

# **Actinic Keratosis Agents Step Therapy Guidelines**

# Affected Medication(s)

- Diclofenac 3% topical gel
- Carac (fluorouracil) 0.5% topical cream
- Fluorouracil 0.5% topical cream
- Tolak (fluorouracil) 4% topical cream
- Fluoroplex (fluorouracil) 1% topical cream
- Klisyri (tirbanibulin) topical ointment
- Zyclara (imiguimod) topical cream pack
- Imiquimod 3.75% topical cream
- Zyclara (imiquimod) topical cream metered dose pump
- Imiquimod 3.75% topical cream pump

# Step Therapy Requirements

#### Step 1 Drug(s):

- Imiquimod 5% topical cream pack
- Fluorouracil 5% topical cream

## Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 7/15/20, 3/17/21, 5/19/21, 7/21/23, 7/19/24, 7/18/25

Effective Date: 1/1/19, 5/1/21, 7/1/21, 9/15/23



# Amrix® (cyclobenzaprine HCI) Step Therapy Guidelines

# Affected Medication(s)

- Amrix (cyclobenzaprine HCl) ER oral capsule
- Cyclobenzaprine ER oral capsule

# **Step Therapy Requirements**

#### Step 1 Drug(s):

Cyclobenzaprine HCl oral tablet

# Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

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Last Reviewed: 10/3/18, 3/20/19, 9/15/21, 11/16/22, 11/17/23, 9/20/24

Effective Date: 1/1/19, 5/1/19



# Anticoagulant Agents Step Therapy Guidelines

# Affected Medication(s)

- dabigatran oral capsule
- Pradaxa (dabigatran etexilate mesylate) oral capsule
- Savaysa (edoxaban tosylate) oral tablet

### Step Therapy Requirements

#### Step 1 Drug(s):

- Eliquis (apixaban) oral tablet
- rivaroxaban oral tablet
- · Xarelto (rivaroxaban) oral tablet

# Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drugs within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

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Last Reviewed: 10/3/18, 9/18/19, 7/21/21, 7/20/22, 9/21/22, 9/15/23, 9/20/24, 9/19/25

Effective Date: 1/1/19, 10/15/19, 9/1/22, 11/1/22, 10/31/25



# **Antidepressant Agents Step Therapy Guidelines**

# Affected Medication(s)

- Bupropion XL 450 mg oral tablet
- Desvenlafaxine ER oral tablet
- Desvenlafaxine fumarate ER oral tablet
- Fetzima (levomilnacipran HCl) SA oral capsule
- Forfivo XL (bupropion HCI) ER oral tablet
- Fluvoxamine ER oral capsule
- Imipramine pamoate oral capsule
- Marplan (isocarboxazid) oral tablet
- Trimipramine maleate oral capsule
- Trintellix (vortioxetine hydrobromide) oral tablet

# Step Therapy Requirements

#### Step 1 Drug(s):

- Citalopram hydrobromide oral tablet
- Desvenlafaxine succinate ER oral tablet
- Escitalopram oxalate oral tablet
- Fluoxetine HCl oral tablet
- Fluoxetine HCl oral capsule
- Fluvoxamine maleate oral tablet
- Paroxetine HCl oral tablet
- Sertraline HCl oral tablet
- Venlafaxine HCl oral tablet
- Duloxetine HCl oral capsule

# Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

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Last Reviewed: 10/3/18, 5/19/21, 7/20/2022, 9/15/23, 9/20/24, 9/19/25

Effective Date: 1/1/19, 6/15/21, 9/1/22, 11/20/23, 10/15/24



# Antiglaucoma Agents Step Therapy Guidelines

# Affected Medication(s)

- Alphagan P 0.1% drops
- Alphagan P 0.15% eye drops
- Apraclonidine 0.5% eye drops
- Azopt (brinzolamide) ophthalmic drops
- Betimol eye drops
- Betoptic S 0.25% eye drops
- Bimatoprost eye drops
- Brimonidine tartrate 0.1% drops
- Brimonidine tartrate 0.15% drops
- Brimonidine-timolol 0.2%-0.5%
- Brinzolamide ophthalmic drops
- Combigan 0.2%-0.5% eye drops
- lopidine 1% eye drops
- Istalol 0.5% (timolol 0.5%) eye drops
- Lumigan (bimatoprost) ophthalmic drops
- Rhopressa (netarsudil mesylate) ophthalmic drops
- Simbrinza eye drop
- Tafluprost ophthalmic droperette
- Timolol maleate 0.25% and 0.5% eye drops (Timoptic Ocudose generic)
- Timoptic 0.25 and 0.5% Ocudose drops
- Travatan Z 0.004% (travoprost) ophthalmic drops
- Travoprost ophthalmic drops
- Vyzulta (latanoprostene bunod) ophthalmic drops
- Xelpros (latanoprost) ophthalmic emulsion
- Zioptan (tafluprost) ophthalmic droperette

# **Step Therapy Requirements**

#### Step 1 Drug(s):

- Brimonidine 0.2% drops
- Carteolol drops
- Dorzolamide drops
- Latanoprost drops
- Levobunolol drops
- Timolol maleate drops (Timoptic generic)

# Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2

 $Last\ Reviewed:\ 10/3/18,\ 3/20/19,\ 9/16/20,\ 11/17/21,\ 3/17/23,\ 11/20/23,\ 9/20/24,\ 11/15/24$ 

Effective Date: 1/1/19, 5/1/19, 11/15/20, 1/1/22, 6/1/23, 2/1/24, 10/15/24, 1/1/25



- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

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Last Reviewed: 10/3/18, 3/20/19, 9/16/20, 11/17/21, 3/17/23, 11/20/23, 9/20/24, 11/15/24

Effective Date: 1/1/19, 5/1/19, 11/15/20, 1/1/22, 6/1/23, 2/1/24, 10/15/24, 1/1/25



