

# Community Health Workers in Pediatrics

OHSU 19th Annual Pediatric Review and Update

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# Objectives



DEFINE THE ROLE OF A  
TRADITIONAL HEALTH WORKER  
AND THE SCOPE OF PRACTICE

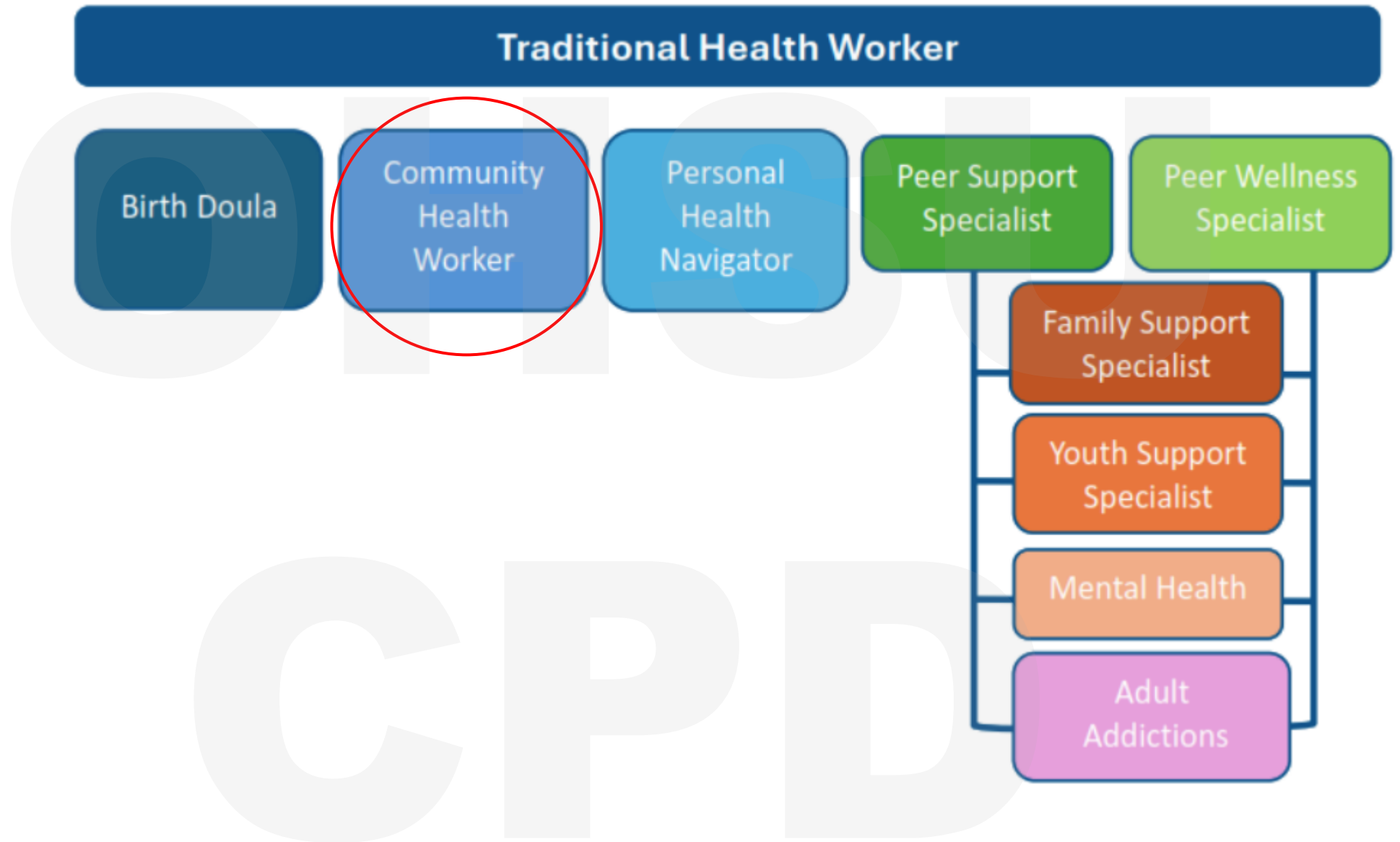


SHARE EXISTING MODELS FOR  
INTEGRATION IN PEDIATRICS



CHALLENGES WITH  
SUSTAINABILITY AND BILLING  
INSURANCE COMPANIES

1. DEFINE THE  
ROLE OF A  
TRADITIONAL  
HEALTH  
WORKER AND  
THE SCOPE OF  
PRACTICE



<https://www.oregon.gov/oha/EI/Pages/About-Traditional-Health-Workers.aspx>

Image: <https://www.eocco.com/-/media/EOCCO/PDFs/providers/Education/EOCCO-THW-Quick-Start-Billing-Guide.pdf>

Acad Pediatr. 2024 July ; 24(5 Suppl): 16–18. doi:10.1016/j.acap.2023.02.006

# What does a community health worker do?

- Serve as an intermediary between health, social services and community
- Facilitate improved access to services
- Improve quality and cultural competency of service delivery
- Build relationships with community members to assess health needs and goals
- Provide social support, interventional counseling, and teach basic health education

1. DEFINE THE  
ROLE OF A  
TRADITIONAL  
HEALTH  
WORKER AND  
THE SCOPE OF  
PRACTICE

