

Driving Safety

WHEN IS IT
TIME TO STOP
DRIVING



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OHSU Geriatrics 2026



I do not have anything to disclose

GOALS OF SESSION



Explore Older Driver Safety Facts



Demonstrate driver safety screen



Review Driver Safety Referrals



What happens when it is time to stop driving

Case history

- Mr. G is a 78 year old gentleman who is seeing his doctor because his wife is worried about his driving.
- He's a retired history professor and he and his wife live independently.
- He states he drives himself to the gym three times per week. His wife says she refuses to ride with him because he has poor vision and numb feet. She does all the other driving.
- No alcohol or substance use.
- No concerning medications.

Driving during the Lifespan

By 2050 drivers
>65 yrs old = 25%
of the US driving
population

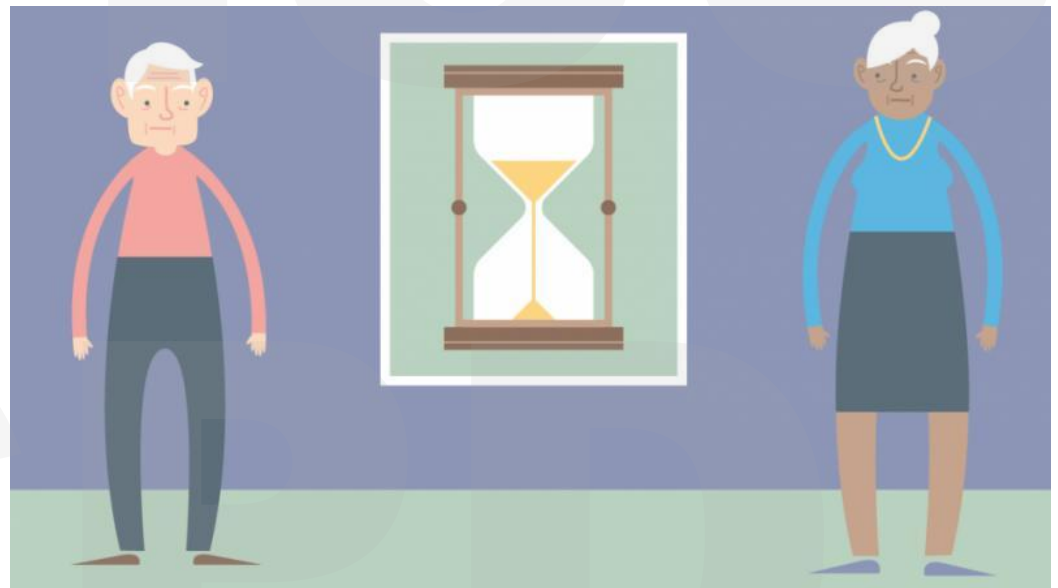


Driving during the lifespan

Life expectancy exceeds driving fitness expectancy in the US

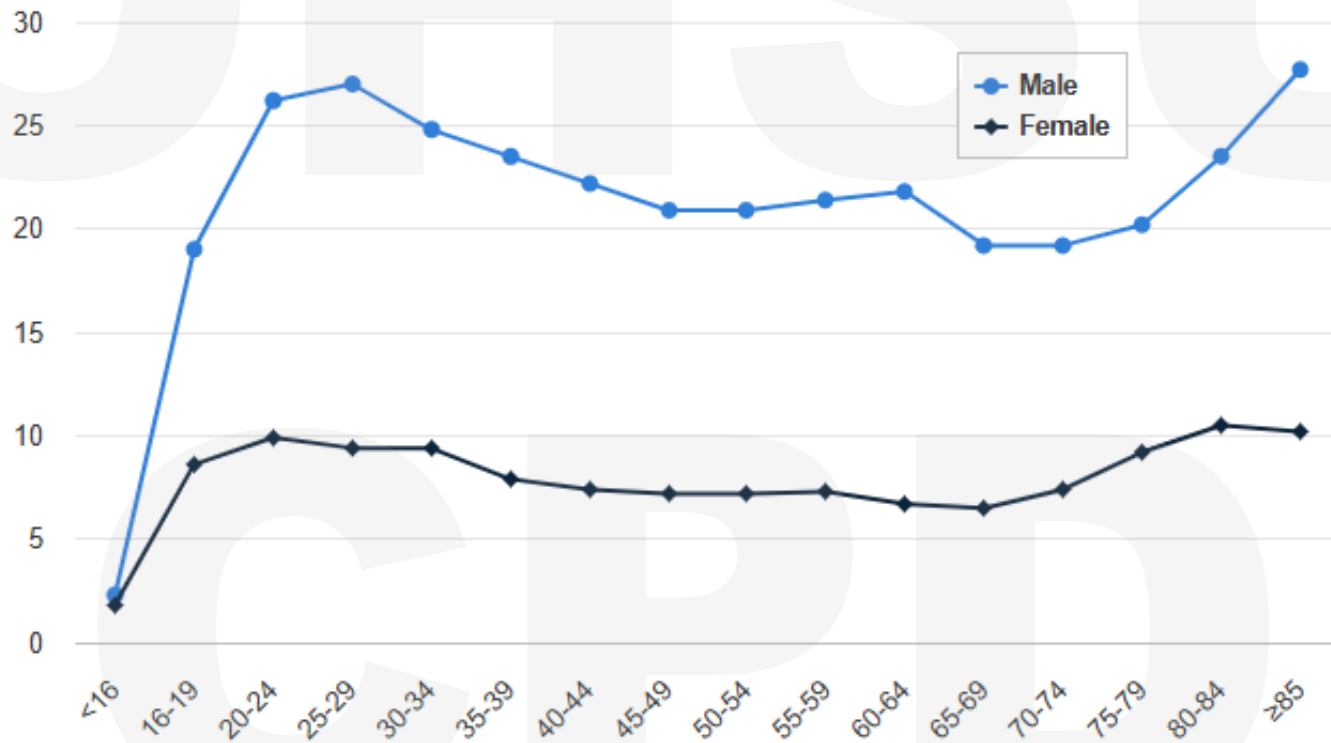
~6 yrs for men

~10 yrs for women



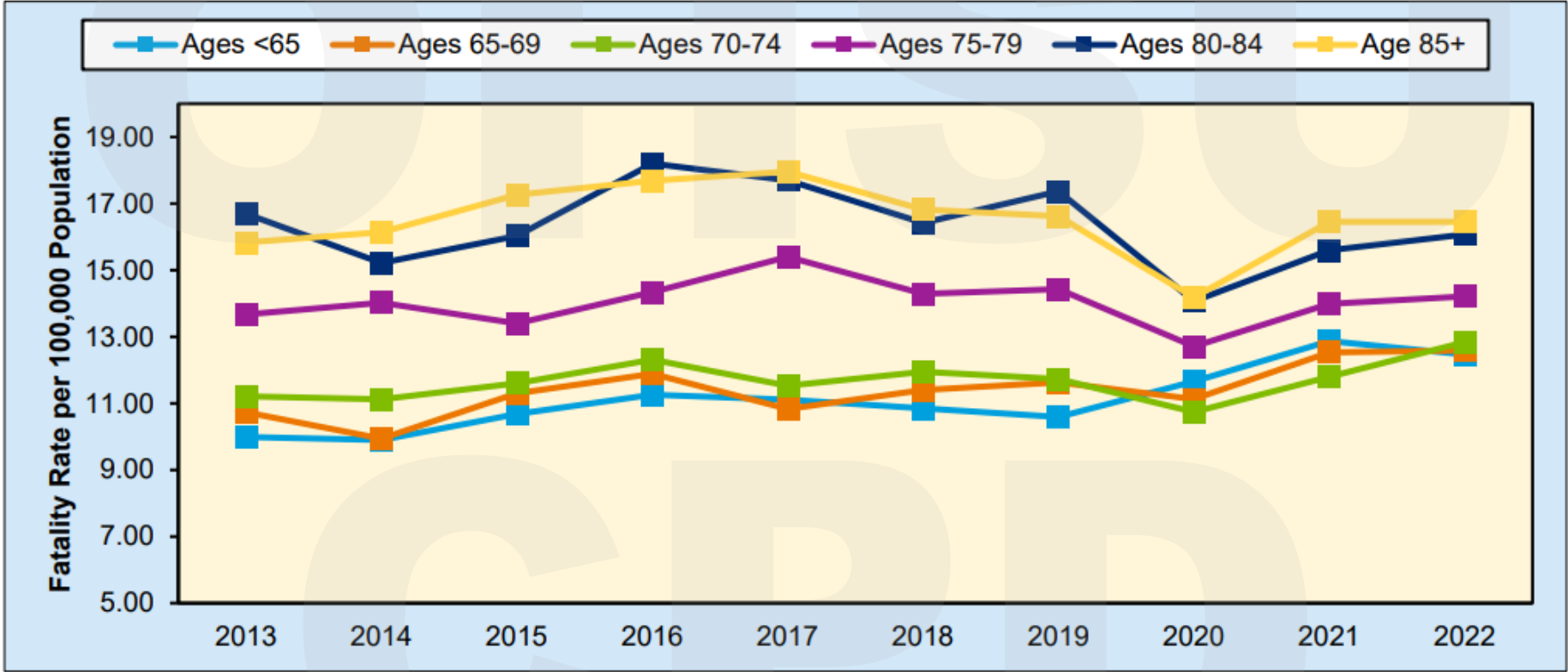
Most older adults need to retire from driving in their lifetime

