



Oregon Health & Science University  
Hospital and Clinics Provider's Orders

PO7071



ADULT AMBULATORY INFUSION ORDER  
**Iron Infusion for Athletes**  
**Infusion**  
Page 1 of 3

ACCOUNT NO.  
MED. REC. NO.  
NAME  
BIRTHDATE

*Patient Identification*

**ALL ORDERS MUST BE MARKED IN INK WITH A CHECKMARK (✓) TO BE ACTIVE.**

Weight: \_\_\_\_\_ kg      Height: \_\_\_\_\_ cm

Allergies: \_\_\_\_\_

Diagnosis Code: \_\_\_\_\_

Treatment Start Date: \_\_\_\_\_ Patient to follow up with provider on date: \_\_\_\_\_

**\*\*This plan will expire after 365 days at which time a new order will need to be placed\*\***

#### **GUIDELINES FOR ORDERING**

1. Send **FACE SHEET and H&P or most recent chart note**.
2. If patient is pregnant, estimated due date is: \_\_\_\_\_.
3. Provider must order and obtain ferritin prior to patient being scheduled for iron infusion.  
Labs drawn date: \_\_\_\_\_.  
Copy of ferritin result must be attached.
4. Many insurance providers require a ferritin result within 90 days. If ferritin is not within 90 days of signed date then patient's insurance may deny coverage for this treatment.
5. This plan is intended for professional athletes. Per the World Anti-Doping Agency (WADA) Section M2.2: Infusion(s) must be restricted to 100 mL or less within a 12-hour period for both in-competitions and out-of-competitions.

#### **NURSING ORDERS:**

1. Hold treatment and notify provider if ferritin is greater than 300 ng/mL.
2. HYPERSENSITIVITY/INFUSION REACTION – Observe for signs and symptoms of hypersensitivity reactions during and for at least 30 minutes following infusion.
3. 0.9% sodium chloride infusion as needed for vein discomfort removed from this plan to accommodate volume restrictions. If vein discomfort occurs that is bothersome to the patient, contact provider for guidance.
4. Instruct patient to set follow up appointment with provider for follow up labs.
5. Follow facility policies and/or protocols for vascular access maintenance with appropriate flush solution, declotting (alteplase), and/or dressing changes.

#### **MEDICATIONS:**

- iron sucrose (VENOFER) injection, 200 mg, IV push over 5 minutes, for 5 doses over 14 days
- ferric derisomaltose (MONOFERRIC) injection, 500 mg, IV push over 2 minutes, once weekly for 3 doses
- ferumoxytol (FEREHEME) infusion, 510 mg, administer by IV infusion over 15 minutes, for 2 doses every 3 to 8 days



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**HYPERSensitivity MEDICATIONS:**

1. NURSING COMMUNICATION – If hypersensitivity or infusion reactions develop, temporarily hold the infusion and notify provider immediately. Administer emergency medications per the Treatment Algorithm for Acute Infusion Reaction (OHSU HC-PAT-133-GUD, HMC C-132). Refer to algorithm for symptom monitoring and continuously assess as grade of severity may progress.
2. NURSING COMMUNICATION – Avoid intravenous or oral diphenhydramine, move to next option in the algorithm. Adverse effects of diphenhydramine may overlap with IV iron adverse effects such as flushing, hypotension, tachycardia.
3. EPINEPHrine HCl (ADRENALIN) injection, 0.3 mg, intramuscular, AS NEEDED x 1 dose for hypersensitivity or infusion reaction
4. hydrocortisone sodium succinate (SOLU-CORTEF) injection, 100 mg, intravenous, AS NEEDED x 1 dose for hypersensitivity or infusion reaction
5. famotidine (PEPCID) injection, 20 mg, intravenous, AS NEEDED x 1 dose for hypersensitivity or infusion reaction

**By signing below, I represent the following:**

I am responsible for the care of the patient (*who is identified at the top of this form*);

I hold an active, unrestricted license to practice medicine in:  Oregon  \_\_\_\_\_ (check box that corresponds with state where you provide care to patient and where you are currently licensed. Specify state if not Oregon);

**My physician license Number is # \_\_\_\_\_ (MUST BE COMPLETED TO BE A VALID  
PRESCRIPTION); and I am acting within my scope of practice and authorized by law to order Infusion of the  
medication described above for the patient identified on this form.**

Provider signature: \_\_\_\_\_

Date/Time: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_



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**OLC Central Intake Nurse:**

Phone: 971-262-9645 (providers only) Fax: 503-346-8058

***Please check the appropriate box for the patient's preferred clinic location:***

**Beaverton**

OHSU Knight Cancer Institute  
15700 SW Greystone Court  
Beaverton, OR 97006

Phone number: 971-262-9000  
Fax number: 503-346-8058

**NW Portland**

Legacy Good Samaritan campus  
Medical Office Building 3, Suite 150  
1130 NW 22nd Ave.  
Portland, OR 97210  
Phone number: 971-262-9600  
Fax number: 503-346-8058

**Gresham**

Legacy Mount Hood campus  
Medical Office Building 3, Suite 140  
24988 SE Stark  
Gresham, OR 97030  
Phone number: 971-262-9500  
Fax number: 503-346-8058

**Tualatin**

Legacy Meridian Park campus  
Medical Office Building 2, Suite 140  
19260 SW 65th Ave.  
Tualatin, OR 97062  
Phone number: 971-262-9700  
Fax number: 503-346-8058

Infusion orders located at: [www.ohsuknight.com/infusionorders](http://www.ohsuknight.com/infusionorders)