

Circle the answer: True or False

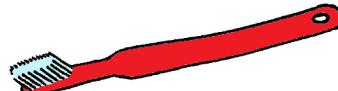
Taking care of your oral health helps:

- Prevent oral diseases such as cavities and gum disease.
True False
- Keep your breath smelling fresh and your teeth clean.
True False
- Your overall health.
True False

Label the correct order of steps to brush your teeth 1-4

- _____ Spit into the sink
- _____ Put a pea sized amount of toothpaste on your toothbrush
- _____ Rinse off your toothbrush and put it away
- _____ Brush the front and back of all your teeth and your tongue

Circle some the ways you can keep your teeth and mouth healthy!



Topic 11 Oral Health - Worksheet

Finish the sentence with the correct word from the word bank.

Word Bank:

Dentist

Brush

Receptionist

Cavity

Flossing

1. Before your dental appointment you should _____ and floss your teeth.
2. A _____ is the first person you will see at your dentist appointment.
3. A _____ is a doctor who specializes in oral health.
4. _____ helps to get the food and germs out from between your teeth.
5. A _____ is a hole in your tooth caused by germs in your mouth.

