# Oregon Behavioral Health Deflection

### Best Practices Report: Overview and Findings

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## SCHOOL OF PUBLIC HEALTH







### **Key activities**



### Statewide data collection system

- Go live date September 1, 2024
- Ongoing grantee data collection



### Best practices report

Submitted to legislature April 1, 2025



## Best Practice Report Overview







### Sources for the best practices report

- ✓ Literature review
- ✓ Subject matter experts
- ✓ BHD grant applications
- ✓ Interviews with grantees
- √ Grantee reporting to CJC
- ✓ Statewide program data





### What is deflection?



- A collaborative intervention between law enforcement and public health systems
- Provides treatment and services as an alternative to entry into the criminal legal system
- Social referrals are deflections without criminal charges being present

## **Deflection pathways**

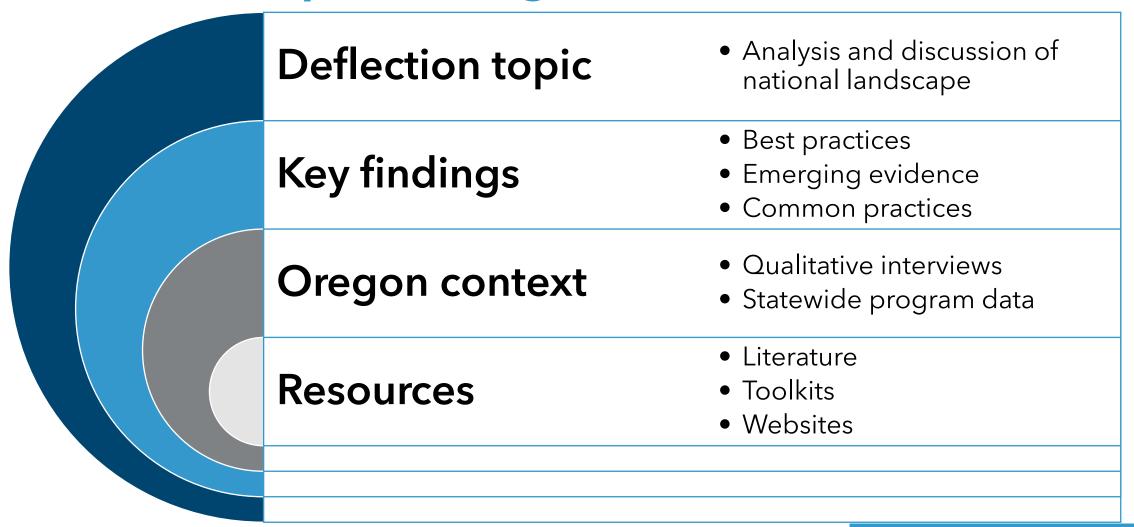
Pathway	Definition
Self-Referral	Individual voluntarily initiates contact, seeking treatment.
Active Outreach	Law enforcement/community organization performs outreach.
Naloxone-Plus	Law enforcement/first responder/crisis worker engages individuals during overdose response.
1 <sup>st</sup> Responder/Officer Referral	Law enforcement initiates a referral, but no criminal charges are present.
Officer Intervention	Law enforcement initiates a referral, and criminal charges or potential charges present.
Community Referral	A community-based behavioral health team engages with individuals and refers to services.



### The deflection process

- Program eligibility
- First point of contact
- Deflection pathway
- Handoff to program
  - Definition of success

### How the report is organized









## Program model elements Key findings







### Eligibility - Key findings



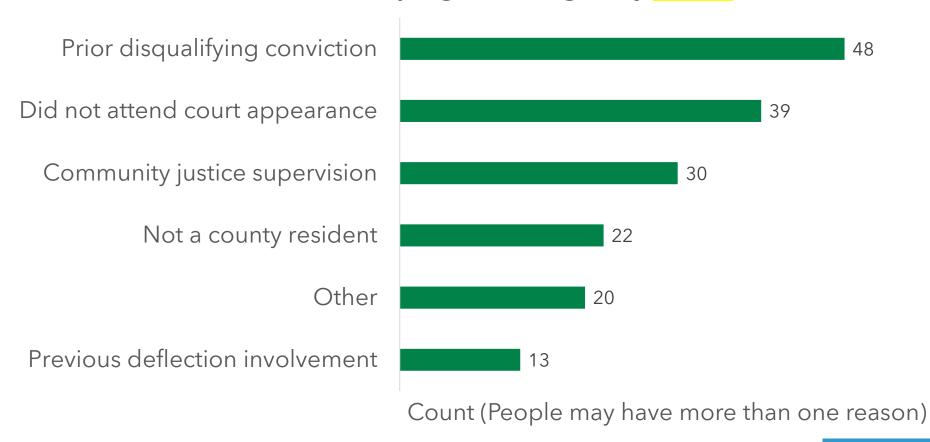
- There are no standardized eligibility criteria
- *Emerging evidence* supports broadening eligibility criteria to extend the reach of deflection programs.
- *Common practice* to exclude more serious crimes



