral  
3131 NE Glisan St.  
Portland, OR 97232  
503.234.0468  
www.goholytrinity.org

Hindu

Mahakali Mandir Sri Mahakali Temple  
4732 NE 14th Ave.  
Portland, OR 97211  
503.284.8729

Portland Hindu Temple Brahma Premananda Ashram  
11515 SW Hall Blvd.  
Tigard, OR 97223  
503.598.3073  
www.portlandhindutemple.org

Shri Swaminarayan Mandir (BAPS)  
11365 SW Tigard St.  
Tigard, OR 97223  
503.597.3030  
www.baps.org/Global-Network/North-America/Portland.aspx

Vedanta Society of Portland  
1157 SE 55th Ave.  
Portland, OR 97215  
503.235.3919  
www.vedanta-portland.org

Jewish

Congregation Beth Israel  
1972 NW Flanders St.  
Portland, OR 97209  
503.222.1069  
www.bethisrael-pdx.org

Congregation Neveh Shalom  
2900 SW Peaceful Ln.  
Portland, OR 97239  
503.246.8831  
www.nevehshalom.org

Havurah Shalom  
825 NW 18th Ave.  
Portland, OR 97209  
503.248.4662  
www.havurahshalom.org

Mittleman JCC  
6651 SW Capitol Hwy.  
Portland, OR 97219  
503.244.0111  
www.oregonjcc.org

Korean

Korean Evangelical Church  
4729 SW Taylors Ferry Rd.  
Portland, OR 97219  
503.244.9191  
www.portlandch.com

Portland Korean Church  
933 SW Clay St.  
Portland, OR 97201  
971.263.8630  
www.portlandkoreanchurch.com
LGBTQ

Community of Welcoming Congregations
P.O. Box 14948
Portland, OR 97293
503.665.8741
www.welcomingcongregations.org

First Unitarian Church
1034 SW 13th Ave
Portland, OR 97205
503.228.6389
www.firstunitarianportland.org/

Metropolitan Community Church
2400 NE Broadway St
Portland, OR 972
503.665.8741
www.welcomingcongregations.org

Services in Spanish

Church of the Annunciation
13515 SE Rusk Rd.
Milwaukie, OR 97269
503.659.3646
www.annunciationorthodoxchurch.org

Holy Nativity of the Theotokos Orthodox Cathedral
4550 NE 105th Ave.
Portland, OR 97220
503.262.6643

St. George Antiochian Orthodox Church
2101 NE 162nd Ave.
Portland, OR 97230
503.255.6055
www.stgeorgeportland.org

St. Nicholas Orthodox Church
2210 SW Dolph Ct.
Portland, OR 97219
503.245.2403
www.stnicholaspdx.org

Russian

Living Water Community Fellowship
7211 SE 62nd Ave.
Portland, OR 97206
503.475.8714
Facebook.com/portlandlivingwater

Russian Full Gospel Church
Eben-Ezer
3511 SE Concord Rd.
Milwaukie, OR 97267
503.695.8894
www.concordorcom

Russian Gospel Church
5526 Hope Ave.
Hubbard, OR 97032
503.651.3335

Services in Vietnamese

Immaculate Heart Catholic Church
2926 N. Williams Ave.
Portland, OR 97227
503.287.3724

Our Lady of Lavang Parish
5404 NE Alameda Dr.
Portland, OR 97213
503.249.5892
www.gxlavangoregon.com

Vietnamese Baptist Church
3635 SE 72nd Ave.
Portland, OR 97206
503.774.1712
www.vbcportland.com

Ukrainian

St. John the Baptist Ukrainian Orthodox Church
8014 SE 16th Ave.
Portland, OR 97202
503.235.7129
www.ukrainian-church-pdx.org

Ukrainian Bible Church
22820 NE Halsey St.
Troutdale, OR 97060
503.661.1531
Facebook.com/ukrainianBibleChurch
RESOURCES FOR PARENTS

Child Care

Barnes-Miller Child Development Center
7345 SW Barnes Rd.
Portland, OR 97225
503.292.7847
www.barnes-millercdc.com

Blue Frogs Jump LLC
23710 SW Sanders Terrace
Sherwood, OR 97140
503.925.3919
www.bluefrogsjump.com

Clackamas Day School
16640 SE 82nd Dr.
Clackamas, OR 97015-8558
503.655.7826
www.clackamasdayschool.net

Healthy Start's Children Center
3325 SW Moody Ave.
Portland, OR 97239
971.230.2342
www.cclc.com/ohsu

Montessori Children's House
3626 SW Bond Ave.
Portland, OR 97239
503.360.1179
www.childrenshousepdx.com

Peninsula Children's Center
4720 N. Maryland Ave.
Portland, OR 97217
503.280.0534
www.penchild.org

Foreign Language Schools

Chinese American International School
1855 South Shore Blvd.
Lake Oswego, OR 97034
503.348.3028
www.caisoregon.org

Chinese Immersion School for Children
5403 SE Center St.
Portland, OR 97206
503.788.0336
www.bodhitreechineseschool.org

French American International School
8500 NW Johnson St.
Portland, OR 97229
503.292.7776
www.faispdx.org

The German American School of Portland
3900 SW Murray Blvd.
Beaverton, OR 97005
503.626.9089
www.gspdx.org

The International School
025 SW Sherman Street
Portland, OR 97201
503.226.2496
www.intlschool.org

The Italian School of Portland
P.O. Box 6507
Portland, OR 97228
971.270.0470
http://scuola.us

Kid-Friendly Fun

Big Al's
14950 SW Barrows Rd.
Beaverton, OR 97007
503.748.6118
www.ilovebigals.com/beaverton

Bullwinkles
29111 SW Town Center Loop West
Wilsonville, OR 97070
503.685.5000
www.fun-center.com/public/wilsonville

North Clackamas Aquatic Park
7300 SE Harmony Rd.
Milwaukie, OR 97212
503.557.7873
www.ncprd.com/aquatic-park

Oaks Amusement Park
7805 SE Oaks Park Way
Portland, OR 97202
503.233.5777
www.oakspark.com

Oregon Zoo
4001 SW Canyon Rd.
Portland, OR 97221
503.266.1561
www.oregonzoo.org

Portland Aquarium
16323 SE McLoughlin Blvd
Milwaukie, OR 97267
503.303.4721
www.portlandaquarium.net

Museums

Oregon Museum of Science and Industry (OMSI)
1945 SE Water Ave.
Portland, OR 97214
503.797.4000
www.omsi.edu
## K-12 Public Schools

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<th>District</th>
<th>Website</th>
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<td>Banks School District</td>
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<td>Beaverton School District</td>
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<td><a href="http://www.centennial.k12.or.us">www.centennial.k12.or.us</a></td>
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<td>David Douglas School District</td>
<td><a href="http://www.ddouglas.k12.or.us">www.ddouglas.k12.or.us</a></td>
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<td>Forest Grove School District</td>
<td><a href="http://www.fgsd.k12.or.us">www.fgsd.k12.or.us</a></td>
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<td>Hillsboro School District</td>
<td><a href="http://www.hsd.k12.or.us">www.hsd.k12.or.us</a></td>
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<td>Lake Oswego School District</td>
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<td>North Clackamas School District</td>
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<td><a href="http://www.pps.k12.or.us">www.pps.k12.or.us</a></td>
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<td>Reynolds School District</td>
<td><a href="http://www.reynolds.k12.or.us">www.reynolds.k12.or.us</a></td>
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<td>Sherwood School District</td>
<td><a href="http://www.sherwood.k12.or.us">www.sherwood.k12.or.us</a></td>
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<td>Tigard-Tualatin School District</td>
<td><a href="http://www.ttsdschools.org">www.ttsdschools.org</a></td>
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<tr>
<td>West Linn-Wilsonville School District</td>
<td><a href="http://www.wlwv.k12.or.us">www.wlwv.k12.or.us</a></td>
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Need more info on Oregon K-12 schools? Visit the Oregon Department of Education at [www.ode.state.or.us](http://www.ode.state.or.us)