Motor vehicle crash deaths per 100,000 people by age and sex, 2022



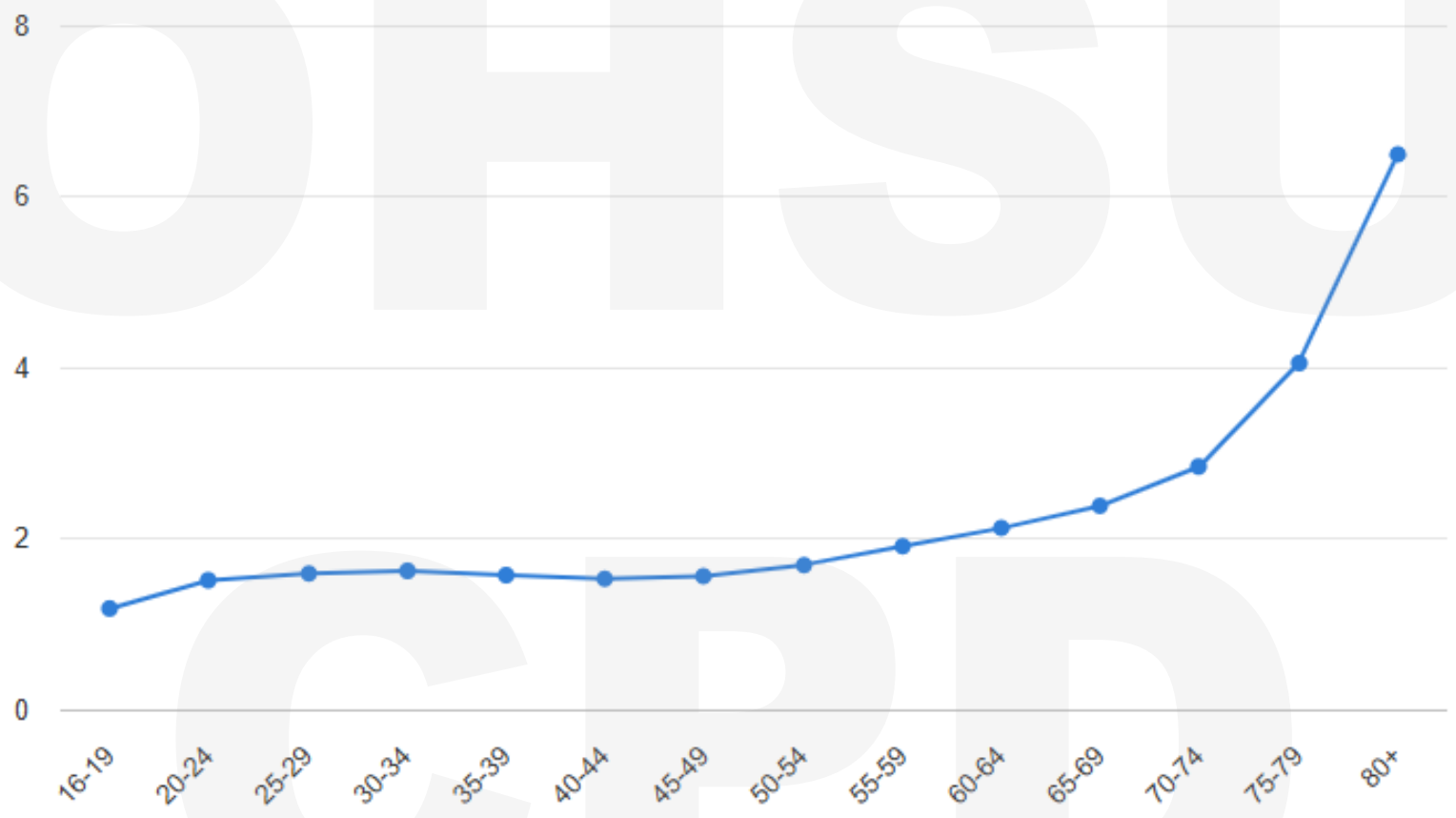
<https://www.iihs.org/topics/fatality-statistics/detail/older-people>

Figure 2. Traffic Fatality Rate per 100,000 Population, by Age Group, 2013–2022



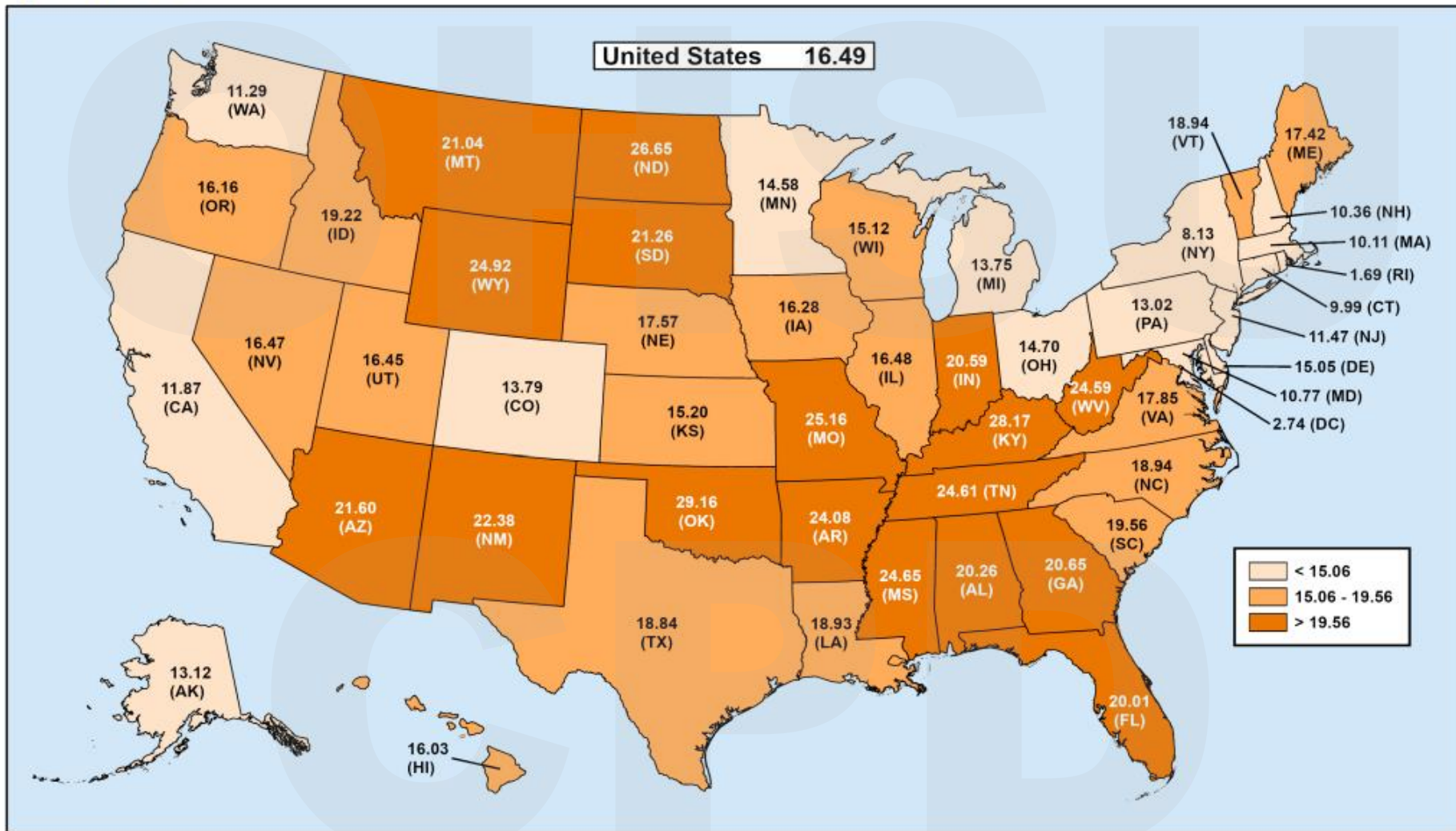
Sources: FARS 2013–2021 Final File, 2022 ARF; Population – Census Bureau

Number of passenger vehicle driver deaths per 1,000 drivers involved in police-reported crashes by driver age, 2016-22



<https://www.ihs.org/topics/older-drivers>

Figure 6. Older Driver Involvement Rates per 100,000 Licensed Drivers in Fatal Traffic Crashes, by State, 2022



Sources: FARS 2022 ARF; Licensed Drivers – FHWA
 Note: Licensed driver data for Puerto Rico not available.

