



University Center for Excellence in Developmental Disabilities

Improving Mental Health Care for Clients with Intellectual and Developmental Disabilities Research and References

Chapter 1: Introduction

Chapman, R., & Tilley, L. (2013). Exploring the ethical underpinnings of self-advocacy support for intellectually disabled adults. *Ethics and Social Welfare*, 7(3), 257–271. https://doi.org/10.1080/17496535.2013.818160

Chapter 2: Understanding Unique Needs

- Bradley, V., Hiersteiner, D., Maloney, J., Human Services Research Institute, Vegas, L., Bourne, M. L., & National Association of State Directors of Developmental Disabilities Services. (2019). What do NCI data reveal about people who are dual diagnosed with ID and mental illness? In National Core Indicators [Data brief].

 https://legacy.nationalcoreindicators.org/upload/core
- Centers for Disease Control and Prevention. (2024). CDC data shows over 70 million U.S. adults reported having a disability [Press release]. https://www.cdc.gov/media/releases/2024/s0716-Adult-disability.html
- Centers for Disease Control and Prevention, National Center on Birth Defects and Developmental Disabilities, Division of Human Development and Disability. *Disability and Health Data System* (DHDS) Data. [Accessed June 20, 2025]. URL: https://dhds.cdc.gov
- Chan, W. M. R., & Bhandarkar, R. (2024). Suicidality and intellectual disability: A systematic review. *Journal of Mental Health Research in Intellectual Disabilities*, 18(1), 136–158. https://doi.org/10.1080/19315864.2024.2397403
- DelVecchio, S. (2025). Understudied and underserved: Advancing inclusive mental health care for individuals with intellectual and developmental disabilities. *Columbia Social Work Review*, 23(1), 73–101. https://doi.org/10.52214/cswr.v23i1.13249
- Einfeld, S. L., Ellis, L. A., & Emerson, E. (2011). Comorbidity of intellectual disability and mental disorder in children and adolescents: A systematic review. *Journal of Intellectual & Developmental Disability*, 36(2), 137–143.
- Emerson, E., Einfeld, S., & Stancliffe, R. J. (2010). The mental health of young children with intellectual disabilities or borderline intellectual functioning. *Social Psychiatry and Psychiatric Epidemiology*, 45(5), 579–587. https://doi.org/10.1007/s00127-009-0100-y
- Graser, J., Göken, J., Lyons, N., Ostermann, T., & Michalak, J. (2022). Cognitive-behavioral therapy for adults with intellectual disabilities: A meta-analysis. Clinical Psychology: Science and Practice, 29(3), 227–242. https://doi.org/10.1037/cps0000077
- Larson, S.A., Neidorf, J., Begin, B.C., Pettingell, S., & Sowers, M. (2024). Long-term supports and services for persons with intellectual or developmental disabilities: Status and trends through 2020. Minneapolis: University of Minnesota, Research and Training Center on Community Living, Institute on Community Integration. DOI: 10.13140/RG.2.2.23380.10883.
- Lindner, S. R., Martinez Acevedo, A., Heinlein, J., Daly, A., & George, R. (2024). Evaluating health disparities of Medicaid members diagnosed with intellectual developmental disabilities in Oregon. Center for Health Systems Effectiveness, Oregon Health & Science University. https://www.ohsu.edu/sites/default/files/2025-02/CHSE_Full%20Report_UCEDDPHWF.pdf