## Colleges and Universities

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<td><a href="http://www.cu-portland.edu">www.cu-portland.edu</a></td>
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<td>Corban University</td>
<td><a href="http://www.corban.edu">www.corban.edu</a></td>
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<td>George Fox University</td>
<td><a href="http://www.georgefox.edu">www.georgefox.edu</a></td>
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<td>Lewis and Clark College</td>
<td><a href="http://www.lclark.edu">www.lclark.edu</a></td>
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<td>Linfield College</td>
<td><a href="http://www.linfield.edu">www.linfield.edu</a></td>
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<tr>
<td>Marylhurst University</td>
<td><a href="http://www.marylhurst.edu">www.marylhurst.edu</a></td>
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<td>Mt. Hood Community College</td>
<td><a href="http://www.mhcc.edu">www.mhcc.edu</a></td>
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<td>Pacific University</td>
<td><a href="http://www.pacificu.edu">www.pacificu.edu</a></td>
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<tr>
<td>Portland Community College</td>
<td><a href="http://www.pcc.edu">www.pcc.edu</a></td>
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<td>Portland State University</td>
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<td>Reed College</td>
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<td>University of Oregon – Portland</td>
<td><a href="http://www.pdx.uoregon.edu">www.pdx.uoregon.edu</a></td>
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<tr>
<td>University of Portland</td>
<td><a href="http://www.up.edu">www.up.edu</a></td>
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<td>Oregon State University – Portland</td>
<td><a href="http://oregonstate.edu/portland">oregonstate.edu/portland</a></td>
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<td>Warner Pacific College</td>
<td><a href="http://www.warnerpacific.edu">www.warnerpacific.edu</a></td>
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<tr>
<td>Willamette University</td>
<td><a href="http://www.willamette.edu">www.willamette.edu</a></td>
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</tbody>
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## Parenting Support

### Black Parent Initiative
Inspiring and mobilizing Black parents to ensure their children achieve educational excellence
503.502.6050
[thebpi.org](http://thebpi.org)

### Family Empowerment Network
6663 SW Beaverton Hillsdale Hwy.
Portland, OR 97225
503.292.4162
[www.family-empower.com](http://www.family-empower.com)

### Nursing Mothers Counsel of Oregon, Inc.
818 SW 3rd Ave. #372
Portland, OR 97204
503.282.3338
[www.nursingmotherscounsel.org](http://www.nursingmotherscounsel.org)

### Oregon Coast Aquarium
2820 SE Ferry Slip Rd.
Newport, OR 97365
541.867.3474
[www.aquarium.org](http://www.aquarium.org)

### Portland Children’s Museum
4015 Southwest Canyon Rd.
Portland, OR 97221
503.223.6500
[www.portlandcm.org](http://www.portlandcm.org)

### World Forestry Center
4033 Southwest Canyon Rd.
Portland, OR 97221
503.228.1367
[www.worldforestry.org](http://www.worldforestry.org)
Special Needs

Multnomah Early Childhood Program
Services to children with a variety of developmental delays and disabilities
11611 NE Ainsworth Circle
Portland, OR 97220
503.255.1666
www.mesd.k12.or.us/se/sped

PlaySpace
Play-based social groups for children with autism spectrum, Asperger’s, ADHD, and other social related disorders
3014 NE Ainsworth St.
Portland, OR 97211
503.224.2820
www.pdxplayspace.com

Tutoring/ Educational Services

Clear Pathways Learning Services
11830 SW Kerr Parkway #310
Lake Oswego, OR 97035
503.246.4338
www.clearpathways.org

Help Eliminate Learning Problems, Inc.
17600 Hwy 43,
Davignon Hall Suite 326
Marylhurst, OR 97036
503.635.3389
www.helpadd.com

Sylvan Learning Center
Multiple Locations
503.254.1930
www.sylvanlearning.com

PlaySpace
3014 NE Ainsworth St.
Portland, OR 97211
503.224.2820
tt://pdxplayspace.com

African

Horn of Africa
5237 NE Martin Luther King Blvd.
Portland, OR 97211
503.331.9844
www.hornofafrica.net

Jarra’s Ethiopian Restaurant
1435 SE Hawthorne Blvd.
Portland, OR 97214
503.230.8990
www.jarrasethiopianrestaurant.com

Marrakesh Moroccan Restaurant
1201 NW 21st Ave.
Portland, OR 97209
503.248.9442
www.marrakeshportland.com

Queen of Sheba
2413 NE Martin Luther King Blvd.
Portland, OR 97212
503.287.6302
www.queenofsheba.biz

Caribbean

El Cubo de Cuba
3106 SE Hawthorne Blvd.
Portland, OR 97214
971.544.7801

Pambiche Cocina & Reposteria Cubana
2811 NE Glisan St.
Portland, OR 97232
503.233.0511
www.pambiche.com

Salvador Molly’s
1523 SW Sunset Blvd.
Portland, OR 97239
503.293.1790
www.salvadormollys.com

Chinese

Shandong
3724 NE Broadway St.
Portland, OR 97232
503.287.0331
www.shandongportland.com

Szechuan Chef
5331 SW Macadam Ave.
Portland, OR 97239
503.227.3136
szechuanchefportland.com

Wong’s King
8733 SE Division St. #101
Portland, OR 97266
503.788.8883
www.wongsking.com

Cajun & Creole

Acadia
1303 NE Fremont St.
Portland, OR 97212
503.249.5001
www.creolapdx.com

Delta Café
4607 SE Woodstock Blvd.
Portland, OR 97206
503.771.3101
www.deltacafepdx.com
European

Castagna
1752 SE Hawthorne Blvd.
Portland, OR 97214
503.231.7373
www.castagnarestaurant.com

Der Rheinlander
5035 NE Sandy Blvd.
Portland, OR 97213
503.288.5503
www.rheinlander.com

Filipino

Tambayan
6014 SE Foster Rd.
Portland, OR 97206
503.777.4217
www.tambayancuisine.com

Food Carts

Food Carts Portland
Comprehensive list of diverse Portland-area food cart pods
www.foodcartsportland.com

Greek

Mad Greek Deli
1740 E Burnside St.
Portland, OR 97214
503.232.0274
18450 NW West Union Blvd.
Portland, OR 97229
503.645.1650
www.madgreekdeli.com

Hawaiian

Ate-OH-Ate
2454 E Burnside St.
Portland, OR 97214
503.445.6101
www.ate-oh-ate.com

Bamboo Grove
515 SW Carolina St.
Portland, OR 97239
503.977.2771
www.bgahawaiiangrille.com

Noho’s Hawaiian Café
2525 SE Clinton St.
Portland, OR 97202
503.233.5301
4627 NE Fremont Ave.
Portland, OR 97230
503.445.6646
www.nohos.com

Japanese

Biwa
215 SE 9th Ave.
Portland, OR 97214
503.239.8830
www.biwarestaurant.com

Maki
12430 SW Main St.
Tigard, OR 97223
503.639.7005
www.makirestaurant.com

Masu
406 SW 13th Ave.
Portland, OR 97205
503.221.6278
www.masusushi.com

Korean

Du Kuh Bee
12590 SW 1st St.
Beaverton, OR 97005
503.643.5388

Italian

Mama Mia Trattoria
439 SW 2nd Ave.
Portland, OR 97204
503.295.6464
www.mamamiatrattoria.com

