Oregon Healthy Workforce Center

FY26 Annual Report

OREGON HEALTHY WORKFORCE CENTER
NIOSH TOTAL WORKER HEALTH® CENTER OF EXCELLENCE



REPORTING PERIOD

October 1, 2025

September 30, 2026

Oregon Institute of Occupational Health Sciences
OHSU



Oregon Healthy Workforce Center

FY26 Annual Report

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Abbreviations

OHWC: Oregon Healthy Workforce Center

OccHealthSci: Oregon Institute of Occupational Health Sciences

TWH: *Total Worker Health®*

Mission of Oregon Healthy Workforce Center (OHWC)

Advance worker safety, health, and well-being through research, education, outreach, and dissemination.

Our theme is *Total Worker Health®* intervention effectiveness, translation, and outreach to advance safe and healthy work design.

OHWC is part of the Oregon Institute of Occupational Health Sciences (OccHealthSci) at OHSU. With our close association, OHWC's researchers are also part of OccHealthSci where they have other projects. Further, OHWC and OccHealthSci share a common outreach team and Institute Advisory Board. Click to learn about OccHealthSci.

OHWC's Key Members



Leslie Hammer
DIRECTOR



Emily Huang
ASSOCIATE DIRECTOR



Anjali Rameshbabu
CENTER MANAGER AND OUTREACH CORE CO-LEAD



Todd Bodner
RESEARCH DESIGN LEAD

Oregon Healthy Workforce Center is a National Institute for Occupational Safety and Health (NIOSH) *Total Worker Health®* Center of Excellence
[Grant: NIOSH U19OH010154]

A Message from our Director

As a NIOSH-funded Total Worker Health® (TWH) Center of Excellence, the Oregon Healthy Workforce Center (OHWC) remains dedicated to improving worker safety, health, and well-being through integrated research, outreach, and education across OSHA Region 10 (Oregon, Washington, Idaho, and Alaska) and beyond. This has been a year of progress and determination for our Center. Even as the occupational safety and health landscape continued to face uncertainty, we persevered—and we are proud to report a year rich in translating our evidence-based interventions into practice.

OHWC operates under the core principles of TWH, which emphasize prioritizing physical and psychosocial safety, designing healthy work, and fostering positive work experiences. Over the past year, our Research Core projects advanced these principles with new findings supporting home care workers, healthcare teams, and firefighters, alongside the publication of our TWH Climate Scale. We also launched our 2025–2026 pilot projects focusing on leave-supportive supervision, young worker safety, drone-assisted tree planting, and opt-out mental health visits for clinician trainees, extending our TWH research to new populations and emerging workplace challenges. Concurrently, our outreach and education efforts directly engaged practitioners across the region and nation through conferences, webinars, and Total TWH training.

Beyond our collective milestones, our team members earned well-deserved recognition for their exceptional leadership: Dr. Leslie Hammer, OHWC Director, was named an inaugural Fellow of the Society for Occupational Health Psychology; Dr. Anjali Rameshbabu completed her Fulbright experience in Finland and received a new Fulbright Specialist Award; Dr. Leslie Hammer and Dr. Erin Flynn were honored with the Mental Health Visionaries Award; and Dr. Nicole Bowles was promoted to Associate Professor. As you will see in the report that follows, these achievements are a direct result of the remarkable dedication of our PIs, staff, and community partners.

As we move into the final year of our current cycle, we look forward to accelerating the translation and dissemination of our research to advance safe and healthy work design.

Our deepest gratitude goes to the dedicated researchers and staff within our home institute, the Oregon Institute of Occupational Health Sciences at Oregon Health & Science University. We are also immensely thankful for the steadfast support from NIOSH, which has remained vital through times of uncertainty. It is our shared passion to continue this essential work toward a future where all workers can thrive in safe, healthy, and supportive workplaces.

Sincerely,

Leslie B. Hammer, Ph.D.
Director, Oregon Healthy Workforce Center

Emily Yueng-hsiang Huang, Ph.D.
Associate Director, Oregon Healthy Workforce Center

Institute Advisory Board



Pamela Ahr, CSP, ARM, MBA
SAIF Director, Safe and Healthy Workplace Center



Michelle Arnett
Manager, Employee Well-being Center of Excellence, St. Luke's



Tom Becker, MD, PhD
Medical Epidemiologist, Member at Northwest Portland Area Indian Health Board (NPAIHB)



Casper Bendixsen
Director, National Farm Medicine Center and ICTR Director for Marshfield Clinic Research Institute



Laura Chisholm, PhD, MPH, MCHES
Section Manager, Injury and Violence Prevention, Oregon Health Authority