# Training & Supervision Requirements

## Training:

- OHA approval training
- 3,000 hours lived experience

## Supervision:

- Clinical supervision
- Continuing education



**ORCHWA**  
Oregon Community Health Workers Association

# CHWs in Pediatrics

- Washington: PARENT Project – CHWs in Well Child Checks
- Oregon: Kinder Coaching Visits
- Ohio: Kinder Readiness Coordinators



[Voices of CHWs in three settings](#)

# The Parent Coach

The addition of the Parent Coach, a central element of the PARENT model of care, adds a much-needed member to the WCC team in the delivery of preventive care services.

Parent Coaches...

- Are **trusted community members** who are familiar with the community and local resources.
- Receive **extensive training** in the provision of WCC services.
- Address concerns related to **anticipatory guidance topics**, family **social and psychosocial needs**, and **development and behavior**, and connect families to community resources.



## PARENT Coach Training Program

*This curated set of educational resources can be used for training Community Health Workers in Early Childhood WCC.*



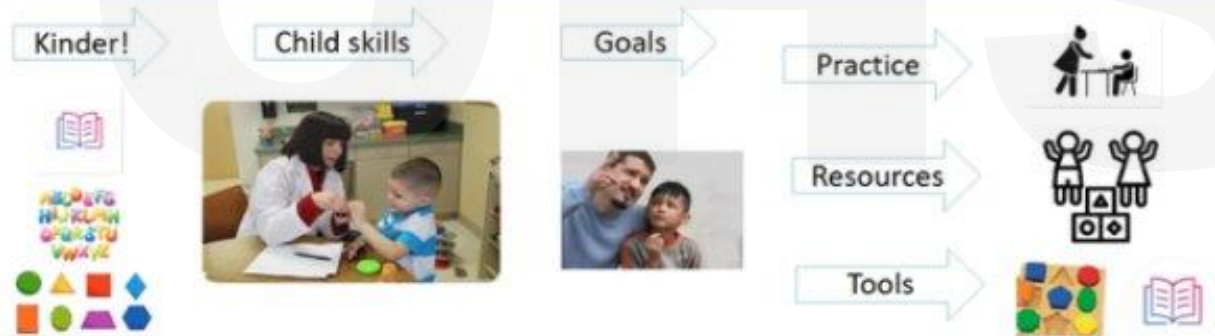


Our mission is to ensure all our patients enter Kindergarten  
ready to learn!



