

Finding a New Doctor

Topic 2

What are some reasons you might need to find a new doctor?

Choosing a New Doctor

You may need to choose a new doctor because:

- You have moved far away,
- Your doctor has moved away,
- You have to wait too long for an appointment,
- Your doctor has stopped working,
- You do not feel comfortable with your current doctor, or
- Your doctor will not give you enough time to talk.




**What are some ideas to
help you find a new doctor?**

How to Find a New Doctor

- You can ask your friends about any good doctors they know.
- You can ask your former or current doctor for a recommendation.
- You can call or visit the **Oregon Health Plan (OHP)** website.
- You can call your **Coordinated Care Organization (CCO)**.



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**What do you need to
consider when looking for a
new doctor?**

What you Need from a New Doctor

- Does your doctor accept your medical insurance?
- Is the gender of your doctor important to you?
- Is the location of your doctor convenient for you?
- What accommodations do you need?



**What are some possible
accommodations you might need?**

Possible Accommodations

Wheelchair accessible

Sign Language Interpreters

Private place to wait

Extended appointment time

Accessible exam tables

Awareness of your anxiety or nervousness
around doctors



What Did I Learn?

I can take charge of my health care when I:

- Choose a doctor who best meets my health care needs.
- Understand what I need from a doctor.
- Ask a friend or my former/current doctor for recommendations.
- Contact my health insurance agency, the Oregon Health Plan (OHP) or my Coordinated Care Organization (CCO) for information.



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