

# Are They Ready for a Seatbelt?

Find out by answering "yes" to these five questions.



DOERNBECHER  
CHILDREN'S  
Hospital

1

Can your child sit with his or her back against the vehicle seat **without slouching?**

2

Can your child sit with the shoulder belt positioned **across his or her shoulder and chest?**

3

Can your child sit with **knees bending at the edge of the seat** when his or her bottom and back are against the back of the vehicle seat?

4

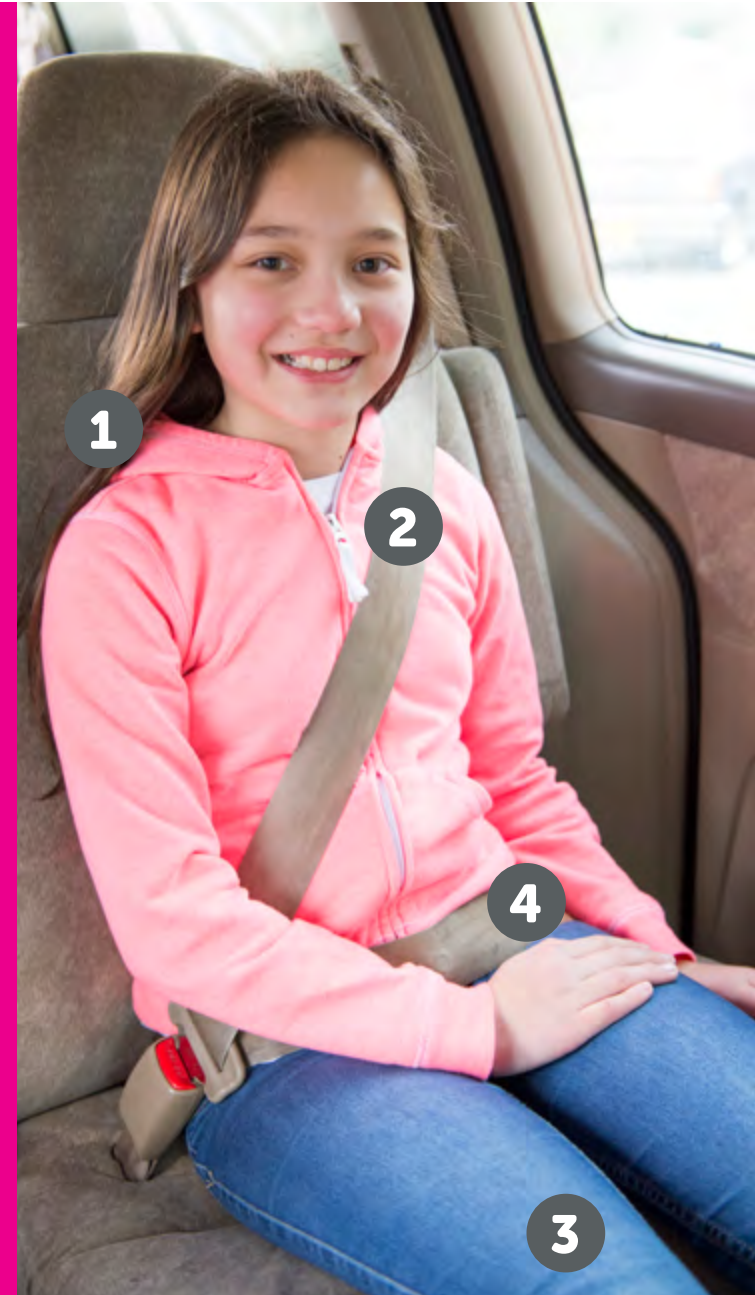
Can your child sit with the lap belt positioned **low and snug across the upper thighs?**

5

Can your child stay comfortably seated **in the correct position for the entire ride?**

Questions? OHSU Doernbecher Safety Center can help.  
Call to schedule an appointment to have your car seat checked by a Certified Child Passenger Safety Technician..

OHSU Doernbecher Safety Center  
503-418-5666 | [safety@ohsu.edu](mailto:safety@ohsu.edu)  
[www.doernbecher.com/carseatoutreach](http://www.doernbecher.com/carseatoutreach)



3