# Student Health and Wellness Costs of Services:

## **Primary Care**

This chart is meant to help you understand the charges that may apply while receiving your care at the OHSU Student Health and Wellness Center (SHW). This fee schedule applies to everyone eligible for Student Health and Wellness Primary Care services: OHSU Students, post-doctoral scholars, and pathway scholars, **including their adult dependents (partners/spouses and children over 18 years)** 

Type of Service	Cost for OHSU Student Health Insurance Plan (SHIP)	Cost for Other Insurance Plans (OHP, Moda, BCBS, etc)	Cost for HMO Insurance Plans (Kaiser, VA, some Providence)
Primary Care Consultations	No cost to you. Billed to insurance and SHW pays	No cost to you. Billed to insurance and SHW pays	No cost to you. Billed to insurance and SHW pays
Oonsuttations	outstanding balance	outstanding balance	outstanding balance
Virtual Primary Care	No cost to you.	No cost to you.	No cost to you.
Consultations	Billed to insurance and SHW pays outstanding balance	Billed to insurance and SHW pays outstanding balance	Billed to insurance and SHW pays outstanding balance
Point of Care	No cost to you.	No cost to you.	No cost to you. Providers are not able to
Testing (pregnancy,	Billed to insurance and SHW pays	Billed to insurance and SHW pays	order follow-up testing based on results
strep, urine, CBG)	outstanding balance	outstanding balance	of labs run at SHW. <b>Recommend going to HMO for service.</b>
Labs/Specimens	Billed to insurance and subject to	Billed to insurance and subject to	Providers not able to order since they
sent outside of	insurance coverage benefit cost	insurance coverage benefit cost	are not in HMO network. <b>Recommend</b>
SHW for processing	N		going to HMO for service.
Durable Medical	No cost to you.	No cost to you.	No cost to you.
Equipment dispensed at SHW	Billed to insurance and SHW pays outstanding balance	Billed to insurance and SHW pays outstanding balance	Billed to insurance and SHW pays outstanding balance
Annual Compliance	No cost to you.	No cost to you.	No cost to you.
Requirements	ne coorto you.	The cost to you.	no ocot to you.
Pre-Entrance	Billed to insurance and subject to	Billed to insurance and subject to	Providers not able to order since not in
Requirements and	insurance coverage benefit cost.	insurance coverage benefit cost.	HMO network. <b>Recommend going to</b>
Travel	Immunizations: no cost to you	Self-pay options available.	HMO for service.
Immunizations		5	Self-pay options available
Radiology and other	Billed to insurance and subject to	Billed to insurance and subject to	Providers not able to order since not in
Tests outside SHW	insurance coverage benefit cost.	insurance coverage benefit cost	HMO network. <b>Recommend going to HMO for service.</b>

For questions, please call Student Health and Wellness at 503-494-8665 or email <a href="mailto:shw@ohsu.edu">shw@ohsu.edu</a>

#### Behavioral Health, Wellness and Food Assistance

This chart is meant to help you understand the charges that may apply while receiving your care at the OHSU Student Health and Wellness Center (SHW). This fee schedule applies to everyone eligible for Student Health Behavioral Health, Wellness, Food Assistance and Integrative Medicine services: OHSU Students, post-doctoral scholars, and pathway scholars. **Adult dependents are not eligible for these services**, except for couples counseling when scheduled with an eligible student/post-doc/scholar.

Type of Service	Cost for all insurance types	
<b>Behavioral Health:</b> Counseling and Therapy Groups	No cost to you. Service not billed to insurance.	
<b>Behavioral Health:</b> Psychiatry and medication management* appointments	No cost to you for appointments. Service not billed to insurance.  *Prescribed medications will be subject to your prescription drug coverage cost. For patients with HMO health insurance plans, provider may not be able to prescribe medication in the HMO network.	
<b>Behavioral Health:</b> Couples Counseling	No cost for you or your partner. Service not billed to insurance.	
<b>Wellness:</b> Wellness events, series, and classes	No cost to you.	
Wellness: Mindfulness Coaching and Mindfulness Groups	No cost to you.	
Food Assistance: Food Resource Center	No cost to you. See our website for more information.	
Integrative Medicine: Massage	\$45 for 45 minutes or \$90 for 90 minutes. Self-pay and not billed to insurance. Buy One, Get One Free program: when you buy one massage, your next one will be free.	
Integrative Medicine: Free Massage Program (OHSU Students only)	1 free massage during your program. Only available to OHSU students.	

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### **OHSU Financial Assistance**

By law, all hospitals have to provide financial assistance to people and families who meet certain requirements. You may be able to get free care or pay less for certain services based on your family size and income, even if you have health insurance. To view OHSU's financial assistance policy, please go to <a href="https://doi.org/10.2016/jnancial-assistance">https://doi.org/10.2016/jnancial-assistance</a>.

#### What is covered by financial assistance:

- Not all services qualify so you will need to make sure that the service is covered before you get it. For a list of services OHSU does NOT cover, see our financial assistance policy at <a href="https://ohsu.edu/financial-assistance">ohsu.edu/financial-assistance</a>.
- Please note that if you are approved for financial assistance, it does NOT guarantee that you will get services.
- If you could qualify for Medicaid or other programs, we encourage you to apply for these as they may have more benefits.

### How to apply for financial assistance:

- Go to ohsu.edu/financial-assistance to find the application forms and instructions
- For help filling out the application, call 503-494-8551, Monday-Friday 9 a.m.-4:30 p.m.
- You can appeal if you apply for financial assistance and get partial approval or a denial. For more information and instructions to appeal, please go to: ohsu.edu/financial-assistance

#### Additional Financial Assistance for OHSU Students, Post-Docs, and Pathway Scholars:

- **Financial Aid Office**: helps students manage and understand their academic fees, with hardship funds available. They have the largest number of financial resources available and can help direct you to other resources.
  - o https://www.ohsu.edu/education/hardship
- Student CARE Program: helps students face personal, physical, or emotional challenges. Emergency funds available.
  - o https://www.ohsu.edu/education/student-care-program
- Basic Needs Assistance: helps students find applicable resources, SNAP applications, and emergency funds.
  - o <a href="https://www.ohsu.edu/education/food-assistance-and-basic-needs">https://www.ohsu.edu/education/food-assistance-and-basic-needs</a>
- Educational Debt Management and Financial Management: helps students develop a budget, and offers 1:1 financial counseling
  - o <a href="https://www.ohsu.edu/education/educational-debt-counseling-and-financial-management">https://www.ohsu.edu/education/educational-debt-counseling-and-financial-management</a>

Please use the above websites to reach out to these departments and services. If you have questions, you can reach out to Student Health and Wellness at 503-494-8665 or email shw@ohsu.edu