

## When I Should Visit My Doctor - Topic 3 Worksheet

Is it a good idea to go to the doctor for a check-up at least once a year, even if you are feeling OK?

YES

NO



Fill in the blanks in the following sentences about preventative services:

### Word Bank:

testicular

stroke

mental

pap

blood

breast

A \_\_\_\_\_ test is used by a doctor to test for diabetes.

A blood pressure test is important to see if you are at risk for heart attack, \_\_\_\_\_, and/or heart failure.

Ways to detect cancer is to get a \_\_\_\_\_ smear, \_\_\_\_\_ exam or \_\_\_\_\_ exam.

If you are feeling sad, anxious, or angry for two weeks or more, you should speak to your doctor about your \_\_\_\_\_ health.



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**Circle the reasons for why you should visit your doctor:**

- A. To get an annual check-up
- B. To get preventative care
- C. When you are sick or have pain
- D. You have concerns about your mental health



**True or False:**

If you are feeling sick or are experiencing pain or discomfort, you **SHOULD NOT** go to your doctor.

TRUE

FALSE



**The last time I went to the doctor was because:**

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