Joaquin Diaz
Health and Safety Director, Gilbane Building Company



Christopher Simpson, PhD,
Professor, University of Washington



Robert Sinclair, PhD
Professor, Clemson University



Renee Stapleton
Director, Oregon OSHA - DCBS



Ronald L. Tubby, MS, MBA, CIH, CSP
Senior Program Manager/Corporate Environmental Health and Safety, Intel Corporation



Matt West
Interim Director, Workers' Compensation Division - DCBS



Liu-Quin Yang, PhD
Professor, Organizational Psychology Portland State University

Applied research labs and programs focused on worker safety, health, and well-being at OccHealthSci

- Nicole Bowles lab
- David Hurtado lab
- Emily Huang lab
- Ryan Olson lab
- Leslie Hammer lab
- Julia Goodman lab
- Occupational Public Health Program

Outreach Team

OHWC has a dynamic outreach team that elevates the impact of our research through regional and national outreach and practitioner education on TWH best practices. The team also facilitates the adoption of our evidence-based resources among organizations. Click to learn more.

OHWC Outreach Core co-leads



Anjali Rameshbabu



Katia Costa-Black

News and celebrations

OHWC launches its next Pilot Project Program for 2026-2027



From Data to Action: Augmenting TWH Culture Training with an AI Chatbot Intervention for Top Leaders (PI: Emily Huang)



Safe by Design: How STARA Deployment Roles and Goals Shape Technology-Induced Job Insecurity and Safety Voice (PI: Minseo Choi, graduate student with Dr. Tahira Probst, Washington State University, Vancouver, WA.)



Lighting for Recovery: A Precision TWH Intervention to Improve Firefighter Recovery Through Circadian Lighting and Light-Health Education (PI: Nicole Bowles)

Awards and recognitions

OHWC Director, Leslie Hammer and OccHealthSci Outreach Director, Erin Flynn received the Mental Health Visionaries - Academic/Applied Research Award at the 5th annual Construction Mental Health Summit in Portland, Oregon.

Leslie Hammer, Robert Sinclair (OHWC Advisory Board member), and Ryan Olson (previously OHWC Associate-Director) were honored as inaugural Fellows of the Society for Occupational Health Psychology.

Anjali Rameshbabu completed her Fulbright US Scholar to Finland (2025-2026 cohort). Her 3-month project was *Social Connection at Work: Understanding the Finnish Work Culture and Sharing the Total Worker Health Approach to Worker Well Being*. Anjali also received a Fulbright Specialist Award for 2026-2029. Specialists apply their subject matter knowledge to projects within international institutions.

OccHealthSci Associate Professor Saurabh Thosar was recently honored with the Distinguished Faculty Excellence Award from the OHSU Faculty Senate.

OccHealthSci faculty member, Nicole Bowles was promoted to Associate Professor. Nicole was also a finalist for the OHSU Faculty Senate Excellence Award.

Leslie Hammer received the 2026 Oregon Institute of Occupational Health Sciences Impact Award.



Research Core

Work-Life Check-Ins:

A TWH Supervisor-Driven Burnout Intervention (WLCI)

LED BY **David Hurtado and Abigail Lenhart**

What WLCI is about: Designed to address elevated levels of burnout in the healthcare industry, the Work-life Check-ins intervention study tested the effectiveness of brief (30 min), periodic (once per quarter or semester) one-on-one confidential meetings between team leaders and their team member.
Click to learn more.

Featured highlights in the reporting period:

Data collection

Data analysis is underway with upcoming manuscripts. In February 2026, the team published a paper focused on analysis of baseline data including surveys and interviews.
Access the paper here.

Outreach

The team is also collaborating with the outreach team for dissemination, which includes updating the training modules to be tailored to a broader healthcare audience. They are in the early stages of redeveloping the Work-life Check-ins training and its related toolkits to be broad for use in any healthcare organization.

Dissemination

WLCI project co-lead, Abigail Lenhart gave a presentation at the Society for General Intern Medicine Annual Meeting where she discussed the impact of check-ins on turnover.



STUDY TARGET: HEALTHCARE WORKERS

Natural Experiment for the Impact of Work Schedule on Cardiovascular Health and Safety in Firefighters

Shiftwork in Firefighters/SWIFT (5-year project)

LED BY Dr. Nicole Bowles

Designed to address firefighters' intense shiftwork schedules and their negative consequences on their health and time with family, the SWIFT project is examining the impacts of two types of work schedules on firefighter safety, stress, sleep, and cardiovascular disease risk – the 24/48 (hours on/off) versus 1/3/2/3 (#day on/off) work schedule. Click to learn more.