### Kinder Coaching Appointment

1 hour



### Community Health Worker:

1. Introduces skills needed for Kinder
2. Evaluates child's skills using Brigance assessment
3. Sets home practice goals with parent
4. Models an activity
5. Connects family to preschool & community resources
6. Gives learning tools for home practice

**SINCE JUNE 2023:**

**268 families served & 400+ coaching visits**





# Early Childhood Develop Coordinators



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[Specialties](#) > [Early Childhood Development Program](#)

## Early Childhood Development Program

Our certified Early Childhood Development program coordinators can support your family by assessing your child's developmental needs, playing with your child and helping your child learn. Our goal is to serve all children who have developmental delays or who are at risk for delays. We try to help each child meet developmental milestones as they are able.

### What is Developmental Play?

Developmental play is positive interaction with your child which promotes learning. It includes playing peek-a-boo, reading a book, or singing to your child. Play is an important part of providing comfort and security for your child.

### How do I contact Early Childhood Development coordinators?

Families can call the program directly at (614) 722-3635, or they may have their child's nurse or physician make the referral.

#### Contact Us

##### Early Childhood Development Program

Family & Volunteer Services  
700 Children's Drive  
Columbus, OH 43205

 [\(614\) 722-3635](tel:(614)722-3635)

 [\(614\) 722-3641](tel:(614)722-3641)

# Other Models

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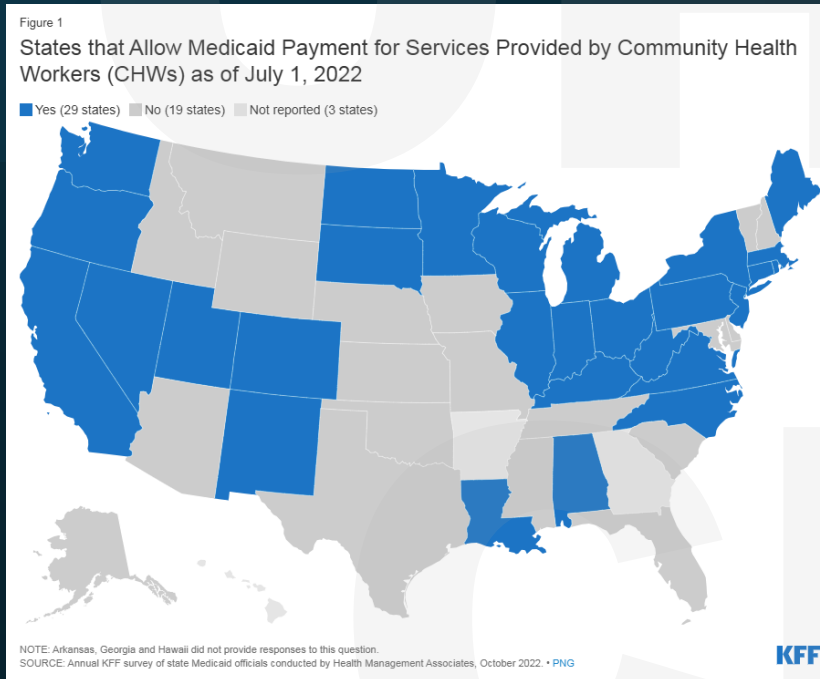
DULCE