WHO IS AT RISK?

2019 Data from US Department of Transportation
looking at fatal crashes involving a driver 70+

- 59% drivers themselves
- 14% were their passengers
- 27% were occupants of other vehicles, motorcyclists, bicyclists or pedestrians

Recognition of Driving Impairment

Studies looking at self-rated driving ability show that older drivers tend to score themselves higher on ability as their skills decline.⁹

However, most older adults agree that if a primary care provider advised them to stop driving they would do so.¹¹



Driving = independence



Drivers Ed

When you parallel park, you need to be no more than ___ inches away from the curb.

- a. 10
- b. 12
- c. 8

Drivers Ed

Correct answer

b. 12 inches





WHEN?

When is the right time to assess
for driver safety?

Driving is a complex task

Visual acuity and perception

Cognitive abilities: executive function and multitasking

Neuromuscular function





Five Triggers for driver screening



Triggers for driver screening

Changes in Vision



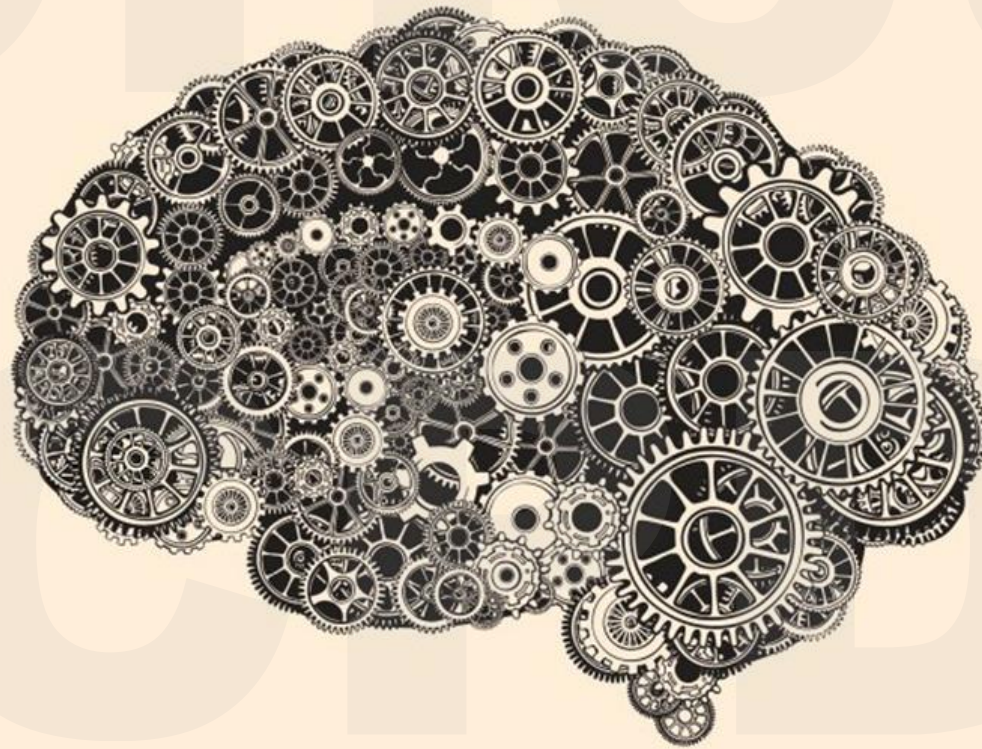


Triggers for
driver screening

Changes in gait, neuro or MSK exam

Triggers for
driver
screening

Changes in memory or cognition



Triggers for driver screening



Medications
Polypharmacy

Triggers for driver screening

Driving Concerns





Drivers Ed

When on a 4-lane road with a painted median or turn lane and a school bus is stopped with flashing red lights

- a. traffic in all lanes must stop.
- b. traffic behind the bus must stop.
- c. no traffic needs to stop.

Drivers Ed

Correct Answer

a. traffic in all lanes must stop.





HOW?
Five Domains to
Assess

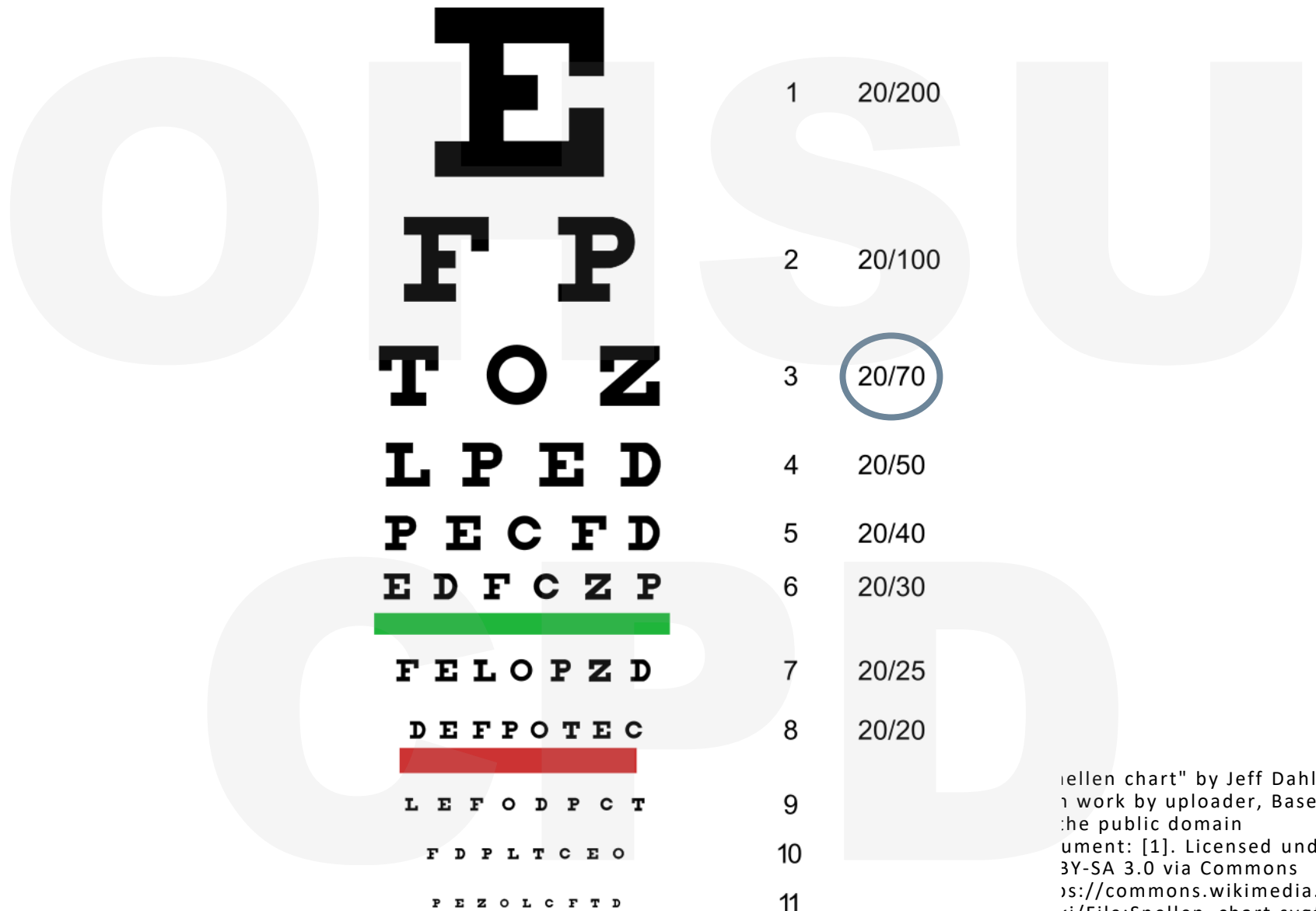
Toolbox

There is no single validated screening tool to assess driving safety and thus evaluation requires a multifaceted approach