STUDY TARGET: FIRST RESPONDERS – FIREFIGHTERS

Featured highlights in the reporting period:

Study updates

SWIFT expanded data collection beyond the original 24/48 and 1/3/2/3 schedules to characterize additional firefighter work schedules, including the modified Berkeley schedule, with new participation from Fletcher, NC. The team also initiated a broader effort to engage fire departments nationally to characterize alternative schedule structures and collect harmonized administrative data, laying the groundwork for comparisons of operational and workforce outcomes across schedules. Development of a SWIFT website and national data-contribution platform has also begun in partnership with the OHWC Outreach team.

Study updates

Dr. Bowles co-authored the cardiovascular resilience roadmap published in Nature Reviews Cardiology, which identifies sleep and circadian health as modifiable contributors to cardiovascular resilience and highlights organizational and public-health interventions.

Translating an intervention to address chronic pain among home care workers

COMPASS for Navigating Pain/COMPASS-NP (5-year project)

LED BY **Dr. Ryan Olson**

Building on the success of the original COMPASS in OHWC's 2011- 2016 cycle, the COMPASS-NP study is examining the effectiveness of a special version of the intervention adapted for workers with chronic pain. The program integrates increased ergonomic protections with pain education and cognitive-behavioral pain self-management strategies. The overarching goal of the program is to prevent the progression of pain and its related problems, including work-related disability and opioid use/misuse. Click to learn more.

Featured highlights in the reporting period:

Study updates

In the COMPASS-NP randomized controlled trial, Oregon and Washington state home care workers experienced trends towards reduced pain interference with work and life. They also significantly increased their quality of sleep, and their use of ergonomic tools and safety actions, thereby decreasing their chances of injury or re-injury.



STUDY TARGET: HOME CARE WORKERS

Research to real-world

The research team is continuing to pursue dissemination avenues that will integrate COMPASS-NP into established training systems for home care workers.

Available Tool

The study has resulted in the Home Care Worker Online Ergonomic Self-Assessment (Scroll to Science to Action section to learn more this tool).

Access the tool.

VIEW OUR FULL LIST OF PUBLICATIONS AND PRESENTATIONS

Featured Partner Research

OccHealthSci includes a hub of research projects that are not funded by OHWC but share our focus on worker safety, health, and wellbeing. In this year's report, we feature some projects by OHWC Directors, Emily Huang & Leslie Hammer.

Safety Culture in Malaysia



Funded by NIH Fogarty, Emily Huang leads a project developing a low-burden, multilevel safety culture intervention for high-risk industries in low- and middle-income countries. Her team used a Global-to-Local framework to adapt established occupational concepts, assessment tools, and training approaches, then deployed the intervention within a mid-sized manufacturing facility in Malaysia. Program evaluations demonstrated significant knowledge acquisition, strong participant satisfaction, exceptional supervisor engagement, and substantial enhancements in safety policies, training delivery, and record-keeping practices. Future research phases will focus on refining the intervention and expanding evaluation to additional organizations to assess scalability and cross-industry generalizability.

The experience of women in trade occupations.



What makes the trades an attractive career option? Women are attracted to the skilled trades because of accessible entry, strong wages, camaraderie, and fulfilling careers.

However, persistent challenges like underrepresentation of women in leadership, work-life imbalance, discrimination, and harassment (based on gender, race, and sexual orientation) can drive them back out.

How can we improve career prospects for women in the trades? This NIOSH-funded project led by Emily Huang explored the opportunities and challenges faced by tradeswomen working within the construction industry. As part of a larger multi-component project, we conducted 20 semi-structured interviews with current tradeswomen, former tradeswomen, and relevant industry professionals who shared their experiences and identified practical solutions. Participants identified stronger accountability in workplace leadership, retention-focused education, mentorship opportunities, and better health resources as ways to retain talent, improve occupational safety and health, and promote respectful treatment of tradeswomen. Read more here and access the publication.

Respectful Workplaces

As part of the Respectful Workplace Initiative (RWI) funded by the Oregon Department of Transportation (ODOT) and the Oregon Bureau of Labor & Industries (BOLI), Emily Huang and her team have published a paper on the development and validation of a reliable multi-faceted Respectful Workplace Climate (RWC) Scale (described below in Science to Action section). This survey tool assesses employee perceptions of organizational policies, procedures, and practices related to fostering respectful workplaces in companies. Further efforts to extend the scale to jobsite settings have begun. The RWI is a concerted collaboration with OccHealthSci's outreach team.