North Carolina  
Early  
Navigators

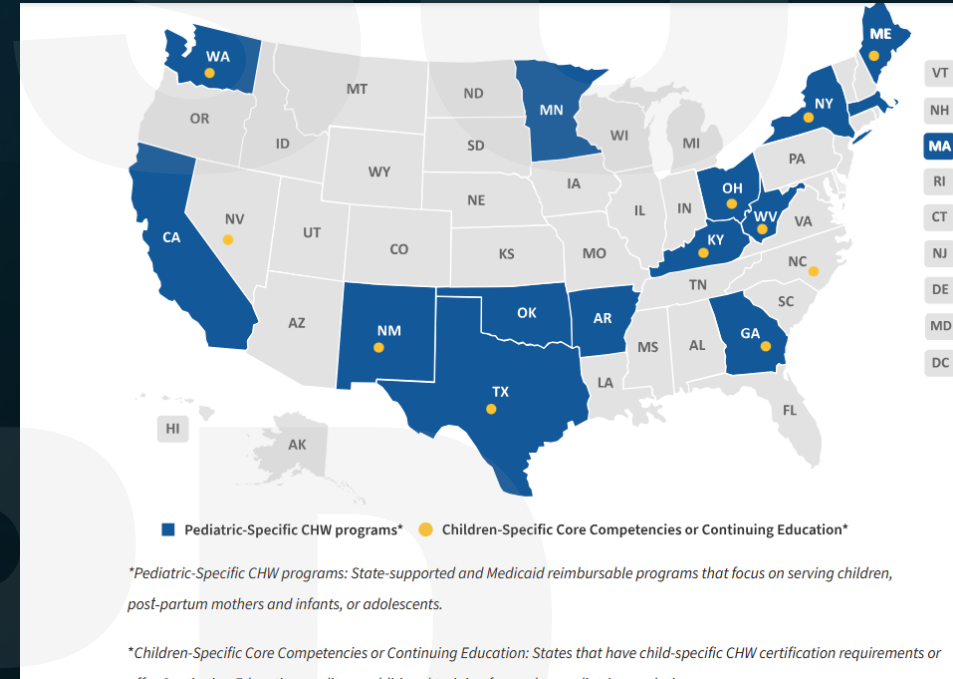
**Others in your  
state or area?**

### 3. CHALLENGES AND SUSTAINABILITY

# Medicaid Coverage of CHWs by State



CHWs for Adults

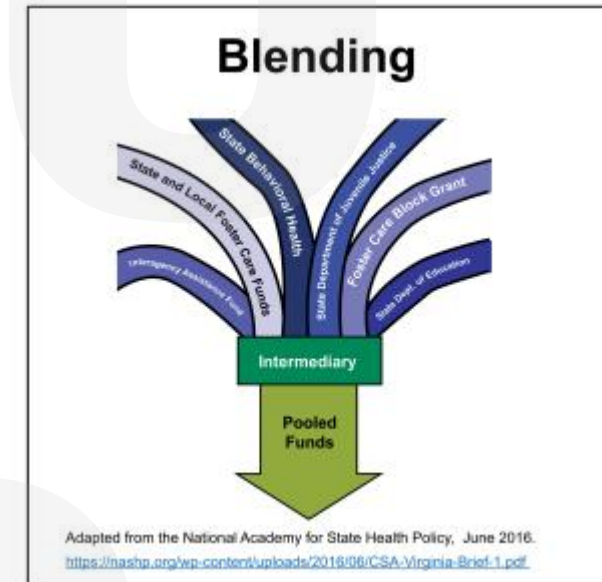


CHWs for Pediatrics

### 3. CHALLENGES AND SUSTAINABILITY

# Sustainability Models

- THW in Medical Home (pmpm)
- Fee for Service billing
- OHA Metrics
- PCPCH Tiers



**PATIENT CENTERED**  
PRIMARY CARE HOME PROGRAM

# Challenges

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Finding the right person with pediatric and community experience

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Training and state registration processes

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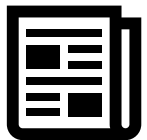
Ongoing support, continuing education, and supervision

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Reimbursement challenges and creativity

## **Key Considerations for Implementing CHWs in Pediatrics**

- **Incorporate reimbursement for CHW services in Medicaid programs.**
- **Offer additional education to CHWs working with pediatric populations.**
- **Engage cross-sector partners to align CHW programs.**



[Hot off the press](#)



# Group Discussion

- Role: What could a CHW do in your clinic?
- Scope: What issues are families facing?
- Training: Existing community organizations to partner with?



# Resource Table

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OHA CHW Billing Guide

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ORCHWA

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Recent articles

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Sample program materials

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Video

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