



Oregon Nutrition Day 2025

"Food Access for All: Innovations in Nutrition and Accessibility"

8:30 a.m.

Welcome

Leslie Myatt, Ph.D., FRCOG – Professor of Obstetrics and Gynecology;
Director, Bob and Charlee Moore Institute for Nutrition & Wellness;
Director, Center for Developmental Health

Moderator: Nicole Marshall, M.D., M.C.R.

8:35 a.m.

DOHaD – An Overview

Leslie Myatt, Ph.D., FRCOG

9 a.m.

Food security intervention in a post-COVID environment

Sarah Weber-Ogden – Executive Director, Partners for a Hunger-Free Oregon

9:30 a.m.

Food for all Oregonians through food banking and systems change

Andrea Williams – President, Oregon Food Bank

10 a.m.

BREAK

10:15 a.m.

Growing community-led, garden-based health interventions from soil to food sovereignty

Jason Skipton – Executive Director, Growing Gardens

Moderator: Jenny Lee Berry

10:45 a.m.

Morning Panel Discussion Q&A

Leslie Myatt, Sarah Weber-Ogden, Andrea Williams, Jason Skipton

11:45 a.m.

LUNCH

Moderator: Diane Stadler, Ph.D., R.D., LD

12:45 p.m.

Keynote: Reimagining the future of food: Innovative strategies to combat waste, foster sustainability, and end food insecurity

Marie Spiker, Ph.D., R.D.N. – Assistant Professor, University of Washington School of Public Health, Program in Food Systems, Nutrition, and Health Department of Epidemiology; Department of Environmental & Occupational Health Sciences (Adjunct)

- 1:45 p.m. ***Nourishing generations: Integrating community knowledge for food access and nutrition***
Alejandra Gurrola – Nutritional Health Program Manager, Community Health Worker, Familias en Acción
- 2:15 p.m. ***Building bridges for food security: OHSU Doernbecher Children's Hospital Nourish Program and the Food for Health Network***
Anna Garwood – Research Project Coordinator, Nourish, Food and Nutrition Services, OHSU
Rebecca Jungbauer, Dr.P.H., M.P.H., M.A. – Research Project Manager, Pacific Northwest Evidence-based Practice Center, Department of Medical Informatics and Clinical Epidemiology, OHSU
Betty Brown, R.N. – Executive Director, Portland Open Bible Community Pantry
Trina Coffin – Head Coordinator, Portland Open Bible Community Pantry
- 2:45 p.m. **BREAK**
- 3 p.m. ***Veggie Rx of Yamhill County: Nourishing health for generations***
Olivia Williams – Community Prevention and Wellness Coordinator, Yamhill County Public Health
- 3:30 p.m. ***Afternoon Panel Discussion Q&A***
Marie Spiker, Alejandra Gurrola, Anna Garwood, Olivia Williams
- 4:30 p.m. ***Closing***
Leslie Myatt, Ph.D., FRCOG
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Oregon Nutrition Day is hosted by the
OHSU Bob and Charlee Moore Institute for Nutrition & Wellness.

We gratefully acknowledge our sponsor Oregon Farm to School Network.