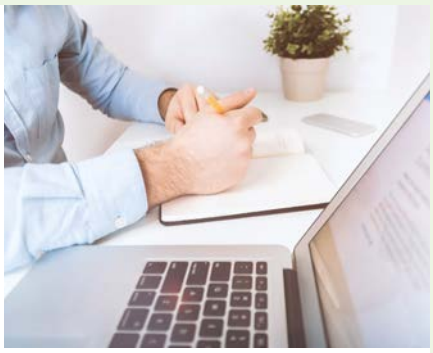
Supportive leadership training for the Oregon National Guard



Service members in the National Guard experience unique workplace challenges. The majority serve part-time for the National Guard while also working a full-time job. Their dual-status means they often face the stress of both a high-demand military job plus their civilian job, all while balancing their home life. Within the military, mental health disorders were the top reason that military personnel were hospitalized in 2023, and despite fluctuations year to year, there is no decreasing trend in the historically high level of suicides among Service members.

But there are ways we can support these valuable workers. Protective factors, such as social support and connection, have been shown to reduce risk factors for mental health disorders. Led by Leslie Hammer, the Readiness in Connection randomized controlled study adapts the researcher's existing evidence-based supportive leadership training for Veterans and an active-duty population to the National Guard. Ultimately, our aim is to train leaders to be more supportive of their subordinate Service members leading to improved readiness, resilience, health and well-being of subordinates. The multi-component intervention uses accelerated-learning techniques, such as breaking information into small units, and using various modalities of delivery. While being evaluated with the Oregon National Guard, the end training product will be translated and applicable to the broader National Guard and Reserve Components, enhancing resilience in the face of stressful and hazardous workplace situations at the national level.

Pilot Projects (2025-2026)



Effectiveness and Implementation of a Leave-Supportive Supervisor Behavior Training

LED BY Julia Goodman

The goal of this study was to implement and evaluate the effectiveness of FSSB-LP training (supportive supervision for leave) for supervisors at a large public university in Oregon using a cluster-randomized controlled trial (RCT) design. We adapted an existing leave-supportive supervisor training, Leaders & Leaves, in collaboration with the university's office of human resources and implemented it in a sample of 237 supervisors. 98 supervisors (41.0%) initiated the training and 81 (34.6%) completed all four components (pre-test, training, post-test, training feedback). The team collected pre-training baseline data from supervisors and direct reports, achieving a response rate of 34.5% among supervisors and 23.0% among direct reports. They then collected follow up data in May/June, achieving a response rate of 16.1% overall, with 68% retention from the baseline survey, and plan to collect a third wave of data in October and will then transition to data analysis and dissemination.

STUDY TARGET: SUPERVISORS



Feasibility of Offering Opt-Out Mental Health Visits to Clinician Trainees and the Impact on Utilization of Mental Health Services

LED BY Marie Soller, Joanne Chan, Sara Walker

The Resident and Faculty Wellness Program (RFWP) at Oregon Health and Science University (OHSU) provides psychological and psychiatric services to trainees and faculty in the School of Medicine (SOM) and School of Dentistry (SOD). The pilot project seeks to assess whether offering "opt-out" wellness check ins, such that participants have the visit scheduled for them and the time protected by their programs proactively, is feasible, accepted by training programs, and increases utilization among trainees in the respective programs compared to the last three years. The RFWP developed a new, briefer consent form for the opt-out wellness check-ins to reduce burden and more accurately describe the visits as wellness check-ins rather than establishing a treatment relationship in therapy. RFWP also created guidelines for how to schedule, introduce, and conduct the sessions, as well as a template for session notes, to help improve reliability across clinicians.

STUDY TARGET: HEALTHCARE FACULTY AND TRAINEES

Pilot Study of Drone-Assisted Tree Planting to Improve Occupational Safety and Health in Oregon Reforestation Labor



LED BY Heesung Woo and Jay Kim

The team conducted a series of field pre-tests using a manually piloted heavy-lift UAV, progressing from basic flight and payload testing to transporting actual seedling boxes on steep forest terrain. These tests confirmed the operational feasibility of drone-assisted seedling delivery and identified key challenges related to drop-zone visibility, hovering time, payload release on uneven terrain, and crew safety. Based on these findings, we refined the field workflow and safety procedures, including drop-zone marking, crew communication, exclusion zones, and hover/abort criteria. overall, with 68% retention from the baseline survey, and plan to collect a third wave of data in October and will then transition to data analysis and dissemination.

