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OHSU

2026 Oregon Rural Health Conference Presentation Slides

Tillamook's Collaborative Journey to Address Substance Use Disorder

OUR TILLAMOOK CONSORTIUM

Erin Skaar, Tillamook County Commissioner
Bridgette Conn, OUR Tillamook Project Manager
Melody Ayers, OUR Tillamook Project Director

Disclaimers

Comprehensive Opioid Stimulant and Substance Use Program (COSSUP):

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Today's Presenters



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Today's Agenda

- OUR Tillamook Mission & Key Stakeholders
- OUR Tillamook 2025-2027 Strategic Plan
- How we've funded this work
- Goals & Successes
- Key Takeaways



OUR Tillamook's Mission

Opioid Use Response (OUR) Tillamook is a collaboration of community partners taking action to prevent, address, and reduce the impacts of substance use disorders for all people in Tillamook County.

Who Are The Partners Involved In This Work?



2024 Strategic Planning Process

Synergy Health Consulting was contracted to conduct a comprehensive needs assessment and facilitate the development of the 2025-2027 strategic plan with community stakeholders.

From August - October 2024, Synergy Health Consulting conducted a needs assessment that included:

1) Implementation Progress Survey
2) Access to Resources Community Survey
3) Service Provider & Lived Experience Survey
4) Administrative Data Collection

OUR Tillamook stakeholders reviewed the key findings from the needs assessment and identified an updated mission statement and focus areas

Focus Areas - 2025-2027



FOCUS AREA 1

Workforce Development for Healthcare Providers and Care Teams in Treating Addiction



FOCUS AREA 2

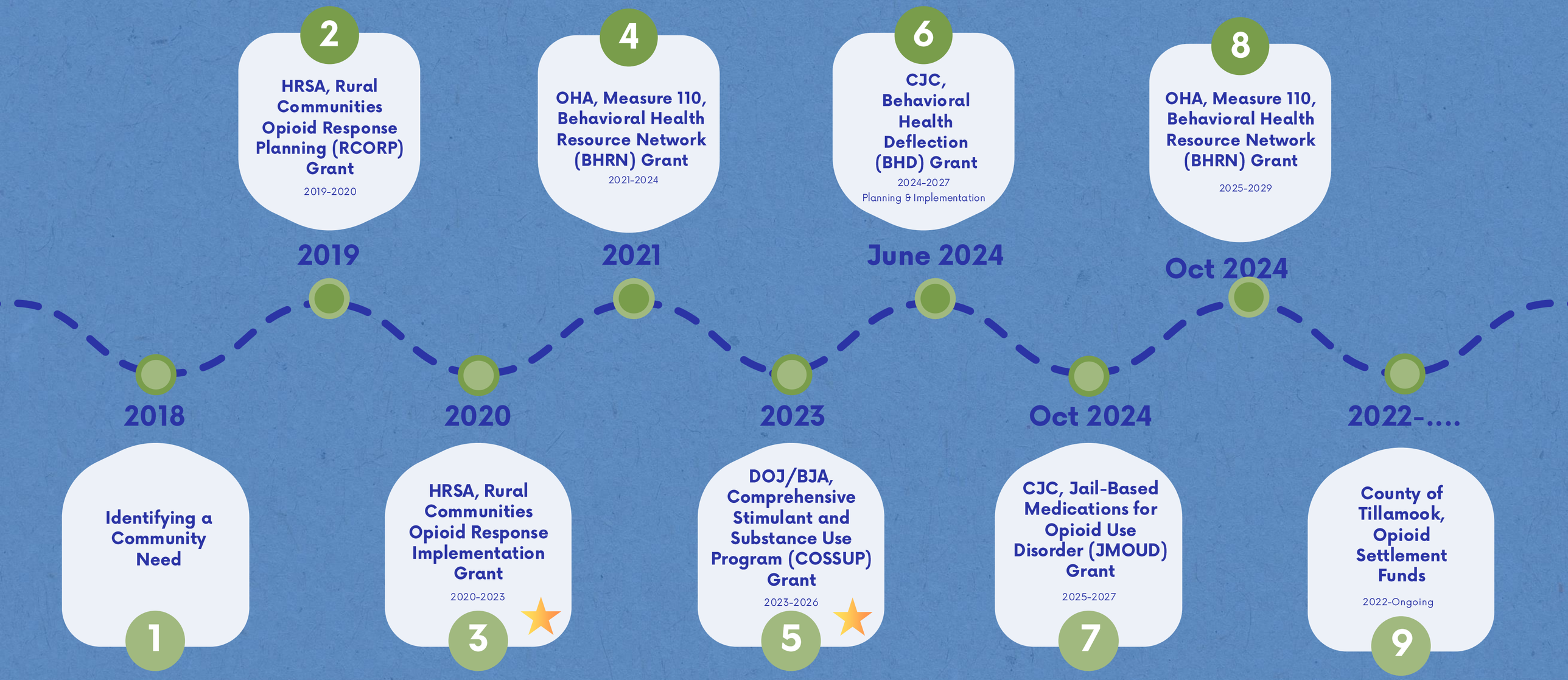
Cross-Sector Coordination Pathways for Substance Use Disorders



