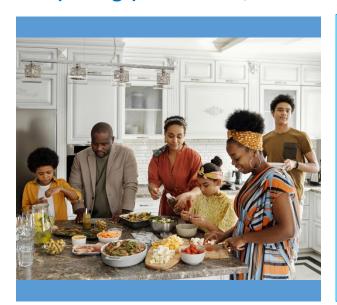
## OREGON FAMILY TO FAMILY HEALTH INFORMATION CENTER

## October 2025 Table Talk: Preparing your child (AND YOU!) for family and holiday events



Wednesday, October 22, 2025 6:00pm -7:00 pm

## Register here

https://tinyurl.com/TT-OCT2025

You will receive a Zoom link via email

Cost: Free

Worried that your child will not be fully included in upcoming holiday events or family gatherings?

Come join us to discuss:

- Preparing your child for large family events
- Strategies for dealing with extended family and friends
- Supporting your child in managing stressful family gatherings

You will hear from other parents, learn what works for them, and share ideas for creating positive family gatherings.

Questions: 855-323-6744 | contact@oregonfamilytofamily.org

This Table Talk is offered in Spanish at 6:00pm on October 23. For other language interpretation please request by October 8, 2025.