# **Antihypertensive Agents Step Therapy Guidelines**

# Affected Medication(s)

- Aliskiren hemifumarate
- Amlodipine besylate-valsartan-hydrochlorothiazide oral tablet
- Atacand (candesartan cilexetil) oral tablet
- Atacand HCT (candesartan cilexetil-hydrochlorothiazide) oral tablet
- Candesartan cilexetil oral tablet
- Candesartan cilexetil-hydrochlorothiazide oral tablet
- Captopril-hydrochlorothiazide oral tablet
- · Edarbi (azilsartan medoxomil) oral tablet
- Edarbyclor (azilsartan medoxomil-chlorthalidone) oral tablet
- Exforge HCT (amlodipine besylate-valsartan-hydrochlorothiazide) oral tablet
- Kapspargo (metoprolol) oral sprinkle
- Micardis HCT (telmisartan-hydrochlorothiazide) oral tablet
- Olmesartan-amlodipine-hydrochlorothiazide oral tablet
- Prestalia (perindopril arginine-amlodipine besylate) oral tablet
- Tekturna (aliskiren hemifumarate) oral tablet
- Telmisartan-amlodipine besylate oral tablet
- Telmisartan-hydrochlorothiazide oral tablet
- Trandolapril-verapamil oral tablet
- Tribenzor (olmesartan medoxomil-amlodipine besylate-hydrochlorothiazide) oral tablet

# Step Therapy Requirements

#### Step 1 Drug(s):

- Bisoprolol-hydrochlorothiazide oral tablet
- Irbesartan oral tablet
- Irbesartan-hydrochlorothiazide oral tablet
- Losartan potassium oral tablet
- Losartan-hydrochlorothiazide oral tablet
- Olmesartan-hydrochlorothiazide
- Valsartan oral tablet
- Valsartan-hydrochlorothiazide oral tablet

## Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

Last Reviewed: 10/3/18, 9/18/19, 9/15/21, 9/21/22, 1/20/23, 9/15/23, 9/20/24, 9/19/25

Effective Date: 1/1/19, 10/15/19, 11/1/21, 11/1/22, 3/15/23, 10/15/24



# Note:

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Last Reviewed: 10/3/18, 9/18/19, 9/15/21, 9/21/22, 1/20/23, 9/15/2023, 9/20/24, 9/19/25

Effective Date: 1/1/19, 10/15/19, 11/1/21, 3/15/23, 10/15/24



# **Antiparkinson Agents Step Therapy Guidelines**

# Affected Medication(s)

- Neupro transdermal patch
- Ongentys oral capsule
- Xadago oral tablet

### **Step Therapy Requirements**

### Step 1 Drug(s):

- Entacapone
- Pramipexole
- Ropinirole
- Selegiline capsule or tablet

## Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of TWO Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drug(s) is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

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Last Reviewed: 11/18/20, 1/19/22, 1/20/23, 1/19/24, 1/17/25

Effective Date: 1/15/21, 3/15/23, 2/1/25



# Aptiom<sup>®</sup> (eslicarbazepine), Xcopri<sup>®</sup> (cenobamate) Step Therapy Guidelines

# Affected Medication(s)

- Aptiom (eslicarbazepeine) oral tablet
- Eslicarbazepine oral tablet
- Xcopri (cenobamate) oral tablet

# **Step Therapy Requirements**

#### Step 1 Drug(s):

- Carbamazepine oral tablet
- Gabapentin oral capsule
- Gabapentin oral tablet
- Lacosamide oral tablet
- Oxcarbazepine oral tablet
- Phenobarbital oral tablet
- Phenytoin oral capsule
- Pregabalin oral capsule
- Primidone oral tablet

# Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drugs within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drugs, documentation of trial, intolerance or contraindication to TWO Step 1 Drugs are required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

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Last Reviewed: 1/20/2021, 3/16/22, 7/21/23, 7/19/24, 9/20/24, 7/18/25

Effective Date: 3/15/2021, 9/15/23, 10/15/24, 8/1/25



# Armour Thyroid Step Therapy Guidelines

# Affected Medication(s)

Armour Thyroid oral tablet

# Step Therapy Requirements

### Step 1 Drug(s):

- Levothyroxine capsule
- Liothyronine tablet

# Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug, documentation of trial, intolerance or contraindication to TWO Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

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Last Reviewed: 3/21/25 Effective Date: 4/1/25



# Atypical Antipsychotic Agents Step Therapy Guidelines

# Affected Medication(s)

#### Step 2 Drug(s)

- Invega (paliperidone) ER oral tablet
- Paliperidone ER oral tablet
- Rexulti (brexpiprazole) oral tablet
- Saphris (asenapine maleate) sublingual tablet
- Asenapine sublingual tablet
- Vraylar (cariprazine) oral capsule

#### Step 3 Drug(s)

- Caplyta (lumateperone) oral capsule
- Fanapt (iloperidone) oral tablet
- Secuado (asenapine) transdermal

# **Step Therapy Requirements**

#### Step 1 Drug(s)

- Aripiprazole oral tablet
- Olanzapine oral tablet
- Quetiapine fumarate oral tablet
- Risperidone oral tablet

#### Step 2 Drug(s)

- Invega (paliperidone) ER oral tablet
- Paliperidone ER oral tablet
- Rexulti (brexpiprazole) oral tablet
- Saphris (asenapine maleate) sublingual tablet
- Asenapine sublingual tablet
- Vraylar (cariprazine) oral capsule

#### Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes for Step 2 drug, approve for 12 months
  - b. If yes for Step 3 drug, continue to #3
  - c. If no for Step 2 or Step 3 drug, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 1 Drug is required
  - a. If yes for Step 2 drug, approve for 12 months
  - b. If yes for Step 3 drug, continue to #3
  - c. If no for Step 2 or Step 3 drug, clinical review required