Piazza Italia
1129 NW Johnson St.
Portland, OR 97209
503.478.0619
www.piazzaportland.com

Ristorante Roma
622 SW 12th Ave.
Portland, OR 97205
503.241.2692
www.ristoranteromaportland.com

Indian

Bombay Chaat House
804 SW 12th Ave.
Portland, OR 97205
503.241.7944
bombaychaathouse.org

Dwaraka Indian Cuisine
3962 SE Hawthorne Blvd.
Portland, OR 97214
503.230.1120
www.dwarakapdx.com

New Delhi
9111 SW Barbur Blvd.
Portland, OR 97219
503.892.5811
www.newdelhipdx.com
Toji Korean Grill House
4615 SE Hawthorne Blvd.
Portland, OR 97215
503.232.8998
tojikoreangrillhouse.com

Kosher

Café at the J
6651 SW Capital Hwy.
Portland, OR 97219
503.535.3630
www.oregonjcc.org/cafe.asp

Kenny & Zuke’s Delicatessen
1038 SW Stark St.
Portland, OR 97205
503.222.3354
www.kennyandzukes.com

Kornblatt’s Delicatessen
628 NW 23rd Ave.
Portland, OR 97210
503.242.0055
www.kornblattsdelipdx.com

Middle Eastern

Abu Rasheed
1921 SW 6th Ave.
Portland, OR 97201
503.274.4412
www.aburasheed.com

Habibi Lebannese Cuisine
1012 SW Morrison St.
Portland, OR 97205
503.274.0628
www.habibirestaurantpdx.com

Persian House
1026 SW Morrison St.
Portland, OR 97205
503.243.1430

TarBoush Lebanese Bistro
3257 SE Hawthorne Blvd.
Portland, OR 97214
503.235.3277
www.tarboushbistro.com

Soul Food

Bernie’s Southern Bistro
2904 NE Alberta St.
Portland, OR 97211
503.282.9864
www.berniesbistro.com

Gravy
3957 N Mississippi Ave.
Portland, OR 97227
503.287.8800

Russell Street BBQ
325 NE Russell St.
Portland, OR 97212
503.528.8224
www.russellstreetbbq.com

Vegetarian & Vegan

Blossoming Lotus
1715 NE 15th Ave.
Portland, OR 97212
503.228.0048
www.blpdx.com

Natural Selection
3033 NE Alberta St.
Portland, OR 97211
503.288.5883
www.naturalselectionpdx.com

Vegetarian House
22 NW 4th Ave.
Portland, OR 97209
503.274.0160
vegetarianhouse.com

Thai Orchid
2231 W Burnside St.
Portland, OR 97210
503.226.4542
www.thaioorchidrestaurant.com

Thai

Baan-Thai
1924 SW Broadway St.
Portland, OR 97201
503.224.8424

Vegetarian House
22 NW 4th Ave.
Portland, OR 97209
503.274.0160
vegetarianhouse.com

Vietnamese

Pho Van
3404 SE Hawthorne Blvd.
Portland, OR 97214
503.230.1474
www.phovanrestaurant.com

Silk
1012 NW Glisan St.
Portland, OR 97209
503.248.2172
www.silkbyphovan.com

Thanh Long Restaurant & Bakery
635 SW College St.
Portland, OR
503. 223.1660

Latin/Spanish

Andina
1314 NW Glisan St.
Portland, OR 97209
503.228.9535
www.andinarestaurant.com

La Costita
7405 SW Barbur Blvd.
Portland, OR 97219
503.293.1899
www.lacostita.com

Nuestra Cocina
2135 SE Division St.
Portland, OR 97202
503.232.2135
www.nuestra-cocina.com

¡Oba! Restaurante
555 NW 12th Ave.
Portland, OR 97209
503.228.6161
www.obarestaurant.com

Thai

Baan-Thai
1924 SW Broadway St.
Portland, OR 97201
503.224.8424
CULTURAL GROCERY STORES

African & Caribbean

African International Food Market
922 N Killingsworth St. #1C
Portland, OR 97217
503.283.8585

Caribbean Spice
4516 NE 42nd Ave
Portland, OR 97218
503.493.2737

East African Hallal Meat-Deli
7830 NE Glisan St.
Portland, OR 97213
503.432.2737

Merkato Ethiopian Music & Food
2605 NE Martin Luther King, Jr. Blvd
Portland, OR 97212
503.331.9283

Your African Community Market
5516 NE 16th Ave.
Portland, OR 97211
503.287.5200

Asian Pacific Islander

An Dong Market
5441 SE Powell Blvd
Portland, OR 97206
503.774.6527

Anzen Hiroshi
736 NE Martin Luther King, Jr. Blvd
Portland, OR 97232
503.233.5111

Apna Bazaar
1815 NW 169th Place
Beaverton, OR 97005
503.533.0424
www.apnabazaarpodx.com

Asian Food Center
3849 SW 117th Ave
Beaverton, OR 97005
503.520.1880
www.afcwa.com/default.aspx

Asia Market
12350 SW Broadway St
Beaverton, OR 97005
503.646.8118

Fiji Emporium
7814 N Interstate Ave.
Portland, OR 97217
503.240.2768
www.fijiemporium.com

Fubonn Supermarket
2850 SE 82nd Ave.
Portland, OR 97266
503.517.8899
www.fubonn.com

G Mart
3975 SW 114th Ave
Beaverton, OR 97005
503.641.3313

H-Mart
13600 SW Pacific Highway
Tigard, OR 97223
503.620.6120
www.hmart.com

Hong Phat Food Center
101 SE 82nd Avenue
Portland, OR 97216
(503) 253-4411
hongphatmarket.com

India Cash and Carry
5749 NW Cornelius Pass Road
Hillsboro, OR 97124
503.439.8899
Indiacashandcarrywholesale.com

India Sweets & Spices
16205 NW Bethany Ct., Suite 110
Beaverton, OR 97006
503.690.0499
indiasweetandspices.net

Mingala International Market
2548 SE 122nd Ave
Portland, OR 97236
503.954.1346

Lily Market
1101 NE Halsey St
Portland, OR 97220
503.225.0448
www.lily-market.com

Pacific Supermarket
6750 NE Broadway St.
Portland, OR 97213
503.251.0524

Srider India Imports
11945 SW Pacific Highway, #240
Portland, OR 97223
503.620.8665

Uwajimaya
10500 SW Beaverton Hillsdale Hwy.
Beaverton, OR 97005
503.643.4512
www.uwajimaya.com

Kosher

Everything Jewish
6684 SW Capitol Hvy.
Portland, OR 97219
503.246.5437
www.everythingjewish.biz

