

# OREGON FAMILY TO FAMILY HEALTH INFORMATION CENTER

## October 2025 Table Talk:

Preparing your child (AND YOU!) for family and holiday events



Wednesday, October 22, 2025  
6:00pm - 7:00 pm

[Register here](#)

<https://tinyurl.com/TT-OCT2025>

You will receive  
a Zoom link  
via email

Cost: Free



Worried that your child will not be fully included in upcoming holiday events or family gatherings?

Come join us to discuss:

- **Preparing** your child for large family events
- **Strategies** for dealing with extended family and friends
- **Supporting** your child in managing stressful family gatherings

You will hear from other parents, learn what works for them, and share ideas for creating positive family gatherings.

Questions: 855-323-6744 | [contact@oregonfamilytofamily.org](mailto:contact@oregonfamilytofamily.org)

*This Table Talk is offered in Spanish at 6:00pm on October 23. For other language interpretation please request by October 8, 2025.*

The Family to Family Health Information Center is a project of the Oregon Center for Children and Youth with Special Health Needs. It is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) (Grant # H84MC21658/Family Professional Partnerships)

