

# Suicide Awareness Hazard Alert



From 2018–2022, workplace suicides accounted for 1,373 of workplace fatalities in the United States<sup>1</sup>. In Oregon alone, 12 workers died by suicide from 2018 to 2023. These numbers highlight the urgent need for prevention and support efforts in every workplace.

<sup>1</sup> Bureau of Labor Statistics. (2024, September 10). *There were 267 workplace suicides in 2022*. Bureau of Labor Statistics. <https://www.bls.gov/opub/ted/2024/there-were-267-workplace-fatalities-by-suicide-in-2022.htm>

## Please observe the following safety tips:

- Organizational leaders should prioritize workplace policies that foster respect, encourage open communication, and provide employee support to help reduce the stigma surrounding mental health and well-being.
- Provide mental health awareness training to managers and supervisors to help them recognize and support employees experiencing mental health challenges, including strategies for empathy, confidentiality, and encouraging professional help.
- Educate employees about mental health resources – both within the workplace, such as Employee Assistance Programs and health insurance benefits, and within the broader community (see resources listed below).
- Establish a peer-support program where employees can confidentially support each other and connect coworkers to help when needed.



**September is Suicide Prevention Awareness Month. Learn more at:**  
<https://www.samhsa.gov/about/digital-toolkits/suicide-prevention-month>

Safety tips sources: Workplace Suicide Prevention. (n.d.). Make suicide prevention a health and safety priority at work. Workplace Suicide Prevention. <https://workplacesuicideprevention.com/>



**Workplace Mental Health Training for Managers:**



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## Suicide Prevention Resources

# 988

## SUICIDE & CRISIS LIFELINE

Call or text 988 or chat  
online at [988lifeline.org](https://988lifeline.org).

Lines for Life: <https://www.linesforlife.org>

Oregon Health & Science University:  
<https://www.ohsu.edu/school-of-medicine/psychiatry/suicide-prevention>

Oregon State University:  
<https://counseling.oregonstate.edu/suicide-prevention>

Oregon Health Authority:  
<https://www.oregon.gov/oha/ph/preventionwellness/safeliving/suicideprevention/pages/index.aspx>

**For a list of Oregon Crisis  
Resources by county, scan  
the QR code:**



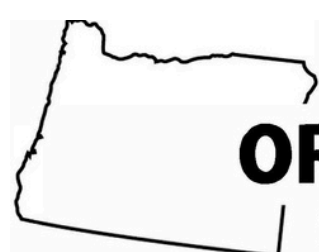
## Examples of Fatal Stories

**Case 1:** A 48-year-old police officer was found dead in his patrol car. He died of a self-inflicted gunshot wound.

**Case 2:** A 41-year-old gas station attendant working alone was found unresponsive by a customer. He was transported to the hospital, where he died four days later. He died by suicide.

**Case 3:** A 73-year-old shop foreman died of a self-inflicted gunshot wound.

**Case 4:** A 33-year-old grocery store floor person arrived at work and went to the bathroom. He never came out and was later found dead with a self-inflicted gunshot wound.



**OREGON**

State **FACE** Program

Fatality Assessment & Control Evaluation