STUDY TARGET: FORESTRY

Supervisory Training to Advance Safe and Healthy Work Design for Young Workers

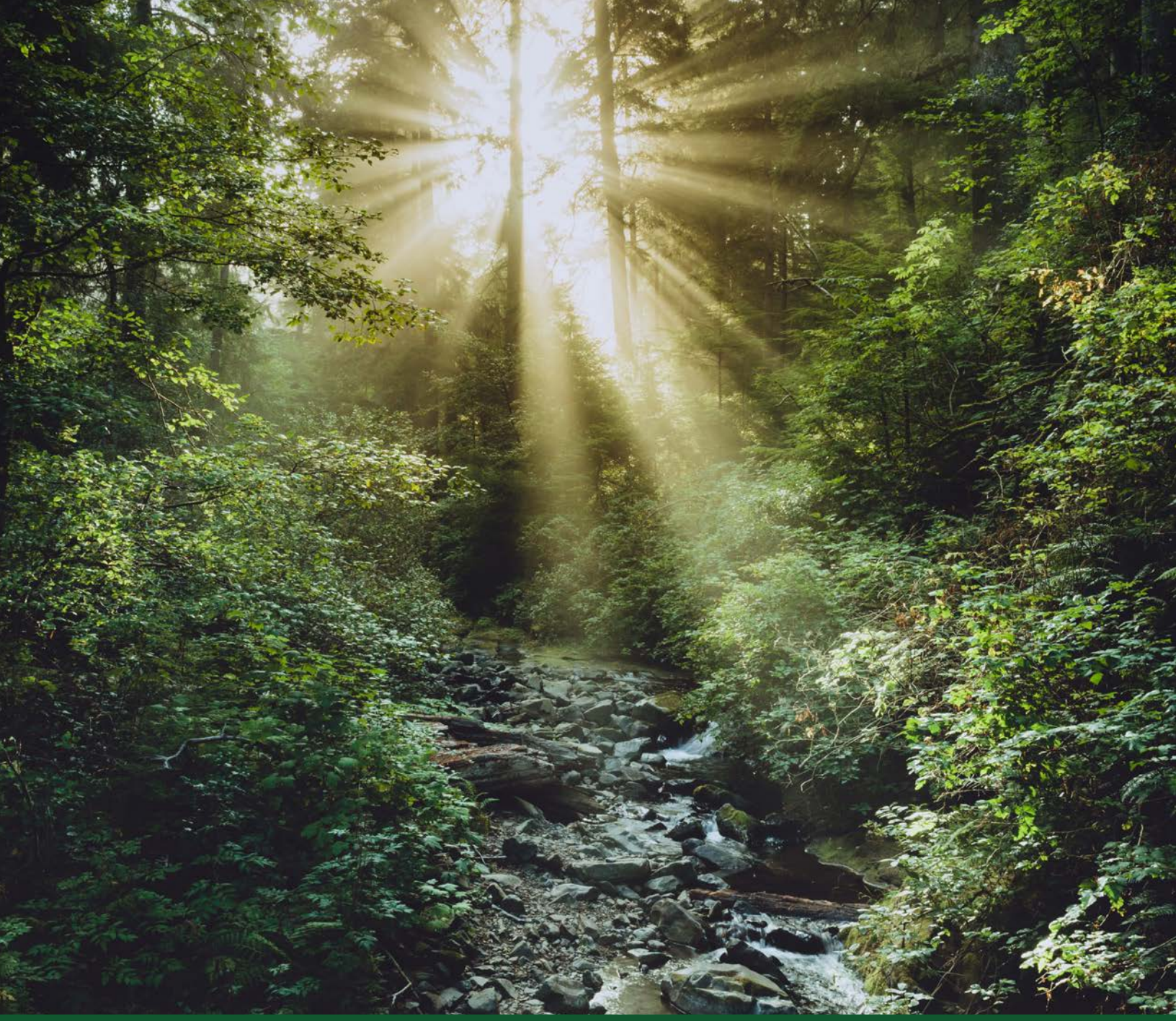


LED BY David Hurtado & Rachel Madjlesi

Developed in Articulate Storyline, the training is in an online format and includes three separate modules that take approximately 10 minutes each to complete. The first module covers young worker risks, real stories of injured workers, and minor labor laws, the second module includes strategies that supervisors can implement to protect young workers, and the last module covers safety voice, and how supervisors can encourage young workers to speak up about safety concerns. The training program is currently under review by subject matter experts, including reviewers from Oregon Occupational Safety and Health Administration (OR-OSHA) and the Oregon Young Employee Safety Coalition (O[Yes]). Once all feedback has been collected, the training program will be updated and pilot tested with supervisors of young workers.

STUDY TARGET: YOUTH WORKERS

VIEW OUR COMPLETE LIST OF PUBLICATIONS AND PRESENTATIONS FOR THE REPORTING PERIOD.