### Eligibility - Oregon context

Draft data from September 1, 2024, through March 3, 2025

Reasons for program ineligibility (n=xx)



### Deflection pathway - Key findings

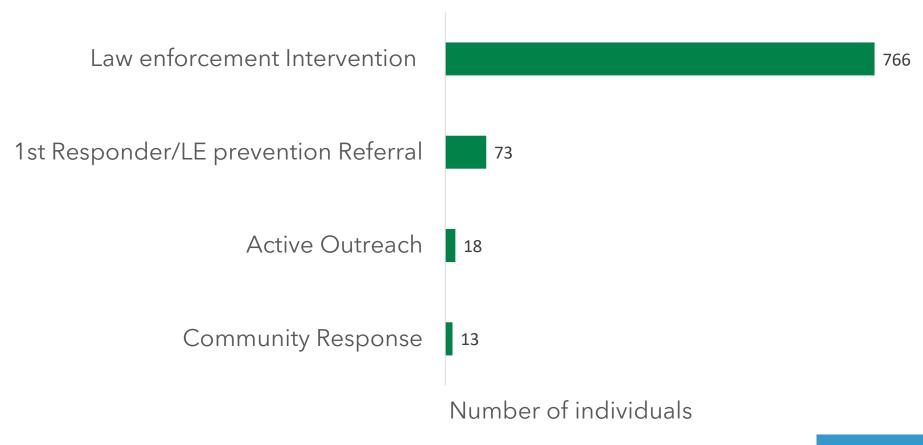


- The LEAD model has been shown to utilize *best practices* for the Officer Intervention pathway.
- *Emerging evidence* supports using multiple pathways.
- Social referrals are a common practice nationally.

### Deflection pathway - Oregon context

Draft data from September 1, 2024, through March 3, 2025

#### Pathways utilized by programs



### First point of contact - Key findings

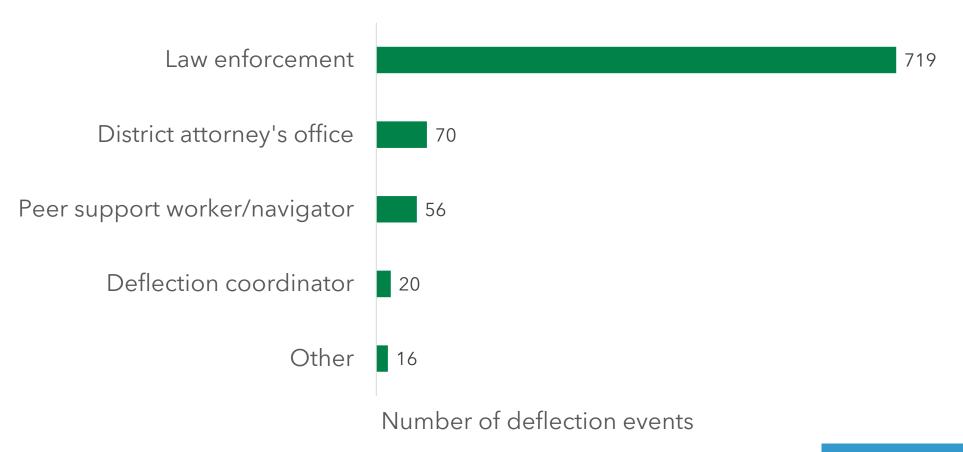


- It is a **common practice** to utilize law enforcement and other first responders as the first point of contact.
- Emerging evidence that coresponse facilitates engagement with program services.

