

Table Talk

CYSHN and Siblings: Managing Everyone's Needs in the Family



Tuesday, May 19, 2026

6:00pm-7:00pm

[Register here](#)

<https://tinyurl.com/TT-MAY2026>

VIRTUAL

FREE



Finding the right balance in making sure every child gets enough care and attention can be tricky, even if one child requires more energy than the others.

Join this small group discussion to hear from other parents about:

- Making sure siblings **feel included**.
- Creating a **safe space for siblings** to share hard feelings.
- Creating space for **individual hobbies and interests** outside of the medical world.
- **Creating a home environment** while meeting medical or behavioral needs.

Questions: contact@oregonfamilytofamily.org | 855-323-6744

This session is offered in [Spanish](#) on April 16 at 6-7pm. For other language interpretation [please request no later than May 1.](#)

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