Vision



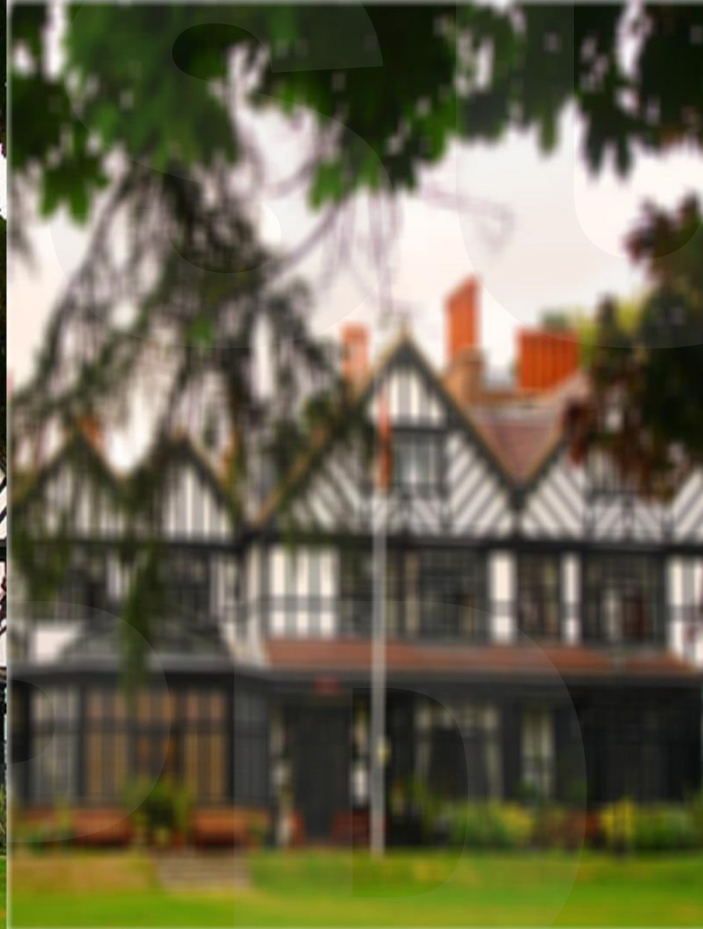


Snellen chart" by Jeff Dahl -
 original work by uploader, Based
 on the public domain
 document: [1]. Licensed under
 CC BY-SA 3.0 via Commons
https://commons.wikimedia.org/wiki/File:Snellen_chart.svg#/media/File:Snellen_chart.svg

Same Scene Viewed By A Person With:



Normal Vision



Cataracts

Same Scene Viewed By A Person With:



Normal Vision



Diabetic Retinopathy

Same Scene Viewed By A Person With:



Normal Vision



Glaucoma

Same Scene Viewed By A Person With:



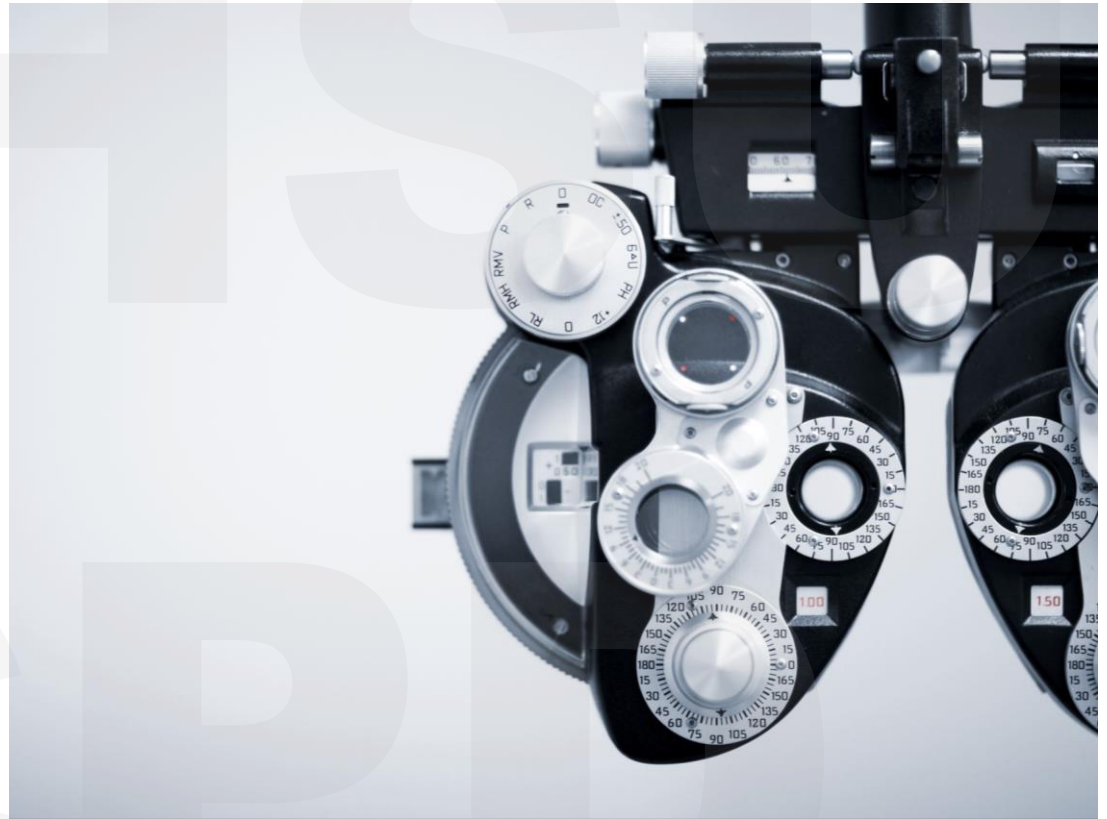
Normal Vision



Age-Related Macular Degeneration

Vision

See an
ophthalmologist
specifically for
driving
evaluation



O H

Neuromuscular
function



C



Neuromuscular function

History of falls is associated with motor vehicle accidents in which older drivers were at fault.³⁶

Driving impairment is associated with inability to reach above the shoulder, impaired knee flexion, neck ROM, and inability to walk for more than one block.^{37,38}



Neuromuscular function testing

- Weakness
- Flexibility
- Sensation
- Coordination



Rapid pace walk test

- The rapid pace walk test is associated with driving ability.¹⁷
- 20 feet (10 feet up and back) using any assistive device they normally use.
- >9 seconds is associated with driving impairment.⁴⁰



OH

Cognition



C

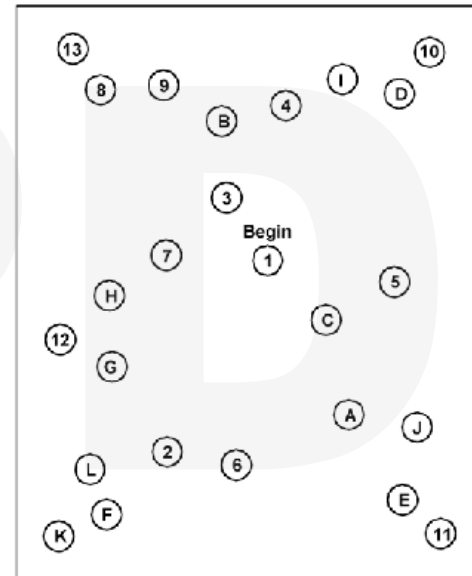
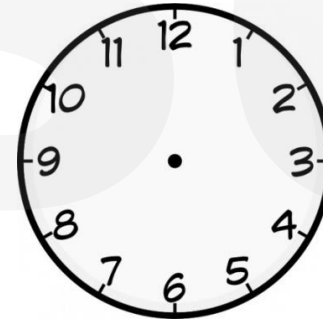
P



Mini Cog

- 3 item recall
- Clock draw

Executive
function
testing:
trails B test



MoCA


- ★ Attention
- Judgement
- Reaction Time
- ★ Planning and sequencing
- Impulsivity
- ★ Visuospatial
- ★ Memory

MONTREAL COGNITIVE ASSESSMENT (MOCA)

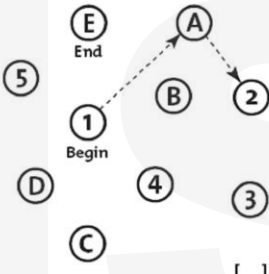
Education :
Sex :

Date of birth :
DATE :

VISUOSPATIAL / EXECUTIVE



Copy cube



End (E) []

Begin (1) []

(2) []

(3) []

(4) []

(5) []

(A) []

(B) []

(C) []

(D) []

Draw CLOCK (Ten past eleven) (3 points)

[] [] []

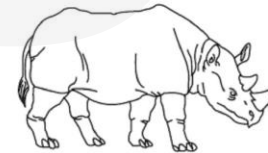
Contour Numbers Hands

___/5

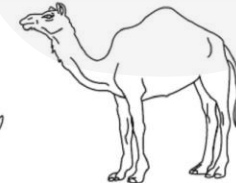
NAMING



[]



[]



[]

MEMORY

Read list of words, subject must repeat them. Do 2 trials. Do a recall after 5 minutes.