FOCUS AREA 3

Addressing Stigma & Enhancing Education about Substance Use Disorders in Tillamook County

How We Funded This Work



Focus Area 1 - Goals and Successes

Workforce Development for HealthCare Providers & Care Teams in Treating Addiction

Goal 1 Increase provider confidence with using medication for treating addiction

Goal 2 Provide ongoing training and support to care teams delivering harm reduction & prevention services

Goal 3 Address barriers to treating patients with Substance Use Disorder (SUD)

Goal 4 Implement individualized educational outreach and case consultation

Success Continuing Medical Education (CME) Events for clinical staff

Success Established an ongoing Medication Assisted Treatment Community of Practice Monthly Meeting

Success Ongoing training opportunities for Traditional Health Workers (THW) in treating addiction

Success 1:1 Agency-specific trainings

Focus Area 2 - Goals and Successes

Cross-Sector Coordination Pathways for Substance Use Disoders

Goal 1 Establish a cross-sector coordination framework

Goal 2 Implement comprehensive data tracking systems

Goal 3 Increase communication and collaboration among care providers

Goal 4 Evaluate and adapt the care pathway based on data insights

Success **2025 Deflection Planning:** 13 planning meetings over 11 months with 10 community partners

Success We've connected 43 people into community-based care & services through Active Outreach

Success Monthly OUR Tillamook meetings. In 2025, hosted 11 meetings with 15 organizations and 27 people from those agencies in attendance

Success Started the Active Outreach deflection pathway in September 2025 with 5 community partners

Success Hosting regular & ongoing discussions at the Community of Practice about how we strengthen pathways for SUD

Coming Soon **Data & Evaluation Project:** develop a databased of shared measurement, track core outcomes and feedback on improving operations

Focus Area 3 - Goals and Successes

Addressing Stigma & Enhancing Education About Substance Use Disorders

Goal 1 Enhance education on Substance Use Disorders

Goal 2 Address stigma across all sectors

Goal 3 Implement data tracking & pre-post surveys

Goal 4 Promote workplace wellness & burnout prevention

Success Hosted a deflection 101 information session for all community members at the public library

Success In 2025, we distributed 3,107 kits of Narcan, 288 medication lockboxes, 12 Naloxboxes and 5600 safe medication disposal pouches

Coming 2027 Crisis Intervention Training for Law Enforcement & First Responders

Success 1:1 Agency-specific trainings

Takeaways

1. **Collaboration is essential.** Maintain a clear focus on strengthening cross-agency collaboration.

1. **Adaptability**; learning to navigate No's.

1. **Community leadership** and buy-in is key.

1. **Dedicated project management** to support ongoing facilitation between agencies and work toward shared goals.



Questions?