Science to Action

Science to Action

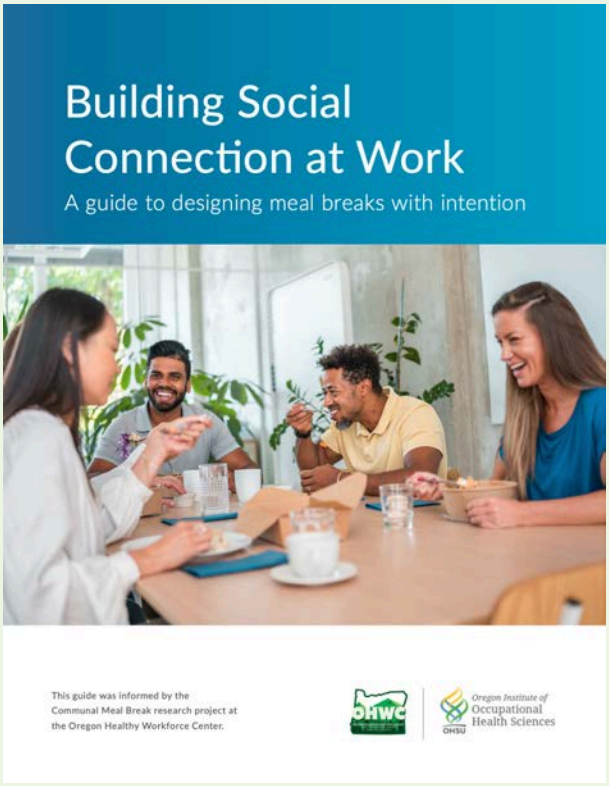
Many research products from OHWC and OccHealthSci are adopted by employers and organizations, increasing the impact of our scientific efforts.

The Respectful Workplace Climate Scale
Developed over three years as part of the RWI (described above), with input from construction workers and validated across 1,400 workers, this validated tool shows that respectful workplace climates correlate with lower stress, anxiety, and depression, plus higher job satisfaction and retention. Organizations can use it to identify specific problem areas and implement targeted interventions. The scale is publicly available through Respect Works, a collaboration between Oregon Bureau of Labor & Industries, Oregon Department of Transportation, and the Oregon Institute.

READ MORE ABOUT THIS RESEARCH

Mental Health Support for Construction Crews
OccHealthSci launched the Mental Health Support for Construction Crews, a new training for construction crew leaders. Mental Health Support for Construction Crews is an evidence-based, 60-minute training course and implementation tool that equips construction crew supervisors to:

- Recognize warning signs of mental health distress
- Learn appropriate ways to respond to workplace mental health concerns
- Implement practical strategies to reduce employee stress
- Develop preventative strategies to support employees' mental health



Building social connection at work
A guide to designing meal breaks with intention: Resulting from OHWC's Pilot Program (2024-2025), this implementation guide is a practitioner/organizational resource to build social connection at work, particularly through the intentional design of the communal meal break, which can act as a consistent, readily available work structure to equitably promote social connectedness at work. The guide provides steps and strategies for organizational leaders, managers, and workers.

READ MORE ABOUT THE RESEARCH AND ACCESS THE GUIDE HERE.



Safety Training for Loggers

The Oregon Fatality Assessment and Control Evaluation (OR-FACE) Program continues to feature its free logging training. Targeted to the needs of workers in the logging industry, the training includes:

- Industry-relevant examples based on real-world safety issues
- Self-paced, online learning modules
- Short, micro-learning modules
- Downloadable resources for on-the-job use

LEARN MORE ABOUT OR-FACE
ACCESS THE TRAINING IN ENGLISH AND SPANISH

Ergonomic Self-Assessment tool for home care workers:

The COMPASS-NP project has resulted in a Home Care Worker Online Ergonomic Self-Assessment. This online assessment tool was adapted from the "Caring for Yourself While Caring for Others Handbook", originally published by the National Institute for Occupational Safety and Health, (Publication No. 2015-103). Home care providers can easily click through the assessment tool to learn about ergonomics applied to their specific work tasks, as well as low tech tools they can use to reduce hazardous exposures and prevent injuries. Workers also learn about ways to communicate with their clients about injury prevention strategies.

CLICK HERE TO ACCESS THE ONLINE ASSESSMENT

Access our RESOURCE HUB for practitioner tools like online trainings, tips, and information to promote health, safety and well-being in the workplace.



