



OREGON
GWEP



COLUMBIA GORGE
HEALTH COUNCIL

Free Virtual, On-Demand Training for Care Partners

Age-Friendly Care: Supporting Older Adults

Are you looking to better serve older friends and family members in your life? This **free, flexible, five-hour training series** will help you learn how to deliver “age-friendly care” — care that meets the unique needs of older adults. Age-friendly care helps older adults feel respected, supported and valued in all care settings.

You can help older adults in your life live healthier, more independent lives. This training gives you the knowledge, resources and tools to make a real impact.

Training Highlights

- ✓ 100% virtual
- ✓ Learn at your own pace
- ✓ Based on best practices
- ✓ Real-world strategies

Four Self-Paced Modules



Module 1

Caring For and Working With Older Adults



Module 2

Introduction to Age-Friendly Health Systems and the 4Ms



Module 3

System Navigation for Older Adult Care



Module 4

Community Resources for Older Adults

Sign Up Today!



1. Scan the QR code or visit <https://learning.oregongwep.org/>.
2. If you are new to the site, select **Create new account**.
3. Confirm your account via a confirmation email.
4. Select the course **How to Support Older Adults: A Training for Care Partners**.
5. Select **Enroll Me** to begin!

Questions?

Email gwep@ohsu.edu.