Food Front
6344 SW Capitol Hvy.
Portland, OR 97239
503.546.6559
www.foodfront.coop
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<th>Category</th>
<th>Store Name</th>
<th>Address</th>
<th>Phone</th>
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<tr>
<td><strong>Latin</strong></td>
<td>Becerras International Grocery</td>
<td>18929 E Burnside St.</td>
<td>503.667.4444</td>
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<td>Dashen International Grocery</td>
<td>3022 NE Glisan St.</td>
<td>503.234.7785</td>
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<td>El Grande</td>
<td>1725 SE 122nd Ave.</td>
<td>503.255.3606</td>
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<td>La Tienda de Guadalupe</td>
<td>847 E Powell Blvd.</td>
<td>503.669.8035</td>
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<td>Supermercados Mexico</td>
<td>17420 SE Division St.</td>
<td>503.477.5947</td>
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<td></td>
<td>Tienda y Panaderia Santa Cruz 2</td>
<td>8630 N Lombard St.</td>
<td>503.289.2005</td>
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<tr>
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<td>Tortilleria y Tienda De Leon</td>
<td>16225 NE Glisan St.</td>
<td>503.255.4356</td>
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<td>Yesenia’s Market Inc</td>
<td>6611 SE Powell Blvd.</td>
<td>503.774.4124</td>
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<tr>
<td><strong>Mediterranean/Halal</strong></td>
<td>Anoush Deli &amp; International Food Market</td>
<td>1710 NE 122nd Ave.</td>
<td>503.254.7676</td>
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<td>Barbur World Foods</td>
<td>9845 SW Barbur Blvd.</td>
<td>503.224.0670</td>
<td><a href="http://www.barburworldfoods.com">www.barburworldfoods.com</a></td>
</tr>
<tr>
<td></td>
<td>Bazaar Market</td>
<td>10255 SW Canyon Rd.</td>
<td>503.641.1352</td>
<td><a href="http://www.bazaarfood.com">www.bazaarfood.com</a></td>
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<tr>
<td></td>
<td>Halal Meat and Mediterranean Foods Inc.</td>
<td>11535 SW Pacific Hwy.</td>
<td>503.293.3020</td>
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</tr>
<tr>
<td></td>
<td>International Food Supply</td>
<td>8005 SE Stark St.</td>
<td>503.256.9576</td>
<td><a href="http://www.internationalfoodsupply.com">www.internationalfoodsupply.com</a></td>
</tr>
<tr>
<td></td>
<td>Pars International Market</td>
<td>12923 NW Cornell Rd.</td>
<td>503.350.2300</td>
<td><a href="http://www.pars-market.com">www.pars-market.com</a></td>
</tr>
<tr>
<td></td>
<td>Martinotti’s Cafe and Delicatessen</td>
<td>404 SW 10th Ave.</td>
<td>503.224.9028</td>
<td>martinottis.ypguides.net/</td>
</tr>
<tr>
<td><strong>Vegetarian &amp; Vegan</strong></td>
<td>Food Fight</td>
<td>1217 SE Stark St.</td>
<td>503.233.3910</td>
<td><a href="http://www.foodfightgrocery.com">www.foodfightgrocery.com</a></td>
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<tr>
<td><strong>Russian/East European</strong></td>
<td>ABC Produce</td>
<td>9151 SE Powell Blvd</td>
<td>503.927.8485</td>
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<tr>
<td></td>
<td>Good Neighbor</td>
<td>4107 SE 82nd Ave.</td>
<td>503.771.5171</td>
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<td></td>
<td>Martinotti’s Cafe and Delicatessen</td>
<td>404 SW 10th Ave.</td>
<td>503.224.9028</td>
<td>martinottis.ypguides.net/</td>
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<tr>
<td></td>
<td>Russian Russian Market</td>
<td>10918 SE Division St.</td>
<td>503.408.7525</td>
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<tr>
<td></td>
<td>Russian Elegance Food</td>
<td>10121 NE Glisan St.</td>
<td>503.262.6733</td>
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<tr>
<td></td>
<td>Halal Meat and Mediterranean Foods Inc.</td>
<td>11535 SW Pacific Hwy.</td>
<td>503.293.3020</td>
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</tr>
<tr>
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<td>503.224.9028</td>
<td>martinottis.ypguides.net/</td>
</tr>
</tbody>
</table>
This list includes businesses that specialize in ethnic beauty services, and/or operated by minority business owners.

**Beauticians & Barbers**

**Belmont Beauty Bar**
816 SE Cesar Chavez Blvd
Portland, OR 97214
503.839.6092
http://bit.ly/1n2et9c

**Blue Lotus Henna**
Bridal henna, dreadlocking; call for appointments
503.758.8195
bluelotushenna.com

**Bollywood Eyebrow Threading Salon**
12959 SW Pacific Hwy
Tigard, OR 97223
503.888.4020
www.bollywoodbrowz.com

**Chadowbox Salon**
1530 NE 172nd Ave
Portland, OR 97230
503.957.5369
www.hairbycharlisa.com

**Champions Barbershop**
3827 NE Martin Luther King Blvd.
Portland, OR 97212
971.255.1288
www.championsbarbershop.com

**Conscious Coils**
1033 SW Yamhill, Suite 405
Portland, OR 97205
971.998.8606

**Geneva's Shear Perfection**
5601 NE Martin Luther King Blvd.
Portland, OR 97211
503.285.1159
www.genevas.net

**Gigi’s East Indian Brow Design & Boutique** (Call for appointments)
919 NW 23rd Ave.
Portland, OR 97210
503.307.6991
www.gigz.biz

**Lam’s Beauty Salon**
Located at Fubonn Shopping Center
2850 SE 82nd Ave.
Portland, OR 97266
503.445.6601

**Merae’s**
5852 NE 42nd Ave.
Portland, OR 97218
503.287.5258
www.meraes.com

**Porter Hair Design**
16108 SE Division St.
Portland, OR 97236
503.761.8500
www.phdsalon.com

**Reggie’s Barbershop**
3213 NE Martin Luther King Blvd.
Portland, OR 97212
503.228.0222

**Salon de Belleza Hispano**
12588 SW Gem Ln.
Beaverton, OR 97005
503.646.2085

**Salon Stellar**
303 N. 1st St.
Woodburn, OR 97071
503-902-0083

**Silk & Stone**
Henna, eyebrow threading
3807 SE Belmont St.
Portland, OR 97214
503.342.6859

**Terrell Brandon’s Barber Shop**
1330 NE Alberta St.
Portland, OR 97211
503.460.0348

**The Jayah Rose Salon**
12 NE Shaver St.
Portland, OR 97212
503.282.0708
www.jayahrosesalon.com

**Boutiques & Supplies**

**Living Color Beauty Supply**
5213 NE Martin Luther King Blvd.
Portland, OR 97211
503.287.7788
www.livingcolorbeauty.com

**Mid-K Beauty Supply**
5411 NE Martin Luther King Blvd.
Portland, OR 97211
503.335.0271

**Novellas Beauty Supply & Salon**
4925 SW Angel Ave. Apt. A
Beaverton, OR 97005
503.643.3553

**Pretty & Cute**
2850 SE 82nd Ave, Suite 10
Portland, OR 97226
503.841.6974
www.prettyandcute.com

**Sylvia’s Angels Boutique**
2055 SE Tualatin Valley Hwy, Ste. 19
Hillsboro, OR 97123
503.681.3059
CULTURAL FESTIVALS

**African American**

**Annual Cathedral Park Jazz Festival**
The festival is held at three locations in Portland’s historic St. Johns Neighborhood. This is a public event and performers or fans may submit applications for the chance to showcase their talents at the festival.
www.cpjazz.com

**Cascade Festival of African Films**
Since 1991, this film festival hosted by Portland Community College has presented a wide selection of feature and documentary films from the African continent.
www.africanfilmfestival.org

**Good in the Neighborhood**
The last weekend in June, this three-day festival of multicultural music, foods, games and arts showcases the rich culture of North and Northeast Portland.
www.goodintheneighborhood.org

**Northwest Soul II Soul Music Festival**
This multicultural event at Blue Lake Park (22500 NE Blue Lake Road) features two stages, VIP gardens, a kids’ park and food vendors.

