

# The Linkage Project

## Information for Potential Participants

The **Oregon Office on Disability and Health (OODH)** has a health program called the **Linkage Project**. The Linkage Project can connect you with health care and ways to be healthy in your community!

The Linkage Project may be for you if:

- You have a health need that is not being met
- You have a health goal you want to work on
- You want to learn about your health and wellbeing
- You want to connect with resources to better your health



**You will be asked if you want to:**

Tell us about your health and health care

Share what your health goals are

Learn about preventive health care and healthy habits

Share your information with the Oregon Office on Disability and Health



[Visit our Linkage Project Website](#)

Contact our Linkage Team at  
[oodhlink@ohsu.edu](mailto:oodhlink@ohsu.edu)



# How does the **Linkage Project** work?

You will meet about 5 times with a Linkage Project Team Member over a 3-month period of time.  
These meetings will be on the phone or on Zoom.

## Month 1



Learn about  
the Linkage  
Project

Complete  
sign-up and  
health  
history

Set goals  
and get  
health  
education

## Month 2



Get  
referrals  
and  
resources

Check-in  
and further  
support

## Month 3



Final  
wrap-up

## Meet the Linkage Project Team



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