

Finding a New Doctor

Topic 2

**What are some reasons you might
need to find a new doctor?**

Choosing a New Doctor

You may need to choose a new doctor because:

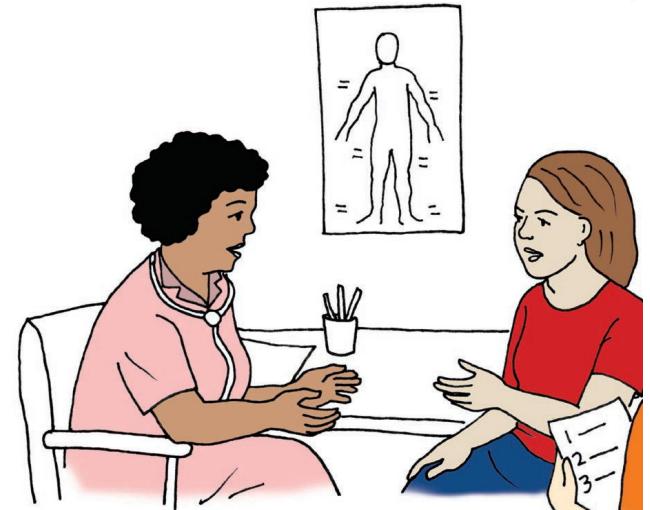
- You have moved far away,
- Your doctor has moved away,
- You have to wait too long for an appointment,
- Your doctor has stopped working,
- You do not feel comfortable with your current doctor, or
- Your doctor will not give you enough time to talk.



**What are some ideas to
help you find a new doctor?**

How to Find a New Doctor

- You can ask your friends about any good doctors they know.
- You can ask your former or current doctor for a recommendation.
- You can call or visit the **Oregon Health Plan (OHP)** website.
- You can call your **Coordinated Care Organization (CCO)**.



**What do you need to
consider when looking for a
new doctor?**

What you Need from a New Doctor

- Does your doctor accept your medical insurance?
- Is the gender of your doctor important to you?
- Is the location of your doctor convenient for you?
- What accommodations do you need?



What are some possible accommodations you might need?

Possible Accommodations

Wheelchair accessible

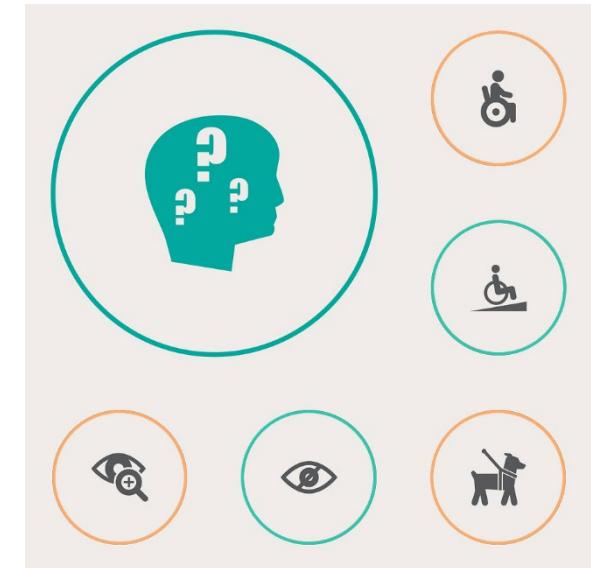
Sign Language Interpreters

Private place to wait

Extended appointment time

Accessible exam tables

Awareness of your anxiety or nervousness
around doctors



What Did I Learn?

I can take charge of my health care when I:

- Choose a doctor who best meets my health care needs.
- Understand what I need from a doctor.
- Ask a friend or my former/current doctor for recommendations.
- Contact my health insurance agency, the Oregon Health Plan (OHP) or my Coordinated Care Organization (CCO) for information.



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