

Learning Activity: Visual Map (Venn Diagram or Systems Map) & Resilience Plan

Description of Activity:	In this activity, students create a visual representation that illustrates the complexity of caring for people experiencing homelessness. *note to faculty, this assignments builds on the foundation of the Healthcare Provider Perceptions and Structural Equity Assessment learning activities					
Keywords:	Structural barriers, systems level factors, care complexity, care provider experiences, moral distress, burnout, compassion fatigue, boundaries, advocacy, ethics					
Type of activity	☒ Didactic ☐ Simulation ☐ Clinical	Recommendation on when introduced in curriculum?	☐ Early ☒ Mid ☐ End	Suggested Course:	☐ Health Promotion /Assessment/ Fundamentals ☐ Acute care ☐ Chronic care ☐ Pharmacology	☒ Population/ Community health ☒ Leadership ☐ Other:
Competency addressed:	☒ 1. Provide respectful, compassionate, person-centered care for people experiencing homelessness (PEH) 2. Evaluate clients for social determinants of health needs, including housing status and related aspects of safety, access to food, social support and other relevant domains X 3. Collaborate with client and appropriate Interprofessional community members to optimize health in PEH 4. Advocate for improved health for PEH					
Learning Activity:	After completing the preparatory materials, students create a visual representation the connections between complex patients, structural factors and nurse well being. This map is followed by a strategic plan where students focus on resilience.					
Time Required:	Approximately 3 hours					
Preparation of the student:	Instructions for students This is a 2-part assignment. In the first part, you will visually depict the complexities of caring for patients experiencing homelessness within our healthcare system. In the second part of the assignment, you will build a strategic plan for improving relationships with patients experiencing homelessness and your own well-being. You will have 2 things to submit. Part 1: Visual Relationship Map (Venn Diagram or Systems Map) In Part 1, you will create a visual representation that illustrates the complexity of caring for people experiencing homelessness (PEH). Your diagram should demonstrate systems thinking by showing how structural conditions, patient needs, healthcare systems, and provider experiences interact to influence care and outcomes. You may choose the format that best helps you illustrate these relationships. Acceptable formats are listed below. - Venn Diagram showing overlap between <i>Care of People Experiencing Homelessness</i>, <i>Structural Factors (societal, healthcare)</i>, and <i>Nurse Well-Being</i> - Concept Map or Systems Map - Another visual model that clearly illustrates relationships between concepts					

Digital or hand-drawn diagrams are acceptable (upload a photo if hand-drawn).

Your visual must incorporate the following **Core Concepts**:

Structural and System-Level Factors

- Structural vulnerability
- Root causes of homelessness (e.g., housing shortage, poverty, trauma, mental illness, policy barriers)
- Health system barriers
- Stigma and bias in healthcare

Patient Care Complexity

- Complex social and medical care needs
- Nurse–patient relationship quality
- Patient care outcomes

Care Provider Experience

- Emotional labor
- Moral distress
- Compassion fatigue
- Burnout and burnout prevention

You are encouraged to include additional concepts that strengthen your map, such as:

- Trauma-informed care (this will be explored in depth in a future CBLA)
- Harm reduction
- Advocacy
- Ethical reflection
- Professional boundaries
- Team-based care
- Community partnerships

In-text citations are not required for this assignment, but please provide a reference list of materials you utilize to create your visual.

Part 2: Strategic Plan "What I will Do"

- This section is focused on how you will change your nursing practice after this module. Based on your visual representation and learning in this CBLA, develop a brief strategic plan (1-2 pages) that includes the considerations listed below. As you write your plan, ensure that it applies to your area of practice, is realistic, falls within your scope of practice, and is grounded in nursing ethics.
- In your plan, describe one or more strategies for each of the following (this is your personalized plan).
 - Reduce stigma in your practice (can be individual and/or team oriented)
 - Manage emotional labor.
 - Address or prevent moral distress when caring for patients experiencing homelessness - with a focus on systemic issues.
 - Adapt your care approach for patients with substance use disorders.
 - Strengthen nurse/patient relationships with people experiencing homelessness.
 - Address or prevent burnout.

Include in-text citations for evidence to support your assertions for the strategic plan.

Assessment	Formative:	Summative: Submitted visual map and strategic plan	Potential Assessment Strategies:
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Resources:	Students will prepare with this material and foundational material from HC Provider Perceptions and Structural Equity Assessment assignments. American Association of Critical-Care Nurses. (n.d.). <i>Moral distress</i>. https://www.aacn.org/clinical-resources/moral-distress American Nurses Association. (2020, October 8). <i>The nurse's role in addressing discrimination</i> [Video]. YouTube. https://www.youtube.com/watch?v=89tkQFQCerE Mayo Clinic. (2021, September 14). <i>How to recognize compassion fatigue</i> [Video]. YouTube. https://www.youtube.com/watch?v=t1tFHLXKtdI Petit, J. (2023, November 7). <i>The intersection of homelessness and health equity: A deeper dive</i>. Dr. Jorge Petit. https://www.drjpetit.org/post/the-intersection-of-homelessness-and-health-equity-a-deeper-dive Watson, C. (2021, October). <i>What nurses can teach us</i> [Video]. TEDx Talks. https://www.youtube.com/watch?v=kqnXVFWpyyM
Developed by:	Rachel Richmond RN, MSN
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