FACE VELVET CHURCH DAISY RED

1st trial

2nd trial

No points

ATTENTION

Read list of digits (1 digit/ sec). Subject has to repeat them in the forward order [] 2 1 8 5 4
Subject has to repeat them in the backward order [] 7 4 2

___/2

Read list of letters. The subject must tap with his hand at each letter A. No points if ≥ 2 errors

[] FBACMNAAJKLBFAKDEAAAJAMOF AAB

___/1

Serial 7 subtraction starting at 100

[] 93

[] 86

[] 79

[] 72

[] 65

4 or 5 correct subtractions: 3 pts, 2 or 3 correct: 2 pts, 1 correct: 1 pt, 0 correct: 0 pt

___/3

LANGUAGE

Repeat: I only know that John is the one to help today. []
The cat always hid under the couch when dogs were in the room. []

___/2

Fluency / Name maximum number of words in one minute that begin with the letter F [] _____ (N ≥ 11 words)

___/1

ABSTRACTION

Similarity between e.g. banana - orange = fruit [] train - bicycle [] watch - ruler

___/2

DELAYED RECALL

Has to recall words

WITH NO CUE

FACE []

VELVET []

CHURCH []

DAISY []

RED []

Points for UNCUED recall only

___/5

Optional

Category cue

Multiple choice cue

ORIENTATION

[] Date

[] Month

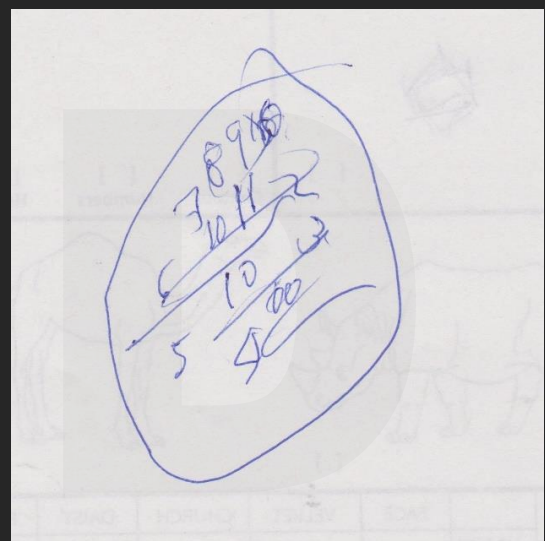
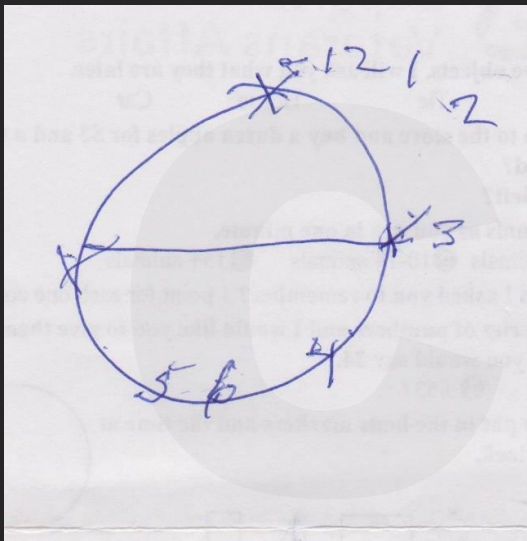
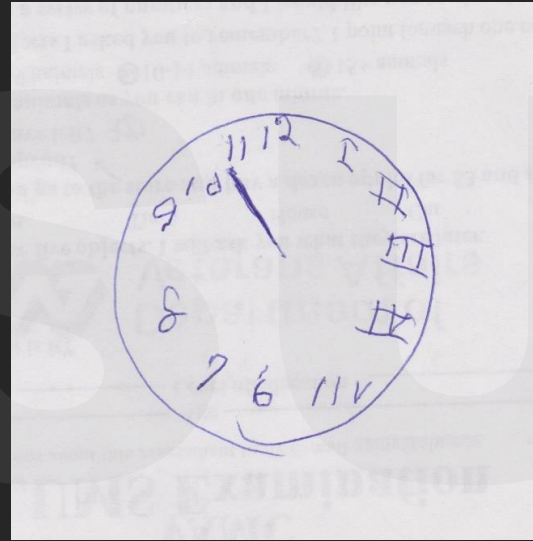
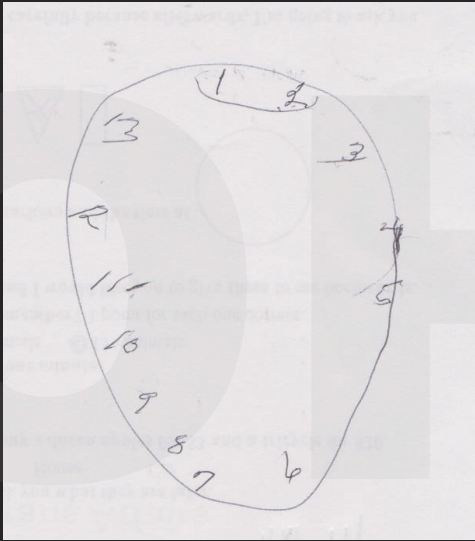
[] Year

[] Day

[] Place

[] City

___/6





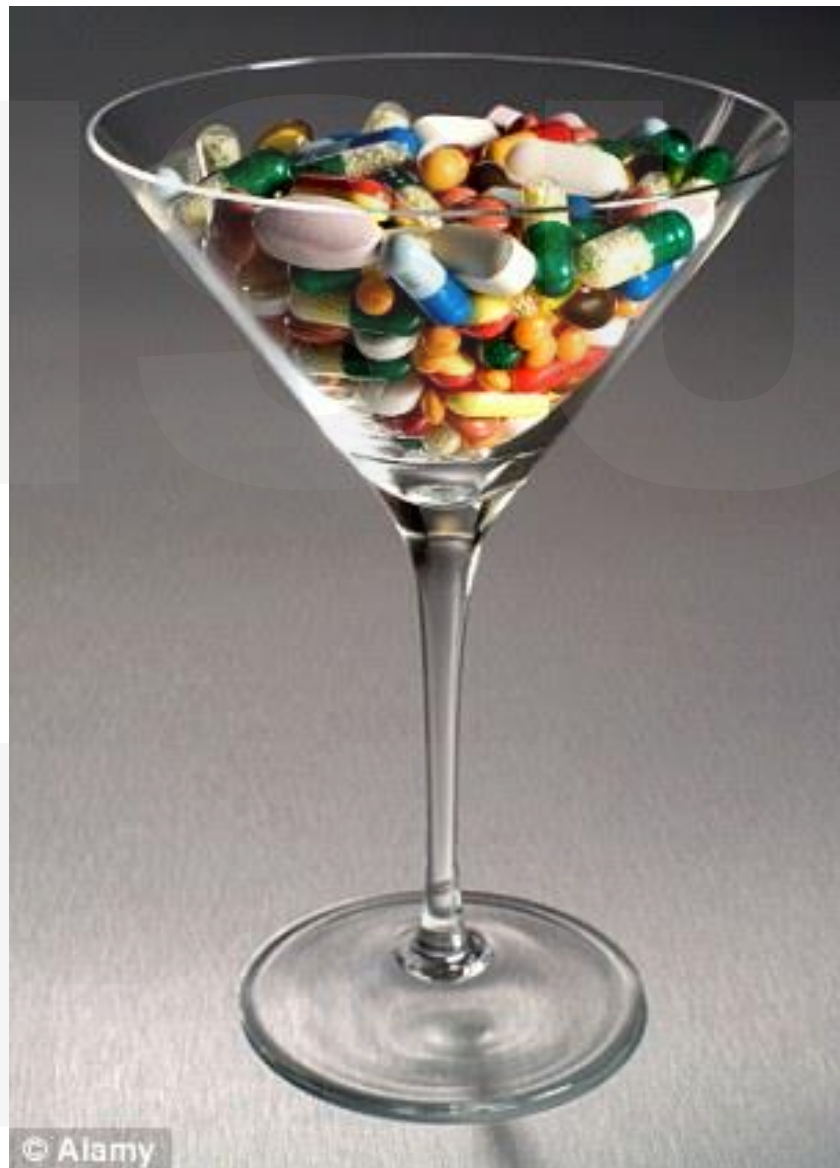
substances |

OH

MEDICATIONS



C



Alcohol use

Older adults are at even greater risk due to increased rates of drug interactions, decreased alcohol metabolism, and underlying cognitive impairment ¹⁶



Driving
concerns

Does the patient limit their
driving?