**Portland African American Film Festival**
Work by local and national filmmakers is highlighted.
www.pdxaaff.com

**Portland Jazz Festival**
Portland marks Black History Month with the Portland Jazz festival, a citywide celebration of the art form created by African Americans.
www.pdxjazz.com

**Soul’d Out Music Festival**
This ten-day festival features local and national performers of soulful music in venues around town.
www.souldoutestival.com

**Arab American**

**Mahrajan**
“Mahrajan” is the largest celebration of Arab heritage and culture in Oregon. The day-long, alcohol-free, and tobacco-free event showcases the arts, entertainment, food, traditions, and most importantly, the spirit of Oregon’s Arab-Americans and their contributions to Oregon’s cultural landscape.
www.araboregon.org

**Chinese American**

**Lunar New Year**
Around the New Year (usually in late January or early February), there are activities organized by various local Chinese organizations. The largest Celebration, the Chinese New Year Cultural Fair features an entire day of cultural performances, including the lion dance and the highly skilled wushu demonstration.
www.portlandchinesetimes.com/event_cny.php

**Chinese New Year at Lan Su**
Experience a joyous two-week celebration with lion dancers, glowing lanterns and more at Lan Su Chinese Garden.
www.lansugarden.org

**The Mid-Autumn Festival (Moon Festival)**
The Mid-Autumn Festival is held every year around the second half of September. In recent years, this festival has been held in the New Chinatown area. In September 2011, the festival will move back to the original Chinatown, where it first started in 2002. This is the only big outdoor celebration in Portland featuring different Chinese cultural performances. Lion dances, lanterns and moon cakes are highlights of the event.
www.portlandchinesetimes.com/event_amf.php
**Hispanic/Latino**

**Cinco de Mayo Fiesta**
The largest Cinco de Mayo celebration in North America features traditional music, dance, food, crafts and sports, with guest performers from Guadalajara. [www.cincodemayo.org](http://www.cincodemayo.org)

**Dia De Los Muertos**
Milagro Theatre hosts special events to commemorate the Mexican Day of the Dead, a time when Mexican families remember their dead, and the continuity of life. Through music, dance and legend, Milagro explores that thin veil that separates our world from the realm of our indigenous ancestors. Also featured is a display of ofrendas (altars) that are created by local Latino artists. [www.milagro.org](http://www.milagro.org)

**El Grito**
El Grito, or “the Cry”, represents one of the most iconic Mexican civic celebrations. It recalls the moment in which father Miguel Hidalgo y Costilla, a parish priest in the village of Dolores ringed the bell of the parish on the morning of September 16th 1810 and called Mexicans to rise against the Spanish crown and fight for Independence. Mexico’s birthday celebration is an effort to inspire all and is the perfect occasion for a big “fiesta.” [elgritonw.com](http://elgritonw.com)

**Latino Cultural Festival**
Hillsboro’s Latino Cultural Festival is designed to connect, embrace and engage the Latino community while providing an opportunity for families of all ethnicities to celebrate Washington County’s diverse cultures, rich with tradition and heritage. [www.hillchamber.org/latinofest](http://www.hillchamber.org/latinofest)

**Portland Latin American Film Festival**
The Portland Latin American Film Festival (PDXLAFF) showcases Latin American culture through feature films, documentaries and short films. The festival is held each October. [hollywoodtheater.org/pdx-latin-american-film-fest](http://hollywoodtheater.org/pdx-latin-american-film-fest)

**Salsa en la Calle**
This annual outdoor salsa dance party takes place in August at the East Bank Festival Plaza, on the east side of the Willamette River. [www.salsaenlacallepdx.com](http://www.salsaenlacallepdx.com)

**Woodburn Fiesta Mexicana**
The longest-running celebration of Latino culture in Oregon is held every summer in Woodburn, Oregon. Celebrate Hispanic and Latino culture with traditional food, arts and crafts, cultural entertainment, soccer tournaments, and more. [www.woodburnfiestamexicana.com](http://www.woodburnfiestamexicana.com)

**Indian**

**India Festival**
India Cultural Association (ICA) best and biggest event is India Festival. India Festival is filled with tastes, sounds and sights of India. Live music, dance, food and entertainment throughout the day and admission is FREE. This festival gives the local community a glimpse of India and its subcontinent’s arts, culture, history and people. [www.icaportland.org/about-ica](http://www.icaportland.org/about-ica)

**Japanese American**

**Cherry Blossom Festival**
This annual event, held in the spring when the sakura (cherry blossoms) bloom, celebrates the beauty and arrival of spring at the Japanese American Historical Plaza in Portland’s Tom McCall Waterfront Park. Food and drinks are available from vendors at this Japan-America Society of Oregon (JASO) event. [jaso.org/calendar](http://jaso.org/calendar)

**Hina Matsuri**
Hina Matsuri is one of the five annual observances that mark the changing seasons. A major feature of this celebration is the display of Hina Ningyo, special dolls representing the imperial family and their courtiers—arrayed on a five- or seven-tiered stand that is covered with a celebratory red cloth and placed in the best room of the house. [www.japanesegarden.com/events/celebrations/doll-festival](http://www.japanesegarden.com/events/celebrations/doll-festival)

**Mochitsuki**
This annual Japanese New Year celebration features the ceremonial pounding of steamed rice into mochi, a traditional snack that symbolizes starting the New Year with abundance. The festival also includes Japanese food, activities, performances and a cultural fair. [www.mochipdx.org](http://www.mochipdx.org)

**Obon Festival**
ObonFest, a traditional festival honoring ancestors, features Obon Odori dancing, taiko performances, martial arts demonstrations, temple talks, Asian crafts, kids’ activities and food. Free practice sessions for odori folk dancing at ObonFest are held in late July. [www.oregonbuddhisttemple.com](http://www.oregonbuddhisttemple.com)
Asian Pacific Islander Pride (API)
API is a group of led by and for Lesbian, Gay, Bisexual, and Transgender, Queer people of Asian and Pacific Islander descent in Oregon. API provides safe and supportive environments and opportunities to celebrate, educate and bring communities together.
www.api-pride.blogspot.com

Imperial Sovereign Rose Court Coronation Ball
The Rose Court, Oregon's oldest LGBTQ organization holds its annual coronation ball (crowning its emperors and empresses). Members of the court serve as leaders in community fundraising efforts.
www.rosecourt.org

Portland Black Pride
Typically running concurrent with the Portland Pride Festival, Portland Black Pride provides opportunities for African-American members of the LGBTQ community to connect and celebrate their culture.
pflagpdx.org/wordpress/?event=portland-black-pride

Portland Latino Gay Pride
What began as an offshoot of the Portland Pride Festival has become very much its own independent event. It is culminating with an outdoor celebration that includes dance, music and food.
www.latinogaypridepdx.com

Portland Pride Festival
Portland's official LGBTQ pride parade and festival includes three days of festivities on the waterfront as well as the annual parade.
www.pridenw.org

Porteland Queer Music Festival
This festival attracts musicians from near and far for a celebration of queer musical talent.
facebook.com/pdxmusicfestival

Portland Lesbian and Gay Film Festival
Portland's annual lesbian and gay film festival highlights the cinematic contributions of LGBTQ artists from near and far.
www.plgff.org

QDoc
Portland's queer documentary film festival attracts filmmakers from across the country.
www.queerdocfest.org

Red Dress Party
Red dress is required for entry to this party – no matter the gender of the guest. This annual soiree started in 2001 as a basement party and has grown into a large-scale event attended by more than 2,000 people and raising upwards of $30,000 for local LGBTQ organizations each year.
www.reddresspdx.com

Festa Italiana
Festa Italiana celebrates Italian culture and heritage of Italian-Americans in the Portland Metropolitan area.
www.festa-italiana.org

German Film Festival
The festival annually showcases feature films, documentaries and short films that represent the state-of-the-art in German filmmaking. All films are shown in German with English subtitles to allow a broad audience access to these German movies.
www.zeitgeistnorthwest.org/german-film-festival

Jewish Film Festival
The Portland Jewish Film Festival explores themes of spirituality and Jewish identity throughout all parts of the world, especially how American Jews perceive themselves in a larger social context.
www.nwfilm.org/festivals/jewishfestival

Manifest
A variety of German arts, dance, music and German food. After strolling through the fest you can enjoy some traditional and modern performances, including the Maibaum dance performance, while eating a good German Bratwurst with Sauerkraut.
www.zeitgeistnorthwest.org

More Community Festivals

Beaverton International Celebration
The City of Beaverton's International Celebration welcomes families, cultural groups and performers to share culture, heritage and commonality within the increasingly diverse Beaverton community. The event showcases many cultures through music, dance, interactive activities, food, art and more.

