

You will meet about 5 times with a Linkage Project Team Member over a 3-month period of time.
These meetings will be on the phone or on Zoom.

Month 1



Learn about
the Linkage
Project

Complete
sign-up and
health
history

Set goals
and get
health
education

Month 2



Get
referrals
and
resources

Check-in
and further
support

Month 3



Final
wrap-up