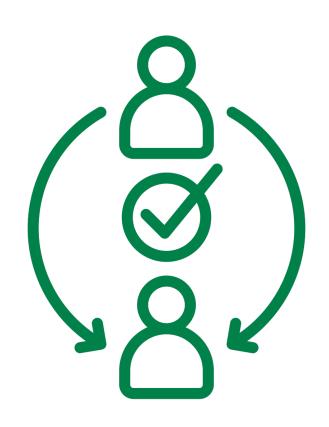
### First point of contact - Oregon context

Draft data from September 1, 2024, through March 3, 2025

#### Role of deflection staff



## Handoff to programs - Key findings

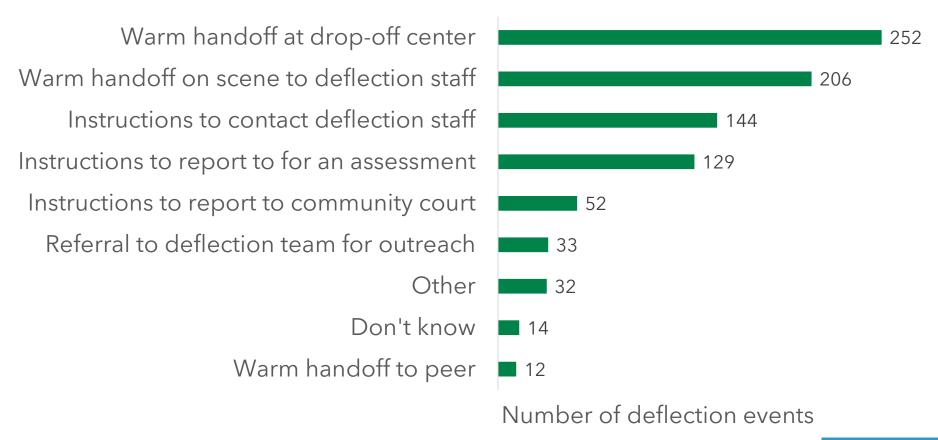


- Warm handoffs are a *best practice*.
- *Emerging evidence* shows that timely outreach can lead to increased program engagement.
- There is *emerging evidence* supporting conducting assessments in the field.

### Handoff to programs - Oregon context

Draft data from September 1, 2024, through March 3, 2025

#### Type of handoff





### Defining success - Key findings

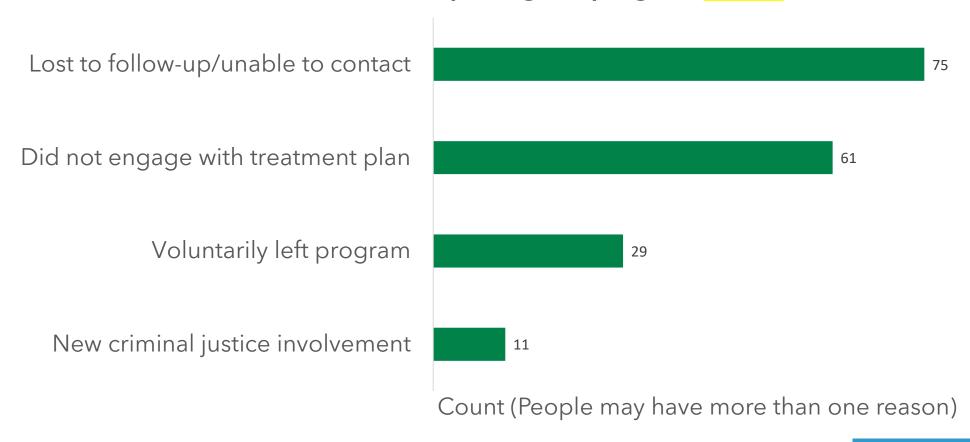


- There is no standard definition of what a successful deflection looks like.
- There is *emerging evidence* to support tracking success by collecting quality of life indicators and measures of engagement.

### **Defining success - Oregon context**

Draft data from September 1, 2024, through March 3, 2025

Reasons for not completing the program (n=xx)



### Additional report content



#### Program planning

- Building partnerships
- Information exchange
- Planning considerations



#### Program implementation

- Law enforcement training and buy in
- Program navigators and peer support staff
- Program sustainability



#### Program evaluation

- Data collection
- Measures and outcomes
- Gaps in knowledge









# Questions?

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