Last Reviewed: 10/3/18, 3/18/20, 9/16/20, 5/19/21, 11/16/22, 11/17/23, 11/15/24

Effective Date: 1/1/19, 5/1/20, 11/15/20, 7/1/21, 1/1/23, 1/1/25



- 3. Prescription claim for ONE Step 2 Drug(s) within the past 180 days (Note: 90 days of claim history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #4
- 4. If no claim history of Step 2 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 2 Drugs required.
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

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Last Reviewed: 10/3/18, 3/18/20, 9/16/20, 5/19/21, 11/16/22, 11/17/23, 11/15/24

Effective Date: 1/1/19, 5/1/20, 11/15/20, 7/1/21, 1/1/23, 1/1/25



# **Bisphosphonate Agents Step Therapy Guidelines**

# Affected Medication(s)

- · Actonel (risedronate sodium) oral tablet
- Atelvia (risedronate sodium) DR oral tablet
- Binosto (alendronate sodium) effervescent tablet
- Fosamax Plus D (alendronate sodium-cholecalciferol) oral tablet
- Risedronate sodium DR oral tablet
- Risedronate sodium oral tablet

# **Step Therapy Requirements**

#### Step 1 Drug(s):

Alendronate sodium oral tablet

## Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

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Last Reviewed: 10/3/18, 7/21/21, 11/16/22, 11/17/23, 9/20/24

Effective Date: 1/1/19



# **Constipation Agents Step Therapy Guidelines**

# Affected Medication(s)

#### Step 2 Drug(s)

- · Linzess (linaclotide) oral capsule
- Motegrity (prucalopride) oral tablet
- Movantik (naloxegol) oral tablet
- Prucalopride oral tablet
- Symproic (naldemedine) oral tablet

#### Step 3 Drug(s)

- Amitiza (lubiprostone) oral capsule
- lubiprostone oral capsule
- Trulance (plecanatide) oral tablet

## Step Therapy Requirements

#### Step 1 Drug(s):

- polyethylene glycol 3350 powder
- lactulose solution

#### Step 2 Drug(s)

- Linzess (linaclotide) oral capsule
- Motegrity (prucalopride) oral tablet
- Movantik (naloxegol) oral tablet
- Symproic (naldemedine) oral tablet

#### Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes for Step 2 drug, approve for 12 months
  - b. If yes for Step 3 drug, continue to #3
  - c. If no for Step 2 or Step 3 drug, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 1 Drug is required
  - a. If yes for Step 2 drug, approve for 12 months
  - b. If yes for Step 3 drug, continue to #3
  - c. If no for Step 2 or Step 3 drug, clinical review required
- 3. Prescription claim for ONE Step 2 Drug(s) within the past 180 days (Note: 90 days of claim history required for authorization)
  - a. If yes, approve for 12 months

Last Reviewed: 10/3/18, 7/17/19, 5/19/21, 3/17/23, 3/15/24, 5/17/24, 1/17/25

Effective Date: 1/1/19, 9/1/19, 7/1/21, 6/15/24, 2/1/25



- b. If no, continue to #4
- 4. If no claim history of Step 2 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 2 Drugs required.
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

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Last Reviewed: 10/3/18, 7/17/19, 5/19/21, 3/17/23, 3/15/24, 5/17/24, 1/17/25

Effective Date: 1/1/19, 9/1/19, 7/1/21, 6/15/24, 2/1/25



# Coreg CR<sup>®</sup> (carvedilol phosphate) Step Therapy Guidelines

# Affected Medication(s)

- Carvedilol ER (carvedilol phosphate) oral capsule
- Coreg CR (carvedilol phosphate) oral capsule

# Step Therapy Requirements

#### Step 1 Drug(s):

- Bisoprolol oral tablet
- Carvedilol oral tablet
- Metoprolol succinate ER oral tablet
- Nebivolol oral tablet

# Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drugs within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drugs, documentation of trial, intolerance or contraindication to TWO Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

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Last Reviewed: 10/3/18, 7/21/21, 11/16/22, 11/17/23, 9/20/24

Effective Date: 1/1/19, 9/1/21, 1/1/23



# Dipeptidyl Peptidase-4 Enzyme Inhibitor Agents Step Therapy Guidelines

## Affected Medication(s)

#### Step 2 Drug(s):

- Januvia (sitagliptin phosphate) oral tablet
- Janumet (sitagliptin phosphate-metformin HCI) oral tablet
- Janumet XR (sitagliptin phosphate-metformin HCl) oral tablet
- Jentadueto (linagliptin-metformin HCI) oral tablet
- Jentadueto XR (linagliptin-metformin HCl) oral tablet
- Tradjenta (linagliptin) oral tablet

#### Step 3 Drug(s)

- Alogliptin benzoate oral tablet
- Alogliptin benzoate-pioglitazone HCl oral tablet
- Kazano (alogliptin benzoate-metformin HCI) oral tablet
- Alogliptin benzoate-metformin HCl oral tablet
- Kombiglyze XR (saxagliptin HCI-metformin HCI) oral tablet
- Onglyza (saxagliptin HCl) oral tablet
- Oseni (alogliptin benzoate-pioglitazone HCl) oral tablet
- Nesina (alogliptin) oral tablet
- Saxagliptin-metformin HCI ER oral tablet
- Sitagliptin oral tablet
- Sitagliptin-metformin oral tablet
- Zituvimet (sitagliptin-metformin) oral tablet
- Zituvimet XR (sitagliptin-metformin) oral tablet
- Zituvio (sitagliptin) oral tablet

## **Step Therapy Requirements**

#### Step 1 Drug(s):

- Metformin HCl oral tablet
- Metformin HCI ER oral tablet

#### Step 2 Drug(s):

- Januvia (sitagliptin phosphate) oral tablet
- Janumet (sitagliptin phosphate-metformin HCI) oral tablet
- Janumet XR (sitagliptin phosphate-metformin HCl) oral tablet

#### Step Therapy Criteria

- 1. Is the request for a Step 2 medication?
  - a. If yes continue to #2
  - b. If no, continue to #4

