

The Linkage Project

Information for Potential Participants

The Oregon Office on Disability and Health (OODH) has a health program called the **Linkage Project**. The Linkage Project can connect you with health care and ways to be healthy in your community!

The Linkage Project may be for you if:

- You have a health need that is not being met
- You have a health goal you want to work on
- You want to learn about your health and wellbeing
- You want to connect with resources to better your health



You will be asked if you want to:

Tell us about your health and health care

Share what your health goals are

Learn about preventive health care and healthy habits

Share your information with the Oregon Office on Disability and Health



[Visit our Linkage Project Website](#)

Contact our Linkage Team at
oodhlink@ohsu.edu



How does the Linkage Project work?

You will meet about 5 times with a Linkage Project Team Member over a 3-month period of time. These meetings will be on the phone or on Zoom.

Month 1



Learn about the Linkage Project

Complete sign-up and health history

Set goals and get health education

Month 2



Get referrals and resources

Check-in and further support

Month 3



Final wrap-up

Meet the Linkage Project Team



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