Mt. Angel Oktoberfest - German
Oregon's oldest and best-loved Oktoberfest began in 1966 as a traditional harvest festival to celebrate the bounty of the earth and the goodness of creation. It is Oregon's largest folk festival.
www.oktoberfest.org
**Polish Festival**  
The Polish festival is an event for families and singles, adults and children, for food connoisseurs, music lovers, concert goers, and dance enthusiasts … It is for everyone.  
www.portlandpolonia.org/festival

**Portland Greek Festival**  
The Greek Festival is an opportunity to share the Greek Orthodox faith, cherished cultural traditions, food, music, and dance.  
portlandgreekfestival.com

**Portland Rose Festival**  
Part of Portland’s popular culture for more than a century, the Rose Festival has its roots in tradition while its programming is both contemporary and nostalgic. With dozens of events spotlighting the diverse interests and culture of the community, the Rose Festival makes a positive impact on hundreds of thousands of lives annually; bringing smiles to the faces of both locals and guests. It’s a three-weekend urban fair packed with great entertainment, good food and fantastic features.  
www.rosefestival.org

**Portland Scandinavian Heritage Midsummer Festival**  
At Portland’s Scandinavian Midsummer Festival, it is a celebration of fertile fields, warmer and longer days with games, dancing, food, Scandinavian crafts and of course the raising of the Maypole.  
www.scanheritage.org/c-17-midsummer.aspx

**St. Patrick’s Irish Festival**  
The annual St. Patrick’s Irish Festival is Portland's premier celebration of all things Irish. Home of the largest St. Patrick’s Festival in the Northwest, the fun only begins with the food. Traditional Irish dancers are the featured entertainment along with the Kell’s Irish Pipes and Drums band.  
www.kellsirish.com/portland/festival_facts.html

**The Bite of Oregon**  
This food and beverage festival happens each August and features food vendors from restaurants throughout the state. It’s held at the Waterfront, is cash-only and hosts cooking demonstrations, live music, a wine and beer garden, as well as activities for the whole family.  
www.biteoforegon.com

**Native American Event**  
**Neerchokikoo Powwow**  
The event begins with a traditional ground blessing; later, there will be an honoring for the Northwest Area Foundation which helped to make the purchase of the building possible. The powwow will also include a dinner for the public and an honoring of youth and elders in the Native community, Native American dancing, drumming and other opportunities to experience Native culture.  
www.nayapdx.org/event/neerchokikoo-powwow

**Northwest Indian Storytelling Festival and Emerging Tribal Storytellers Workshop**  
The Northwest Indian Storytellers Association (NISA) was formed in 2005 to encourage, preserve and strengthen traditional storytelling among tribes in Oregon, Washington and Idaho, and to share tribal oral cultural arts with our entire regional community. We hold storytelling festivals in Portland each fall with plans to hold a festival annually in Seattle, Washington every November.  
www.wisdomoftheelders.org

**Vietnamese American**  
**Tet Festival**  
The Vietnamese Community of Oregon hosts an annual Tet Festival celebrating the Lunar New Year. The Festival includes food, music and dance performances, as well as the Miss Ao Dai Vietnamese Pageant.  
www.congdongvietnamoregon.org

**Mid-Autumn Children Festival**  
Tet Trung Thu, the Mid-Autumn Festival, emphasizes fun for children with dances, performances, lanterns, games and goodies for all kids to take home. It is celebrated each year in the middle of the 8th lunar month, September.  
www.congdongvietnamoregon.org
Oregon, Washington & Idaho

Burns Paiute Tribe
100 Pasigo St.
Burns, OR 97720
541.573.1910
www.burnspaiute-nsn.gov

Chehalis Tribe
420 Howanut Rd.
Oakville, WA 98568
360.273.5911
www.chehalistribe.org

Confederated Tribes and Bands of the Yakama Nation
PO Box 151
Toppenish, WA 98948
509.865.5121
www.yakamanation-nsn.gov

Confederated Tribes of the Coos, Lower Umpqua & Siuslaw Indians
1245 Fulton Ave.
Coos Bay, OR 97420
541.888.9577
888.280.0726
www.ctclusi.org

Confederated Tribes of Grand Ronde
9615 Grand Ronde Rd.
Grand Ronde, OR 97347
503.879.5211
800.422.0232
www.grandronde.org

Confederated Tribes of Siletz Indians of Oregon
201 SE Swan Ave.
Siletz, OR 97380
541.444.2532
www.ctsi.nsn.us

Confederated Tribes of Umatilla
46411 Timine Way
Pendleton, OR 97801
541.276.3165
www.umatilla.nsn.us

Confederated Tribes of Warm Springs
1233 Veterans St.
Warm Springs, OR 97761
541.553.1161
www.warmsprings.com

Coquille Indian Tribe
3050 Tremont St.
North Bend, OR 97459
541.756.0904
www.coquilletribe.org

Cow Creek Band of Umpqua Indians
2371 NE Stephens St. Suite 100
Roseburg, OR 97470
541.672.9405
www.cowcreek.com

Cowlitz Indian Tribe
PO Box 2547
Longview, WA 98632
360.577.8140
www.cowlitz.org

Klamath Tribes
501 Chiloquin Blvd.
Chiloquin, OR 97624
541.783.2219
800.524.9787
www.klamathtribes.org

Nez Perce Tribe
PO Box 305
Lapwai, ID 83540
208.843.2253
www.nezperce.org

National Congress of American Indians (NCAI)
The NCAI was founded in 1944 and is the oldest, largest, and most representative American Indian and Alaska Native (AI/AN) organization. The site provides resources, news, and event information on broad interests of tribal governments and communities.
www.ncai.org

Other Resources:
The Affiliated Tribes of Northwest Indians (ATNI)
An organization dedicated to promoting tribal self determination and sovereignty.
www.atnitribes.org

Northwest Portland Area Indian Health Board
Indian Leadership for Indian Health - an advocacy group for healthy Native American communities.
www.npaihb.org

Indian Health Service
An agency within the Department of Health and Human Services that is responsible for providing federal health services to American Indians and Alaska Natives.
www.ihs.gov
Print & Web

Asian Reporter Newspaper
922 N Killingsworth St. #1-A
Portland, OR 97217
503.283.4440
www.asianreporter.com

Confederated Umatilla Journal
46411 Timine Way
Pendleton, OR 97801
541.429.7005
www.umatilla.nsn.us/cuj.html

El Hispanic News y Mas
6700 N New York Ave. Suite 212
Portland, OR 97203
503.228.3139
www.elhispanicnews.com

El Latino de Hoy
7112 NE Sandy Blvd.
Portland, OR 97213
503.493.1106
www.ellatinodehoy.com

Indianz.Com
1000 Industrial Pkwy.
Winnebago, NE 68071
402.878.2400
www.indianz.com