Has family expressed
concerns?



Drivers Ed

A person riding a bicycle is riding in front of you within a travel lane. You are driving 45 mph and your lane is marked with a broken yellow center line. You

- a. can pass to the left if you leave enough distance to prevent contact with the person riding a bicycle if they fall into your lane.
- b. need to roll down your window and get their attention then tell them to move out of the travel lane so you can pass safely.
- c. cannot pass the person riding a bicycle at any time.



Drivers Ed

Correct Answer:

- a. can pass to the left if you leave enough distance to prevent contact with the person riding a bicycle if they fall into your lane.

Case: Objective assessment

- Mr. G's med list: aspirin, lisinopril, metoprolol, rosuvastatin, Preservision, lorazepam as needed for anxiety
- Vitals: Noraml
- Exam: Strength is normal, poor sensation midfoot to toe tips bilat.
- Rapid walk test – 8 seconds
- MOCA 23/30 (0 trails, 0 cube, 3 clock, 3 naming, 2 digits, 1 letters, 2 serial 7s, 1 language repeat, 1 fluency, 2 abstraction, 3 recall, 5 orientation)

OHSU

Stop Driving or Get a
Referral???

CPD



Provider responsibility

Providers should know local reporting laws and should feel comfortable counseling their patients on driving cessation and alternative transportation strategies

Mandatory
Driver
Reporting
States

California

Delaware

Nevada

New Jersey

Oregon

Pennsylvania

Oregon Mandatory reporter law

Report

- Severe
- Uncontrollable
- Permanent

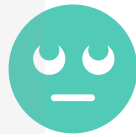
Refer

- Mild
- Potentially controllable
- Potentially reversible

Neuro



Strength



Sensation



Flexibility



**Motor
Coordination**

DMV Report

- Severe
- Uncontrollable
- Permanent

OT Referral

- Mild
- Controllable
- Reversible



Cognition

DMV report

- Mod-Severe Dementia
- Frontal-temporal dementia
- Dementia with Lewy Bodies
- Parkinson's dementia

OT Referral

- Mild Cognitive Impairment
- Mild dementia



MEDICATIONS

**DMV report only if
medications severely
impacting function
with plan to continue
>6 months**

Driving concerns

Voluntary retirement from driving



OR






Drivers Ed

When starting through an intersection and you see an ambulance behind you, you must

- a. stop in the intersection and allow the ambulance to go around.
- b. pull to the right in the intersection and stop.
- c. drive through the intersection, pull to the right and stop



Drivers Ed

Correct Answer

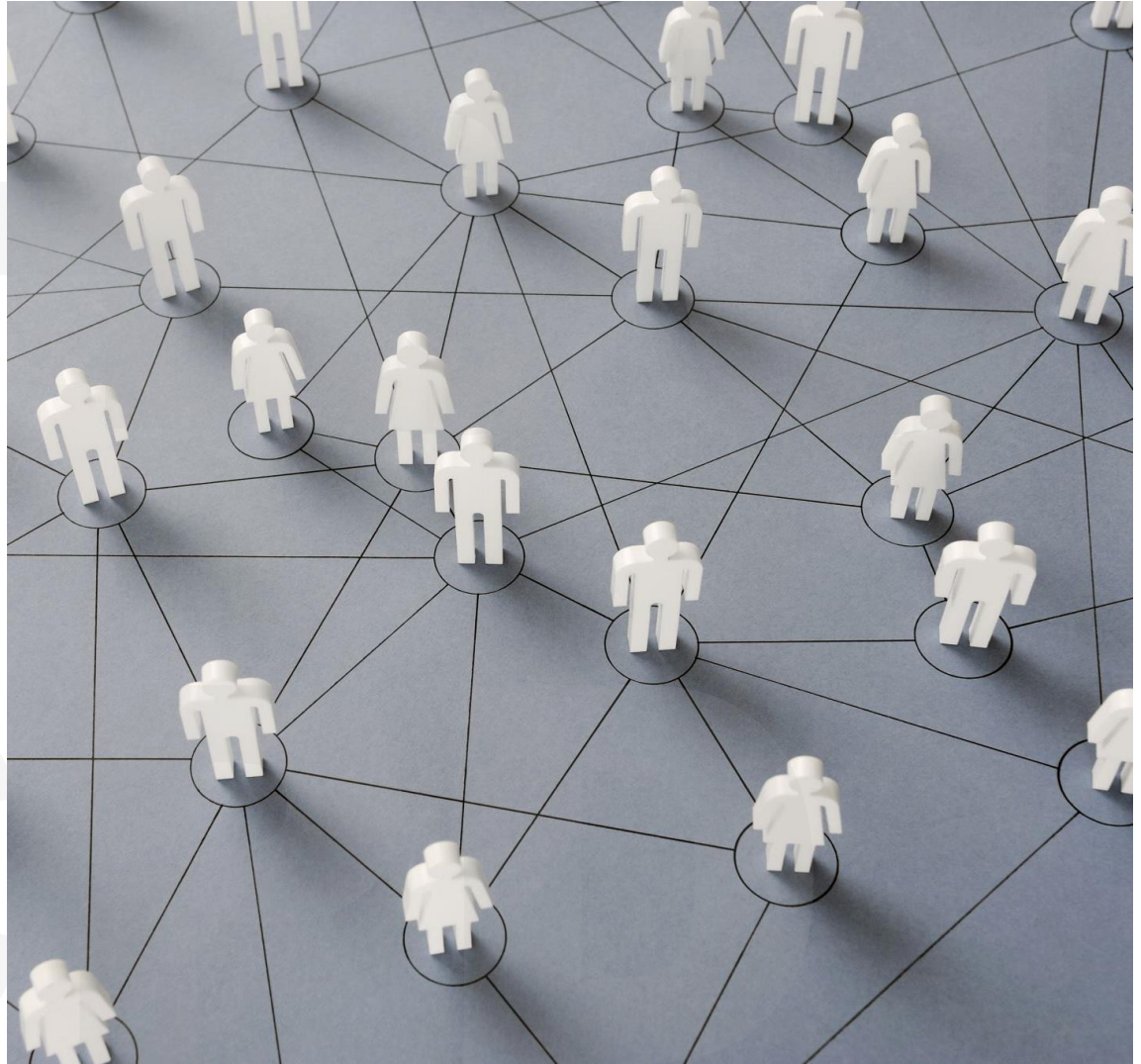
- c. drive through the intersection, pull to the right and stop

O

Referral



C



Private Driving Evals

Cost \$200-\$250 out of pocket

One time appointment ~2 hours

Test thinking, perception, vision and motor function

May not be on the road

Report back to PCP with finding

Local Referrals

- OHSU Adventist and Tuality OT
- Bridges Marisa Palandri, OT: 503-683-1528
- VA OT: on the road drivers assessment
- Providence Gateway Rehab: 503-216-5410
- DrivaABLE program: 503-413-3707

Legacy Emanuel Medical Center

Legacy Meridian Park Medical Center

Other resources

Aging and Disability Services offices

<http://www.oregon.gov/dhs/spwpd/pages/offices.aspx#top>

AAA Senior Driving Resources

<https://exchange.aaa.com/saftey/seniordriver-safety-mobility/>

AARP Driving Safety Resources

<https://www.aarp.org/auto/driversafety/driving-assessment/>

Association of Driver Rehabilitation Specialists

<https://www.aded.net>

Older Adult Driver Initiative

<https://www.planfortheroadahead.com>

The Hartford Center: Driving Safety

<https://www.thehartford.com/resources/mature-market-excellence/driving-safety>



Oregon Driver & Motor Vehicle Services

Home > Oregon Driver & Motor Vehicle Services > At-Risk Driver Program for Medical Professionals

At-Risk Driver Program for Medical Professionals

- Licenses & ID Cards
- Vehicles
- Forms
- Records
- Offices
- 50plus
- Teen
- FAQs

Some people have, or may develop, cognitive or functional impairments, that could affect their driving ability. The At-Risk Driver Program was created to help prevent injury or death by impaired drivers.