Last Reviewed: 10/3/18, 3/17/21, 3/16/22, 3/17/23, 9/15/23, 1/19/24, 5/17/24, 7/19/24, 11/15/24

Effective Date: 1/1/19, 5/1/21, 5/1/22, 11/20/23, 3/1/24, 6/15/24, 8/15/24, 1/1/25



- 2. Does the member have prescription claim for ONE Step 1 Drug within the past 180 days? (Note: 90 days of claims history required for authorization)
  - a. If yes, approve Step 2 Drug for 12 months
  - b. If no, continue to #3
- 3. Does the member have documentation of trial, intolerance or contraindication to ONE Step 1 Drug?
  - a. If yes, approve Step 2 Drug for 12 months.
  - b. If no, clinical review required
- 4. Does the member have prescription claim for ONE Step 1 Drug within the past 180 days? (Note: 90 days of claims history required for authorization)
  - a. If yes, continue to #6
  - b. If no, continue to #5
- 5. Does the member have documentation of trial, intolerance or contraindication to ONE Step 1 Drug?
  - a. If yes, continue to #6
  - b. If no, clinical review required
- 6. Does the member have prescription claim(s) for TWO Step 2 Drugs containing different DPP4 inhibitors within the past 180 days? (Note: 90 days of claims history required for authorization)
  - a. If yes, approve Step 3 drug for 12 months
  - b. If no, continue to #7
- 7. Does the member have documentation of trial, intolerance, or contraindication to TWO Step 2 Drugs contain different DPP4 inhibitors?
  - a. If yes, approve Step 3 drug for 12 months
  - b. If no, clinical review is required

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Effective Date: 1/1/19, 5/1/21, 5/1/22, 11/20/23, 3/1/24, 6/15/24, 8/15/24, 1/1/25



# Dry Eye Agents Step Therapy Guidelines

# Affected Medication(s)

- Tyrvaya (varenicline) Nasal Spray
- Xiidra (lifitegrast) Ophthalmic Solution

# Step Therapy Requirements

#### Step 1 Drug(s):

- Artificial tears
- Cyclosporine Ophthalmic Solution

## Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug, documentation of trial, intolerance or contraindication to TWO Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 7/20/22, 5/19/23, 9/15/23, 5/17/24, 11/15/24, 9/19/25 Effective Date: 9/15/22, 7/15/23, 11/20/23, 8/1/24, 1/1/25, 10/31/25



# fidaxomicin Step Therapy Guidelines

# Affected Medication(s)

- Dificid (fidaxomicin) oral tablet
- Dificid (fidaxomicin) oral suspension
- fidaxomicin oral tablet

# Step Therapy Requirements

### Step 1 Drug(s):

Vancomycin HCl

# Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug within the past 180 days
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug, documentation of trial, intolerance or contraindication to ONE Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 7/21/21, 11/16/22, 11/17/23, 1/19/24, 1/17/25, 3/21/25, 9/19/25

Effective Date: 1/1/19, 9/1/21, 1/1/23, 4/1/25, 10/31/25



# Inhaled Corticosteroid- Long Acting Beta Agonist Combination Agents Step Therapy Guidelines

# Affected Medication(s)

- Advair HFA (fluticasone propionate-salmeterol xinafoate) inhalation aerosol
- Dulera (mometasone furoate-formoterol fumarate) inhalation aerosol
- Fluticasone propionate-salmeterol xinafoate inhalation aerosol

# Step Therapy Requirements

### Step 1 Drug(s):

- AirDuo RespiClick (fluticasone propionate-salmeterol) inhalation powder
- Fluticasone propionate-salmeterol inhalation powder
- Breo Ellipta (fluticasone furoate-vilanterol) inhalation powder
- Fluticasone furoate-vilanterol inhalation powder
- Symbicort (budesonide-formoterol fumarate) inhaler
- Breyna (budesonide-formoterol fumarate) inhaler
- Budesonide-formoterol fumarate inhaler

### Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drugs within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drugs, documentation of trial, intolerance or contraindication to TWO Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 11/20/19, 9/16/20, 7/21/21, 11/16/22, 3/17/23, 3/15/24, 5/17/24, 5/16/25

Effective Date: 1/1/19, 2/1/19, 11/15/20, 1/1/23, 6/1/23, 6/15/24, 6/1/25



# Inhaled Corticosteroid Agents Step Therapy Guidelines

# Affected Medication(s)

- Asmanex HFA
- Asmanex Twisthaler
- Alvesco Inhaler
- Armonair Digihaler
- Pulmicort Flexhaler
- Qvar Redihaler

# Step Therapy Requirements

#### Step 1 Drug(s):

- Arnuity Ellipta
- Fluticasone propionate HFA
- Fluticasone propionate diskus

# Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drugs within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drugs, documentation of trial, intolerance or contraindication to TWO Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 11/15/24 Effective Date: 1/1/25



# Insomnia Agents Step Therapy Guidelines

# Affected Medication(s)

- Dayvigo (lemborexant) oral tablet
- Doxepin oral tablet
- Edluar (zolpidem tartrate) sublingual tablet
- Silenor (doxepin HCl) oral tablet
- Zolpidem tartrate sublingual tablet
- Zolpidem tartrate oral capsule

# **Step Therapy Requirements**

#### Step 1 Drug(s):

- Estazolam oral tablet
- Eszopiclone oral tablet
- Ramelteon oral tablet
- Temazepam oral capsule
- Zaleplon oral capsule
- Zolpidem tartrate oral tablet

## Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 1/21/20, 3/18/20, 9/16/20, 1/19/22, 3/16/22, 7/21/23, 9/20/24, 9/19/25