University Center for Excellence in Developmental Disabilities

- McNally, S., Taggart, L., & Shevlin, M. (2021). Trauma experiences of people with an intellectual disability and their implications: A scoping review. *Journal of Applied Research in Intellectual Disabilities*, 34(4), 927–949. https://doi.org/10.1111/jar.12872
- Oregon Department of Human Services, Oregon Health Authority, & Office of Forecasting, Research and Analysis. (2025). Spring 2025 Oregon Department of Human Services and Oregon Health Authority Caseload forecast. https://www.oregon.gov/odhs/data/ofra/2025-03-statewide-forecast.pdf
- Oregon Secretary of State. (2023). Definition of intellectual disability (OAR 411-320-0020). Oregon Administrative Rules. https://www.oregon.gov/odhs/rules-policy/oddsrulesdocs/411-320.pdf
- Tapp, K., Vereenooghe, L., Hewitt, O., Scripps, E., Gray, K. M., & Langdon, P. E. (2023). Psychological therapies for people with intellectual disabilities: An updated systematic review and meta analysis. *Comprehensive Psychiatry*, 122, Article 152372. https://doi.org/10.1016/j.comppsych.2023.152372
- Totsika, V., Liew, A., Absoud, M., Adnams, C., & Emerson, E. (2022). Mental health problems in children with intellectual disability. *The Lancet Child & Adolescent Health*, 6(6), 432–444. https://doi.org/10.1016/s2352-4642(22)00067-0
- U.S. Congress. (2000). Developmental Disabilities Assistance and Bill of Rights Act of 2000, Pub. L. No. 106–402, § 102(8), 114 Stat. 1688 (codified at 42 U.S.C. § 15002(8)). World Health Organization. (2001) International Classification of Functioning, Disability and Health: ICF. https://iris.who.int/bitstream/handle/10665/42407/9241545429.pdf? sequence=1
- World Health Organization (2023). Disability [Fact sheet]. https://www.who.int/news-room/facts/sheets/detail/disability-and-health

Chapter 3: Challenge Personal Bias

- ABA Commission on Disability Rights. (n.d.). Implicit Biases & People with Disabilities. American Bar Association. Retrieved July 28, 2025, from https://www.americanbar.org/groups/diversity/disabilityrights/resources/implicit_bias/American Psychological Association. (n.d.). Bias.
- APA Dictionary of Psychology. Retrieved July 28, 2025, from https://dictionary.apa.org/bias
- Codina, M., Pereda, N., & Guilera, G. (2020). Lifetime Victimization and Poly-Victimization in a Sample of Adults With Intellectual Disabilities. *Journal of Interpersonal Violence*, 37(5-6), 2062-2082. https://doi.org/10.1177/0886260520936372 (Original work published 2022)
- Gibbs, V., & Pellicano, E. (2023). 'Maybe we just seem like easy targets': A qualitative analysis of autistic adults' experiences of interpersonal violence. *Autism*, 27(7), 2021–2034. https://doi.org/10.1177/13623613221150375
- Kildahl, A. N., & Helverschou, S. B. (2023). Post-traumatic stress disorder and experiences involving violence or sexual abuse in a clinical sample of autistic adults with intellectual disabilities: Prevalence and clinical correlates. *Autism*, 28(5), 1075–1089. https://doi.org/10.1177/13623613231190948
- Sperandini, V., Montanaro, F. A. M., De Rose, P., Alfieri, P., & Vicari, S. (2024). Differences and similarities between children and adolescents exposed to interpersonal traumas with and without intellectual disability: An explorative study. *Research in Developmental Disabilities*, 154, 104860. https://doi.org/10.1016/j.ridd.2024.104860
- Staats, C., Capatosto, K., Wright, R. A., Contractor, D., & Kirwan Institute for the Study of Race and Ethnicity. (2015). State and adolescents exposed to interpersonal traumas with and without intellectual disability: An explorative study. *Research in Developmental Disabilities*, 154, 104860. https://doi.org/10.1016/j.ridd.2024.104860
- Versluis, A., Mevissen, L., De Jongh, A., Schuengel, C., & Didden, R. (2024). Reliability and validity of the diagnostic interview trauma and stressors–intellectual disability in adults with mild 4 intellectual disabilities or borderline intellectual functioning. *Journal of Mental Health Research in Intellectual Disabilities*, 1–17. https://doi.org/10.1080/19315864.2024.2416694





University Center for Excellence in Developmental Disabilities

Chapter 4: Recognize Systemic Barriers

Heumann, J. E., & Joiner, K. (2020). Being Heumann: An unrepentant memoir of a disability rights activist. Beacon Press.

Image Attribution:

Affect the Verb. (n.d.). Disabled and Here. https://affecttheverb.com/disabledandhere/

Open AAC. (n.d.). Open AAC stock photo library. https://www.openaac.org/photos.htm