Most medical professionals are required to report drivers who can no longer drive due to impairment. See the At-Risk Driver Program rules for more details:

- [Mandatory Reporting OAR](#)
- [Non-Mandatory Reporting OAR](#)

Not a medical professional? Visit our page about [reporting an unsafe driver](#).

- Which Patients to Report +
- The Mandatory Impairment Referral Form +
- How to Report +
- Liability & Confidentiality +
- After Reporting +
- Helping Your Patients Retire from Driving +

Voluntary Retirement



DEPARTMENT OF TRANSPORTATION
DRIVER AND MOTOR VEHICLE SERVICES
1905 LANA AVE NE, SALEM OREGON 97314

QUIT DRIVING FORM

Complete this form to surrender you driver license or driver permit under ORS 807.400.

This form must be submitted ONLY at a DMV Field Office.

When you quit driving for one of the reasons listed below, you may be eligible for an identification card with the same expiration date as your current driver license at no cost.

LAST NAME (PLEASE PRINT)	FIRST NAME	MIDDLE NAME
OREGON DRIVER / ID NUMBER	DATE OF BIRTH (MM-DD-YYYY)	
RESIDENCE ADDRESS	CITY, STATE, ZIP CODE	
MAILING ADDRESS (IF DIFFERENT)	CITY, STATE, ZIP CODE	

CHECK THE REASON FOR SURRENDERING YOUR DRIVER LICENSE OR PERMIT

I recognize I'm no longer able to safely operate a motor vehicle.

http://www.oregon.gov/ODOT/DMV/pages/at-risk_program_index.aspx

Apply for ID card when surrendering license



APPLICATION FOR DRIVING PRIVILEGES OR ID CARD

ORIGINAL RENEWAL REPLACEMENT

DRIVER LICENSE <input type="checkbox"/> CLASS C <input type="checkbox"/> CLASS C RESTR'D	LT CONVERT <input type="checkbox"/>	INSTRUCTION PERMIT <input type="checkbox"/> CLASS C <input type="checkbox"/> MOTORCYCLE	ENDORSEMENT <input type="checkbox"/> MC <input type="checkbox"/> MC-3 <input type="checkbox"/> FARM	ID CARD <input type="checkbox"/>	AT-RISK <input type="checkbox"/>
--	---	---	---	--	--

APPLICANT INFORMATION:

LAST NAME (PRINT NAME)		FIRST NAME	MIDDLE NAME	SOCIAL SECURITY NUMBER
------------------------	--	------------	-------------	------------------------

OREGON DRIVER / ID NUMBER	DATE OF BIRTH (M-D-Y)	MOTHER'S MAIDEN NAME	APPLICANT'S PLACE OF BIRTH (CITY & STATE OR COUNTRY)	TELEPHONE NUMBER ()
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RESTRICTIONS	Do you want your license or ID card to show that you are an anatomical donor? <input type="checkbox"/> YES <input type="checkbox"/> NO	HEIGHT FT. IN.	WEIGHT LBS.	SEX (CIRCLE) M F X	HAIR COLOR	EYE COLOR
--------------	---	----------------------	----------------	-----------------------------	------------	-----------

NOTE: YOUR ADDRESS BELOW MUST BE CURRENT. THE U.S. POSTAL SERVICE WILL NOT FORWARD YOUR LICENSE OR ID CARD.

RESIDENCE ADDRESS	MAILING ADDRESS (IF DIFFERENT FROM RESIDENCE ADDRESS)
-------------------	---

CITY, STATE, ZIP CODE	CITY, STATE, ZIP CODE
-----------------------	-----------------------

CURRENT OR PREVIOUS MILITARY SERVICE: By checking this box I authorize DMV to send my name and address to the Oregon Department of Veterans' Affairs (ODVA) for the purpose of receiving benefit information.

NOTE: Voter registration forms are available at the DMV office. If you would like to register to vote today; please ask a DMV clerk.

DRIVING HISTORY:

1. Have you ever had a driver license from another state, U.S. territory, or country? YES NO If yes, what state or country: _____ Number (if known): _____
2. Is your driver license currently suspended, cancelled or revoked? YES NO
3. List other names you have used on a driver license or ID card. 1. _____ 2. _____

MEDICAL FITNESS: Skip this section if applying for an Identification Card.

Refer for Re-test if deficits are not severe and uncontrollable



DEPARTMENT OF TRANSPORTATION
DRIVER AND MOTOR VEHICLE SERVICES
1905 LANA AVE NE, SALEM OREGON 97314

DRIVER EVALUATION REQUEST

Clear Form

Print

DMV may require re-evaluation only when there is reason to believe that a driver may no longer be qualified to hold a license. The individual may be required to take vision, knowledge or driving tests or obtain a medical clearance.

INSTRUCTIONS:

1. Complete this form to request that DMV re-evaluate a driver's ability to drive safely.
2. Sign this request in the signature block provided. **Anonymous requests will not be honored.**
3. Mail or fax completed request to: DMV, Driver Safety Unit, 1905 Lana Avenue NE, Salem Oregon 97314; FAX: (503) 945-5329.

NAME OF PERSON TO BE RE-EVALUATED (Last, First, Middle)	SEX (Circle) M F X	ODL / CUSTOMER NUMBER	DATE OF BIRTH	
STREET ADDRESS	CITY	STATE	ZIP CODE	

DRIVER BEHAVIOR – Check appropriate boxes for driving problems you have observed:

- | | |
|---|--|
| <input type="checkbox"/> Does not see or react to other cars, pedestrians, etc. | <input type="checkbox"/> Applies brake and gas pedals at the same time |
| <input type="checkbox"/> Drives in wrong lane or on wrong side of road | <input type="checkbox"/> Is confused by traffic |
| <input type="checkbox"/> Allows car to drift in and out of lane | <input type="checkbox"/> Gets lost or confused while driving near home |
| <input type="checkbox"/> Drives on sidewalk | <input type="checkbox"/> Backs up or changes lanes without looking back or checking mirrors |
| <input type="checkbox"/> Makes turns from wrong lane | <input type="checkbox"/> Fails to react to traffic signals, other cars, pedestrians, etc. |
| <input type="checkbox"/> Turns in front of on-coming cars | <input type="checkbox"/> Has slow reaction times (caused by medications, drugs or condition) |
| <input type="checkbox"/> Acts violently or aggressively when driving | <input type="checkbox"/> Makes driving mistakes while talking to passengers |
| <input type="checkbox"/> Drives too slowly, or stops, for no reason | <input type="checkbox"/> Falls asleep while driving |

Driver re-evaluation request

Please use the space below and the back of this form to provide **specific information such as events, dates and places** which cause you to question the individual's ability to drive safely. If you believe the person has a medical condition/impairment that impacts safe driving, please provide information about its impact on their ability to safely operate a motor vehicle. Attach any supporting documentation.

▶ REQUESTS BASED ON AGE, DIAGNOSIS AND/OR GENERAL HEALTH ALONE WILL NOT BE HONORED. ◀

- Check here if you want your name kept confidential.** DMV may not be able to keep this request confidential if the driver requests a hearing or files a lawsuit against DMV.

YOUR RELATIONSHIP TO THE DRIVER:

- Law Enforcement Physician* Health Care Provider* (explain): _____
- Relative Friend DMV Employee Court Other (explain): _____

** Medical providers who are required to report patients under the mandatory reporting program must use DMV Form 735-7230. Please refer to www.OregonDMV.com for more information.*

YOUR NAME (Please Print)

SIGNATURE

X

DATE



DEPARTMENT OF TRANSPORTATION
DRIVER AND MOTOR VEHICLE SERVICES
1905 LANA AVE NE, SALEM OREGON 97314

MANDATORY IMPAIRMENT REFERRAL

Reset Form

(OAR CHAPTER 735 DIVISION 74)

THE MEDICAL INFORMATION IN THIS REPORT IS CONFIDENTIAL AND WILL BE USED BY THE DRIVER AND MOTOR VEHICLE SERVICES (DMV) ONLY TO DETERMINE THE QUALIFICATIONS OF THE PERSON TO OPERATE MOTOR VEHICLES.