Science to Action: The Numbers

We continue to actively offer our evidence-based resources. The table below provides a snapshot of the number of people who have completed our various trainings:

9/2025-10/2025	Workplace Mental Health for Managers	162 LEARNERS
4/2025-4/2026	Workplace Mental Health for First Responders	88 LEARNERS
2/2025-1/2026	Yarding and Loading-Logging Training	67 LEARNERS
1/2026-2/2026	Safety Climate	23 LEARNERS
6/2026-9/2026	Readiness in Connection	434 LEARNERS
12/2025-9/2026	Mental Health for Construction Crew Supervisors	68 LEARNERS
3/2026	Leaves-Supportive Supervisor Behavior Training	92 LEARNERS
4/2026	Sleep Support for Supervisors	8 LEARNERS
3/2025-8/2026	Safety & Health Improvement Program	7 LEARNERS
1/2026-2/2026	Total Worker Health Climate	41 LEARNERS
12/2025-2/2026	Sleep Support for Military	7 LEARNERS
1/2026-2/2026	Total Worker Health in Malaysia	93 LEARNERS
12/2025-4/2026	Supportive Supervision & Management for Family and Personal Life	25 LEARNERS

Access these trainings and more on our RESOURCE HUB



Outreach, Education, and Partnerships

Outreach



OHWC and OccHealthSci are actively engaged in making our work accessible to practitioners and organizations that can benefit from implementing TWH-informed practices. To this end, we have a robust outreach program that prioritizes regional and national presence at practitioner-focused events through which we disseminate our resources and talk with attendees to understand the needs of workers across industries. This ensures that the resources we develop are both needs-based and practical.

Our target audience at these events include: occupational health and safety professionals, Human Resource personnel, business leaders, academics, health educators, healthcare industry professionals, benefits and insurance specialists, students, and construction industry leaders and professionals.

THIS REPORTING PERIOD, WE WERE PRESENT AT:

- 2026 Washington SHRM Annual Conference
- American Industrial Hygiene Conference CONNECT 2026
- Association of General Contractors Expo, AGC Columbia Willamette Chapter
- Central Oregon Safety & Health Association (COSHA) and Oregon OSHA Conference 2026
- Construction Mental Health Summit 2026
- Construction Safety Day 2026
- European Academy of Occupational Health Psychology Conference 2026
- HERO Annual Forum, From Incivility to Kindness: The Business Imperative
- International Work Disability Prevention and Integration (WDPI) Conference 2026
- NABTU and Tradeswomen Build Nations 2026
- NECA/LCAF 2026 Mental Health Symposium 2026
- Oregon Workers Compensation Educational Conference 2026
- ORLA Hospitality conference 2026
- Society for Industrial-Organizational Psychology Conference 2026
- Southern Oregon Occupational Safety & Health Conference 2025

Click here to view our complete list of presentations and invited talks from this reporting period.

Education

TWH curriculum for practitioners:

We continue to offer our established array of educational opportunities on TWH topics and trainings. Cumulatively these TWH trainings have reached nearly 300 practitioners during the reporting period.

TWH Advancing Well-being in the Workplace

This is a required course within the Total Worker Health Certificate Program. A total of 55 working professionals have completed the course since its inception (6 completed cohorts as of this reporting period) with 17 practitioners trained in this reporting period.

Oregon TWH Alliance Curriculum

We continue to deliver a robust curriculum of courses through the historic Oregon TWH Alliance, a partnership between OHWC's home, the Oregon Institute of Occupational Health Sciences, SAIF, and Oregon Safety and Health Administration (Oregon OSHA). These courses include:

- TWH 101: The Basics (3-hour)
- TWH Awareness: (1.5-hour)
- TWH 101: The Basics (3-hour)
- TWH Awareness: (1.5-hour)
- TWH Workplace Solutions (3-hour)
- TWH Awareness for Safety Committees (1.5-hour)

We have delivered trained 72 practitioners during this reporting period.

Integrating TWH into Masters of Public Health Curriculum

Occupational Health OHWC Outreach Core MPI and Education lead, Katia Costa-Black continues to deliver the course *Occupational Health*, which focuses on the TWH approach, and is a required course for the MPH degree at the OHSU-PSU School of Public Health (4 credits).

Working Well webinar series

Working Well is a bi-monthly webinar series that highlights unique and shared challenges impacting workers across industries. Cumulatively, 850 people have registered for our webinars. In this reporting period, we produced these webinars:

Recovery Friendly Workplaces Work

WATCH NOW

The Science of Substance Use and Why Employers Should Care

WATCH NOW

Substance use Disorder is in the Workplace, Now What?

WATCH NOW

Pro-worker AI: Designing AI that Works for Workers

WATCH NOW

Automating mental tasks: how AI is changing work activities, employee skills and wellbeing risks

WATCH NOW













Featured partnerships



Work Stress Prevention Alliance

Launched in 2025, WSPA is a cross-sector group focused specifically on addressing psychosocial hazards at work. The goal of this group is to identify the gaps and figure out how we can address work-related stress in the US and ultimately work toward some formalized guidance and regulations. OHWC is a founding member of the WSPA with Leslie Hammer, Anjali Rameshbabu, and Katia Costa-Black serving on multiple WSPA committees. Read more about WSPA. What are psychosocial work hazards? Learn more here.