Effective Date: 1/1/19, 5/1/20, 11/1/20, 5/1/22, 9/15/23, 10/15/24, 10/31/25



# Long-Acting Beta Agonist & Long Acting Antimuscarinic Combination Agents Step Therapy Guidelines

# Affected Medication(s)

- Bevespi Aerosphere
- Duaklir Pressair

### Step Therapy Requirements

#### Step 1 Drug(s):

- Anoro Ellipta
- Stiolto Respimat

# Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 11/15/24 Effective Date: 1/1/25



# Long-Acting Beta Agonist Agents Step Therapy Guidelines

# Affected Medication(s)

- Brovana (arformoterol tartrate) inhalation solution
- arformoterol tartrate inhalation solution
- Perforomist (fomoterol fumerate) inhalation solution
- formoterol fumerate inhalation solution

#### Step Therapy Requirements

# Step 1 Drug(s):

- Serevent Diskus (salmeterol xinafoate) inhalation powder
- Striverdi Respimat (olodaterol) inhaler spray

## Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug, documentation of trial, intolerance or contraindication to ONE Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 11/20/19, 7/21/21, 11/16/22, 3/15/24, 3/21/25

Effective Date: 1/1/19, 1/1/20, 1/1/23



# Long-Acting Antimuscarinic Agents Step Therapy Guidelines

# Affected Medication(s)

- Tudorza Pressair (aclidinium bromide) inhalation powder
- · Yupelri (revefenacin) solution

# **Step Therapy Requirements**

#### Step 1 Drug(s):

- Incruse Ellipta (umeclidinium bromide) inhalation powder
- Spiriva (tiotropium bromide) Handihaler/Respimat
- tiotropium bromide inhalation powder capsules

## Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 11/20/19, 7/21/21, 11/16/22, 3/15/24, 3/21/25

Effective Date: 1/1/19, 1/1/20, 2/1/20, 1/1/23, 6/1/24



# Long-Acting Insulin Agents Step Therapy Guidelines

### Affected Medication(s)

- Basaglar Kwikpen U-100 (insulin glargine) subcutaneous insulin pen
- Basaglar Tempo U-100 (insulin glargine) subcutaneous insulin pen
- Levemir (insulin detemir) subcutaneous vial
- Levemir Flexpen (insulin detemir) subcutaneous insulin pen
- Semglee YFGN (insulin glargine-yfgn) subcutaneous vial
- Semglee YFGN (insulin glargine-yfgn) subcutaneous pen
- Tresiba Flextouch U-100 (insulin degludec) subcutaneous insulin pen
- Tresiba Flextouch U-200 (insulin degludec) subcutaneous insulin pen
- Tresiba U-100 subcutaneous vial
- Toujeo Max Solostar (insulin glargine) subcutaneous insulin pen
- Insulin glargine Max Solostar subcutaneous insulin pen
- Toujeo Solostar (insulin glargine) subcutaneous insulin pen
- Insulin glargine Solostar subcutaneous insulin pen
- Insulin glargine 100 unit/mL subcutaneous vial

### Step Therapy Requirements

#### Step 1 Drug(s):

- Insulin glargine-yfgn subcutaneous vial
- Insulin glargine-yfgn subcutaneous pen
- Rezvoglar subcutaneous kwikpen
- Lantus subcutaneous vial
- Lantus Solostar subcutaneous pen
- Insulin degludec subcutaneous vial
- Insulin degludec U-100 subcutaneous pen
- Insulin degludec U-200 subcutaneous pen

### Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 3/17/21, 11/16/22, 5/19/23, 3/15/24, 7/19/24, 3/21/25 Effective Date: 1/1/19, 5/1/21, 2/1/23, 7/15/23, 9/1/23, 4/15/24, 8/15/24, 4/1/25



# Long-Acting Opioid Agents Step Therapy Guidelines

# riAffected Medication(s)

- Hydromorphone ER oral tablet
- Nucynta ER
- Oxymorphone ER oral tablet
- Oxycontin (oxycodone HCl) oral tablet
- Xtampza ER (oxycodone myristate) oral capsule

# **Step Therapy Requirements**

#### Step 1 Drug(s):

- Fentanyl transdermal patch
- Morphine sulfate ER oral tablet
- Morphine sulfate ER oral capsule

# Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 9/18/19, 9/15/21, 3/16/22, 5/19/23, 5/17/24, 5/16/25

Effective Date: 1/1/19, 10/15/19, 5/1/22, 8/1/24



# Nasal Steroid Agents Step Therapy Guidelines

# Affected Medication(s)

- Dymista (azelastine HCI-fluticasone propionate) nasal spray
- Azelastine-fluticasone nasal spray
- Ryaltris (olopatadine-mometasone) spray

### Step Therapy Requirements

#### Step 1 Drug(s):

- Flunisolide nasal spray
- Fluticasone propionate nasal spray
- Olopatadine nasal spray

## Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

# Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 5/20/20, 3/17/21, 3/16/22, 11/16/22, 11/17/23, 9/20/24

Effective Date: 1/1/19, 7/1/20, 5/1/22, 1/1/23



# NSAID Agents Step Therapy Guidelines

# Affected Medication(s)

- Daypro oral tablet
- Ketoprofen oral capsule
- Ketoprofen ER oral capsule
- Kiprofen oral capsule
- Meclofenamate oral capsule
- Oxaprozin oral tablet
- Sprix (ketorolac tromethamine) nasal spray
- Ketorolac tromethamine nasal spray

# Step Therapy Requirements

#### Step 1 Drug(s):

- Diclofenac potassium oral tablet
- Diclofenac sodium DR oral tablet
- Diclofenac sodium ER oral tablet
- Ibuprofen oral tablet
- Indomethacin oral capsule
- Meloxicam oral tablet
- Nabumetone oral tablet
- Naproxen oral tablet
- Naproxen DR oral tablet
- Piroxicam oral capsule
- Sulindac oral tablet

#### Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

## Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 9/16/20, 1/19/22, 1/20/23, 1/19/24, 5/17/24, 5/16/25