LAST NAME (PLEASE PRINT)	FIRST NAME	MIDDLE NAME	SEX	ODL / CUSTOMER NUMBER	DATE OF BIRTH
RESIDENCE ADDRESS			CITY	STATE	ZIP CODE
COUNTY					

The underlying medical condition or diagnosis is: _____

IMPAIRMENT(S) IS: CHRONIC PROGRESSIVE DATE OF MOST RECENT EXAM: _____

The patient named above is over 14 years of age and has the impairment(s) checked or described below. The impairment(s) is documented as **severe and uncontrollable** and not correctable by medication, therapy and/or surgery, driving device and/or techniques. Submission of this form may result in an immediate suspension of the patient's driving privileges.

Checking one or more of the boxes below indicates that the above referenced patient has one or more severe and uncontrollable functional and/or cognitive impairments listed on the reverse side unless otherwise described below.

FUNCTIONAL IMPAIRMENTS: (Check all that apply.)

- | | |
|---|--|
| <input type="checkbox"/> VISUAL ACUITY and/or FIELD OF VISION
Patient is unable to meet the state vision standards listed below, even with correction: <ul style="list-style-type: none"> • Acuity must be no worse than 20/70 in the best eye • Horizontal field of vision of 110 degrees or greater (includes temporal and nasal vision of persons with usable vision in only one eye) | <input type="checkbox"/> STRENGTH
<input type="checkbox"/> PERIPHERAL SENSATION
<input type="checkbox"/> FLEXIBILITY
<input type="checkbox"/> MOTOR PLANNING & COORDINATION
<input type="checkbox"/> OTHER (describe): _____ |
|---|--|

COGNITIVE IMPAIRMENTS: (Check all that apply.)

- | | | |
|---|---|---|
| <input type="checkbox"/> ATTENTION
<input type="checkbox"/> JUDGMENT & PROBLEM SOLVING
<input type="checkbox"/> REACTION TIME
<input type="checkbox"/> PLANNING & SEQUENCING | <input type="checkbox"/> IMPULSIVITY
<input type="checkbox"/> VISUOSPATIAL
<input type="checkbox"/> MEMORY
<input type="checkbox"/> OTHER: _____ | <input type="checkbox"/> LOSS OF CONSCIOUSNESS OR CONTROL <ul style="list-style-type: none"> <input type="checkbox"/> Single recent episode: <input type="checkbox"/> Multiple recent episodes: <ul style="list-style-type: none"> - Date of Last Episode: _____ - Medication to prevent |
|---|---|---|

I qualify as a mandatory reporter because:

- I am the patient's Primary Care Provider.
- I am a physician, physician assistant or nurse practitioner providing specialist evaluation or ongoing care based on a referral from the patient's primary care provider related to a **cognitive or functional impairment** (see reverse).
- A health care provider (see reverse) providing health care services based on a referral from the person's primary care provider, and related to a **cognitive or functional impairment** (see reverse).
- A physician or health care provider (see reverse) providing emergency health care services to a person who does not have a primary care provider.

HEALTH CARE PROVIDER'S NAME (PLEASE PRINT)		SPECIALTY	LICENSE or CERTIFICATE #
MAILING ADDRESS		FAX #	TELEPHONE # (and EXT.)
CITY	STATE	ZIP CODE	COUNTY
SIGNATURE OF HEALTH CARE PROVIDER X			DATE SIGNED

735-7230 (5-16)

FAX or Mail Instructions on Reverse of form

STK# 300457

****You MUST report even if the patient voluntarily retires from driving****

After Reporting

In most cases DMV will suspend the individual's driving privileges. **Fewer than 10% of reported drivers ever regain their driving privileges.**

DMV notifies the individual that their suspension is effective five days from the date on the notice. They have the right to appeal the suspension by requesting an administrative hearing.

Many drivers surrender their driving privileges and request a quit driving identification card after being suspended under the medically at-risk program. See [below](#) to learn how to help your patients retire from driving.

If the individual wishes to regain their driving privileges, DMV's Medical Determination Officer (a physician on staff at DMV) reviews their medical and driving records to determine if they are safe to test. If it is determined that the person may be capable of safely testing, **they must first pass the knowledge test and then vision screening before being allowed to take a drive test.** If the individual does regain driving privileges, the Medical Determination Officer will decide under what conditions driving privileges may be reinstated based upon the medical information provided. Drivers may be required to medically recertify on a regular basis.

The reporting health care professional will be notified if their patient's driving privileges are reinstated.

Reporting health care professionals may inquire about the status of a report by contacting DMV's Driver Safety Unit at (503) 945-5083.



Drivers Ed

If you are required to stop at a railroad crossing and there is no stop line, you must stop at least ___ feet from the nearest rail.

- a. 15
- b. 12
- c. 20

Drivers Ed

Correct Answer

a. 15 feet



Driver assessment workflow

Identify

- Red flag condition
- Red flag medications
- Substance abuse
- Acute events
- Driving concerns

Assess

- Vision – acuity and peripheral vision
- Cognition – clock draw and Trails B
- Neuromuscular function – gait speed, strength, flexibility

Refer or Revoke

- Mild, controllable, reversible deficits = referral to DRS/CDRS
- Severe, uncontrollable, not reversible deficits = driving cessation

Case: Assessment and Plan

Borderline case: Did not require reporting on cognitive impairment alone and other deficits weren't severe.

Recommended he consider voluntary retirement from driving and if not now, prepare for this in the future. While driving, continue to limit this to local, daytime trips to familiar places.

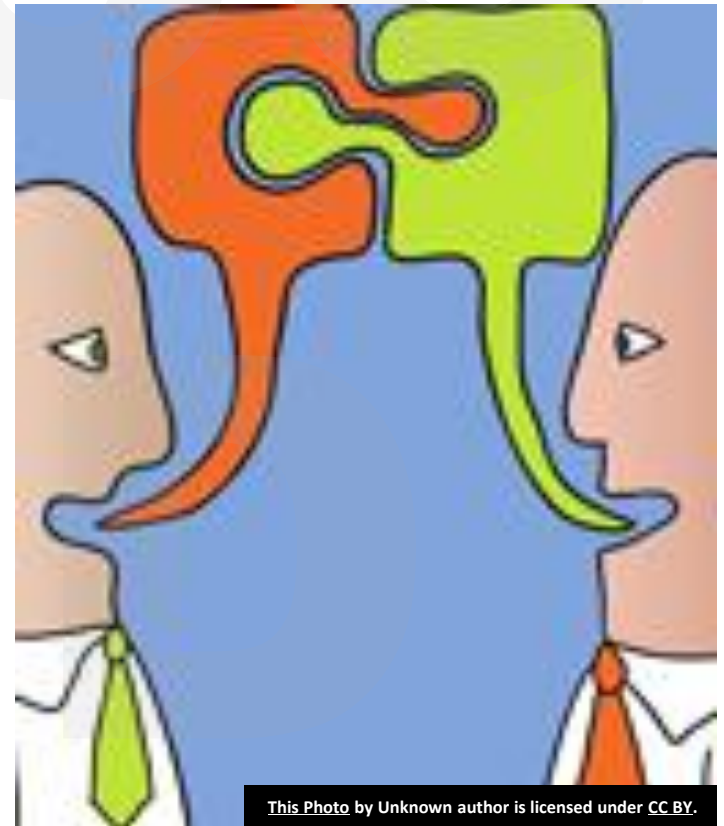
Messaged ophthalmology regarding driving assessment during appointment scheduled for later that week.

OT referral appropriate. Will revisit after eye exam.

Discontinue high risk medications (lorazepam). Start safer alternative medication.

Conversation Starters

- **Ask/Explore:** “What would it mean to you if you had to stop driving?” “Where are the most important places you go?”
- **Tell/Partner:** “There will be a time when your dementia has progressed to the point that it is no longer safe for you to drive. I will continue to work with you to assess driving safety and would like to assist you in driving safely for as long as you can.”
- **Empathize and Legitimize:** “I can only imagine what a disappointment this is. I wish the news could be different.”
- **Hope for Best, Plan for the Worst:** “I hope that you will be safe to drive for some time too, but we need a plan for what to do when it is no longer possible.”
- **Set Goals and Priorities:** “Let’s start with more evaluation to help us gauge this.” “Start driving only when and where you feel most comfortable, like only locally and during the day.” “In the next few months, look into ride sharing with friends and try taking a taxi/Uber/public transportation.”



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