BOLI: Respectful Workplace Initiative

OHWC partners with the **Oregon Bureau of Labor & Industries (BOLI) on the Respectful Workplace Initiative**, a statewide effort to promote healthy, safe, and respectful work environments. Through this collaboration, OHWC provides research and expertise on psychosocial workplace factors, helping employers develop practices that support worker well-being, prevent harmful workplace behaviors, and strengthen organizational culture. Learn about Respect Works.

Oregon Young Employee Safety (OYES)

OHWC and OccHealthSci sponsored and reviewed the OYES annual contest. Learn more and watch OYES' winning videos here.

Oregon State University

A new ***Total Worker Health Affiliate!*** We welcome and congratulate Oregon State University (OSU) for receiving the honor of becoming Oregon's first university with a *Total Worker Health*® designation. OSU and the first Health Promoting University in Oregon (designated by the Okanagan Charter), is an academic partner committed to advancing integrated approaches to health, safety, and well-being for employees and students. OHWC collaborates with OSU to support TWH education, outreach, and dissemination of resources and events. Read more here.

Oregon Fatality Assessment and Control Evaluation (OR-FACE)

A partnership between OccHealthSci and Oregon Health Authority, the OR-FACE program conducts investigations of fatal occupational incidents to assess risk factors that include the working environment, the worker, activity, tools, energy exchange, and role of management.

- OR-FACE published a paper on young worker safety and preparing application for OR OSHA training proposals for young worker supervisor training. https://journals.sagepub.com/doi/10.1177/21650799251363262
- Read the 2024 Occupational Fatalities in Oregon Annual Report.
- OR-FACE has developed the Oregon Yarding and Loading Safety Training, available in both English and Spanish. This free, online, self-guided training was adapted from the Oregon OSHA Yarding and Loading Handbook and is intended to supplement the essential training offered by employers. Designed for those working in the logging industry, this online training covers essential topics such as types of yarding systems, recommendations for rigging, procedures for rigging crews, and more!
- Access investigation reports, hazard alerts, safety booklets, and other resources here.

Leadership and Board Engagement

Various OHWC members continue to serve on boards dedicated to advancing worker safety, health, and well-being.

Society for Total Worker Health (S4TWH).
S4TWH is a cross-sector collaboration of NIOSH TWH Centers, government, community and advocacy groups, industry, labor, inter-disciplinary representatives, and professional network groups. Anjali Rameshbabu serves as founding advisory board member.
Learn about S4TWH.

Healthy Work Design and Well-Being Cross-Sector Council (HWD)
Established by NIOSH and the National Occupational Research Agenda, the HWD Council comprises individuals and organizations from science and industry with a shared interest in informing healthy work and evidence-based practices for worker safety, health, and wellbeing. Anjali Rameshbabu serves as External Co-Chair of the HWD. Read more about HWD.

NIOSH Board of Scientific Counselors
Emily Huang continues to serve on this board, which a federal advisory committee that provides advice to the NIOSH Director. It includes members from industry, labor, and academia. Read more.

American Psychological Association, Board of Scientific Affairs
Leslie Hammer continues to serve on the American Psychological Association, Board of Scientific Affairs for 2024-2026. Read more.

NIOSH HERO WellBQ Clearinghouse
Anjali Rameshbabu serves on the NIOSH HERO WellBQ Clearinghouse Committee. Learn about the HERO WellBQ Clearinghouse here.

Work Stress and Health Conference 2027
Katia Costa-Black serves in the planning committee.

Web and Social Media Presence

Reporting period: Oct 2025 - Sep 2026

Oregon Institute of Occupational Health Sciences and Oregon Healthy Workforce Center Website

- **32,702** WEBSITE SESSIONS
- **11,156** HOMEPAGE, MOST VISITED PAGE VIEWS
- **1,484** FILE DOWNLOADS

Supportive Workplaces Website

- **3,609** SESSIONS

OccHealthSci Marketing Cloud emails

- **145,280** EMAILS SENT
- **48,365** EMAILS OPENED

BlueSky

- **114** FOLLOWERS, LAUNCHED APRIL 2025

Facebook

- **521** FOLLOWERS

OccHealthSci YouTube Playlist

- **5,255** CUMULATIVE VIDEO VIEWS OVER ALL TIME

LinkedIn

- **895** FOLLOWERS

Oregon and the Workplace website

- **2,115** SESSIONS

What's Work Got To Do With It podcast

- **1,457** PLAYS

Connect With Us

Oregon Institute of Occupational Health Sciences

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