



Oregon Nutrition Day 2026

"Fueling Future Generations"

- 8:30 a.m. **Welcome**
Leslie Myatt, Ph.D., FRCOG – Professor of Obstetrics and Gynecology, OHSU School of Medicine; Director, OHSU Bob and Charlee Moore Institute for Nutrition & Wellness; Director, OHSU Center for Developmental Health
- Moderator: Jenny Lee Berry**
- 8:45 a.m. ***Keynote: Oregon's community health and action to build healthy future generations***
Lisa Reynolds, M.D. – Oregon State Senator
- 9:45 a.m. ***Food Security: resources and policies at a county level that will build healthy future generations***
Annie Kirschner –Hunger Program Specialist, Multnomah County
- 10:15 a.m. **BREAK**
- 10:45 a.m. ***Advancing accessibility, sustainability and innovation in school meals***
Whitney Ellersick, M.S., RDN – Nutrition Services Executive Director, Hillsboro School District
- 11:15 a.m. ***The power of community: A journey to address food insecurity among OHSU students***
Jodi DeMunter, M.D. – Medical Director, OHSU Student Health and Wellness Center
Bea McGrath - Coordinator, OHSU Food Resource Center
- 11:45 a.m. **LUNCH**

Moderator: Nicolette Ulrich, M.A., M.N.M.

- 12:45 p.m. ***Harvest for healthy kids: A farm to preschool curriculum***
Kara Carsner – Nutrition Services Manager, Mt. Hood Community College
Head Start
DyLynn Robertson – Program Manager, Mt. Hood Community College
Head Start
- 1:15 p.m. ***OHSU healthy lifestyles: How multidisciplinary care builds healthier future generations***
Christina Gross, M.P.H., RD, LD – Clinical Pediatric Dietitian, OHSU
Doernbecher Children's Hospital
Angela-Tu Nguyen, M.D., FAAP – Assistant Professor of Pediatrics, OHSU
- 1:45 p.m. ***Early roots: Growing opportunities to nourish young children and families through farm to early care and education (ECE)***
Angela Hedstrom – Director of Community Food Systems, Ecotrust
Christina Heimann, MscN - Health and Nutrition Services Manager, Ecotrust
- 2:15 p.m. **BREAK**
- 2:45 p.m. ***Fueling future generations through healing, connection and understanding***
Jillene Joseph – Executive Director, Native Wellness Institute
- 3:15 p.m. ***Cultivating conversations about healthy food choices from the kitchen to the table, to the clinic***
Diane D. Stadler, Ph.D. – Director, Graduate Programs in Human Nutrition Professor, OHSU
- 4 p.m. ***The 100 Year Effect: Previewing a documentary featuring the Moore Institute's work to improve the health of future generations***
Liana Haywood, M.P.H. – Communications Manager, Bob and Charlee Moore Institute for Nutrition & Wellness
- 4:25 p.m. ***Closing***
Leslie Myatt, Ph.D., FRCOG – Professor of Obstetrics and Gynecology, OHSU School of Medicine; Director, OHSU Bob and Charlee Moore Institute for Nutrition & Wellness; Director, OHSU Center for Developmental Health