Effective Date: 1/1/19, 11/15/20, 3/1/22, 3/15/23, 8/1/24



# Overactive Bladder Agents Step Therapy Guidelines

# Affected Medication(s)

- Darifenacin ER oral tablet
- fesoterodine fumarate ER oral tablet
- Gemtesa (vibegron) oral tablet
- Mirabegron ER oral tablet
- Myrbetriq (mirabegron) ER suspension
- Myrbetriq (mirabegron) ER oral tablet
- Oxytrol (oxybutynin) transdermal patch
- Toviaz (fesoterodine fumarate) ER oral tablet
- Trospium ER oral capsule
- Vesicare LS (solifenacin succinate) oral suspension

# Step Therapy Requirements

#### Step 1 Drug(s):

- Oxybutynin chloride oral tablet
- Oxybutynin chloride ER oral tablet
- Tolterodine tartrate oral tablet
- Trospium chloride oral tablet
- Solifenacin succinate oral tablet

### Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 3/17/21, 9/15/21, 3/16/22, 7/20/22, 1/20/23, 1/19/24, 5/17/24, 9/20/24, 9/19/25

Effective Date: 1/1/19, 5/1/21, 11/1/21, 5/1/22, 9/1/22, 3/15/23, 6/15/24, 10/15/24



# Pancreatic Enzymes Step Therapy Guidelines

# Affected Medication(s)

- Pancreaze (lipase/protease/amylase) capsule
- Pertzye (lipase/protease/amylase) capsule
- Viokace (lipase/protease/amylase) capsule

# Step Therapy Requirements

#### Step 1 Drug(s):

- Creon (lipase/protease/amylase) capsule
- Zenpep (lipase/protease/amylase) capsule

# Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

Last Reviewed: 7/17/19, 7/21/21, 7/20/22, 7/21/23, 7/19/24, 7/18/25

Effective Date: 9/1/19



# **PCSK9 Inhibitor Agents Step Therapy Guidelines**

# Affected Medication(s)

- Praluent subcutaneous solution
- Repatha subcutaneous solution

# **Step Therapy Requirements**

#### Step 1 Drug(s):

- Atorvastatin calcium oral tablet
- Lovastatin oral tablet
- Pravastatin sodium oral tablet
- Rosuvastatin calcium oral tablet
- Simvastatin oral tablet

## Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 11/15/24 Effective Date: 1/1/25



# Proton Pump Inhibitor Agents Step Therapy Guidelines

# Affected Medication(s)

- Aciphex Sprinkle (rabeprazole sodium) DR oral capsule
- · rabeprazole sprinkle DR oral capsule
- Dexilant (dexlansoprazole) DR oral capsule
- dexlansoprazole DR oral capsule
- Nexium (esomeprazole magnesium) DR oral suspension packet
- esomeprazole DR oral suspension packet
- esomeprazole magnesium suspension packet
- Prevacid (lansoprazole) DR Solutab
- lansoprazole ODT tablet
- Prilosec (omeprazole magnesium) DR oral suspension packet
- Protonix (pantoprazole sodium) DR oral granule packet
- pantoprazole DR oral granule packet

## Step Therapy Requirements

#### Step 1 Drug(s):

- esomeprazole DR oral capsule
- lansoprazole DR oral capsule
- omeprazole DR oral capsule
- pantoprazole sodium DR oral tablet
- rabeprazole DR oral tablet

#### Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 5/20/20, 9/16/20, 1/19/22, 3/17/23, 1/19/24, 1/17/25, 3/21/25

Effective Date: 1/1/19, 7/1/20. 11/15/20, 3/1/22, 3/1/24, 4/1/25



# Pregabalin CR Step Therapy Guidelines

# Affected Medication(s)

- Lyrica CR (pregabalin) oral tablet
- Pregabalin CR tablet

# Step Therapy Requirements

#### Step 1 Drug(s):

- Duloxetine HCI DR oral capsule
- Gabapentin oral capsule
- Gabapentin oral solution
- · Gabapentin oral tablet

# Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 11/20/19, 5/19/21, 5/18/22, 7/21/23, 7/19/24, 7/18/25

Effective Date: 1/1/19, 1/1/20, 7/1/21, 8/1/25



# Rosacea Agents Step Therapy Guidelines

# Affected Medication(s)

- Epsolay (benzoyl peroxide) 5% cream pump
- Finacea (azelacid acid) 15% foam
- Metrolotion (metronidazole) 0.75% lotion
- Metronidazole 0.75% lotion
- Mirvaso (brimonidine tartrate) topical gel pump
- Brimonidine tartrate topical gel pump
- Rhofade (oxymetazoline HCI) topical cream
- Soolantra (ivermectin) 1% cream
- Ivermectin 1% cream
- Zilxi (minocycline) topical foam

# Step Therapy Requirements

#### Step 1 Drug(s):

- Metronidazole topical cream
- Metronidazole topical gel pump
- Metronidazole topical gel
- Azelaic acid gel

# Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 7/15/20, 9/16/20, 1/19/22, 7/20/22, 5/19/23, 7/21/23, 7/19/24, 7/18/25

Effective Date: 1/1/19, 08/15/20, 11/15/20, 3/1/22, 9/1/22, 9/15/23



# Sodium-Glucose Cotransporter-2 Inhibitors Step Therapy Guidelines

## Affected Medication(s)

#### Step 2 Drugs:

- · Bexagliflozin oral tablet
- Brenzavvy (bexagliflozin) oral tablet
- Dapagliflozin propanediol oral tablet
- Dapagliflozin propanediol-metformin HCl ER oral tablet
- Glyxambi (empagliflozin-linagliptin) oral tablet
- Inpefa (sotagliflozin) oral tablet
- Invokamet (canagliflozin-metformin HCI) oral tablet
- Invokamet XR (canagliflozin-metformin HCl) oral tablet
- Invokana (canagliflozin) oral tablet
- Qtern (dapagliflozin propanediol-saxagliptin HCI) oral tablet
- Segluromet (ertugliflozin pidolate-metformin HCl) oral tablet
- Stegletro (ertugliflozin pidolate) oral tablet
- Steglujan (ertugliflozin pidolate-sitagliptin phosphate) oral tablet