Indian Country Today Media Network
590 Madison Ave.
New York, NY 10022
212.600.2086
www.indiancountrytodaymedia
network.com

Oregon Thoi Bao (Vietnamese)
vietbao.com

Địa Chỉ Công Ty Phương Đông
News (Vietnamese)
8733 SE Division St. Suite 208
Portland, OR 97266
503-740-9202
portlandphuongdongnews.com

Out City (Vancouver, Seattle, and Portland)
1201 Western Ave, Suite 425,
Seattle, WA 98101
206.957.2234
www.outcity.com

Portland Chinese Times (Chinese)
8733 SE Division St., Suite 210
Portland, OR 97206
503.771.9560
www.portlandchinesetimes.com

PQ Monthly
P.O. Box 306
Portland, OR 97207
503.228.3139
www.pqmonthly.com

Noticias Latinas
524 SE 14th Ave.
Portland, OR 97214
503.227.7780
luenterprises.com

Smoke Signals
9615 Grand Ronde Rd.
Grand Ronde, OR 97347
503.879.1447
800.422.0232
www.grandronde.org/news

Oregon Jewish Life
6680 SW Capitol Hwy.
Portland, OR 97219
503.892.7401
www.ojlife.com

The Portland Observer
4747 NE Martin Luther King Blvd.
Portland, OR 97211
503.288.0033
www.portlandobserver.com

The Skanner News
415 NE Killingsworth St.
Portland, OR 97217
503.285.5555
www.theskanner.com

TV & Radio

KUNP-Portland (Univision)
2153 NE Sandy Blvd.
Portland, OR 97232
503.231.4222
kunptv.com

La Pantera 940AM
www.lapantera940.com
INTERNATIONAL RESOURCES

Consulates

Barbadian Consulate
4750 SW Trail Rd.
Tualatin, OR 97062
503.659.0283

Belgian Consulate
1024 SW Myrtle Dr.
Portland, OR 97201
503.228.0465

Canadian Consulate
805 SW Broadway, Ste. 1900
Portland, OR 97205
503.417.2166

Finnish Consulate
2730 SW Cedar Hills Blvd.
Beaverton, OR 97005
503.526.0391

French Consulate
1600 SW 4th Ave. Suite 730
Portland, OR 97201
503.725.9976

German Consulate
200 SW Market St. Suite 1695
Portland, OR 97201
503.222.0490

Guatemalan Consulate
7304 N. Campbell Ave.
Portland, OR 97217
503.530.0046

Japanese Consulate
1300 SW 5th Ave. Suite 2700
Portland, OR 97201
503.221.1811

Malaysian Consulate
4708 Fairview Blvd.
Portland, OR 97221
503.243.4472

Mexican Consulate
1305 SW 12th Ave.
Portland, OR 97201
503.274.1442
www.sre.gob.mx/portland

New Zealand Consulate
500 Hilltop Rd.
Portland, OR 97210
503.803.7129

Norwegian Consulate
4380 SW Macadam Ave.
Portland, OR 97239
503.221.0870

Philippines Consulate
2662 SW Georgian Pl.
Portland, OR 97201
503.679.6682
philippinesportland.org

South Korean Consulate
11626 SW Military Lane
Portland, OR 97219
503.636.0039

Thailand Consulate
1136 NW Hoyt St.
Portland, OR 97209
503.221.0440

Where to Obtain a Passport

Multnomah County Passport Section
501 SE Hawthorne Blvd.
Suite 175
Portland, OR 97214
503.988.3326
www.web.multco.us/recording/passports

U.S. Citizen and Immigration Services Office
1455 NW Overton St. Suite 1
Portland, OR 97209
travel.state.gov/passport

U.S. Post Office
204 SW 5th Ave
Portland, OR 97204
503.294.2399
715 NW Hoyt St
Portland, OR 97208
101 SW Madison St
Portland, OR 97204
1020 SE 7th Ave
Portland, OR 97214
www.usps.com
OHSU Resources

**English Language Learner Classes**

OHSU/AFSCME Career & Workplace Enhancement Center offers a variety of open enrollment, instructor-led classes including English Language Learner classes. Tutoring services are available to employees needing specific instruction in conversation, grammar, pronunciation, reading or writing, as it pertains to their job performance.

www.bit.ly/1qvQz7J

**F1 Visas (I20 form)**

Alison Roache Jones
503.748.7636
roacheja@ohsu.edu

**J1 Visas (DS-2019 form)**

Lisa Dahame
503.494.2169
dahmel@ohsu.edu

**School of Nursing Visiting Scholars Program**

International faculty and student scholars may request short term visits for the purpose of doing research, taking coursework, or visiting OHSU School of Nursing. Contact the office of the Senior Associate Dean of Student Affairs and Diversity for more information about potential options and availability. Contact Maureen Moncada at moncadam@ohsu.edu or call 503 494-2624

**Social Security**

This website is a resource for those looking to obtain a Social Security Number and card. These are often used for employment purposes in the US. Read about the required documents and procedures for getting a Social Security Number.

www.ssa.gov/ssnumber

**Study in the States**

A Department of Homeland Security website providing information for international students interested in studying in the U.S. and currently studying in the U.S.

www.studyinthestates.dhs.gov

**Other Resources**

**Foreign Embassies**

Directory and search engine of the world’s embassies and consulates.

www.embassyworld.com

**Immigration Counseling Services**

519 SW Park Ave, Suite 610
Portland, OR 97205
503.221.1689

www.ics-law.org/#1

**J-1 Visa Exchange Visitor Program**

Where you can learn the basics about applying for a J-1 Visa. Learn about the different programs available, sponsorship, host families and employers.

www.j1visa.state.gov

**Resident Family Network**

The OHSU Resident Family Network is a social and support network for families of residents, fellows, and medical students at OHSU. Their website contains resources and updates about social events.

www.orfn.wordpress.com

**U.S. Customs and Border Protection**

Customs regulations for nonresidents, information on importing your car, household items, personal effects, etc.

www.cbp.gov/xp/cgov/home.xml

**U.S. Department of State**

Visa information, diversity lottery, J-1 waiver information, travel advisories and warnings, etc.

www.cbp.gov/xp/cgov/home.xml

**Welcome to USA**

A website to learn about America, its government, healthcare, citizenship process, and more. This is a good place for international students to find information about test requirements, finance, obtaining housing and employment.

www.state.gov

**Employee Resource Groups**

An employee resource group (ERG) is an OHSU-sponsored, employee-managed group of staff, faculty and students who share a similar background. ERGs create opportunities for career development, social support, networking, and community participation. Established groups include:

- African American
- Asian Pacific Islander
- Disability
- International
- Latinos Unidos Organization
- Native American
- OHSU Pride

Contact cdi@ohsu.edu for more information.
Arts & Cultural Institutions

Business for Culture and the Arts
Business for Culture and the Arts connects business and the arts through events, workshops and advocacy.
businessculturearts.org/

Ethos Music Center
Ethos Music Center is dedicated to the promotion of music and music based education for youth in underserved communities.
www.ethos.org

Kalakendra- Society for the Performing Art of India
Kalakendra’s promotes and enhances awareness of the various performing arts of the Indian subcontinent through concerts, recitals and more.
www.kalakendra.org

Lan Su Chinese Garden
Taking up an entire city block in downtown Portland, the Classical Chinese Garden houses a lake, Tqai Hu rocks, 51 unique leak windows, a tea house, and a gift store.
www.lansugarden.org

Miracle Theatre Group
The Miracle Theatre Group is committed to providing extraordinary Latino theatre, culture and arts education experiences for the enrichment of all communities.
www.milagro.org

