

## Table Talk

### Growing Together: Helping Your Child with Special Health Needs Thrive



Wednesday, June 10, 2026

12:00pm-1:00pm

[Register here](#)

<https://tinyurl.com/TT-JUN2026>

VIRTUAL

FREE



Giving your child or youth space to learn and experience natural consequences can be challenging. Families of children and youth with special health needs also navigate additional medical, developmental and safety considerations. Join us to have a conversation with other parents about:

- How do you balance safety with supporting your child/youth's independence?
- What works well to offer your child/youth support without taking over?
- How do you encourage growth without fear?

Questions: [contact@oregonfamilytofamily.org](mailto:contact@oregonfamilytofamily.org) | 855-323-6744

*This Table Talk is offered in **Spanish** on June 09, 2026 at 6:00-7pm.  
For other language interpretation [please request](#) by **no later than May 28***