# Step Therapy Requirements

#### Step 1 Drugs:

- Farxiga (dapagliflozin propanediol) oral tablet
- Jardiance (empagliflozin) oral tablet
- Synjardy (empagliflozin-metformin HCI) oral tablet
- Synjardy XR (empagliflozin-metformin HCl) oral tablet
- Xigduo XR (dapagliflozin propanediol-metformin HCI) oral tablet
- Trijardy XR (empagliflozin-linagliptin-metformin) oral tablet

## Step Therapy Criteria

- 1. Does the member have prescription claim for TWO Step 1 Drug(s) within the past 180 days? (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. Does the member have documentation of trial, intolerance or contraindication to TWO Step 1 Drug(s)?
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 3/17/21, 1/19/22, 3/17/23, 7/21/23, 3/15/24, 1/17/25, 3/21/25

Effective Date: 1/1/19, 5/1/21, 3/1/22, 6/1/23, 9/15/23, 4/15/24, 4/1/25



# Statin Agents Step Therapy Guidelines

# Affected Medication(s)

- Ezallor Sprinkle (rosuvastatin) oral capsule
- Fluvastatin sodium ER oral tablet
- Fluvastatin sodium oral capsule
- Lescol (fluvastatin) oral capsule
- Lescol XL (fluvastatin) oral tablet
- Livalo (pitavastatin calcium) oral tablet
- Pitavastatin calcium oral tablet
- Zypitamag (pitavastatin magnesium) oral tablet

# Step Therapy Requirements

#### Step 1 Drug(s):

- Atorvastatin calcium oral tablet
- Lovastatin oral tablet
- Pravastatin sodium oral tablet
- Rosuvastatin calcium oral tablet
- Simvastatin oral tablet

### Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 9/16/20, 1/19/22, 7/15/22, 7/21/23, 1/19/24, 1/17/25

Effective Date: 1/1/19, 11/15/20, 9/1/22, 3/1/24



# Tetracycline Antibiotic Agents Step Therapy Guidelines

# Affected Medication(s)

- Acticlate oral tablet
- Doryx (doxycycline hyclate) DR oral tablet
- Doryx MPC (doxycycline hyclate) DR oral tablet
- Doxycycline 50mg oral tablet
- Doxycycline hyclate DR oral tablet (Doryx generic 50mg, 75mg, 80mg, 100mg, 150mg, 200mg)
- Doxycycline hyclate DR oral tablet (Targadox generic 50mg)
- Doxycycline hyclate 75 mg & 150 mg oral tablet (Acticlate generic)
- Doxycycline IR-DR oral capsule
- Emrosi (minocycline) ER oral capsule
- Coremino ER (minocycline ER) oral tablet
- Minocycline HCI ER oral capsule
- · Minocycline ER oral tablets
- Minolira ER (minocycline ER) oral tablet
- Oracea (doxycycline monohydrate) oral capsule
- Solodyn ER (minocycline ER) oral tablet
- Targadox (doxycycline) oral tablet
- Ximino (minocycline HCI) ER oral capsule

### Step Therapy Requirements

#### Step 1 Drug(s):

- Doxycycline monohydrate 50 mg, 75 mg, & 100 mg oral tablet
- Doxycycline monohydrate 50 mg & 100 mg oral capsule
- Minocycline HCl oral capsule
- · Minocycline HCl oral tablet

#### Step Therapy Criteria

- 1. Prescription claim for ONE Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to ONE Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

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Effective Date: 1/1/19, 5/20/20, 11/15/21, 2/1/24, 1/1/25, 2/1/25



# **Topical Acne Agents Step Therapy Guidelines**

# Affected Medication(s)

- Clindagel 1% gel
- Clindamycin phosphate 1% gel (clindagel generic)
- Clindamycin phosphate-benzoyl peroxide 1.2-3.75% topical gel pump
- Azelex (azelaic acid) 20% topical cream
- Onexton (clindamycin phosphate-benzoyl peroxide) 1.2-3.75% topical gel pump
- Veltin (clindamycin phosphate-tretinoin) topical gel
- Clindamycin phosphate-tretinoin topical gel
- Winlevi (clascoterone) topical cream
- Ziana (clindamycin phosphate-tretinoin) topical gel

# Step Therapy Requirements

#### Step 1 Drugs:

- Tretinoin topical cream
- Tretinoin topical gel
- Neuac (clindamycin phosphate-benzoyl peroxide) 1.2-5% topical gel
- Clindamycin phosphate-benzoyl peroxide 1.2-5% topical gel (Neuac generic)
- Clindamycin phosphate-benzoyl peroxide 1-5% topical gel
- Clindamycin phosphate-benzoyl peroxide 1-5% topical gel pump

# Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

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# Topical Anti-Inflammatory Agents Step Therapy Guidelines

# Affected Medication(s)

- Eucrisa (crisaborole) topical ointment
- Vectical (calcitriol) ointment
- Calcitriol ointment
- Zonalon (doxepin) 5% cream
- Prudoxin (doxepin) 5% cream
- Doxepin topical cream

# **Step Therapy Requirements**

#### Step 1 Drug(s):

- Betamethasone dipropionate topical cream / lotion / ointment
- Betamethasone dipropionate augmented topical cream / lotion / ointment
- Betamethasone valerate topical cream / lotion / ointment
- Calcipotriene cream
- Calcipotriene ointment
- Clobetasol propionate topical cream / ointment / solution / lotion
- Desoximetasone topical cream / gel / ointment
- Fluocinonide topical cream / gel / ointment / solution
- Fluocinonide-E (fluocinonide-emollient base) topical cream
- Halobetasol propionate topical cream / ointment
- Tacrolimus topical ointment

# Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 7/15/20, 7/21/23, 7/19/24, 7/18/25

Effective Date: 1/1/19, 9/15/20, 9/15/23



# Topical Vitamin A Derivatives Step Therapy Guidelines

# Affected Medication(s)

- Aklief (trifarotene) topical cream
- Altreno (tretinoin) lotion
- Arazlo (tazarotene) topical lotion
- Fabior (tazarotene) topical foam
- Retin-A-Micro (tretinoin microspheres) topical gel
- Retin-A-Micro Pump (tretinoin microspheres) topical gel
- Tazarotene 0.05% topical cream
- Tazarotene topical foam
- Tazarotene topical gel
- Tazorac (tazarotene) 0.05% topical cream
- Tazorac (tazarotene) topical gel
- Tretinoin gel micro 0.08% pump
- Tretinoin microsphere topical gel
- Tretinoin microsphere topical gel pump
- Twyneo (tretinoin 0.1%-benzoyl peroxide 3%) topical cream

# Step Therapy Requirements

#### Step 1 Drug(s):

- Tazarotene 0.1% topical cream
- Tretinoin topical cream
- Tretinoin topical gel

#### Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drug(s) within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drug(s), documentation of trial, intolerance or contraindication to TWO Step 1 Drugs is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

Last Reviewed: 10/3/18, 3/18/20, 7/15/20, 11/18/20, 5/19/21, 7/21/21, 1/19/22, 5/19/23, 7/21/23, 11/17/23, 7/19/24, 11/15/24, 7/18/25 Effective Date: 1/1/19, 5/1/20, 8/15/20, 12/15/20, 7/1/21, 9/1/21, 3/1/22, 9/15/23, 12/20/23, 8/15/24, 1/1/25, 8/1/25



# Tramadol Step Therapy Guidelines

# Affected Medication(s)

- ConZip (tramadol HCI) oral capsule
- Tramadol ER capsule

# **Step Therapy Requirements**

#### Step 1 Drug(s):

- Tramadol HCl oral tablet
- Tramadol HCl ER oral tablet

# Step Therapy Criteria

- 1. Prescription claim for TWO Step 1 Drugs within the past 180 days (Note: 90 days of claims history required for authorization)
  - a. If yes, approve for 12 months
  - b. If no, continue to #2
- 2. If no claim history of Step 1 Drugs, documentation of trial, intolerance or contraindication to TWO Step 1 Drug is required
  - a. If yes, approve for 12 months
  - b. If no, clinical review required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

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Effective Date: 1/1/19, 10/15/19, 11/15/21



# Triptan Agents Step Therapy Guidelines

# Affected Medication(s)

#### Step 2 Drug(s):

- · Almotriptan malate oral tablet
- Eletriptan hydrobromide oral tablet
- Frova (frovatriptan succinate) oral tablet
- Frovatriptan succinate oral tablet
- Migranal (dihydroergotamine mesylate) nasal spray
- Dihydroergotamine mesylate nasal spray
- Relpax (eletriptan hydrobromide) oral tablet
- Sumatriptan nasal spray
- Zolmitriptan nasal spray
- Zolmitriptan oral disintegrating tablet

## Step 3 Drug(s):

- Trudhesa (dihydroergotamine mesylate) nasal spray
- Onzetra Xsail (sumatriptan succinate) nasal powder
- Tosymra (sumatriptan) nasal spray
- Zembrace SymTouch (sumatriptan succinate) subcutaneous pen injector

# **Step Therapy Requirements**

#### Step 1 Drug(s):

- Naratriptan HCl oral tablet
- Rizatriptan benzoate oral tablet
- Rizatriptan benzoate orally disintegrating tablet
- Sumatriptan succinate oral tablet

#### Step 2 Drug(s):

- Almotriptan malate oral tablet
- Eletriptan hydrobromide oral tablet
- Frova (frovatriptan succinate) oral tablet
- Frovatriptan succinate oral tablet
- Migranal (dihydroergotamine mesylate) nasal spray
- Dihydroergotamine mesylate nasal spray
- Relpax (eletriptan hydrobromide) oral tablet
- Sumatriptan nasal spray
- Zolmitriptan nasal spray
- Zolmitriptan oral disintegrating tablet

#### Step Therapy Criteria

- 1. Is the request for a step 2 medication?
  - a. If yes continue to #2
  - b. If no, continue to #4

Last Reviewed: 10/3/18, 11/20/19, 11/18/20, 1/19/22. 3/16/22, 5/19/23, 5/17/24, 7/18/25

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- 2. Does the member have prescription claim for TWO Step 1 Drug(s) within the past 180 days? (Note: 30 days of claims history required for authorization)
  - a. If yes, approve Step 2 Drug for 12 months
  - b. If no. continue to #3
- 3. Does the member have documentation of trial, intolerance or contraindication to TWO Step 1 Drug?
  - a. If yes, approve Step 2 Drug for 12 months.
  - b. If no, clinical review required
- 4. Does the member have prescription claim for TWO Step 1 Drug(s) within the past 180 days? (Note: 90 days of claims history required for authorization)
  - a. If yes, continue to #6
  - b. If no, continue to #5
- 5. Does the member have documentation of trial, intolerance or contraindication to TWO Step 1 Drug?
  - a. If yes, continue to #6
  - b. If no, clinical review required
- 6. Does the member have prescription claim(s) for ONE Step 2 Drug(s) within the past 180 days? (Note: 30 days of claims history required for authorization)
  - a. If yes, approve step 3 drug for 12 months
  - b. If no, continue to #7
- 7. Does the member have documentation of trial, intolerance, or contraindication to ONE Step 2 Drug?
  - a. If yes, approve step 3 drug for 12 months
  - b. If no, clinical review is required

#### Note:

Medication step therapy guidelines are used as a basis for making coverage decisions and do not serve as medical advice. Coverage of medications is subject to plan provisions. Additional coverage restrictions not listed in the guidelines may apply.

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