Museum of Contemporary Craft
The Museum of Contemporary Craft features dynamic exhibitions and provocative public programming and strives to spark dialogue about the role of craft and design in contemporary culture.
museumofcontemporarycraft.org

Northwest Neighborhood Cultural Center
The Northwest Neighborhood Cultural center has been an integral resource to Northwest Portland and the broader metropolitan area for decades, listed on the National Registry of Historic Places.
sites.google.com/site/nwncorg

Oregon Historical Society and Oregon History Museum
The OHS artifacts collection comprises over 85,000 artifacts, including ancient objects from the earliest settlements, and objects to illustrate exploration in the Oregon country.
www.ohs.org

Oregon Nikkei Legacy Center
The Oregon Nikkei Legacy Center serves as a focal point for the preservation of the history and culture of the Japanese American community.
www.oregonnikkei.org

Oregon Rail Heritage Foundation
The ORHF preserves Portland’s heritage of railroads and houses three historic steam locomotives. This provides these treasures with a permanent home and a place where guests can learn about their legacy, as well as attend events and tours.
www.orhf.org

Pittock Mansion
This historic mansion built in 1914 was home to pioneers Henry and Georgiana Pittoc who were influential in making Portland the city it is today. The mansion has been preserved as a place to learn about Portland’s history and development.
www.racc.org

Portland Art Museum
The mission of the Portland Art Museum is to provide access to art of enduring quality. The museum's collections include large amounts of Asian and Native American art.
www.pam.org

Portland Center Stage
Portland Center Stage dares to make theater as ravishing, innovative and thought provoking as our wildest dreams.
www.pcs.org

Portland Center for the Performing Arts
The Portland Center for the Performing Arts is a multi-venue complex, home to the Oregon Symphony, Ballet Theatre, Tears of Joy Puppet Theatre, Portland Opera, and Oregon Children’s Theatre.
www.portland5.com

Regional Arts & Culture Council
The RACC serves artists, art organizations, schools and residents throughout the Portland area with arts-related assistance and programs.
www.racc.org

The Grotto
The National Sanctuary of Our Sorrowful Mother is a beautiful 62 acre catholic shrine and botanical garden. It is administered by the Friars of the Order of Servants of Mary.
www.thegrotto.org

The Japanese Garden
The garden includes a formal Japanese tea house, streams, intimate walkways, and an unsurpassed view of Mt. Hood.
www.japanesegarden.com
African American Outdoors Association
Guided hikes, kayak & ski trips
www.africanamericanoutdoors.com

Bicycle Transportation Alliance
Promoting bicycling in Oregon
503.226.0676
www.btaoregon.org

Bike+Walk Maps in Portland
Portland-area walking and cycling maps
www.portlandoregon.gov/transportation/39402

Cycle Oregon
Back-road riding across the state
503.287.0405
www.cycleoregon.com

Dragon Sports
Dragonboat and outrigger canoe racing
www.dragonsports.org

Historic Timberline Lodge
Winter sports, from skiing to snowboarding
503.272.3311
www.timberlinelodge.com

Hood to Coast Relay
195-mile relay road race
503.292.4626
www.hoodtocoast.com

Mt. Hood Meadows Ski Resort
Winter sports in Mt. Hood National Forest
503.337.2222
www.skihood.com

Northwest Independent Baseball League
Adult baseball in Portland metro area
503.208.2009
nwibl.org

Oregon Adult Soccer Association
Outdoor soccer for men and women
503.292.1814
503.778.5600 (Spanish)
www.oregonadultsoccer.com

Oregon Disability Sports
Sports for people with physical disabilities
503.241.0850
www.oregondisabilitysports.net

Oregon Martial Arts
Muay thai, Brazilian jiu jitsu
503.598.8055
www.oregonmartialarts.com

Oregon Masters Swimming
Swim events for all ages and abilities
www.swimoregon.org

Oregon Road Runners Club
Road races throughout Oregon
503.646.7867
www.orrc.net

Portland Basketball
Men’s, women’s, and coed teams
503.597.8819
portlandbasketball.com

Portland Football
5-man and 8-man flag football teams
503.597.8819
portlandfootball.com

Portland Hikers Field Guide
Online resource for great hikes
www.portlandhikersfieldguide.org

Portland Indoor Soccer
Men’s, women’s and coed team competitions
503.231.6368
www.pdxindoorsoccer.com

Portland Marathon
Oregon’s largest annual road race
503.226.1111
www.portlandmarathon.org

Portland Rock Gym
Indoor climbing gym
503.232.8310
www.portlandrockgym.com

Portland Shaolin Center
Martial arts, kungfu, tai chi
503.737.5025
www.portlandshaolin.com

Portland Triathlon Club
Training events for novice to veteran athletes
www.pdxtriclub.org

Portland Volleyball Association
Co-ed, men’s and women’s leagues
portlandvolleyball.org

Rose City Rollers
All-female roller derby league
www.rosecityrollers.com

Stumptown Disc Golf
Dedicated to promoting disc golf in the Portland metro area.
503.512.0734
www.stumptowndiscgolf.org
## OHSU CONTACTS

**Academic and Student Affairs**  
503.494.7878  
acad@ohsu.edu

**Affirmative Action & Equal Opportunity**  
503.494.5148  
aaeo@ohsu.edu

**Cashiers Office**  
503.494.8243  
cashiers@ohsu.edu

**Campus Store**  
503.494.7708  
studentcenter@ohsu.edu

**Center for Diversity & Inclusion**  
503.494.5657  
cdi@ohsu.edu

**Global Health Center**  
503.494.0387  
ghc@ohsu.edu

**Hospital and Clinics**  
503.494.8311  
askus@ohsu.edu

**Human Resources**  
503.494.8060  
jobs@ohsu.edu

**Integrity Office**  
503.494.8849  
oioeduc@ohsu.edu

**Library Information Center**  
503.494.3462  
library@ohsu.edu

**March Wellness**  
503.418.6272

**Main Switchboard**  
503.494.8311

**Office of International Affairs**  
503.418.4476  
nylund@ohsu.edu

**Office of International Services**  
503.494.2169  
OIS@ohsu.edu

**Office of the Registrar**  
503.494.7800  
regohsu@ohsu.edu

**Office of Student Financial Aid**  
503.494.7800  
finaid@ohsu.edu

**Public Safety**  
503.494.7744  
pubsafe@ohsu.edu

**School of Dentistry Dean's Office**  
503.494.8801  
marucha@ohsu.edu

**School of Medicine Dean's Office**  
503.494.8220  
somgrad@ohsu.edu

**School of Nursing Dean's Office**  
503.494.7444  
bakewels@ohsu.edu

**Spiritual Support**  
503.494.8777  
feedback@ohsu.edu

**Student Center**  
503.494.8295  
studentcenter@ohsu.edu

**Student Health Service**  
503.494.8665  
askjbthealth@ohsu.edu

**Transportation and Parking**  
503.494.8283  
parking@ohsu.edu

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### Affirmative Action & Equal Opportunity

OHSU’s Office of Affirmative Action and Equal Opportunity (AAEO) offers a variety of services covering the areas of AAEO education and in the form of quarterly trainings, brown bag lunch sessions and on-site department training. AAEO offers assistance and answers questions related to the Americans with Disabilities Act accommodation requests. The office also is responsible for the creation of the annual OHSU Affirmative Action plan.

Learn more at [www.ohsu.edu/AAEO](http://www.ohsu.edu/AAEO)
Change can’t happen if we see things just one way. That’s why diversity is important to who we are. We are proud to be an equal opportunity employer.