The Summit is for anyone impacted by diabetes, including individuals with Type 1 or Type 2 diabetes, their loved ones, and providers in medical, school and community settings. This will be an opportunity to connect with local and national experts in the management of both Type 1 and Type 2 diabetes.

Saturday, November 19, 2011 — 1 to 5:30 p.m.
Check in begins at noon
OHSU Center for Health & Healing
3303 SW Bond Ave., Portland, OR 97239

Summit Highlights include interactive workshops and discussion of:

• Coping with diabetes
• Having a healthy heart
• Exercise and diabetes
• Research updates
• Sex, Pregnancy and Parenting with Diabetes
• Traveling and diabetes
• Eating out and carb counting
• Transitioning care after high school graduation
• Technology: pumps and sensors
• What’s new in the field
• Healthy kids
• Cooking tips
• Strategies for success in managing your diabetes

For more information and to register please go to www.ohsuhealth.com/diabetes

For further details:
503 494-1226

Our target audience is 12 and older, sorry, childcare is not available.