



## Oregon Nutrition Day 2026

*“Fueling Future Generations”*

8:30 a.m. **Welcome**

**Leslie Myatt, Ph.D., FRCOG** – Professor of Obstetrics and Gynecology, OHSU School of Medicine; Director, OHSU Bob and Charlee Moore Institute for Nutrition & Wellness; Director, OHSU Center for Developmental Health

**Moderator: Jenny Lee Berry**

8:45 a.m. ***Keynote: Oregon’s community health and action to build healthy future generations***

**Lisa Reynolds, M.D.** – Oregon State Senator

9:45 a.m. ***Food Security: resources and policies at a county level that will build healthy future generations***

**Annie Kirschner** – Hunger Program Specialist, Multnomah County

10:15 a.m. **BREAK**

10:45 a.m. ***Advancing accessibility, sustainability and innovation in school meals***

**Whitney Ellersick, M.S., RDN** – Nutrition Services Executive Director, Hillsboro School District

11:15 a.m. ***The power of community: A journey to address food insecurity among OHSU students***

**Jodi DeMunter, M.D.** – Medical Director, OHSU Student Health and Wellness Center

**Bea McGrath** - Coordinator, OHSU Food Resource Center

11:45 a.m. **LUNCH**

**Moderator: Nicolette Ulrich, M.A., M.N.M.**

12:45 p.m. ***Harvest for healthy kids: A farm to preschool curriculum***  
**Kara Carsner** – Nutrition Services Manager, Mt. Hood Community College Head Start  
**DyLynn Robertson** – Program Manager, Mt. Hood Community College Head Start

1:15 p.m. ***OHSU healthy lifestyles: How multidisciplinary care builds healthier future generations***  
**Christina Gross, M.P.H., RD, LD** – Clinical Pediatric Dietitian, OHSU Doernbecher Children's Hospital  
**Angela-Tu Nguyen, M.D., FAAP** – Assistant Professor of Pediatrics, OHSU

1:45 p.m. ***Early roots: Growing opportunities to nourish young children and families through farm to early care and education (ECE)***  
**Angela Hedstrom** – Director of Community Food Systems, Ecotrust  
**Christina Heimann, MscN** - Health and Nutrition Services Manager, Ecotrust

2:15 p.m. **BREAK**

2:45 p.m. ***Fueling future generations through healing, connection and understanding***  
**Jillene Joseph** – Executive Director, Native Wellness Institute

3:15 p.m. ***Cultivating conversations about healthy food choices from the kitchen to the table, to the clinic***  
**Diane D. Stadler, Ph.D.** – Director, Graduate Programs in Human Nutrition Professor, OHSU

4 p.m. ***The 100 Year Effect: Previewing a documentary featuring the Moore Institute's work to improve the health of future generations***  
**Liana Haywood, M.P.H.** – Communications Manager, Bob and Charlee Moore Institute for Nutrition & Wellness

4:25 p.m. ***Closing***  
**Leslie Myatt, Ph.D., FRCOG** – Professor of Obstetrics and Gynecology, OHSU School of Medicine; Director, OHSU Bob and Charlee Moore Institute for Nutrition & Wellness; Director, OHSU Center for Developmental Health