



Policy Number: GME 09

Policy Title: Clinical and Educational Work Hours Policy

Policy Statement:

Clinical and educational work (CEW) hours are defined as time spent on educational and clinical activities related to the ACGME-accredited residency or fellowship program, including patient care, administrative duties related to patient care and academic activities, regardless of location. CEW hours must be such that they support the house officer's physical and emotional well-being, promote an environment conducive for education and facilitate excellent patient care.

The specific requirements are as follows:

1. House officers are limited to a maximum of 80 CEW hours per week, averaged over the rotation**, inclusive of all in-house clinical and educational activities, clinical work done from home, and all moonlighting.
2. House officers should have 8 hours for rest and personal activities between scheduled CEW periods and must have at least 14 hours after 24 hours of in-house call.
3. House officers must be given one day out of seven free from all clinical and educational responsibilities, averaged over the rotation.** At-home call cannot be assigned during this day off. OHSU defines a "day off" as a 24-hour period free from all responsibilities. * The 24-hour period of a "day off" cannot include the 14 hours of required time off after 24 hour in-house call.
4. House officers cannot be scheduled for in-house call more than once every three nights, averaged over the rotation.**
5. CEW hour periods for house officers must not exceed 24 hours of continuous scheduled clinical assignments. House officers may remain on duty for four additional hours, as long as no additional patient care responsibilities are assigned, to participate in didactic activities, transfer care of patients, conduct outpatient clinics and maintain continuity of medical and surgical care as defined in Specialty and Subspecialty Program Requirements.

In unusual circumstances, house officers, on their own initiative, may elect to remain beyond their scheduled period of work to continue to provide care to a single patient in the following circumstances: required continuity for a severely ill or unstable patient, academic importance of the events transpiring, or humanistic attention to the needs of a patient or patient's family.

6. The demands of home-call must be monitored by program director and faculty to ensure that it does not cause excessive service demands or fatigue. Each program is expected to have a specific policy on home-call. When called into the hospital from home, the hours worked by the house officer must count toward the 80-hour limit.
7. Clinical work (including using electronic health record or taking calls from home) must be counted toward the 80-hour weekly maximum. Each program must have a policy regarding the documentation of clinical work at home.
8. All internal and external moonlighting counts toward the weekly CEW 80-hour limit. In addition, program directors must ensure that moonlighting does not interfere with the house officer's achievement of their educational goals and objectives, RC-specified activities, or compromise the house officer's fitness for work or ability to provide patient care. PGY-1 residents are not permitted to



moonlight.

*The schedule must account for adequate rest when a house officer is switching from a night shift to day shift.

**Averaging must occur by rotation. This is done over one of the following: a four-week period; a one-month period; or the period of the rotation if it is shorter than four weeks.

GMEC will not consider any requests for exceptions to the 80-hour weekly limit under ACGME Core Program Requirement 6.24).

Reports of possible non-compliance will be presented to and reviewed by Graduate Medical Education. In addition, two specific methods will be utilized:

- A. House officers are expected to report their CEW hours in MedHub weekly. The Program Directors must review all CEW hours specific to their program for violations. The GMEC CEW Hours subcommittee will review the CEW hours for assurance that all programs are in compliance with ACGME regulations.
- B. B. The GME Office at gme@ohsu.edu will serve as a Hot Line for reporting CEW hours' concerns by house officers, faculty and any staff. If requested, the identity of the person presenting the concern will be kept confidential. With help from the CEW Hours Sub-committee of GMEC, the Designated Institutional Official will investigate and resolve any issues raised in a confidential manner.

Policy Owner

Graduate Medical Education

Amendment/Approving Committee

GMEC

Additional Resources

Form/Document	Use	Links
OHSU CEW Hour FAQs	OHSU document regarding the CEW Hour maximums	https://o2.ohsu.edu/system/files/2023-10/Maximum-CEW-Hours-FAQ-3.pdf
CEW Hours Infographic	A 1-page document developed by the CEW Hour subcommittee to quickly communicate CEW hour rules	https://o2.ohsu.edu/system/files/2024-01/Work%20Hour%20Rules%20Infographic.pdf
ACGME FAQs	ACGME Frequently Asked Questions for Common Program Requirements	https://www.acgme.org/globalassets/pdfs/faq/common-program-requirements-faqs.pdf



School of Medicine Policy

Policy Number: GME 09

Effective Date: 11/20/25

Version	Effective Date	Author	Description of Change
1	2010	GMEC	Original
2	6/5/2017	GMEC	Implementing new ACGME requirements
3	4/16/2020	GMEC	Minor changes for clarity; explicit prohibition of exceptions under CPR VI.F.4.c)
4	11/20/25	GMEC	Language updates, updated resources, and clarifying language regarding averaging